# Frequently Asked Questions about MCCS Iwakuni Youth Sports

# What is MCCS Youth Sports?

MCCS Iwakuni Youth Sports offers children ages 3-15 the chance to participate in a variety of co-ed sports. The program hosts fun, safe, positive, and healthy intercultural activities with local school children throughout the year. Our program is recreational that emphasizes character and fundamental skill building.

# What does MCCS Youth Sports do for the community?

MCCS Youth Sports is committed to providing engaging sporting events that instill Sportsmanship, Teamwork, Self-Esteem, Discipline, Respect, Leadership, and Commitment in our youth participants. Through fundamental basics of athletics, our youth build physical skills, psychological awareness of self, and social networking. These values are important to one's growth in becoming active members of our community and society.

Youth Sports team is dedicated to nourishing learning environments where every athlete can succeed. With a heavy emphasis on skill development, our youth athletes will learn technical and tactical playing strategies, build self- efficacy, and strengthen social growth and connections. Youth Sports will promote all aspects of the game, skills, mindset, teamwork, character, practice, and competitive events.

# What are age divisions for MCCS Youth Sports?

### 3-4 Yrs. Age Division:

Sports Pre, created by Youth Sports, will help children from 3 to 4 years old prepare for sports. This step-by-step approach builds confidence and self-efficacy in a fun and safe learning environment. Focus is on movement, balance, spacing, following instructions, and basic sports skills. It is offered three times a year and classes are 30 minutes each. Parents will practice and help their children with the process and learning.

#### 5-6/7-8 Yrs. Age Division:

5-6- and 7-8-years old age divisions, youth athletes build knowledge and understanding pf sport fundamentals. Referees/ umpires are present during competitive at 7-8 age group to ensure bylaws and safe play are executed. Scores are not kept as this level is noncompetitive. Athletes in these age divisions will practices twice a week and have one competitive event each week.

#### 9-10/11-12 Yrs. Age Division:

10-11/11-12 age division instruction supports specific athletic growth for long-term adherence to sports. The 9-10 age teams start the competitive divisions. Athletes will have two practices and at least one competitive event each week. Playoffs will be at the end of each season.

#### 13-15 Yrs. Age Division:

13-15 age division officials are present during competitive events to ensure bylaws and safe play are executed and keep score. Athletes will practice twice a week with at least one competitive event each week. Pending availability, athletes may scrimmage or attend a competitive event with a local team that requires some travel.

# What programs do you offer throughout the year?

2024 Upcoming events are all tentative pending approval from preventative medicine. Tentative dates are as follows:

Cheer 5-15 years old Winter/Spring
Soccer 5-15 years old Late Fall
Volleyball 7-15 years old Winter
Flag Football 7-15 years old Winter
Basketball 5-15 Years old Spring
T. Roll

T-Ball5-6 Years oldLate SummerBaseball7-15 Years oldLate SummerSoftball7-15 Years OldLate Summer

# Where are practices and games?

#### Baseball &T-ball:

Penny Lakes 1-3

#### Softball:

Ages 7-15 Monzen Fields

#### Soccer:

Penny Lake Fields

### Volleyball, Basketball and Cheerleading:

Iron Works Main Gym/North Gym Sports Courts

# When are practices and games?

Practices are either Monday/Wednesday or Tuesday/Thursday 1500-1900 depending on age group. 3–4-year-olds have 30-minute practices, 5+ ages have one-hour practices, and 11+ may have 1 or 1½ practices.

All games/events are Wednesday, Thursday, Friday 1700-2000 and/or Saturday 0900-1400.

# What will I need to supply for my athlete each season?

**All Seasons:** Personal water bottles, towels, athletic clothes. Youth Sports ask that all personal equipment be labelled with their name and kept in their bag when not in use.

#### Baseball:

Youth Sports has equipment that athletes can use such as such as gloves and bats. Your athlete should bring their own gear such as cleats, batting gloves, cup.

### Softball:

Youth Sports has equipment that athletes can use such as gloves and bats. Your athlete should bring their own gear such as cleats and batting gloves.

#### Soccer:

Youth Sports has equipment that athletes can use such as soccer balls, cones, pennies. Your athlete should bring their own preferred gear such as cleats, shin guards and socks.

#### Volleyball:

Youth Sports has equipment that athletes can use such as Volleyballs, pennies. Your athlete is welcome to bring their own preferred gear such as knee pads, Indoor shoes.

<sup>\*\*</sup>Various Sport Camps/Clinics throughout the year\*\*

#### Basketball:

Youth Sports has equipment that athletes can use such as basketballs, cones, pennies. Your athlete is welcome to bring their own preferred gear and Indoor shoes.

#### **Cheerleading:**

Youth Sports has equipment that athletes can use such as pom-poms and stretch bands. Sturdy, clean shoes are required. White cheer shoes preferred.

# How are Iwakuni Youth Sports Coaches trained and certified?

Our program is supported by volunteer coaches. All coaches will be certified in National Alliance for Youth Sports (NAYS) coaching and certified in CPR/AED. Background checks and Child Abuse Prevention class will be completed prior to first day of coaching.

If youth sports do not have enough trained volunteers to fill the maximum number of teams per age division, we will need to decrease our quantity of teams. **Please consider coaching!**If you are interested in being a volunteer coach, please email OMBIwanuni.YouthSports@usmc-mccs.org or stop by the Youth Sports Admin office Building 380 Monday — Friday 0800-1600.

# Where is the Youth Sports Office?

Youth Sports, Building 380 (Next to outdoor pool)

### **How do I contact Youth Sports?**

Email: OMBIwanuni.YouthSports@usmc-mccs.org

**DSN:** 315-253-5777

Commercial: 0827-79-5777 From USA: 011-81-827-79-5777

Website: https://iwakuni.usmc-mccs.org/recreation-fitness/recreation/sports/youth-sports

**Location/Hours:** Youth Sports, Building 380. Monday – Friday 0800-1600