

12 September 2025

# Missing out on happenings in the community?

Download the *Iwakuni Altitude* app on the App Store! Check out the MCCS website at <a href="https://iwakuni.usmc-mccs.org/">https://iwakuni.usmc-mccs.org/</a>

### Items of Interest, 12 – 18 September 2025

Fri, 12 Sep	10:00 a.m. – 12:00 p.m., Make a Kokedama Planter (see page 8)
	10:00 a.m. – 6:00 p.m., On-Base Business Market (see page 11)
	4:30 – 5:30 p.m., STEM Workshop (see page 9)
Sat, 13 Sep	Library closed for maintenance
	7:30 a.m. – 10:30 p.m., Yanagawa Canal Boat Tour (see page 11)
	9:00 – 11:00 a.m., 2025 MCTF Color Run (see page 3)
	10:00 a.m. – 6:00 p.m., On-Base Business Market (see page 11)
Sun, 14 Sep	5:00 p.m., Bowling Clinic and Pro-Am Tournament (see page 11)
Mon, 15 Sep	11:00 a.m. – 1:30 p.m., From Bump to Baby: A Military Baby Shower (see page 7)
Tue, 16 Sep	10:00 – 11:00 a.m., EFMP Service vs. Emotional Support Animals (see page 8)
•	12:00 – 1:00 p.m., Child Abuse Prevention & Education Training (see page 8)
Wed, 17 Sep	8:00 – 9:00 a.m., Saving & Investing Workshop (see page 9)
Thu, 18 Sep	8:30 a.m. – 12:30 p.m., L.I.N.K.S. Mentor Training (see page 9)
-	10:00 – 11:00 a.m., Plat ABC Cultural Exchange (see page 9)
	11:00 a.m. – 5:00 p.m., Fiesta de Sabores (see page 12)

### Sakura Theater Schedule

- THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.
- MOVIE LINE/TICKET BOOTH 253-4067

# Downton Abbey: The Grand Finale (PG) Navy First Motion Picture! Fri, 12 Sep, 5:00 p.m. (Premiere!)

In the summer of 1930, the Crawleys grapple with the threat of social disgrace when Mary finds herself at the center of a public scandal and the family faces financial trouble.





### Weapons (R) Fri, 12 Sep,8:00 p.m.

When all but one child from the same classroom mysteriously vanish on the same night at exactly the same time, a community is left questioning who or what is behind their disappearance.



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# The Bad Guys 2 (PG) Sat, 13 Sep, 2:00 p.m.

Reformed criminals Mr. Wolf, Mr. Snake, Mr. Piranha, Mr. Shark and Ms. Tarantula are trying very hard to be good. However, they soon find themselves hijacked into a high-stakes heist that's masterminded by a new team of delinquents they never saw coming -- the Bad Girls.



### Nobody 2 (R) Sun, 14 Sep, 6:00 p.m.

Workaholic assassin Hutch Mansell takes his family on a much-needed vacation to the small tourist town of Plummerville. However, he soon finds himself in the crosshairs of a corrupt theme-park operator, a shady sheriff, and a bloodthirsty crime boss.



### Demon Slayer: Kimetsu No Yaiba (R) Sat, 14 Sep, 6:00 p.m. Thu, 18 Sep, 7:00 p.m.

Tanjiro Kamado and other members of the Demon Slayer Corps find themselves in an epic battle at Infinity Castle.



### The Lord of the Rings: The Two Towers (PG-13) NDVD/NSSM – Free Admission Mon, 15 Sep, 7:00 p.m.

Frodo and Sam arrive in Mordor with the help of Gollum. A number of new allies join their former companions to defend Isengard as Saruman launches an assault from his domain.

### **Upcoming Events**

**Note:** Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Altitude app, website or Facebook page for the latest information.



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### War Games Available for Unit Checkout!

The Library has several war games (board style) available for any interested unit to check out. Any unit interested can stop by the Marine & Family Programs office in bldg 411.

- Flashpoint: South China Sea
- Next War: Vietnam
- Storm Over Asia: Prequel to a World at War (2 copies)
- Next War: Taiwan
- Littoral Commander Indo-Pacific (2 copies)



View event





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### Semper Fit

### **Aquatics**

### Marine Corps & Navy Birthday Swim

1 – 28 Sep, 5:00 a.m. – 8:00 p.m., WaterWorks Outdoor Pool Celebrate the 250th Marine Corps & Navy Birthday by taking on the exciting challenge of swimming 250 laps (25,000 meters) at the WaterWorks Outdoor Pool from 1 – 28 September. Registration starts on September 1 at 8:00 p.m. and ends on September 28 at 8:00 p.m. Record keeping will be available for easy tracking of your progression. All participants who complete the challenge will receive a certificate of completion, and the first 25 participants will receive a commemorative patch (Marine Corps or Navy) after completing the challenge. Entry is free and participation is open to all base personnel of all ages. For more information, please call Aquatics at 253-4966 or to register, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/d83adbed-963a-414e-9d1f-8477926c7158">https://iwakuni.usmc-mccs.org/activity/d83adbed-963a-414e-9d1f-8477926c7158</a>.



#### **Fitness**



### <u>Youth Fitness Classes - September</u> Mondays - Fridays, 3 Sep - 3 Oct

Registration began 27 Aug for youth fitness classes for patrons ages 18 months to 18 years old. For information on the classes to include dates, times, attire and registration, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/4cea0cbd-7322-47f9-b926-f66ce65f0341">https://iwakuni.usmc-mccs.org/activity/4cea0cbd-7322-47f9-b926-f66ce65f0341</a>

### **Health Promotions**

### The Ultimate Mileage Challenge

Join us for **The Ultimate Mileage Challenge**, an ongoing event designed to motivate individuals to move more and engage in friendly competition. The goal is simple: accumulate as many points as possible through various fitness activities for a chance to win exciting prizes! Open to SOFA members 18+ only, this challenge began on 1 January and includes quarterly giveaways. Whether you prefer walking, running, swimming, biking, or rowing, there are plenty of ways to earn points and reach your fitness goals. For complete details, please visit <a href="https://iwakuni.usmc-mccs.org/activity/cea7f6d6-fbc6-4697-bbbe-692573afad6d">https://iwakuni.usmc-mccs.org/activity/cea7f6d6-fbc6-4697-bbbe-692573afad6d</a>.



### **Intramural Sports**



### Badminton Tournament

Sat, 11 Oct, 9:00 a.m. – 6:00 p.m., Tennis Courts Registration open from 12:00 p.m., 8 Sep – 11:59 p.m., 4 Oct Prepare your team and test your skill at the Intramural Sports badminton tournament at the Tennis Courts near the Family Branch Health Clinic. For complete details and to register, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/126c83bc-9ebd-45cd-b971-cf2c5424eb60">https://iwakuni.usmc-mccs.org/activity/126c83bc-9ebd-45cd-b971-cf2c5424eb60</a>.



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#### **Outdoor Recreation**

### Shimanami Bike Trip

Sat, 20 Sep, 6:00 a.m. – 7:30 p.m.

Registration open 10:00 a.m., 20 Aug – 6:00 p.m., 19 Sep or until full

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes will be transported (no through axle shaft bikes), and bike rentals are available at the start point. The bus stops at a midway point for those who don't want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,000 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in the IronWorks South, bldg 1010. The \$35 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.



### Miyajima Sea Kayak Trip

Sat, 27 Sep, 8:00 a.m. – 5:00 p.m.

Registration open 27 Aug – 11 Sep

Experience the magic of Miyajima Island from the water on our guided sea kayak adventure! Under the instruction of our certified ACA Kayak instructor, you'll paddle from the Main Island to the iconic shores of Miyajima in about two hours—an unforgettable way to admire Itsukushima Shrine and the island's lush coastline from the ocean side.

All participants must be at least 16 years old and attend a mandatory skills

session from 4:00 – 5:00 p.m., Friday, 12 Sep., at Outdoor Recreation and the Outdoor Pool. During this 1-hour class, participants will complete a 300m swim (with or without a life jacket), practice capsize recovery, refine your paddling technique, and master basic rescue skills, ensuring you're fully prepared for a safe, confident journey across the Inland Sea. The trip is limited to five participants and the fee is \$35. For complete information, please visit: https://iwakuni.usmc-mccs.org/activity/246d36b4-28ec-4cbc-a1ad-34fa11249006.

#### Fishing at the MCAS Iwakuni Harbor

Sat, 11 Oct, 4:30 a.m. – 11:00 p.m.

Registration open 10:00 a.m., 11 Sep – 6:00 p.m., 10 Oct/until full Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.





### Yoshino River Rafting Trip

Mon, 13 Oct, 5:00 a.m. – 10:00 p.m.

Experience the thrill of whitewater rafting on the exhilarating Yoshino River! Known for its dynamic rapids (Level 4), the Yoshino River is one of Japan's premier destinations for adventure seekers. Whether you're an adrenaline junkie or just looking for a memorable outdoor adventure, this trip promises excitement at every turn. Note: Level 4 refers to the difficulty of the rapids, indicating intense, powerful waves and technical passages that require advanced skills. For complete information, please call Outdoor

Recreation at 253-3842/3822. For more information about the rafting activity, see here  $\rightarrow$  https://en.happyraft.com/rafting/kobokelong/.



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### Mt. Daisen Hiking Trip

Sat, 25 Oct, 4:00 a.m. – 11:00 p.m.

Registration open from 25 Sep – 24 Oct at Outdoor Recreation, bldg 1010 Mount Daisen is a dormant stratovolcano in Tottori Prefecture, the highest mountain in the Chugoku region. It has an elevation of 1,729 meters. This route takes you through one of the largest beech forests in western Japan to the summit of the mountain, which has magnificent landscapes that overlook the Sea of Japan. This trip is open to all base personnel ages 12 and older, and cost is \$50. Limited to 16 participants. Please call 253-3822 for more information.

### Sandankyo Gorge Hiking Trip Sat, 1 Nov, 8:00 a.m. – 5:00 p.m.

Sandankyo, a three-step canyon, is one of the most scenic tourist attractions located in the suburbs of Hiroshima. Hike through a narrow gorge alongside a turbulent river while appreciating the pristine environment, several waterfalls, and wildlife. The Japanese government has accredited this area as a place of scenic beauty and has protected it from random development. The trail is rated moderate and is appropriate for most fitness levels. Bring your own snacks, a sack lunch, water, and yen for shopping at the market. This excursion is for those aged 12 and older (an adult must accompany those aged 18 and younger). For more information, please call Outdoor Recreation at 253-3822/3842 or visit them in the IronWorks South gym to register.





### Single Marine Program

Visit your SMP at: Hornet's Nest, bldg 1347 253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

### Yuu Beach Cleanup

Tue, 23 Sep, 8:00 – 11:00 a.m., Hornet's Nest

Volunteer to help clean up a beach in the local area and receive a letter of appreciation for your time and effort while helping to beautify the community where we all live. 36 spots are available and signups are available <a href="here">here</a> from 1 – 15 Sep or until full.





### Barracks Cooking Class

Thu, 2 Oct, 5:00 – 6:00 p.m., Hornet's Nest

SMP is collaborating with Health Promotion for quarterly barracks cooking classes. The class will be offered to single and unaccompanied service members and will demonstrate easy and convenient recipes that can be prepared and cooked in the barracks and will be presented along with information regarding the importance of maintaining a healthy and varied diet.



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### **Youth Sports**

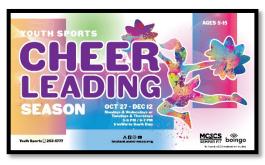
#### Volleyball Season

Mon, 27 Oct – Fri, 12 Dec, 5:00 – 7:00 p.m., IronWorks North Registration available from 12:00 p.m., 8 Sep – 5:00 p.m., 22 Sep Youth Sports volleyball season is available for athletes ages 7 - 15 who want to build technical skills, social development, and enjoy an active lifestyle. Teams will practice twice a week for 1 hour starting 27 Oct until 12 Dec at the IronWorks North Gym. For complete information and register, visit: https://iwakuni.usmcplease mccs.org/activity/19582571-5a51-4cfc-8885-20ff063c378c.

Attention Coaches! If you would like to coach, contact Youth Sports

at <u>ombiwakuni.youthsports@usmc-mccs.org</u>. Hurry! It can take 2-6 weeks to complete the process.





### Cheerleading Season

Mon, 27 Oct – Fri, 12 Dec, 5:00 – 7:00 p.m., IronWorks South Registration available from 12:00 p.m., 8 Sep – 5:00 p.m., 22 Sep Youth Sports cheerleading season is available for athletes ages 5 -15 who want to build technical skills, social development, and enjoy an active lifestyle. Teams will practice twice a week for 1 hour starting 27 Oct until 12 Dec at the IronWorks South Gym. For complete information and to register, please

https://iwakuni.usmc-mccs.org/activity/c2e4b205-3b1c-409b-94c1-ad51eaa926f7.

Attention Coaches! If you would like to coach, contact Youth Sports at ombiwakuni.youthsports@usmc-mccs.org. Hurry! It can take 2-6 weeks to complete the process.

#### Flag Football Season

Mon, 27 Oct – Fri, 12 Dec, 5:00 – 7:00 p.m., Penny Lake Fields Registration is available from 12:00 p.m., 8 Sep – 5:00 p.m., 22 Sep Youth Sports flag football season is available for athletes aged 7 – 15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice a week for 1 hour, starting 27 Oct - 12 Dec at the Penny Lake Green Space Fields. For complete information and to register, please visit: https://iwakuni.usmc-mccs.org/activity/63a0ab58-f960-4ff2adbc-a0cac496c5c6.

Attention Coaches! If you would like to coach, contact Youth Sports at <a href="mailto:ombiwakuni.youthsports@usmc-mccs.org">ombiwakuni.youthsports@usmc-mccs.org</a>. Hurry! It can take 2-6 weeks to complete the process.



### Marine & Family Programs

### **Behavioral Health**

### From Bump to Baby: A Military Baby Shower

Mon, 15 Sep, 11:00 a.m. - 1:30 p.m., Club Iwakuni

Join the New Parent Support Program for a free, heartwarming day of connection, celebration, and expert guidance at our Special Delivery Program event, designed especially for military families. Expectant and new moms will enjoy free, engaging workshops, fun baby shower-style games, and a Q&A session with Heidi Murkoff, author of the best-selling "What to Expect" series. Discover valuable resources on prenatal care, postpartum wellness, and parenting tips, while meeting others who share your journey. With door prizes, hands-on activities, lunch, and



celebrate motherhood, ask your burning questions, and expand your circle of support. Whether you're preparing for



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your first baby or adding to your growing family, you'll leave feeling informed, encouraged, and inspired. To register, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/4257691d-2f30-463e-bf5a-d06b6b528498">https://iwakuni.usmc-mccs.org/activity/4257691d-2f30-463e-bf5a-d06b6b528498</a>.

#### **Family Care**

#### Make a Kokedama Planter

Fri, 12 Sep, 10:00 a.m. – 12:00 p.m., bldg 625, rm 212

Join EFMP and create your own traditional Japanese kokedama, a beautiful moss-covered ball planter. All materials, including plants and planters, are provided free of charge. This hands-on event is open to all ages and all community members, regardless of EFMP status. No registration required, just drop in and get creative!



### EFMP Service vs. Emotional Support Animals

Thu, 16 Sep, 4:00 – 4:30 p.m.

This informative online session breaks down key definitions, clears up common misconceptions, and offers practical tips on service animal regulations, especially for those serving in the military. Don't miss this chance to get informed and ask questions from the comfort of your own space. Join in and learn the facts! Join the training

#### Child Abuse Prevention & Education Training

Tue, 16 Sep, 12:00 – 1:00 p.m., bldg 411

Every child deserves a safe and supportive environment. Join this vital training, designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Come learn how to be the change that makes a difference. Join us in building a safer, stronger community.

### Personal & Professional Development

#### Book Bingo

The 2025 Book Bingo Reading Challenge highlights the Year of the Snake! In Japanese culture, the Year of the Snake symbolizes financial fortune, regeneration, and transformation. This year, explore new genres using bingo prompts as a starting point. The challenge is open to patrons aged 18 years and older, with one title per square. Click on each square to view the prompt and complete the activity. All books must be read in 2025. There will be four quarterly drawings. Patrons may only win one quarterly drawing, but all completed bingo cards will be included in the grand prize drawing at the end of the calendar year. To get started, please visit: <a href="https://iwakuni.beanstack.org/reader365">https://iwakuni.beanstack.org/reader365</a>.



### Collaborative Art in the Library: Respect for the Aged Day

Mon, 1 – 15 Sep, bldg 411, Library

Help us create a living wall of appreciation! From September 1-15, stop by the Library to write thank you using traditional Japanese calligraphy brushes. Your message will be added to a community display in honor of Japan's Respect for the Aged Day or Keirō no Hi on 15 Sep. Open to all ages.

### Library Sign-up Month

Mon, 1 Sep, bldg 411, Library

Sign up for a free library account during September and you'll have a chance to win a prize! Borrow video games, GoPros, cake pans, projectors, a Kindle, percussion instruments, tea ceremony kits, and unlimited books at the Library. Take part in engaging programs like art, chess and sewing clubs, Japanese author discussions, STEM workshops, story times, and 3D printing. Access computers, printer & copier, wi-fi.





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Endless possibilities at your library. When you sign up for a free library account this September, you will have a chance to win 1-year of Japanese lessons at the Japanese American Society.



### STEM Workshop

Fri, Sep 12, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12, and is limited to 15 participants. To register, please visit:

https://iwakuni.usmc-mccs.org/activity/87bee675-2485-4e9a-b6d2-a4607f3a3bc8.

### Baby Lapsit

Mon, 15 Sep, 9:00 – 9:30 a.m., Library

Designed for pre-walking babies and their caregivers, this cozy library session features nursery rhymes, signs, movement, and booksharing. It's a gentle and joyful way to bond, build early language skills, and connect with other families. No registration required.





### Art & Manga

Tue, 16 Sep, 3:30 – 4:30 p.m., bldg 411, Library

Calling all anime and manga fans! Join a creative space designed just for you, where fellow enthusiasts come together to explore storytelling, sharpen drawing skills, and dive into the art of storyboarding. Whether you're a budding artist, a passionate fan, or just curious about how your favorite scenes come to life, this is your place to connect, create, and be inspired. Open to ages 13-17.

### Saving & Investing Workshop

Wed, 17 Sep, 8:00 – 9:00 a.m., bldg 411, rm 117

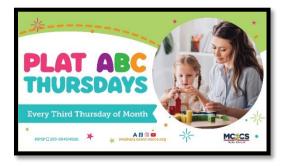
Learn more about the different savings, investment, and retirement accounts and the terminology for each in this workshop which is open to all active-duty personnel, family members and DoD employees. To register, please call 253-6439, email: <a href="mailto:ombiwakuni.personalfinancialmanagement@usmc-mccs.org">ombiwakuni.personalfinancialmanagement@usmc-mccs.org</a>, or visit them in bldg 411, rm 117.

### L.I.N.K.S. Mentor Training

Thu, 18 Sep – Fri, 19 Sep, 8:30 a.m. – 12:30 p.m., bldg 625

Invest in yourself and get certified to be a L.I.N.K.S. mentor in this two, half-day workshop. Day 2 is designed for L.I.N.K.S. volunteers to study the curriculum and deliver their presentations to get certified. Completion of a L.I.N.K.S. workshop is required prior to the training. Registration is open until 12:00 p.m., 17 Sep. To register, please call 253-3542, email ombiwakuni.mcftb@usmc-mccs.org, or visit them in bldg 411, rm 101.





### Plat ABC Cultural Exchange

Thu, 18 Sep, 10:00 – 11:00 a.m., Plat ABC

Join the NPSP and PLAT ABC for an engaging and heartwarming event designed especially for children 0-5 years old! Come enjoy the perfect blend of fun, learning, and connection. Enjoy book readings and nursery rhymes led by NPSP to inspire little ones and their caregivers, while Plat ABC brings a touch of creativity with basic Japanese language lessons and delightful arts and crafts activities.



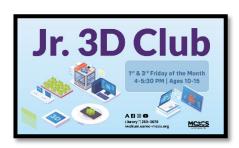
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There are no registration or participation fees so don't miss this opportunity to bond with your child, meet other parents, and grow your community support network!

### <u>Ir. 3D Modeling & Printing Club</u>

Fri, 19 Sep, 4:00 – 5:30 p.m., Library

The 3D Printer & Modeling Club allows patrons ages 10-15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/bee15c68-657c-4e28-8208-cabfca074f51">https://iwakuni.usmc-mccs.org/activity/bee15c68-657c-4e28-8208-cabfca074f51</a>.



### <u>Understanding Your GI Bill Benefits</u>

Mon, 22 Sep, 1:00 – 2:30 p.m., bldg 411, rm 117

The GI Bill-focused brief will help explain the differences between the Montgomery GI Bill (Ch 30) and the Post 9/11 GI Bill (Ch 33). Explore the VA website and GI Bill comparison tool to understand how to use these benefits and to get the most out of them. Bring your questions and get answers from our Education Advisor! Registration not required but is preferred. To register, please call 253-3855, email: <a href="mailto:ombiwakuni.educationoffice@usmc-mccs.org">ombiwakuni.educationoffice@usmc-mccs.org</a>, or visit the Education Office in rm 117, bldg 411.

#### Sponsorship Training

Wed, 24 Sep, 10:00 – 11:30 a.m., bldg 411, rm 104

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.

#### Spouse Transition & Readiness Seminar (STARS)

Wed, 24 Sep, 1:30 – 3:30 p.m., bldg 411, rm 121

STARS is an informational workshop for transitioning military spouses, during which subject matter experts discuss employment, relocation, education, and other resources available to promote a successful military-to-civilian transition. Learn about resources for career changes, relocations, and benefits to make your transition smoother. For more information, please call 253-6439, email: <a href="mailto:ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org">ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org</a> or visit them in bldg 411, rm 121.

### PCS with Success

Thu, 25 Sep, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/5dff3dc6-1d81-4b8c-bbbb-6e4b70697e70">https://iwakuni.usmc-mccs.org/activity/5dff3dc6-1d81-4b8c-bbbb-6e4b70697e70</a>.

### LifeSkills: Ready, Set, Prepare

Thu, 25 Sep, 10:00 a.m. – 12:00 p.m., bldg 625

Are you familiar with the potential hazards that can pose a threat to service members and families during an emergency? During a crisis is not the time to find out! Attend this class and learn about this and more, including how to pack a "go bag" and prepare your children and pets ahead of time. To register, please call 253-3542, email ombiwakuni.mcftb@usmc-mccs.org, or visit them in bldg 411.

### RDST: Mid-Deployment Self-Care

Tue, 30 Sep, 9:00 – 11:00 a.m., bldg 625

Designed to promote deployment success through self-care for the spouse or significant other at home during mid-deployment, this workshop includes suggestions for fun things to do, care packages, goal setting, and available resources. To register, please call 253-3542, email: <a href="mailto:ombiwakuni.mcftb@usmc-mccs.org">ombiwakuni.mcftb@usmc-mccs.org</a>, or visit bldg 411, rm 101. Registration is open until 12:00 p.m., 29 Sep.



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### Business/Retail & Services/Special Events



### Kids Bowl Free

Thu, 1 May – Sun, 31 Aug, 11:00 a.m. – 5:00 p.m., Strike Zone Bowling Center

Get your kids ready for a summer of fun with the Kids Bowl Free Program! They can bowl two free games per day, per person, all summer long from 1 May – 31 Aug. Registration is quick, easy, and completely free at <a href="https://www.KidsBowlFree.com">www.KidsBowlFree.com</a>. Sign up today and give your kids the gift of endless bowling fun! Available for patrons aged 15 years and younger. For complete information, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/daa58b8c-604f-41cf-b97e-a0a8d80c16ca">https://iwakuni.usmc-mccs.org/activity/daa58b8c-604f-41cf-b97e-a0a8d80c16ca</a>.

### Summer "Natsu" Vehicle Preparation

Jul – Sep, Auto Skills Center

Get ready to switch your vehicle over to summer mode. The Auto Skills Center will assist you with learning how to prepare your vehicle for summer to include checking your battery, tires, engine oil, coolant, and more. No registration is required and the \$8 hourly fee includes lift and tools. Stop by the Auto Skills Center for more information or contact us at 253-5325 or ombiwakuniAutoSkillsCenter@usmc-mccs.org.





### On Base Business Market

Fri, 12 Sep – Sat, 13 Sep, 10:00 a.m. – 6:00 p.m., Torii Pines Town Center Attention all home-based business owners! MCCS's retail space located inside the Torii Pines Town Center is open to use by home businesses. Reserve your spot today to market your business, show your wares, and sell your goods in a retail environment. For complete details and instructions on how to register, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/990ad4ac-db8e-4217-a695-f4ad83ad2c2e">https://iwakuni.usmc-mccs.org/activity/990ad4ac-db8e-4217-a695-f4ad83ad2c2e</a>.

### Yanagawa Canal Boat Tour

Sat, 13 Sep, 7:30 a.m. – 10:30 p.m.

Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city of Fukuoka like a mesh and include the old castle's moat. Sometimes referred to as the "Venice of Japan," passengers can enjoy the beautiful scenery along the way. After that, please enjoy dining and shopping at the Outlet Mall. Click <a href="here">here</a> for complete trip details.





### Bowling Clinic and Pro-Am Tournament

Sun, 14 Sep, 5:00 p.m., Strike Zone Bowling Center Learn from three US pro-bowlers at this bowling clinic and Pro-Am tournament! Sean Rash, Stephanie Zavala, and Bryanna Coté are coming to the Strike Zone for a 1-day event on 14 Sep. They will host a Bowling Clinic where patrons of all skill levels will receive coaching from the pros. Following the Bowling Clinic there will be a Pro-Am Tournament where patrons can bowl three games of 9-Pin with the pro bowlers!



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### Fiesta de Sabores

Thu, 18 Sep, 11:00 a.m. – 5:00 p.m., Crossroads Food Court Enjoy delicious tacos, bowls, burritos, and more with all the extras! For a complete menu of available items, please visit: <a href="https://iwakuni.usmc-mccs.org/activity/71c18c6f-0b94-4e30-9f7e-695acb0bfbf0">https://iwakuni.usmc-mccs.org/activity/71c18c6f-0b94-4e30-9f7e-695acb0bfbf0</a>.





Shimonoseki Aquarium & Karato Fish Market Tour Sat, 20 Sep, 8:00 a.m. – 6:30 p.m.

The famous Shimonoseki Aquarium reopens August 1! Spend the day strolling through the underwater tunnel tank, visiting Penguin Village, and viewing Japan's only full-body display of an enormous blue whale skeleton. Afterwards, you can enjoy a great variety of the "taste" of Shimonoseki at Karato Fish Market. Click here for complete trip details.

### Apple Picking & Hofu Tenmangu Shrine Trip

Sat, 27 Sep, 7:00 a.m. – 5:00 p.m.

Visit an apple orchard and enjoy all-you-can-eat apple picking. Take some apples home for an extra fee. After picking apples, visit the Hofu Tenmangu Shrine, the oldes of three large tenjin shrines in Japan. Click <a href="here">here</a> for complete trip details.



### Universal Studios Japan Halloween Party

Sat, 25 Oct, 4:30 a.m. – 2:30 p.m.

Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

The Wizarding World of Harry Potter: Step into the magical realm and experience the wonders of Hogwarts.

**Wonderland**: Perfect for the little ones with whimsical fun and enchanting attractions.



**Hollywood Area**: Feel the adrenaline rush on the exhilarating "Hollywood Dream - The Ride" roller coaster.

**Jurassic Park**: Brave the jaw-dropping "The Flying Dinosaur" and soar through the prehistoric skies.

**Minion Park**: Join the mischievous Minions in "Despicable Me Minion Mayhem" for a laugh-outloud adventure.

And don't miss out on the latest sensation: **Donkey Kong Country**! Join us for a Halloween adventure and create magical memories at USJ! Click <u>here</u> for complete trip details.



# Weekly Newsletter 12 September 2025

### Alphabetical list of events for period 12-18 September 2025

Event	Date	Link
2025 MCTF Color Run	Sat, 13 Sep	https://iwakuni.usmc-mccs.org/activity/374a6f77-73d3-427d-9aa7-6459eedac319
Active Duty Swim Survival Skills Training (S3T)	Various	https://iwakuni.usmc-mccs.org/activity/d1a7b9d2-71ea-4b4a-8640-04178a410124
Aikodo – September	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/6826f01b-aa9c-4cce-8043-efb25148acd3
Alcoholics Anonymous	Tue & Fri	https://iwakuni.usmc-mccs.org/activity/4ab1c15f-ce71-4dee-b1c3-25a2291a3cef
Anger Management	Wednesdays	https://iwakuni.usmc-mccs.org/activity/1f62d231-32e3-4f4c-bad1-3dbdf42a18c0
Art & Manga	Tue, 16 Sep	https://iwakuni.usmc-mccs.org/activity/31635fc8-a54b-4cfb-91ed-82b056d44307
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/a194628c-75c6-41a6-84e0-e1606fb29a47
Body Sculpt – September	Wed & Sat	https://iwakuni.usmc-mccs.org/activity/13798fa3-ac12-431d-8de4-5d744fe6d31d
Book Bingo	Continuous	https://iwakuni.usmc-mccs.org/activity/fe167a7e-6924-43d1-81a9-36262cc11865
Bowling Clinic and Pro-Am Tournament	Sun, 14 Sep	https://iwakuni.usmc-mccs.org/activity/c5c50d71-a7d0-4679-a935-3495c142898f
Cardio Kickboxing & Conditioning – September	Thursdays	https://iwakuni.usmc-mccs.org/activity/41d5f048-d076-48d4-bf44-9d3b37031dee
Cardio Kickboxing Mini-Bootcamp – September	Tuesdays	https://iwakuni.usmc-mccs.org/activity/d89e09a7-f4f4-4dfd-92c5-45cdb60fa8ca
Career and Credential Exploration 2-Day Course	18 – 19 Sep	https://iwakuni.usmc-mccs.org/activity/35697d3e-1c48-4564-b145-847bcd3ee64a
Child Abuse Prevention & Education Training	Tue, 16 Sep	https://iwakuni.usmc-mccs.org/activity/0bcadf0d-01e0-4f1f-a697-4d542a2625d3
Collaborative Art in the Library	1 – 15 Sep	https://iwakuni.usmc-mccs.org/activity/2464cd46-bebc-481c-a1a5-7e7b4c9f858c
College 101/TA Orientation Brief	Wed, 17 Sep	https://iwakuni.usmc-mccs.org/activity/8af960a0-09c6-401d-8c17-4d8dd79bb32c
Circuit & Conditioning – September	Mondays	https://iwakuni.usmc-mccs.org/activity/2c9201c2-028d-441a-9a39-c127aed27bfe
EFMP Service vs. Emotional Support Animals	Tue, 16 Sep	https://iwakuni.usmc-mccs.org/activity/27d41cf8-19f0-41dc-824f-86688b7f530e
Fiesta de Sabores	Thu, 18 Sep	https://iwakuni.usmc-mccs.org/activity/71c18c6f-0b94-4e30-9f7e-695acb0bfbf0
Friday Night Friendship League	Fri, 12 Sep	https://iwakuni.usmc-mccs.org/activity/823e2a2a-0382-488f-a46b-eca47f2eb9b7
From Bump to Baby: A Military Baby Shower	Mon, 15 Sep	https://iwakuni.usmc-mccs.org/activity/4257691d-2f30-463e-bf5a-d06b6b528498
Intramural Sports Basketball Season	1 – 24 Sep	https://iwakuni.usmc-mccs.org/activity/7f6864b4-9b29-4f02-9b3c-e3babfdba2f9
Judo – September	Various	https://iwakuni.usmc-mccs.org/activity/4c7b1b05-bfc4-463a-a2bf-e194b8a1856e
Library Closure	Sat, 13 Sep	https://iwakuni.usmc-mccs.org/activity/fe8b27c2-ad47-4c53-9086-ff506e44d1ba
Library Sign-up Month	1 – 30 Sep	https://iwakuni.usmc-mccs.org/activity/66f027ce-b452-44b7-9ea4-cb514402400a
L.I.N.K.S. Mentor Training	18 – 19 Sep	https://iwakuni.usmc-mccs.org/activity/37e2bd2c-d0f6-48ea-be6e-0c7e289329d2



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Make a Kokedama Planter	Fri, 12 Sep	https://iwakuni.usmc-mccs.org/activity/da6db0ff-687a-44e1-a0ba-176e2076a9c0
Marine Corps & Navy Birthday Swim	1 – 28 Sep	https://iwakuni.usmc-mccs.org/activity/d83adbed-963a-414e-9d1f-8477926c7158
Masters' Swim Club	Mon – Fri	https://iwakuni.usmc-mccs.org/activity/a1e288b4-3845-45c0-9621-d7c546c90042
Mixxedfit – September	Various	https://iwakuni.usmc-mccs.org/activity/6e8bd7ad-cf2b-47fe-a261-ae7c99157910
O. B. B. S. M. L.	Fri, 12 Sep	https://iwakuni.usmc-mccs.org/activity/990ad4ac-db8e-4217-a695-f4ad83ad2c2e
On-Base Business Market	Sat, 13 Sep	https://iwakuni.usmc-mccs.org/activity/678635ff-404e-4dc1-b4ef-621dba7a54ae
Peer 2 Peer Support Group	Mondays	https://iwakuni.usmc-mccs.org/activity/12eabfe2-8952-46cc-a4b8-e5fef78c0a16
Plat ABC Cultural Exchange	Thu, 18 Sep	https://iwakuni.usmc-mccs.org/activity/099fdf00-3dbd-4407-b914-4521dbba76cb
Power Pump – September	Mondays	https://iwakuni.usmc-mccs.org/activity/5effe53c-378d-48ee-b94c-c2f3bba3860f
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/7da59210-616f-4af2-b7ad-2d584595cdab
Saving & Investing Workshop	Wed, 17 Sep	https://iwakuni.usmc-mccs.org/activity/44294498-0bd5-4dd5-9a1c-e894ea41a20c
Seven Principles Couples Program	Fridays	https://iwakuni.usmc-mccs.org/activity/5cb0d9e6-f800-4589-ab4c-be23f0a14c89
Spin – September	Tue – Thu	https://iwakuni.usmc-mccs.org/activity/08d87c20-765a-4e5b-be96-cd441637d4e8
STEM Workshop	Fri, 12 Sep	https://iwakuni.usmc-mccs.org/activity/5dff3dc6-1d81-4b8c-bbbb-6e4b70697e70
Summer "Natsu" Vehicle Preparation	Jul – Sep	https://iwakuni.usmc-mccs.org/activity/89afba9a-0d5b-4e0d-8b77-6f1e300930a3
Tabata & Stretch – September	Mondays	https://iwakuni.usmc-mccs.org/activity/f48295e2-334e-4479-b7bb-97864da64624
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/87a96d19-94c9-4e80-abab-249eabf5c9b4
Ultimate Mileage Challenge	Continuous	https://iwakuni.usmc-mccs.org/activity/ba38f197-aabb-4054-97ba-a7ff3e476afe
Welcome Aboard Bus Tour	Thursdays	https://iwakuni.usmc-mccs.org/activity/3ea960b9-2d15-411e-9b79-c38a32d00600
Yanagawa Canal Boat Tour	Sat, 13 Sep	https://iwakuni.usmc-mccs.org/activity/0a7bce78-8923-49a3-99ec-5b9059f555f0
Youth Dance Class	2 Sep-28 Oct	https://iwakuni.usmc-mccs.org/activity/55480129-21a8-411c-87c5-13724a857b4d
Youth Fitness Classes – September	Mon – Fri	https://iwakuni.usmc-mccs.org/activity/4cea0cbd-7322-47f9-b926-f66ce65f0341
Youth Sports Soccer Season	25 Aug-17 Oct	https://iwakuni.usmc-mccs.org/activity/10a39d54-5e18-425d-8599-6ac7f2c22a32
Zumba – September	Various	https://iwakuni.usmc-mccs.org/activity/44630d36-e86b-4325-83ef-655bdd269ce4