

Missing out on happenings in the community?

Download the *Iwakuni Altitude* app on the App Store or get it on Google Play!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Significant Events 31 January – 6 February 2025

Fri, 31 Jan	9:00 – 11:00 a.m., RDTS: Readiness Binder & Family Care Plan Workshop (see page 6) 10:00 a.m. – 6:00 p.m., On Base Business Market (see page 8)
Sat, 1 Feb	7:00 a.m. – 10:00 p.m., Dazaifu Shrine & LaLaPort Shopping Mall Trip (see page 9) 10:00 a.m. – 6:00 p.m., On Base Business Market (see page 9)
Mon, 3 Feb	8:00 a.m. – 4:00 p.m., TRS Core Curriculum 2-Day Course (see page 6)
Tue, 4 Feb	8:00 – 11:00 a.m., SMP Atago Base Clean Up (see page 4)
Wed, 5 Feb	10:00 – 11:30 a.m., New Mom Group (see page 5) 10:00 – 11:30 a.m., Sponsorship Training (see page 7)
Thu, 6 Feb	8:00 a.m. – 4:00 p.m., Department of Labor 2-Day Employment Workshop (see page 7) 8:00 a.m. – 4:00 p.m., Managing Your Education 2-Day Course (see page 7) 9:00 a.m. – 12:00 p.m., L.I.N.K.S. Monthly Meeting/Coffee & Connect (see page 7) 11:00 a.m. – 7:00 p.m., Valentine's flowers at MCX begins (see page 9) 2:00 – 3:00 p.m., Infant Massage 4-week session begins (see page 5) 3:00 – 4:00 p.m., SMP Committee Meeting

Sakura Theater Schedule

- THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.
- MOVIE LINE/TICKET BOOTH 253-4067



One of Them Days (R)

Fri, 31 Jan, 5:00 p.m.

Sat, 1 Feb, 6:00 p.m.

Thu, 6 Feb, 7:00 p.m.

When best friends and roommates Dreux and Alyssa discover Alyssa's boyfriend has blown their rent money, the duo finds themselves in a race against the clock to avoid eviction and keep their friendship intact.

Den of Thieves 2: Pantera

Fri, 31 Jan 8:00 p.m.

Sun, 2 Feb, 6:00 p.m.

Lawman "Big Nick" O'Brien gets embroiled in the treacherous and unpredictable world of diamond thieves as he pursues career criminal Donnie Wilson to Europe.



Mufasa: The Lion King (PG)

Sat, 1 Feb, 2:00 p.m.

Lost and alone, orphaned cub Mufasa meets a sympathetic lion named Taka, the heir to a royal bloodline. The chance meeting sets in motion an expansive journey of an extraordinary group of misfits searching for their destinies.



Sonic the Hedgehog 3 (PG)

Sun, 2 Feb, 2:00 p.m.

Sonic, Knuckles and Tails reunite to battle Shadow, a mysterious new enemy with powers unlike anything they've faced before. With their abilities outmatched in every way, they seek out an unlikely alliance to stop Shadow and protect the planet.

Nosferatu (R)

Mon, 3 Feb, 7:00 p.m.

In the 1830s, estate agent Thomas Hutter travels to Transylvania for a fateful meeting with Count Orlok. In his absence, Hutter's new bride, Ellen, is plagued by horrific visions and an increasing sense of dread. Ellen soon encounters an evil force that's far beyond her control.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Altitude app, website or Facebook page for the latest information.

Iwakuni Friendship Flea Market

The Friendship Flea Market is a great opportunity for the community to buy and sell. Register for a booth to sell homemade or unwanted/unneeded items or just stop by on the day of the market to purchase many unique or gently used items. Online booth registration is now open through 21 Feb for SOFA personnel who wish to sell items. Event details, guidelines, and restrictions will be emailed to registered parties. For complete details and registration procedures, please visit: <https://iwakuni.usmc-mccs.org/activity/20fa22fd-e8f4-4cfc-b3bd-d5d61230f6bd>.

There will also be an arm wrestling tournament held in conjunction with the flea market! There will be competitions for men, women and teams. For full details, please click on the link above.

Semper Fit

Fitness

Wellness Wednesday: Warrior Workout

Wed, 5 Feb, 5:00 – 6:00 p.m., IronWorks North, Aerobics Room 3

Wellness Wednesday Warrior Workouts take place on the first Wednesday of every month, are free and are open to all base personnel ages 18 and older. These dynamic and holistic fitness sessions focus on strength, endurance, flexibility, and mindfulness, challenging both your body and mind. Each workout emphasizes functional movement, mental resilience, and overall wellness, combining activities like circuit training, core strengthening, and full-body exercises with mindful breathing and recovery techniques.



Health Promotion



Youth Dance Classes – Winter/Spring Session

See link for class availability and schedules

Registration begins 20 Jan

Join Semper Fit for their youth dance classes (winter/spring session). These classes are open to children and youth ages 3 – 17. Classes include Creative Dance, Hip-Hop, Jazz and Pre-Ballet. For complete information and schedules and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/fdb60e09-270a-4ecf-bc1e-7584f0b8c4a5> or call Health Promotion at 253-6359 for more information.

Human Performance

The Ultimate Mileage Challenge

Join us for **The Ultimate Mileage Challenge**, an ongoing event designed to motivate individuals to move more and engage in friendly competition. The goal is simple: accumulate as many points as possible through various fitness activities for a chance to win exciting prizes! Open to SOFA members 18+ only, this challenge starts on 1 January and includes quarterly giveaways. Whether you prefer walking, running, swimming, biking, or rowing, there are plenty of ways to earn points and reach your fitness goals. For complete details, please visit <https://iwakuni.usmc-mccs.org/activity/cea7f6d6-fbc6-4697-bbbe-692573afad6d>.



Intramural Sports

Triple Threat Showdown

Fri, 21 Feb, 5:30 – 10:00 p.m., IronWorks North

Registration open until 11:59 p.m., 14 Feb

Put your skills to the test at the Triple Threat Showdown, a 2v2 three-point competition that's all about teamwork and precision. Find a partner, register, and get ready to show off your shooting range! The action begins on 5:30 on Fri, 21 Feb at the IronWorks North sports courts. Don't miss the chance to compete for glory and bragging rights—sign up now! Open to all active duty, SOFA members aged 16 and older, JMSDF personnel, and IHA/MLC employees. Teams must consist of a minimum of one and a maximum of two players. This event is Commander's Cup points eligible. Teams must be 50% active duty and will need to be approved by the unit CO. If two players from two different units participate, points will be awarded to both units. Team captains will register their team online at: <https://iwakuni.usmc-mccs.org/activity/e198cc8f-0245-4043-b6d4-ee1dd1f9a23d>. For more information, please contact Intramural Sports at 253-3067.

U.S. – Japan Volleyball Tournament

Sat, 1 Mar – Sun, 2 Mar, 9:00 a.m. – 9:00 p.m., Atago Sports Complex

Registration open until 11:59 p.m., 15 Feb

Join Intramural Sports for the U.S. - Japan volleyball tournament, a single-elimination tournament open to all SOFA, JMSDF and IHA/MLC personnel aged 16 and older. Teams must consist of 4 – 12 players. Team captains will register their team on Eventbrite at: <https://iwakuni.usmc-mccs.org/activity/a7fc728a-ef9f-4437-b44f-057f7b8011b2>.

6v6 Soccer Season

Tue, 4 Mar – Tue, 1 Apr, 5:30 – 8:30 p.m.

Registration open 12:00 p.m., 17 Jan – 18 Feb

Join Intramural Sports for the 2025 6v6 soccer season! Open to all active duty, SOFA members aged 16 and older, JMSDF personnel, and IHA/MLC employees. Teams must consist of a minimum of 6 players (there is no maximum number of players; however, a maximum of 12 awards will be presented to a team). This event is Commander's Cup points eligible. Teams competing for points must be at least 80% active duty and no more than 20% civilian from the same unit and will need to be approved by the unit CO. Team captains will register their team online at: <https://iwakuni.usmc-mccs.org/activity/2edee440-ffa1-4657-b271-8e15bd398ddf>. For more information, please contact Intramural Sports at 253-3611 or email them at ombiwakunji.intramuralsports@usmc-mccs.org.

Outdoor Recreation

Fishing at the MCAS Iwakuni Harbor

Sat, 8 Mar, 5:30 a.m. – 12:00 p.m.

Registration open from 10:00 a.m., 10 Feb – 6:00 p.m., 27 Feb or until full. Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, visit Outdoor Recreation in the IronWorks South gym.

**In the event there is inclement weather, the event will be canceled. Notification will be sent out at 5:00 a.m. the day of the event.*

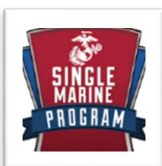


Mt. Misen Hiking Trip

Sat, 22 Mar, 8:00 a.m. – 5:00 p.m.

Get out, get moving, and climb Mt. Misen with Outdoor Recreation. Mt. Misen is a beautiful location on Miyajima Island with amazing rock formations, six shrines and a good chance of seeing some monkeys in the wild at the ropeway summit. Take in the beautiful views of the Seto Inland Sea at the Shishiiwa Station Observation hall at the top of the ropeway and the Mt. Misen Observatory at the top of the trail which is 535 meters above sea level. Open to all base personnel ages 6 and above. For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/12165e2e-d2c1-481c-8887-71189de2db56> or stop by

Outdoor Rec in the IronWorks South, bldg 1010 to register.



Single Marine Program

Visit your SMP at:

Hornet's Nest, bldg 1347

253-5368/3585

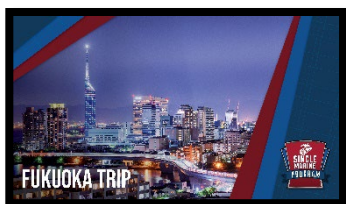
The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

Atago Base Cleanup

Tue, 4 Feb, 8:00 – 11:00 a.m.

Registration from 20 Feb – 3 Feb or until full

Join the SMP for an Atago base clean-up. Pick up trash in designated areas around the base to help our community look better. Volunteers will meet at the Hornet's Nest and receive a letter of appreciation for their time. 30 spots available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/f1fcb911-0fad-4160-8f3d-6c0b2d553b65>.



SMP Fukuoka Trip

Sat, 8 Feb, 6:00 a.m. – 10:10 p.m.

Registration open 5:00 p.m., 20 Jan – 12:00 p.m., 3 Feb or until full

Join the SMP on a trip to Fukuoka! Visit Team Lab Forest and Fukuoka Tower, and then enjoy some shopping at the Canal City Mall and the surrounding area. 36 spots will be available. For more information, please contact the SMP at 253-3585.

SMP Super Bowl Party

Mon, 10 Feb, 7:00 a.m. – 1:00 p.m., Hornet's Nest

The Single Marine Program is hosting its annual Super Bowl Party. Head over to the Hornet's Nest on 10 Feb for the watch party. Breakfast foods and games with prizes will also be provided. Open to single & unaccompanied

servicemembers only. Volunteers are needed for this event and will receive a letter of appreciate for their time. Registration as a volunteer will be available from 27 Jan – 3 Feb or until full (only 5 spots are available).

Tokyo Sightseeing Trip

10:00 p.m., Wed, 19 Feb – 10:00 p.m., Sun, 23 Feb

Registration open to 8:00 a.m., 20 Jan or until full

Enjoy an overnight trip to Tokyo, see the city's staples, and learn about Tokyo's history. Participants must follow the itinerary with the chaperone daily, free time will be allotted. Limited to authorized SMP patrons only. Cost per person is \$305.00. 24 spots available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/7ff16e55-b77f-41b3-8c35-3ab76d1c03bf>.



SMP English Café

Sat, 22 Feb, 9:00 a.m. – 12:30 p.m., Hornet's Nest

SMP is looking for enthusiastic volunteers to converse in English with local Japanese citizens. 13 spots are available, and registration will be available from 17 – 21 Feb or until full.

Naruto Park Trip

Sat, 8 Mar, 6:00 – 10:30 p.m.

Registration open from 17 Feb – 3 Mar (or until full)

Visit Naruto Park, also called Nijigen no Mori, and participate in various events within the park, including Dragon Quest Island, Naruto/Boruto Shinobi-zato, Godzilla interception Operation/Zipline, and Crayon Shin-Chan Adventure Park. This trip is for single or unaccompanied active duty members only. 30 spots available. For more information or to register, please visit: <https://iwakuni.usmc-mccs.org/activity/b37d226d-cdcf-4897-a884-4bffa078515ed>.

Iwatan Oyako Festa

Sun, 9 Mar, 8:30 a.m. – 1:30 p.m.

Registration open from 12:00 p.m., 17 Feb thru 8:00 a.m., 3 Mar or until full

Join the SMP and volunteer with local parents and children at the Iwakuni Junior College's Oyako Festa. This event is for single and unaccompanied servicemembers only. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/17c10646-636e-466b-bd4d-848bb1aa66af>.

Marine & Family Programs

Behavioral Health



New Mom Group

Wed, 5 Feb, 10:00 – 11:30 a.m., USO, 2nd deck, Air Terminal

New to parenting? Join the New Mom Group for their meeting on the first Wednesday of the month. Open to kids 0 – 5 years old and their parents.

Infant Massage: 4-Week Session

Thu, 6 Feb, 2:00 – 3:00 p.m., bldg 625, rm 309

Learn to calm and soothe your baby through massage and nurturing touch! A secure environment and nurturing touch assist in the healthy growth and development of children. The class starts on the first Thursday of the month and continues for 4 weeks (the first four Thursdays of the month). For more information, please contact the New Parent Support Program at 253-5043.



Family Care

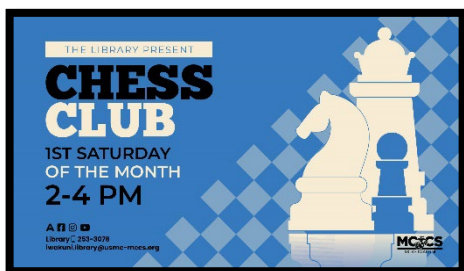
Quarterly Family Training – Access Community Resources & Recreation Inclusion

Thu, 13 Feb, 4:00 – 5:00 p.m., bldg 625, rm 211

EFMP hosts a quarterly family training seminar each month with a variety of topics. These sessions are open to all SOFA personnel. This month's topic is "Accessing Community Resources and Recreation Inclusion." In an effort to encourage families to use programs available at the air station, we will preview a variety of resources from different organizations from Marine & Family Programs, military resources, State/Federal resources, and other sources. Families will learn about inclusion, what it looks like, and who benefits from it. These training sessions are conducted virtually via Teams, require no registration, and are open to all SOFA personnel. [Join the training.](#)



Personal & Professional Development



Chess Club

Sat, 1 Feb, 2:00 – 4:00 p.m., Library

The Library's Chess Club is intended for beginner and intermediate participants interested in learning chess rules, tactics, and strategies. The first 30 minutes may focus on instruction and the rest of the program will allow for free play time. The Library provides all materials for the program, but participants are welcome to bring their own chess equipment. Registration opens the first day of each month and closes the Thursday before the 3rd Friday. If you can no longer attend Chess Club after you have registered, please contact the Library to cancel your

reservation. Sessions are limited to 20 participants, ages 10 and older. Participants must be willing to partner with players of different ages, genders, and skill levels. Unaccompanied minors must have a dependent ID. To register, please visit the Library or email them at iwakuni.library@usmc-mccs.org. For more information, please contact the Library at 253-3078.

RDTs: Readiness Binder & Family Care Plan Workshop

Fri, 31 Jan, 9:00 – 11:00 a.m., bldg 411

Join this interactive and informative workshop and learn to organize and prepare your family to be ready for anything, especially during a deployment. Participants will receive a free binder with organizational tabs. To signup, please call 253-3542, email ombiwakunij.mcftb@usmc-mccs.org or visit bldg 411, rm 101. Registration is open until 12:00 p.m., 30 Jan.

Book Bingo

Begins Sat, 1 Feb

The 2024 Book Bingo Reading Challenge highlights the Year of the Snake! In Japanese culture, the Year of the Snake symbolizes financial fortune, regeneration, and transformation. This year, explore new genres using bingo prompts as a starting point. The challenge is open to patrons aged 18 years and older, with one title per square. Click on each square to view the prompt and complete the activity. All books must be read in 2025. There will be four quarterly drawings. Patrons may only win one quarterly drawing, but all completed bingo cards will be included in the grand prize drawing at the end of the calendar year. To get started, please visit: <https://iwakuni.beanstack.org/reader365>.

Transition Readiness Seminar (TRS) Core Curriculum

Mon, 3 Feb – Tue, 4 Feb, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundamentals of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Pre-registration is required, so call 253-6439 or visit bldg 411, rm 110 to register.



Early Literacy Storytime

Tue, 4 Feb, 3:30 – 4:15 p.m., Library

Early Literacy Storytime is a fun opportunity for your preschooler to listen to stories, participate in crafts and activities, and engage with other children for 45-60 minutes. Participation is a great way to start preparing them for kindergarten. Children can enjoy books, crafts, and activities while building early literacy skills. Contact the Library to register, obtain more information, and volunteer for this program. Participation is limited to 15 children. Register

in person at the Library, email us at Iwakuni.library@usmc-mccs.org, or call DSN 253-3078.

Sponsorship Training

Wed, 5 Feb, 10:00 – 11:30 a.m., bldg 411, rm 104

Wed, 26 Feb, 10:00 – 11:30 a.m., bldg 411, rm 104

Arm yourself with the tools and resources to be an effective sponsor for active duty servicemembers or incoming civilian personnel. This class is mandatory for all uniformed sponsors. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/00c3c7c8-3881-40fd-881e-3d84f97c6e78>. (5 Feb) or

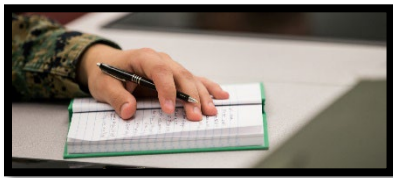
<https://iwakuni.usmc-mccs.org/activity/dd2821b0-5abd-4495-ab1f-04b401f97e3b>. (26 Feb)



Employment Track: Department of Labor Employment Workshop

Thu, 6 Feb – Fri, 7 Feb, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops. Please call 253-6439 or visit bldg 411, rm 110 to register.



Education Track: Managing Your Education 2-Day Course

Thu, 6 Feb – Fri, 7 Feb, 8:00 a.m. – 4:00 p.m., bldg 410, rm 110

Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments,

seminars and workshops. Please call 253-6439 or visit bldg 411, rm 110 to register.

L.I.N.K.S. Monthly Meeting/Coffee & Connect

Thu, 6 Feb, 9:00 a.m. – 12:00 p.m., bldg 625

Join the L.I.N.K.S. monthly meeting to learn about the program and then attend the Coffee & Connect event which serves as an outreach tool and networking opportunity for program members. Learn something new and make new connections! Kids are welcome to the Coffee & Connect! To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 5 Feb.

Vocational Track: Career and Credential Exploration (C2E)

Thu, 13 Feb - Fri, 14 Jan, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

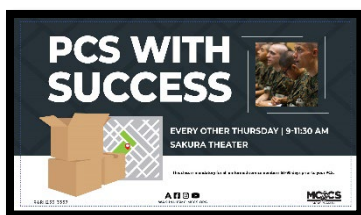
This 2-day course offers an opportunity to complete personalized career development assessments of occupational interests and aptitudes. Participants will then be guided through a variety of career considerations, including labor market projects, education, apprenticeships, certifications, and licensure requirements. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars, and workshops. To register, please call 253-6439 or visit bldg 411, rm 110.

L.I.N.K.S. Foundation 1-Day Workshop

Thu, 13 Feb, 8:30 a.m. – 4:30 p.m., Bldg 625

Looking for ways to connect, learn something new, volunteer, or meet with others and have some fun? Join the L.I.N.K.S. Foundation Workshop! The L.I.N.K.S. workshop provides an interactive way to learn more about the military lifestyle, the air station, and life in Japan. L.I.N.K.S. focuses on resources and services, such as finance, education, career, moving, networking, and volunteering. Mentors will share their experiences and provide helpful tips on meeting the unique challenges faced in the mobile military lifestyle. Let's connect and support each other!

To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 12 Feb.



PCS with Success

Thu, 13 Feb, 9:00 – 11:30 a.m., Sakura Theater

Thu, 27 Feb, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designated for service members who have PCS orders to any military station across the world. This is a mandatory class (MCO 1754.10B) that transferring service members must attend 60-90 days prior to their departure from MCAS Iwakuni. Receipt of orders isn't necessary to attend the class, and in many cases waiting until then will affect the check-out process. Attendance of

this class is the only way IPAC will give service members their plane tickets. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/24c0ee34-34c6-47c3-8a6d-55779e8da3c1>. (13 Feb) or <https://iwakuni.usmc-mccs.org/activity/8390118d-6b95-4721-879e-9419c9fbc207>. (27 Feb).

Real Relationships

Thu, 20 Feb, 10:00 a.m. – 12:00 p.m., bldg 625

The challenges of a military lifestyle can place many demands on service members and their families. This workshop provides practical information and tools to enhance healthy relationships and educate couples on how to successfully nurture and maintain a more positive union. To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 19 Feb.

L.I.N.K.S. Kokedama Creational Pop-up Event

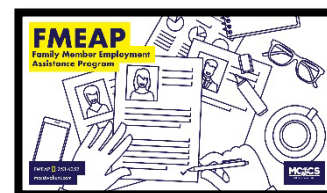
Fri, 21 Feb, 10:00 a.m. – 12:00 p.m., USO

Unleash your creativity and join the L.I.N.K.S. program in our Kokedama creation pop-up. Kokedama is a traditional Japanese gardening technique that can transform your home or office space into a green oasis. We hope to see you there. Kids ages 5-12 are welcome to join! To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 20 Feb.

Spouse Transition & Readiness Seminar (STARS)

Thu, 27 Feb, 1:30 – 3:40 p.m., bldg 411, rm 17

The Spouse Transition and Readiness Seminar (STARS) is an informational workshop for transitioning military spouses. Subject matter experts will cover employment, relocation, education, and other resources available to promote a successful military-to-civilian transition. For more information, please call the Family Member Employment Assistance Program at 253-6352.



Business/Retail & Services/Special Events



On Base Business Market

Fri, 31 Jan – Sat, 1 Feb, 10:00 a.m. – 6:00 p.m., Torii Pines Town Center

Fri, 14 Feb – Sat, 15 Feb, 10:00 a.m. – 6:00 p.m., Torii Pines Town Center

Attention all home-based business owners! MCCS's retail space located inside the Torii Pines Town Center is open to use by home businesses. Reserve your spot today to market your business, show your wares, and sell your goods in a retail environment. For complete details and instructions on how to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/2786b1db-39d4-4973-abd7-c7f738aa303e>. (31 Jan)

<https://iwakuni.usmc-mccs.org/activity/af233862-960e-49f1-a8cc-289235f06e84>. (1 Feb)

<https://iwakuni.usmc-mccs.org/activity/7fd04f31-7e96-4afd-8b2b-979409e55500>. (14 Feb)

<https://iwakuni.usmc-mccs.org/activity/bc6611c0-ff2d-417a-84e2-e253afd2ba05>. (15 Feb)

Dazaifu Shrine & LaLaPort Shopping Mall Trip

Sat, 1 Feb, 7:00 a.m. – 10:00 p.m.

Dazaifu Tenman-gu is a Shinto shrine in Dazaifu, Fukuoka Prefecture that is build over the grave of Sugawara no Michizane (845 – 903 AD) and is one of the main shrines dedicated to Tenjin, the deified form of Michizane. After visiting the shine, shop at the more than 220 stores in the Mitsui Shopping Park LaLaPort. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/ea6faef6-3a24-4f4b-b694-9058be156cd4> or stop by the IT&T office in the Crossroads, bldg 410 to signup.



Valentine's Flowers at the MCX

Thu, 6 Feb – Tue, 11 Feb, 11:00 a.m. – 7:00 p.m., MCX (Pre-Order)

Wed, 12 Feb – Fri, 14 Feb, 10:00 a.m. – 8:00 p.m., MCX (Fresh Flower Pickup)

Shop for your sweetheart at the MCX! Get fresh flowers, chocolates, champagne, and more. Plan ahead and pre-order to have flowers delivered to base housing, or for you to pick them up, just in time for Valentine's Day. Pre-orders can be placed at Customer Service for either pickup or delivery (on-base and Atago Housing only, \$5 fee). Ready to go flowers and balloons will be available for pickup 12 – 14 February. Additional items include gifts, chocolate/candy and champagne.

Nagasaki Lantern Festival Overnight Trip

7:00 a.m., Sat, 8 Feb – 9:30 p.m., Sun, 9 Feb

Enjoy the Nagasaki Lantern Festival on this overnight trip to Nagasaki with IT&T. The Nagasaki Lantern Festival is held over the first 15 days of the Chinese New Year, and Nagasaki comes alive with an energetic burst of lanterns, parades, and performances. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/41b3dc6c-f26d-4a37-900c-9e92fb256341> or stop by the IT&T Office in bldg 410 to signup.



Picture Perfect Valentine

Sat, 8 Feb, 11:00 a.m. – 7:00 p.m., MCX

Celebrate love and capture the moment at our Picture Perfect Valentine event! Join us for a charming photo opportunity with your Valentine. Each family will receive one complimentary Polaroid picture to cherish forever. Feel free to bring your own camera or phone to snap additional photos and create lasting memories. Make Picture Perfect Valentine even more special!



Super Bowl Party 2025

Mon, 10 Feb, 7:30 a.m. – 2:00 p.m., The Hangar

Watch the Super Bowl on our large projector screen and 86" TVs and eat a delicious breakfast and nacho buffet with hot wings available to order! Prizes and giveaways will be presented throughout the game. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/a22baf8b-f4f1-4607-a3d5-aac938d5117f>.

Akiyoshido Cave & Safari Land Trip

Sat, 15 Feb, 7:00 a.m. – 6:00 p.m.

Visit Akiyoshido Cave, one of the biggest caves in Japan and Yamaguchi's popular tourist destination. Afterwards, you'll go on a bus cruise at Safari Land and have free time in the petting zoo area! For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/4aeca892-e878-4c69-a396-556cc5a7b02f> or stop by the IT&T Office in bldg 410 to signup.





Saijo Sake Brewery Tour

Mon, 17 Feb, 8:30 a.m. – 6:00 p.m.

The "Sake Capital" Saijo City is a well-known brewing region. Visit one of the most famous breweries with an English-speaking local guide and learn about the brewing process. Please don't forget to try tasting Sake! For tour details, please visit:

<https://iwakuni.usmc-mccs.org/activity/cbe04546-7fbf-4f0c-b3b2-39a0ff241efb> or stop by the IT&T office in bldg 410 to signup.

Kanmon Tunnel in Shimonoseki & Moji Trip

Sat, 22 Feb, 8:00 a.m. – 8:30 p.m.

Enjoy some free time in Shimonoseki! Visit the Akama Shrine, small amusement park "Haikara't Yokocho" and more. Don't forget to sample local fresh seafood and sushi at the famous Karato Fish Market! Also, we will walk from Yamaguchi to Fukuoka in just 15 minutes via the Kanmon Pedestrian Undersea Tunnel and will visit the opposite shore of Shimonoseki, Mojiko Retro District. For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/232ce6ec-c601-442f-b242-99407a83d5aa> or stop by the IT&T office in bldg 410 to signup.

Alphabetical list of events for period 31 January – 6 February 2025

Event	Date	Link
30/30 – February	Various	https://iwakuni.usmc-mccs.org/activity/723c4ce7-0114-4998-aa27-fd6623ffc100
Active Duty Swim Program (S3T)	Various	https://iwakuni.usmc-mccs.org/activity/a29e54f9-7f5d-4036-b5cd-5d7bd8689175
Aikodo – February	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/c7fb60af-d83e-450e-9698-ee8c5f1fa5a7
Body Sculpt Class – January	Various	https://iwakuni.usmc-mccs.org/activity/fc8e16c7-7093-412d-a016-3a140ecf8b0d
Book Bingo	Sat, 1 Feb	https://iwakuni.usmc-mccs.org/activity/319b652b-8d15-49e9-b43e-173b12b70861
Cardio Kickboxing Mini Bootcamp – January	Various	https://iwakuni.usmc-mccs.org/activity/9c7820f8-b23d-4649-a051-a812d8613cba
Chess Club	Sat, 1 Feb	https://iwakuni.usmc-mccs.org/activity/c926b43b-66d9-4c89-a767-16343295051b
Dazaifu Shrine & LaLaPort Shopping Mall Trip	Sat, 1 Feb	https://iwakuni.usmc-mccs.org/activity/ea6faef6-3a24-4f4b-b694-9058be156cd4
Early Literacy Storytime	Tuesdays	https://iwakuni.usmc-mccs.org/activity/67131bc2-15f6-4e3b-ba57-d16b9c8ec43b
Dept of Labor Employment Track 2-Day Course	6 – 7 Feb	https://iwakuni.usmc-mccs.org/activity/4dc6f58a-d6f9-4d1a-93db-d2d6a8e68fd1
Homeschool Swim Lessons – February	Various	https://iwakuni.usmc-mccs.org/activity/37445192-8b62-40f0-abb5-30018ac642f9
Infant Massage: 4-Week Session	Thu, 6 Feb	https://iwakuni.usmc-mccs.org/activity/f8a24446-1aac-4489-9598-a5c5884f68fc
Intramural Sports Kickball Season	Various	https://iwakuni.usmc-mccs.org/activity/f033696b-e667-4c18-98ad-7e5f3330a542
Judo – February	Various	https://iwakuni.usmc-mccs.org/activity/ccfb4294-ac67-45bd-814d-52efd5ad4897
L.I.N.K.S. Monthly Meeting/Coffee & Connect	Thu, 6 Feb	https://iwakuni.usmc-mccs.org/activity/972cb9b6-a893-4c12-b7f5-4f31aed05a03
Managing Your Education 2-Day Course	6 – 7 Feb	https://iwakuni.usmc-mccs.org/activity/9eb8c41f-9bcf-4d66-978b-54ff64ce8466
Mindful Biets: Managing Stress Eating	Tue, 4 Feb	https://iwakuni.usmc-mccs.org/activity/17223f01-653a-4e58-8214-9107e6994caa
Mixedfit	Various	https://iwakuni.usmc-mccs.org/activity/11c80ec3-b475-4866-b3d7-f8657548c3fb
New Mom Group	Wed, 5 Feb	https://iwakuni.usmc-mccs.org/activity/86bb4e7a-d615-4cf8-8cc3-d87e51df1174
On Base Business Market	Fri, 31 Jan	https://iwakuni.usmc-mccs.org/activity/2786b1db-39d4-4973-abd7-c7f738aa303e
	Sat, 1 Feb	https://iwakuni.usmc-mccs.org/activity/af233862-960e-49f1-a8cc-289235f06e84
Power Pump – February	Mondays	https://iwakuni.usmc-mccs.org/activity/1d6783f5-fa0c-472c-9408-09a6b0db2c13
Progressive Hatha Yoga – February	Wed & Thu	https://iwakuni.usmc-mccs.org/activity/344ecd31-e058-4655-83b8-6ee7cdeed31b
Readiness Binder & Family Care Plan Workshop	Fri, 31 Jan	https://iwakuni.usmc-mccs.org/activity/6b1497a2-87d0-4d68-9368-d8a3b1589bc9
Saioto Ski & Snowboard Trip	Sat, 1 Feb	https://iwakuni.usmc-mccs.org/activity/92c0ce24-7991-4b2a-8dc6-76d6e0b20ec0
Seven Principles Couples Program	Fri, 31 Jan	https://iwakuni.usmc-mccs.org/activity/ad19bcc1-d5de-486c-a26d-d01f393b0246



Weekly Newsletter

31 January 2025

SMP Atago Base Clean Up	Tue, 4 Feb	https://iwakuni.usmc-mccs.org/activity/f1fcb911-0fad-4160-8f3d-6c0b2d553b65
SMP Committee Meeting	Thu, 6 Feb	https://iwakuni.usmc-mccs.org/activity/a6075e9f-2f8d-4476-ac7b-40b95822b044
Spin – February	Various	https://iwakuni.usmc-mccs.org/activity/65acc6dc-ef1d-40e5-8460-aa3c03e593cc
Spin Express – February	Wednesdays	https://iwakuni.usmc-mccs.org/activity/697078b6-a20b-49b6-beb6-b0953c4edcf6
Sponsorship Training	Wed, 5 Feb	https://iwakuni.usmc-mccs.org/activity/d820bb50-7abb-4798-842c-a3271d644e3a
Swim Lessons (Group) – February	Various	https://iwakuni.usmc-mccs.org/activity/4d469037-58f8-4a3a-bbba-ad3dfed8517d
Swim Lessons (Private) – February	Various	https://iwakuni.usmc-mccs.org/activity/257c3e86-c8a7-4141-a1e5-051e9dfda397
Tabata & Stretch – February	Mondays	https://iwakuni.usmc-mccs.org/activity/326d5e05-a460-4ba7-90db-0fd2c47300d0
TRS Core Curriculum 2-Day Course	3 – 4 Feb	https://iwakuni.usmc-mccs.org/activity/34c89f27-f032-43d7-9cb4-1987a3bde396
Tsunami Swim Team	Various	https://iwakuni.usmc-mccs.org/activity/45faf0cd-f442-4e9f-a56f-78eeaca64533
Ultimate Mileage Challenge	Continuous	https://iwakuni.usmc-mccs.org/activity/ba38f197-aabb-4054-97ba-a7ff3e476afe
Valentine's Flowers at the MCX	6 – 11 Feb	https://iwakuni.usmc-mccs.org/activity/f78e11d9-9c27-4d01-82f8-2c31c90dae82
W.A.R.R. Strength & Conditioning Sessions	Continuous	https://iwakuni.usmc-mccs.org/activity/296986a0-9bb5-45d4-a653-6e8a24ff3d07
Welcome Aboard Bus Tour	Wednesdays	https://iwakuni.usmc-mccs.org/activity/3ae07fd6-7536-4dd4-a380-46055df044f3
Wellness Wednesday: Warrior Workouts	Wed, 5 Feb	https://iwakuni.usmc-mccs.org/activity/088f8b1a-bca1-4d3c-b0eb-ff5284fd7b68
Winter Reading Program	Continuous	https://iwakuni.usmc-mccs.org/activity/808f33a2-5240-4f66-8904-46a195fe3be2
Youth Dance Classes – Winter/Spring Session	Various	https://iwakuni.usmc-mccs.org/activity/fdb60e09-270a-4ecf-bc1e-7584f0b8c4a5
Youth Fitness Classes – February	Various	https://iwakuni.usmc-mccs.org/activity/1869bc5b-5756-45a7-b917-0089ffe735c1
Zumba – February	Various	https://iwakuni.usmc-mccs.org/activity/27aa9e01-9824-4961-ac0f-6ba3767327f7