

# Welcome to MCAS Iwakuni!

## DAY 2- Tuesday

- 1000 – 1040 Briefs
- 1040 – 1100 2<sup>nd</sup> Day 1<sup>st</sup> Resource Fair / Break
- 1100 – 1155 Briefs
- 1155 – 1215 2<sup>nd</sup> Day 2<sup>nd</sup> Resource Fair / Break
- 1215 – 1235 Briefs
- 1235 – 1400 Lunch
- 1400 – 1600 SOFA Permit Test (Optional)



# Reminders

- Sign Attendance Roster (Check-in/out)
- Childcare Vouchers
- Breaks
  - DAY 2 – 1<sup>st</sup> Resource Fair / MCCS Bus Tour Registration
  - 2<sup>nd</sup> Resource Fair / Sponsors
- Family Housing Office, bldg. 200.  
0827-79-5542 or 253-5542
  - Please make an appointment for new arrivals.



# Marine Corps Community Services

## Marine Corps Air Station Iwakuni





# Quality of Life Provider

- **Enrichment opportunities**
- **Entertainment**
- **Travel**
- **Home, Duty, and Self**





# Customer Service Oriented





# Supporting Marines & Sailors





# Information on Iwakuni



## Iwakuni *Altitude* App

Download the Iwakuni Altitude app on the App Store or get it on Google Play!



Get updates instantly!



## Website

[www.iwakuni.usmc-mccs.org](http://www.iwakuni.usmc-mccs.org)

## Facebook

Search MCCS Iwakuni





# Questions?



MCCS Community Services Coordinator

Mr. Dave Garber

[david.garber@usmc-mccs.org](mailto:david.garber@usmc-mccs.org)

253-4109



# Family Readiness Program



**BUILDING 411, FIRST FLOOR – Room 101**

**MON-FRI 07:30-16:30**

**DSN:253-3542**

- Information, Referral, and Relocation
- Marine Corps Family Team Building
- Cultural Adaptation
- Personal Financial Management
- Ombudsman Program (Coordinator)



# Library

## Your Community Library

- Building 411, 3F
- CAC-enabled computer lab
- Checkout Materials:
  - Fiction and Nonfiction books for all ages
  - Learning resources: ASVAB, CLEP, and more
  - Commandant's Reading List
  - CNO's Professional Reading Program
  - Early Literacy Books – Board books, picture books, and leveled readers.
  - Videogames!
  - Kindles with pre-loaded eBooks
  - Projectors, screens, GoPro cameras, portable DVD players, robots, bike repair kit, and event cake pans.



# Library

## Digital Resources!

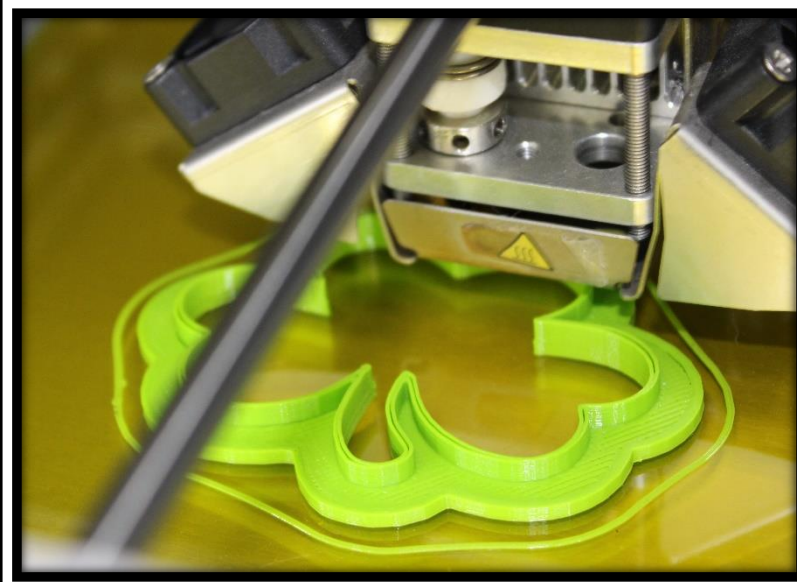
- **DODMWRLIBRARY.ORG**
  - Need a Library account first!
  - **Libby – The Digital Library**
    - Audiobooks
    - Great Courses
    - Artist Works
    - Digital Magazines, Comics, and Graphic Novels
  - **Access to Newspapers & Magazines**
    - Foreign Policy
    - New York Times
    - Wall Street Journal
    - Pressreader Global Newspaper Archive
    - Journal of Advanced Military Studies
    - National Geographic
  - **Learn New Languages**
    - Mango Languages
- **Learn about Investing**
  - Morningstar Research
- **Learn about your Own History**
  - Ancestry.com
  - Fold 3
- **Resources for Kids and Homeschoolers**
  - Scholastic Teachables
  - Miss Humblebee's Academy
  - Fiero Code
- **Resources for Continuing Education**
  - Coursera
  - Learning Express
  - Universal Class
  - Tutor.com



# Library

## Library Makerspace

- **Create, Explore, and Learn!**
  - 3D Printers
  - 3D Modeling Software
  - Silhouette Cameo
  - Heat Press
  - Sewing Machines
  - Green Screen



# Library

- Library Programs
  - **For the Little Ones:**
    - Baby & Me
    - Toddler Tales
    - Storytime
    - Little Scientists
  - **For Kids and Teens**
    - Maker Workshop
    - 3D Print & Modeling Club
    - Chess Club
  - **For Teens and Adults**
    - Crafternoon
    - Writer's Club
  - **Special Events!**
    - Harry Potter Book Night
    - Mario Day
    - Dr. Seuss' Birthday
    - Summer Reading



# Education and Career

**BUILDING 411, FIRST FLOOR  
MON-THU 7:00 AM - 6:00 PM  
FRI 7:30 AM – 4:30 PM**

- EDUCATION SERVICES
- FAMILY MEMBER EMPLOYMENT ASSISTANCE PROGRAM (FMEAP)
- TRANSITION READINESS PROGRAM
- VA SUPPORT



# Education and Career

## EDUCATION SERVICES

Building 411, Room 127

DSN: 253-3855  0827-79-3855



### WHAT DO WE DO?

- ✓ Individual Counseling
- ✓ Tuition Assistance & GI Bill Advising
- ✓ Briefs and Workshops
- ✓ Military Classification Testing
- ✓ Graduate Recognition Ceremony

### BUT WE ARE NOT...

- ✗ An academic institution,
- ✗ Able to give you college credit,
- ✗ Or confer a degree.



EDUCATION OFFICE  
GROUP EMAIL

**MARINE** &  
*Family*

Personal &  
Professional  
Development



# Education and Career


## UNIVERSITY REPRESENTATIVES ON BASE

Building 411, Room 109

### UNIVERSITY OF MARYLAND GLOBAL CAMPUS (UMGC)

MON-FRI 8AM – 5PM


DSN: 253-3392

 0827-79-3392

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY (ERAU)

MON-FRI 8AM – 4:30PM

DSN: 253-7545

 0827-79-7545

### National Test Center

On-site testing for:  
CLEP, DSST, and Pearson VUE



**MARINE** &  
*Family*

Personal &  
Professional  
Development





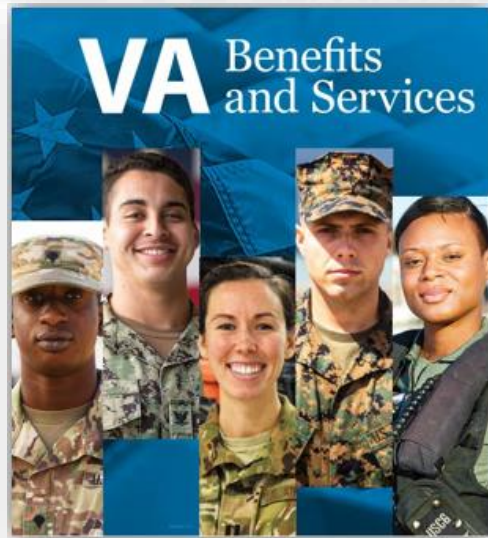
# Education and Career

## VA SUPPORT

Schedule Appointments in Building 411, Room 110



CLAIMS EMAIL



- One-on-one assistance
- Claims
- GI Bill / Veteran Readiness & Employment
- Home loans
- Health care

**MARINE** &  
*Family*

Personal &  
Professional  
Development



# MCCS IS HIRING

## Insurance

International Medical & Dental off base

Inexpensive Life Insurance up to **3x** your annual salary

Short Term Disability Insurance up to **60%** of your salary

Leave Donation Program for life's emergencies

## Retirement

401(k) Retirement Plan up to a **5%** employer match

NAF Pension Plan portable to other qualified government agencies

## BENEFITS

### Education

Tuition Assistance/ Workforce Education and Professional Development



**\$10k** for eligible programs



### Incentives for Childcare Employees

50% Childcare Subsidy

	<b>SIGN UP</b>
	For more information about MCCS Benefits
	<b>APPLY</b>
	<b>FAQ</b>



FMEAP Program Information (Resume/interview tip classes)



MCCS Employee Benefits



Job Application



HR Questions



# Employment at MCCS



## ❖ Job Opportunities for Everyone!

- Military Spouse Preference (MSP) for NF3 equivalent and below positions (RFT/RPT)
- Seasonal/Summer Hire Program for Students (up to 180 days)
- Flex Positions for Active Duty Members (Food Court, Semper Fit, Retail)
- Quarterly Job Fair/Job Info Desk (Club Iwakuni, Hangar E Club, High School, Flea Market, etc)
- 50% Childcare Subsidy for Family Care Employees

## ❖ How to Apply

- MCCS Iwakuni: [Iwakuni \(usmc-mccs.org\)](http://iwakuni.usmc-mccs.org)
- MCCS Civilian Careers: [MCCS Civilian Careers \(usmc-mccs.org\)](http://mccs-civilian-careers.usmc-mccs.org) and search for “Iwakuni”



# Human Resources



## ❖ Office Information

- Location: Bldg.410 2<sup>nd</sup> Floor (above Navy Federal)
- Hours: 0800-1600 (Mon – Fri except holidays)
- Phone: 253-3030/0827-79-3030
- Email: OMB Iwakuni NAF Human Resources  
[OMBIWAHR@usmc-mccs.org](mailto:OMBIWAHR@usmc-mccs.org)



# Questions



# Behavioral Health

## Behavioral Health Services Marine and Family Programs





# Marine Corps & Navy Behavioral Health Comparisons



Marine & Family Programs Behavioral Health	Fleet & Family Support Programs and Services Behavioral Health
<p>Behavioral Health</p> <ul style="list-style-type: none"><li>• Community Counseling Program (CCP)</li><li>• Marine Intercept Program (MIP)</li><li>• Family Advocacy Program (FAP)</li><li>• New Parent Support Program (NPSP)</li><li>• Substance Abuse Program (SAP)</li></ul>	<p>Counseling, Advocacy and Prevention (CAP)</p> <ul style="list-style-type: none"><li>• Clinical Counseling</li><li>• Sailor Assistance and Intercept for Life (SAIL)</li><li>• Family Advocacy Program (FAP)</li><li>• New Parent Support Home Visitation Program (NPS-HVP)</li><li>• Substance Abuse Rehab Department</li></ul>



# Family Advocacy Program 253-4526

The Family Advocacy Program (FAP) is a multi-faceted resource that is designed to address **child abuse and domestic abuse** within the MCAS community through prevention, intervention, and treatment.

FAP provides confidential supportive services including counseling, information and referral, education, prevention, and advocacy services.

\*You are not required to report an incident to access our services

**Our Team consist of** Victim Advocates, Prevention Specialists, Home Visitors, and Licensed Clinical Counselors





# Domestic Violence Reporting Options



## No Report

- Receive information and referrals without having to file a Restricted or Unrestricted Report

## Restricted Reporting

- No Command Notification
- No investigation initiated
- Access to support services

## Unrestricted Reporting

- Command Notification
- Investigation Initiated
- Access to support services and Protective Orders can be provided, if necessary.

### Exceptions:

- Child Abuse
- Imminent Danger

**24/7 Helpline**

**090-9978-1033 or 253-SAFE**



# New Parent Support Program 253-5043

- New Parent Support (NPSP) is a prevention program designed to enhance parenting skills and support parents and children through early intervention services.
- Our staff provides home visits at no cost.
- Services are offered to expecting families, and families with children under the age of 5.
- In addition, we offer groups and activities throughout the year such as
  - Infant Massage
  - Toddlers & Tunes and Free Play groups
  - Baby Boot camps for expecting parents
  - Pack & play and breast pumps lending program



# Community Counseling 253-6553

- Community Counseling Program (CCP) equips service members and families with the skills to address life's challenges before there is significant impact on performance in their duties and relationships.
- CCP provides confidential counseling services that include:
  - Individual Counseling
  - Couples Counseling
  - Family Counseling
  - Child and Teen Counseling
  - Alternative Support:
    - (MFLC) **M**ilitary and **F**amily **L**ife **C**ounselors
    - FOCUS **F**amilies **O**ver**C**oming **U**nder **S**tress – [Iwakuni@focusproject.org](mailto:Iwakuni@focusproject.org)



# Marine Intercept Program



- MIP is a collaborative effort between Installation and command to provide service members with care coordination for whom have received Serious Incident Report (SRI), Personal Casualty Report (PCR), and/or Suicide Ideation/Attempt.
- Navy equivalent is the SAIL Program

## MIP IS:

- Voluntary
- Caring contacts
- Care coordination
- Risk assessment and safety

## MIP IS NOT:

- Therapy
- Treatment

You may contact Community Counseling Program for more information: DSN: [253-6553](tel:253-6553)



# Substance Abuse Program 253-3733



- The Substance Abuse Program utilizes evidence-based programming and practices, including prevention education, early intervention initiatives, counseling, and drug and alcohol deterrent activities in order to promote overall health and mission readiness.
- Service can be provided through Self-referral and/or Command referral
  - Through your unit Substance Abuse Control Officer
    - (SACO) or Drug and Alcohol Program
    - Advisor (DAPA)
  - Or self-referral directly at Behavioral Health
- **Other base resources available:**
  - **All Support** - (Yujo Hall) Every Tuesday @1800
  - **All Recover** - (Yujo Hall) Every Friday @1800
  - **Unit Chaplain**



# Military OneSource



- An anonymous 24/7/365 counseling center for service members and families.
- Service member-to-service member counseling
- To call from Iwakuni DSN: 145
- As well as...
- Military One Source- (alternate languages available)
  - [MilitaryOneSource.com](http://MilitaryOneSource.com) (email)
  - 1-800-342-9647 (Stateside)
  - 800-3429-6477 (Overseas)

**MILITARY**  
**ONE SOURCE**



# Behavioral Health



## QUESTIONS?

Location:

Building 411, Room 219

Hours of Operation:

0730-1630

Family Advocacy Program after hours reporting:

24/7 Helpline - **090-9978-1033**



Presents

**Building A Strong Community and More Connection Culture:**

**SETTING THE FOUNDATION**

**Through Awareness  
and**

**Prevention of Alcohol Related Incidents (ARI'S)**

*Thurston Smith, MPA, LAC/S, CCS, CAADAC, NCAC I, VHA-CM  
Substance Abuse Prevention Specialist  
DSN: 253-5319*

*Phillip Hedden, LSW  
Substance Abuse Prevention Specialist  
DSN: 253-5300*





# Key Objectives

- ✓ **Awareness and Prevention of Alcohol Related Incidents (ARI's)**
- ✓ **Discuss warning signs of alcohol misuse**
- ✓ **Laws and Consequences of ARI's**
- ✓ **AWARENESS—Standard Drinks**
- ✓ **Describe strategies of low-risk drinking**
- ✓ **Understand our responsibility and obligations**
- ✓ **Questions and points of contact**



# Signs of Alcohol Misuse

- Binge drinking-Power Drinking
- Needing more alcohol to feel the same effect (increase in tolerance)
- Neglecting responsibilities at home, work, or school
- Using alcohol in dangerous situations
- Legal problems (fines, property damage, jail, etc.)
- Interferes with relationships (family, friends, job, or other obligations)
- Using alcohol to avoid stress, bad feelings, boredom, mourn losses, loneliness, or generally cope
- Drinking alone or in secrecy



# Awareness/Prevention/Law/Consequences of Alcohol Related Incidents (ARI's)



- Providing alcohol to underage personnel is prohibited—Must be 20 years old to drink (Japan and Base)
- Legal Blood Alcohol Content (BAC) driving limit off base is **0.03** – **“NOT ONE DROP”** on base
- Open containers in vehicles are prohibited on base
- Driving Under the Influence (DUI) and (DWI) can lead to heavy fines and jail time (\$5000/3 years)
- If driver gets a DUI, passenger may also get a DUI or Car Owner can be charged--**DOESN'T MATTER!**
- Being under the influence of alcohol while on duty is not tolerated – **FIT for DUTY**
- Having over the limit amount of alcohol in the barracks may create an **Alcohol Related Incident (ARI)**



# Think Before You Drink-AWARENESS--What is a Standard Drink?

## What Is a Standard Drink?

12 fl oz of  
regular beer



about 5%  
alcohol

=

8-9 fl oz of  
malt liquor  
(shown in a  
12 oz glass)



about 7%  
alcohol

=

5 fl oz of  
table wine



about 12%  
alcohol

=

1.5 fl oz shot of  
distilled spirits  
(gin, rum, tequila,  
vodka, whiskey, etc.)



about 40%  
alcohol

Chuhai / Chu-Hi  
12 fl oz



# Measuring with a Red Cup -What is a Standard Drink? AWARENESS



# Strategies for Low-Risk Drinking: No Risk Is Better Than Low-Risk

**NOT ONE DROP!**



**HAVE a PLAN and stick to it—Buddy system**

**If you are going to drink...remember: 0-1-2-3**

**“0” Drinks if driving, period! And if underage!**

**“1” No more than one per hour**

**“2” No more than two per day for women**

**“3” No more than 3 on any given day**

**Alternate water or Nonalcoholic beverage**

**(Athletic Brewing—MCX)**

**Note: Recommend less than “14” drinks per week in total ( 7 for women)**



# Military Regulations on Hemp Use



## CONTAINS HEMP SEED EXTRACT

Did you know that hemp, also known as Cannabis Sativa L., is a prohibited substance by the Department of Defense?\*

THESE PRODUCTS COULD CAUSE OR CONTRIBUTE TO A THC POSITIVE URINALYSIS RESULT, A VIOLATION OF UNIFORM CODE OF MILITARY JUSTICE ARTICLE 92 & IAW AFMAN44/197.

Chill Out Relaxation drink is currently being sold in Japan. Ingredients are NOT listed in English.

\*26 February 2020 Memorandum from the Office of Under Secretary of Defense.

CHECK YOUR SUPPLEMENTS: OPSS.ORG



A white rectangular sign with a black border. At the top, the word 'DANGER' is written in white inside a red oval. Below that, the words 'KEEP OUT' are written in large, bold, black capital letters.



Per ALNAV 069/20, "Sailors and Marines are prohibited from knowingly using any product made or derived from hemp (as defined in 7 U.S.C. 1639o), including CBD, regardless of the products THC concentration, claimed or actual, and regardless of whether such product may lawfully be bought, sold, and used under the law applicable to civilians."



# Great DoD resource to reference supplements

- OPSS.org
- Operation Supplement Safety
- Department of Defense dietary supplement program for the military community, leaders, healthcare providers and DoD civilians
- DoD Prohibited List
- Check your Supplement
- Ask The Experts





# How Can We Help???



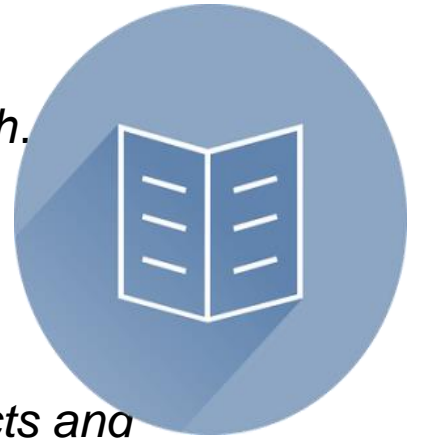
- ❑ Have a Plan - **If you think you have a problem with alcohol, more than likely you do**—link up with a buddy who can keep you accountable and provide support—Keep the plan
- ❑ If you're concerned about someone's drinking, encourage self-referral prior to an incident – If you see something, say/do something!—I got your 6 mentality.
- ❑ Approach with care/concern and in private—Praise in Public—Don't judge or shame
- ❑ Familiarize yourself with and share available resources and points of contact for help/guidance—If person willing to receive support escort, if possible, to the resource
- ❑ Chaplains, Military Family Life Counselors, Behavioral Health, Substance Abuse Program, Community Counseling Program, Alcoholics Anonymous
- ❑ All Recovery Yujo Hall next to Chapel -Tuesday 1800 hrs. and Saturday SMP 1800 hrs.



# References

Health.mil. (2023). *DOD policy guidance on substance misuse*. Retrieved from Military Substance Abuse Behavioral Addiction Program

National Institute on Alcohol Abuse and Alcoholism (2023). *Alcohol's effects on health*. National Institutes of Health. Retrieved from Alcohol Facts and Statistics and Alcohol Use Disorder: A Comparison Between DSM-IV and DSM-5



Substance Abuse and Mental Health Services Administration. (2023). *Alcohol use facts and resources*. HHS-SAMHSA. Alcohol Use Facts

United States Marine Corp. (2024). Provost Marshal's Office. Vehicle Section (BLDG. #608, ROOM# 101, 1F)



# Substance Abuse Program



## HONOR COURAGE COMMITMENT



Required: Your involvement in preventing Alcohol Related Incidents (ARI's)

Call DSN: 253-3733 SUBSTANCE ABUSE PROGRAM for assistance--Building 411-2<sup>nd</sup> Floor



# Semper Fit

FITNESS

ATHLETICS

SINGLE MARINE  
PROGRAM



# Fitness



**Aquatic Facilities**

**MC CS**  
SEMPER FIT



# Fitness



## Swim Lessons

IronWorks Indoor Pool

Saturdays - Sundays  
\$25 | Parent & Me Group Lessons



## Aquatics Programs

**MC<sup>CS</sup>**  
SEMPER FIT



# Athletics

## Sports Facilities



# Athletics

## Competitive Events



## Paintball



## Youth Sports



## Outdoor Rec



## Adult Sports



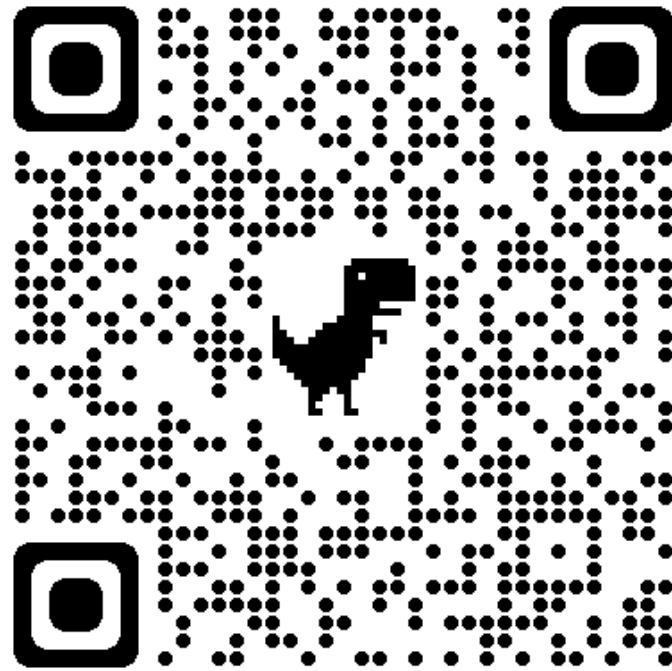


# Single Marine Program



# Semper Fit

## Information & Updates



## Questions



# Child Development Center



## CHILD DEVELOPMENT CENTER

### Ages 6-Weeks to Age 5

Age Groups:

- Infants
- Pre-Toddlers
- Toddlers
- Preschool



### Accredited Childcare

- All age groups receive Early Learning Matters Curriculum based lessons/Activities
- Accredited through NECPA

### Hours of Operations

Monday- Friday  
6am-6pm



### Care Options Available

1. Full Time Care
2. Hourly Care
3. Universal Preschool Wrap-Around Care
4. Parents Night/Day Out



**CDC**

### To Request Care:

- online: [MilitaryChildcare.com](http://MilitaryChildcare.com) (required)
- email: [OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org](mailto:OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org)
- phone: 253-5064 (DSN)



# School Age Care



## SCHOOL AGE CARE

Age 5 to Age 12

### Hours of Operations

Monday- Friday

6am-6pm



### Care Options Available

1. Before School
2. After School
3. Before & After School
4. Weekly Camps (non-school weeks)
5. Hourly Care



**SAC**



### Accredited Childcare

- Participates in Boys and Girls Club of America (BGCA) and 4H Activities
- Accredited through COA



### To Request Care:

- online: [MilitaryChildcare.com](http://MilitaryChildcare.com) (required)
- email: [OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org](mailto:OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org)
- phone: 253-5064 (DSN)



# Youth and Teen Centers

## YOUTH AND TEEN PROGRAMS

Age 10 to Age 18

### Hours of Operations

Monday- Friday

School Days:

- Youth Center 1:30/2:30-5:00PM
- Teen Center 1:30/2:30-7:00PM
  - Fridays Open till 8:00PM



### Locations

Youth Center (age 10 to 13)

- 3rd Floor Iwakuni Middle School

Teen Center (age 13-18)

- 1st floor of building 410



YTC

### Programming

- Participates in Boys and Girls Club of America (BGCA) and 4H Activities
- Open Recreation



### Registration Options

- In Person: At either location or at Resource and Referral (CDC)
- Email: [OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org](mailto:OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org)



# Resource & Referral

## RESOURCE AND REFERRAL PROGRAM

### On-Base Resources

Assists with:

- Identifying childcare needs
- Child, Youth, Teen Resources



### Registration Assistance for On-Base Programs

- Child Development Center
- School Age Care
- Youth and Teen Center



### Off-Base Resources

- Yochien Information
- Hoikuen Information



### To Request Care:

- online: [Military Childcare.com](https://militarychildcare.com) (required)
  - CDC and SAC Only
- email: [OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org](mailto:OMBiwakuni.ResourceandReferralPosition@usmc-mccs.org)
- phone: 253-5064 (DSN)



# Resource & Referral



## Child Supervision Order

THIS BELOW MATRIX APPLIES TO ALL SOFA STATUS PERSONNEL BOTH ON/OFF INSTALLATION  
 The ages specified are the minimum ages and are based on the child's ability to demonstrate age appropriate behavior.  
 Children/youth who do not consistently demonstrate age-appropriate behavior should not be given the same degree of self-management responsibilities.

MCIPAC-MCBB0 5800.6  
 30 APR 2024

Age	Leave Unsupervised in Quarters for Less than 2 Hours	Leave Unsupervised in Quarters for More than 2 Hours	Leave in Public Areas	Walk to School and/or Bus Stop	Leave Alone Overnight while on Vacation or during TDY	Babysit/ Supervise Siblings or Others	Leave in Car Unsupervised
0-4	NO	NO	NO	NO	NO	NO	NO
5-6	NO	NO	YES Playground or Yard within Visual Sight/Hearing Distance to Adult/Sibling Supervision	YES (3) If Residence and School are Located on the Same Installation	NO	NO	NO
7-9	NO	NO	YES Physical Access to Designated Adult or Babysitter	YES	NO	NO	YES 15 Minutes Max Keys Removed, Windows Partially Opened
10-11	YES With Access to Designated Adult	YES Not to Exceed 3 Hours Total with Access to Designated Adult	YES 2 Hours max in Retail Store (BX, Food Court, etc.)	YES	NO	NO	YES 30 Minutes Max. Keys Removed, Windows Partially Opened
12-	YES	YES Not to Exceed 8 Hours; with Access to Designated Adult	YES 4 Hours Max at Retail Stores	YES	NO	YES (1 & 2) Not to Exceed 6 Hours	YES
14-15	YES	YES	YES 4 Hours Max at Retail Stores	YES	YES (4 & 5) Not to Exceed 1 Night, with Access to Adult Supervision	YES (1 & 2) Not to Exceed 6 Hours	YES
16-17	YES	YES	YES 4 Hours Max at Retail Stores	YES	YES (5) Not to Exceed 5 Nights; with Telephone Access to Designated Adult	YES (2) Overnight Permitted for ONE Night	YES

- Does not include overnight.
- Red Cross Babysitting Course highly encouraged.
- Must be in 1st Grade. Pre-Kindergarten and Kindergarten students must comply with DoDEA's "Hand-to-Hand" policy.
- Legal Guardian must be within 100 mile radius; 3 hours within driving distance.
- PDA highly encouraged for the adult caregiver.

### CURFEW

Applies to all persons under the age of 18, or 18-20 who are currently enrolled in High School, a secondary school, or receiving other compulsory education.  
 Persons subject to curfew must be in quarters or with parent/designated adult during restricted times.  
 OFF BASE: 2200-0400 Sunday through Saturday  
 ON BASE: 2200-0530 Weekdays (Sunday Night through Friday Morning)  
 ON BASE: 2400-0530 Weekends (Friday Morning through Sunday Morning), holidays, and any time school is not in session the following day.  
 Behavioral Health Program ☎ 253-4526 | Helpline ☎ 090-9978-1033

### AS AN EXPLANATION

Adult supervision is defined as someone 18 years or older who has been appropriately granted responsibility for the child (e.g. parent, guardian, sibling, care provider, friend).  
 A babysitter is someone between the ages of 12 and 17 (paid or unpaid). Red Cross Babysitting Course is highly encouraged.  
 To babysit/supervise sibling or others, the child must be at least 12 years old. Red Cross Babysitting Course is highly encouraged.  
 Designated adult is a specific prearranged individual who accepts responsibility for children. Access is when the child has the ability to make immediate face-to-face contact, in person or electronically with the adult.  
 Checking periodically is when the designated adult or sponsor and child have a face-to-face meeting.  
 Left alone overnight is defined as during or lasting the night, the period between sunset and sunrise, when a sponsor or designated adult is not physically present.  
 Public areas in parks, playgrounds, sports fields, recreational areas and other public areas.  
 Unsupervised means when a child is not constantly monitored by the sponsor or a designated adult/care provider.



# Exceptional Family Member Program



Community Support Center  
Building 625 | Room 206B

Hours of Operation

**0730-1630**

Monday – Friday

Phone Numbers

253-5601/6219/3480

Email

**SMBIWAKUNIEFMP@USMC.MIL**



**Brigid Gates**

EFMP Training,  
Education & Outreach Specialist

**Yadira Rojas**

EFMP Family Case Worker

**Yasmin Leon**

Program Manager





# Mission & Purpose



EFMP is a **mandated** program designed to improve quality of life for military families with dependents in need of special medical, psychological or educational support services.

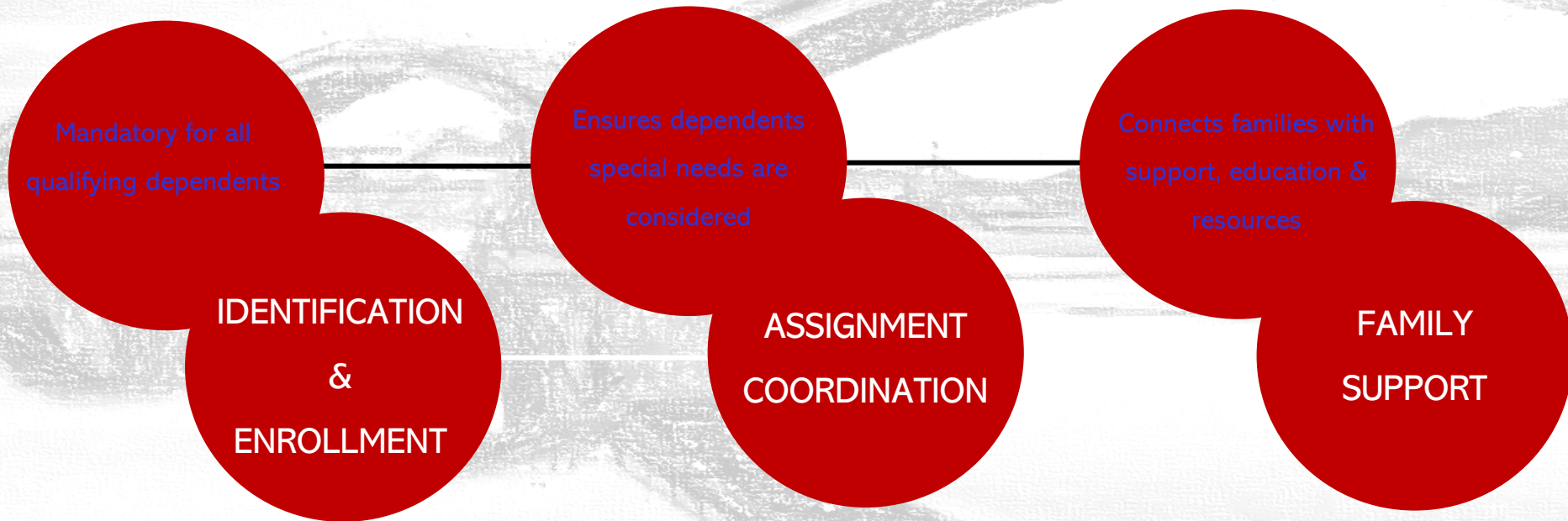
EFMP supports the assignment of service members to duty stations where care, support & resources exist to facilitate access and ensure availability to both medical and educational services.

*Reference: MCO 1754.4C*



# EFMP Components

EFMP HAS MORE THAN JUST ONE CONNECTION POINT FOR FAMILIES



# Business Operations

## Auto Skills Center

- Our professional and knowledgeable staff know how to keep your car running smoothly
- Do it yourself repairs with friendly on site personnel available to assist
- Auto Services Offered
  - 4 Auto Bays ( 3 lift & 1 pit)
  - Tire Changer/Balancer
  - Project Bay
  - Paid Parking
  - Vehicle De-registration/Scrap
- Additional Services
  - Self Storage Units
  - Propane Tanks
  - Rental Bikes



DSN:253-5325 Phone:0827-79-5325

**MC CS**  
MCAS IWAKUNI

# Business Operations

## Typhoon Motors Service Station

- Visit the Service Station and get everything you need to go out and explore the open roads of Iwakuni and Japan
- Towing Services available within a 50 km radius of MCAS Iwakuni
- Pre-JCI (Japanese Compulsory Insurance) inspection to help find any faults ahead of time
- Vehicle title changes
- Vehicle pre-purchase inspection
- Vehicle maintenance services
  - Diagnostics
  - Tire changes
  - Many more services



DSN:253-4385 Phone:0827-79-4385

**MC CS**  
MCAS IWAKUNI

# Business Operations

## Strike Zone Bowling Alley

- Enjoy 20 professional lanes, a pro shop, a gaming room, and a billiards room
- 11<sup>th</sup> Frame Lounge, a children's play area, locker rooms, and food franchises Pizza Hut and Bulldogs Burgers on site
- State-of-the-art sound and light system for a cutting-edge entertainment experience
- Party Packages, Cosmic Bowling and League Bowling available
- Unlimited Lunchtime Bowling (11AM-1PM)
  - Servicemembers in uniform can enjoy **Free Unlimited Bowling** with the purchase of a lunch combo at either Bulldogs Burgers or Pizza Hut
  - All other patrons receive **One Free Game** during the same period
- Planned facility remodel project will maintain and modernize the entire building



DSN:253-3495 Phone:0827-79-3495

**MC CS**  
MCAS IWAKUNI

# Business Operations

## Sakura Movie Theater

- See the newest movies right outside your front door with first run movies shown
- Comfortable seating, state of the art screens and entertainment the entire family will love
- Extensive concession stand
- For the ultimate party, private movie screenings are available! Reservation includes any movie of your choice from our Naval Motion Picture Library and the concession stand will be opened for you and your guests



DSN:253-4067 Phone:0827-79-4067

**MC CS**  
MCAS IWAKUNI

# Business Operations

## Car Rental

- Reservations can be made in person or over the phone
- Small Cars, Sedans, SUVs, Vans, Cargo Vans, and Large Trucks available
- Hourly to weekly rates available on select models
- Japanese Highway Toll Passes included at no extra cost



## Drivers Education

- The locally offered, American Driver and Traffic Safety Education Association (ADTSEA) certified, driver's education course provides 39 hours of classroom instruction, a final exam, and 6 hours of behind-the-wheel instruction
- First Time Driver's Course
- Refresher Course



Car Rental DSN:253-4245 Phone:0827-79-4245

Drivers Ed DSN:253-5996 Phone:0827-79-5996



# Business Operations

## Food Court

- Experience our remodeled Food Court
- Tentative opening late Summer 24
- Extensive brand offerings
  - Pizza Hut
  - Charleys Philly Steaks
  - Dunkin Donuts
  - Subway
  - Popeyes
  - Taco Bell
  - Baskin Robbins
- Family seating and atmosphere

**DUNKIN'**



**SUBWAY**

**POPEYES**  
LOUISIANA KITCHEN

BASKIN **BR** ROBBINS™

**CHARLEYS**

**MCPCS**  
MCAS IWAKUNI





# Welcome Aboard Brief PowerPoints



MCCS Iwakuni Information & Referral

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# Reminders!!!



- Sign-in rosters
- Please acquire childcare voucher.
- Collect your personal belongings and trash.

**Thank you all for attending  
the MCAS Welcome Aboard.**

