### **EFMP RESOURCES**

Marine Corps Community Services (MCCS)
Marine and Family Programs
MCAS Iwakuni

## TELEPHONE NUMBERS MCAS IWAKUNI

Education		FRO VFMA	253-5856
MC Perry Elementary School	253-3327	Library	253-3078
Special Education	253-5516	New Parent Support Program	253-4526
MC Perry High School	253-5548	Personal Financial Manage- ment Program	253-6520
Health		Relocation Assistance	253-6161/3311
Branch Health Clinic (appointments)	253-3445	School Aged Care Center	253-4769
Dental	253-3331	School Liaison Officer	253-3691
Medication refill	253-3014	VA Representative	253-6284/6439
Pharmacy	253-3010	Victim Advocate Program	253-4928
		24 hour help line	090-9978-1033
Urgent Care	253-5572	Women Infants and Children (WIC)	253-4928
Early Development Intervention Services (EDIS)	253-4562	Youth and teen center	253-5549/4803
Tricare Representative	253-3126	Recreation	
Fuji Optical	253-4758	Iron Works gym	253-6578
Housing	253-5541	Outdoor recreation	253-3842
Marine & Family		Youth Sports	253-3239/5577
Programs			
Behavioral Health	253-4526	Service Animals/Pets	
Child Development Center	253-5584	Pet Boarding "Barking Lot"	253-3588
Distress Line	253-7734	Army Vet Clinic	253-6471
Family Readiness	253-3754/3542	Spiritual—Chaplain	253-3371
FRO MAG 12	253-5667	Duty Chaplain	080-6612-9244
FRO MAG 12 FRO MALS 12	253-5667 253-5037		080-6612-9244 253-5311
		Duty Chaplain	
FRO MALS 12	253-5037	Duty Chaplain  Navy Marine Relief Society	253-5311

### **EMERGENCY**

911/119 on base

119 off base

0827-21-7700 cell

Calling from the States

To MCAS Iwakuni

011-81-82-779-xxxx

Calling 253 from cellular phones:

0827-79-xxxx

(4digits after 253-)

#### **EFMP**

Child Development Center, Building 636

DSN: 253-5601

ombiwaefmp@usmc-mccs.org

mccsiwakuni.com



# EFMP HELPFUL WEB RESOURCES MCAS IWAKUNI

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<b>EMERGENC</b>	•

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mccsiwakuni.com

MCAS Iwakuni	Mcas.iwakuni.marines.mil
MCCS Iwakuni  (auto center, care hire, pet boarding kennel, child care center, education office, marine and family programs, relocation assistance, recreation, school liaison officer, school aged care, etc.)	Mccs.iwakuni.com/
Branch Health Clinic Iwakuni,  Early Developmental Intervention Services  Dental  Pharmacy	Med.navy.mil
Tricare	tricare-overseas.com/
Army Veterinary Services Iwakuni	phc.amedd.army.mil/organization/
Housing	Mcas.iwakunimarines.mil
Matthew Perry Elementary School	Perry-es.pac.dodea.edu
Matthew Perry High School	Perry-hs.pac.dodea.edu
DoDEA special education	dodea.edu/Curriculum/specialEduc/index.cfm





## **EFMP NATIONAL RESOURCES**

Exceptional Families 🛎	
<b>Advocacy</b> -How to talk so health professionals will listen. This website provides children's disability information, articles, and resources empowering parents of children with disabilities.	childrensdisabili- ties.info/advocacy/
Attention Deficit Disorder (ADD) Association—The Attention Deficit Disorder Association provides information, resources and networking opportunities to help adults with Attention Deficit Hyperactivity Disorder lead better lives.	add.org/
<b>Autism Society of America</b> - Advocacy for individuals and families and ongoing education of the public about the needs of the autism community.	autism-society. Org
Cadre (National Center on Dispute Resolution) - Encourages the use of mediation and other collaborative strategies to resolve disagreements about special education and early intervention programs. They offer a spectrum of services including promoting ways to prevent conflict and help with early dispute assistance, education about conflict, resolution options, due process hearings, etc.	directionservice.org
<b>CHADD (Children and Adults with Attention Deficit Hyperactive Disorder)</b> - is a national non profit organization that serves as a clearinghouse for evidence-based information on AD/HD; provides local face-to-face family support group for families and individuals affected by ADHD, and serves as an advocate for appropriate public policies.	Chadd.org
<b>Courage To Care For Me</b> - Provides fact sheets on timely health topics relevant to military life developed by military health experts at Uniformed Services University of the Health Sciences.	couragetocare- forme.org
<b>Disabled American Veterans</b> - A major advocacy and service organization for disabled veterans, the DAV has programs to assist OEF/OIF veterans. The DAV offers assistance with transition from service to civilian life with a representative role in the discharge, disability evaluation and claims processes.	dav.org
<b>Disability Education Info</b> - Connects people with disabilities to the information and resources they need to pursue their personal and professional goals. There is information about travel, workplace support and fair housing.	disability.gov/education
<b>Department of Defense Education Activity (DoDEA)</b> -The office of the Department of Defense Education Activity (DoDEA) issues extensive guidance for military families with children who have special needs and who are receiving, or are eligible to receive, a free appropriate public education either domestically or overseas.	dodea.edu/Curriculum/ specialEduc/
<b>Disability -</b> One-stop online access to resources, services, and information available throughout the Federal government.	Disability.gov.
<b>Extended Health Care Option (ECHO)</b> - The purpose of the ECHO program is to provide financial assistance and additional benefits for services, equipment or supplies beyond those available through TRICARE Prime, Extra, or Standard.	tricare.osd.mil/echo
<b>Fisher House</b> —A home away from home" that enables family members to be close to a loved one at the most stressful time during hospitalization for an illness, disease or injury. Tripler Army Medical Treatment Facility Hawaii has two Fisher houses located above the hospital. For more information call on (808) 433-1291 ext. 28	Fisherhouse.org
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## **EFMP NATIONAL RESOURCES**

Exceptional Families 🗅	
<b>Learning disabilities association of America</b> —provides support to people with learning disabilities, their parents, teachers and other professionals with cutting edge information on learning disabilities, practical solutions, and a comprehensive network of resources.	Ldaaamerica.org
<b>Medicaid</b> —A program that pays for health care for some individuals and families with low income and few resources. It is a national program with broad guidelines, but each state sets its own eligibility rules.	Cms.gov
<b>Military Child Education Coalition</b> – helps military children cope with transitions from school to school	Militarychild.org
<b>Military Homefront</b> —DoD's website for official military community and family policy program information, policy and guidance designed to help service members and their families, leaders and service providers.	Militaryhome- front.dod.mil
<b>Military One Source</b> —Offers help with parenting and child care, education, relocation, financial and legal concerns, and everyday issues.	Militaryonesource.com
<b>National Military Family Association</b> —provides education and information regarding, rights, benefits, and services for military families.	Militaryfamily.org
National Alliance on Mental Illness (NAMI)- National grass roots organization that provides consumer information on mental health conditions, advocacy and support	Nami.org
<b>National Institute of Mental Health (NIMH) -</b> Government agency dedicated to enhancing the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure.	nimh.nih.gov
<b>Social Security Disability</b> —pays disability benefits to you and certain members of your family if you have worked long enough and have a medical condition that has prevented you from working or is expected to prevent you from working for at least 12 months or end in death. Children may qualify.	socialsecurity.gov/pgm/ disability
<b>Supplemental Security Income (SSI)</b> - A Federal supplement program that can provide a monthly payment to those with low incomes and few resources who are 65 or older, blind, or disabled. Children may qualify.	Ssa.gov
<b>Specialized Training Of Military Parents (STOMP)</b> - Support and advice for military parents regardless of special challenges your child may face. Join the list serve and correspond with other parents of specially challenged children.	stompproject.org
<b>Wrightslaw</b> —Parent, educators, advocates, and attorneys come to Wrightslaw for accurate, reliable information about special education law, education law, and advocacy for children with disabilities. Wrightslaw has thousands of articles, cases, and free resources about dozens of topics.	Wrightslaw.com/