

# NAVY SUPPORT

[iwakuni.usmc-mccs.org](http://iwakuni.usmc-mccs.org)

## VOLUNTARY EDUCATION

☎ 253-3855

- » Education Counseling
- » Military/Civilian Testing
- » Joint Service Transcript
- » Accessing Higher Education Brief/  
Managing Education
- » Tuition Assistance
  - GI Bill
  - Spouse Education
  - FAFSA/Financial Aid Scholarships
- » Navy College Virtual Education Center (NCVEC)  
☎ 833-330-6622

## LIBRARY

☎ 253-3078

- » Internet Access, Scanning, Printing
- » Chess Club, Adult Writing Club,
- » Young Adult Book Club
- » Summer & Winter Reading Programs
- » 3-D Printing
- » Children's Story Time/Virtual Story Time
- » Mango Language - Online Language Programs
- » Access to DOD MWR Libraries
- » Unlimited book checkouts
- » United Through Reading
  - Connect with your family while on deployment
- » Military Readers are Leaders.
- » 3D Printing & Modeling (Makerspace)
- » GoPro, Projectors, iPads & more!

## SEMPER FIT

IronWorks ☎ 253-6578

IronWorks North ☎ 253-3611

- » Health Promotion & Fitness
- » Athletics
- » Aquatics
- » Outdoor Recreation
- » Youth Sports

## SINGLE MARINE PROGRAM (SMP)

Open to all single or unaccompanied personnel

Hornet's Nest ☎ 253-3585

## FAMILY CARE

### Educational & Development Intervention Services (EDIS)

☎ 253-4562

- » Early Childhood Special Education
- » Speech & Language Pathology
- » Occupational Therapy
- » Physical Therapy
- » Behavioral Management
- » Developmental Screenings

### Exceptional Family Member Program (EFMP)

☎ 253-5601

- » Playgroups, Events & Activities
- » Special Needs Forum
- » Support at IEP School Meetings
- » Targeted Research
- » Family Transition Assistance
- » Lending Library
- » Family Support Groups

## CHILD & YOUTH PROGRAMS

### Child Development Center (CDC)

☎ 253-5584

### School Age Care (SAC)

☎ 253-4769

### Youth Center

☎ 253-5072

### Teen Center

☎ 253-5368

### School Liaison

☎ 253-3691/080-4753-3060

You know Navy Fleet & Family Support Services,

# MEET THE MCCS MARINE & FAMILY PROGRAMS



**MCCS**  
MCAS IWAKUNI

## LIFESKILLS TRAINING & EDUCATION

☎ 253-3542

- » Four Lenses Workshops
- » Real Relationships
- » Bi-Monthly Pre-Martial Workshops
- » Conflict Management
- » Social Networking Safety
- » Living My Best Life:  
Bridging the Generation Gap
- » Living My Best Life: Attitudes & Actions
- » Say What
- » Basic Stress Management
- » Basic Anger Management
- » Ready, Set, Prepare

## LIFESTYLE, INSIGHTS, NETWORKING, KNOWLEDGE & SKILLS (L.I.N.K.S.)

☎ 253-3542

- » L.I.N.K.S. for Spouses
- » L.I.N.K.S. for Marines
- » L.I.N.K.S. for Kids
- » L.I.N.K.S. for Teens
- » L.I.N.K.S. Mentor Training

## READINESS DEPLOYMENT SUPPORT PROGRAM

☎ 253-3542

- » Pre, Mid, & Post Deployment
- » Kids & Deployment
- » Family Care Plan
- » Readiness Binder

## VOLUNTEER PROGRAM

☎ 253-6352

- » Volunteer Management Training
- » Passport to Volunteering Workshops
- » Presidential Volunteer Service Award (PVSA)

## OMBUDSMAN COORDINATOR

☎ 255-1761

- » Family Readiness Group (FRG)
- » Training & Support
- » Ombudsman Support & Advanced  
Training Resources  
ombudsmanregistry.org

## INFORMATION, REFERRAL & RELOCATION SERVICES

☎ 253-6161/3357

- » Welcome Aboard Indoctrination
- » Sponsorship Training
- » PCS with Success
- » Lending Locker

## CULTURAL ADAPTATION PROGRAM

☎ 253-6165

- » Survival Japanese Class
- » Welcome Aboard Bus Tour
- » Events & Tours

## TRANSITION READINESS PROGRAM

☎ 253-6439

- » Initial Counseling
- » Transition Support
- » Pre-Separation Counseling
- » Transition Readiness Seminar (TRS)
- » Pre-Retirement Seminar
- » Personal Readiness Seminar (PRS)
- » Skillbridge Workshop
- » Career Planner Support

## FAMILY MEMBER EMPLOYMENT ASSISTANCE PROGRAM

☎ 253-6352

- » Interviewing Skills
- » Resume Assistance
- » Federal Government Employment
- » Career Assessment
- » Job Search Strategies
- » Networking Opportunities

## PERSONAL FINANCIAL MANAGEMENT

☎ 253-6439

- » Money Management
- » Saving & Investing
- » Credit Report & Credit Score Analysis
- » Thrift Savings Plan (TSP) & Retirement Planning
- » Personal Financial Counseling
- » Command Financial Specialist Training

## BEHAVIORAL HEALTH

☎ 253-5260

### Community Counseling

☎ 253-6553

- » Individual, Couples & Family Counseling

### Family Advocacy Program

☎ 253-4526

### 24 Hour Line

☎ 090-9978-1033/253-7233

- » Assessments
- » Counseling Services
- » Support Groups
- » Referral Services
- » Victim Advocacy
- » Anger Management
- » Stress Management
- » Parenting Classes
- » Couples & Relationship Classes

### New Parent Support Program

☎ 253-5043

- » Home Visits
- » Infant Massage
- » Toddlers & Tunes
- » Period of Purple Crying
- » Learn & Play Group
- » Baby Boot Camp
- » Parent Connections
- » Tadpoles & Minnows Poolside Fun
- » Lending Locker

### Substance Abuse Counseling Center

☎ 253-5043

- » Screenings & Assessments
- » PRIME for Life 16.0
- » Individual Therapy
- » Outpatient Group
- » Intensive Outpatient Group

## SEXUAL ASSAULT PREVENTION & RESPONSE (SAPR)

☎ 253-6556

### 24 Hour Line

☎ 080-5865-3566

sapr.mil

### DSTRESS LINE

☎ 1-877-476-7734/253-7734

Dstressline.com