

Missing out on happenings in the community?

Download the *Iwakuni Altitude* app on the App Store!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 24 – 30 October 2025

Fri, 24 Oct	10:00 a.m. – 6:00 p.m., On-Base Business Market (see page 9) 5:00 – 8:30 p.m., Halloween Outdoor Movie & Picnic (see page 3)
Sat, 25 Oct	4:00 a.m. – 10:00 p.m., Mt. Daisen Hiking Trip (see page 4) 4:30 a.m., Universal Studios Japan Halloween Party (see page 10) 10:00 a.m. – 6:00 p.m., On-Base Business Market (see page 9)
Tue, 28 Oct	5:00 – 6:00 p.m., Survival Japanese Class (see page 8)
Wed, 29 Oct	7:00 – 9:00 p.m., AFE Brings the Laughs: Operation Stand-Up for Service (see page 11)
Thu, 30 Oct	5:00 – 9:00 p.m., Trunk or Treat & Haunted House (see page 3) 7:00 – 9:00 p.m., SMP Halloween Party (see page 5)

Sakura Theater Schedule

- THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.
- MOVIE LINE/TICKET BOOTH 253-4067



Gabby's Dollhouse: The Movie (G)

Fri, 24 Oct, 5:00 p.m.

Sun, 26 Oct, 2:00 p.m.

When Gabby's dollhouse, her most prized possession, ends up in the hands of an eccentric cat lady named Vera, she sets off on an adventure through the real world to get the Gabby Cats back together before it's too late.

The Strangers: Chapter 2 (R)

Fri, 24 Oct, 8:00 p.m.

After learning that one of their victims, Maya, is still alive, three masked maniacs return to finish the job. With nowhere to run and no one to trust, Maya soon finds herself in a brutal fight for survival against psychopaths who are more than willing to kill anyone who stands in their way.





Springsteen:

Deliver me from Nowhere (PG-13)

Navy First Run Movie!

Sat, 25 Oct, 2:00 p.m. (Premiere!)

Thu, 30 Oct, 7:00 p.m.

On the cusp of global superstardom, New Jersey rocker Bruce Springsteen struggles to reconcile the pressures of success with the ghosts of his past as he records the album "Nebraska" in the early 1980s.

Tron: Ares (PG-13)

Sat, 25 Oct, 6:00 p.m.

Mankind encounters AI beings for the first time when a highly sophisticated program, Ares, leaves the digital world for a dangerous mission in the real world.



One Battle After Another (R)

Sun, 26 Oct, 6:00 p.m.

Bob is a washed-up revolutionary who lives in a state of stoned paranoia, surviving off grid with his spirited and self-reliant daughter, Willa. When his evil nemesis resurfaces and Willa goes missing, the former radical scrambles to find her as both father and daughter battle the consequences of their pasts.

A Quiet Place (PG-13)

NDVD/NSSM – Free Admission

Mon, 27 Oct, 7:00 p.m.

If they hear you, they hunt you. A family must live in silence to avoid mysterious creatures that hunt by sound. Knowing that even the slightest whisper or footstep can bring death, Evelyn and Lee are determined to find a way to protect their children while desperately searching for a way to fight back.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Altitude app, website or Facebook page for the latest information.



Halloween Outdoor Movie & Picnic

Fri, 24 Oct, 5:00 – 7:30 p.m., Club Iwakuni Green Space
Come out for an evening of spooky fun at the Halloween Outdoor Movie & Picnic! Enjoy family-friendly activities including games & prizes for the whole family, and a relaxing movie night under the summer sky. Don't forget to bring your own picnic blanket or lawn chair for the best seats in the house. In the event of rain, the festivities will move indoors to the Club Iwakuni Ballroom.



Trunk or Treat & Haunted House

Thu, 30 Oct, 5:00 – 9:00 p.m., bldg 1345 (Behind the Strike Zone)

Whether it's Trunk or Treat for those who want sweets...

...or a Haunted House for those who crave scares...

MCCS has a special, spooky event for you! Come to the Old Haunted Wood Shop between the Strike Zone & Auto Hobby Shop on Thursday, October 30.

Trunk or Treat

- 5:00 – 8:00 p.m.
- Fun for all ages!

Haunted House

- Kid-Friendly: 5:00 – 6:30 p.m.
- PG-13 Frightening: 7:00 – 9:00 p.m.

Sat, 1 Nov, 9:00 a.m. – 4:00 p.m., MCX Warehouse, bldg 380

Don't miss this sale of used NAF property! Items for sale include exercise equipment, kayaks, computers and much more! Prices for some items are set while other items will go to the highest bidder, but everything will be a great deal! Sale is open to SOFA status personnel only, and all sales are final (no returns will be accepted). Items must be removed from the premises upon purchase with some exceptions applying to large items. For complete details, please visit:

<https://iwakuni.usmc-mccs.org/activity/446859f0-634b-405f-ab58-7f07adc1dbac>.

**NAF
Sale!**

Semper Fit

Health Promotions

Youth Dance Classes – Christmas Dance Event

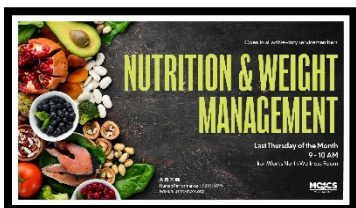
Tue, 4 Nov – Thu, 4 Dec (times/dates vary depending upon class),
IronWorks North

Registration begins 21 Oct

Join Health Promotions for creative dance (ages 3-6), jazz & hip-hop (age 3-5), or jazz (ages 8+) classes at the IronWorks North. For complete information on each style and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/5e174319-845e-4caf-aa71-497fe7808bbf>.



Human Performance



Nutrition & Weight Management Brief

Thu, 30 Oct, 9:00 – 10:00 a.m., IronWorks North

Human Performance is offering a brief to active duty servicemembers who would like to learn more about basic nutrition and understand the relationship between nutrition and weight management. The class will discuss the role of macronutrients and micronutrients and their importance to the body. Open to all base personnel. 18 years old or older.

Mindful Bites: Managing Stress Eating

Tue, 4 Nov, 9:00 – 10:00 a.m., IronWorks North

Stop by the IronWorks North Wellness Room on the 1st Tuesday of each month and take control of your eating habits with our Mindful Bite: Managing Stress Eating sessions. This practical and educational program is designed to help you understand the connection between emotions and eating, recognize triggers, and practice mindful eating techniques. Discover healthier ways to cope with stress and build a more balanced relationship with food.



Intramural Sports

7v7 Flag Football Season

Tue, 11 Nov – Tue, 2 Dec, 5:30 – 8:30 p.m., Northside Track & Field

Join Intramural Sports for the 7v7 flag football season. The season is open to all SOFA personnel aged 16 and older, JMSDF, and IHA/MLC employees. Each team must consist of a minimum of 7 and a maximum of 15 players. This event is Commander's Cup points eligible — each unit that registers must be at least 80% active duty (same unit) and no more than 20% civilian, DoDEA, spouse, etc., and will need to be approved by the unit CO. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/deea360b-7aeb-4745-bcb6-55033b4fc2eb>.

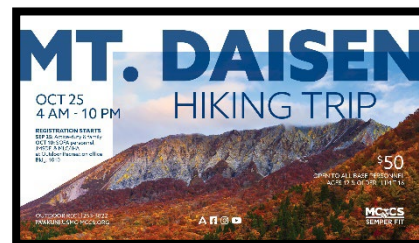
Outdoor Recreation

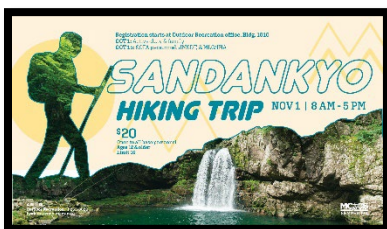
Mt. Daisen Hiking Trip

Sat, 25 Oct, 4:00 a.m. – 11:00 p.m.

Registration open until 24 Oct at Outdoor Recreation, bldg 1010

Mount Daisen is a dormant stratovolcano in Tottori Prefecture, the highest mountain in the Chugoku region. It has an elevation of 1,729 meters. This route takes you through one of the largest beech forests in western Japan to the summit of the mountain, which has magnificent landscapes that overlook the Sea of Japan. This trip is open to all base personnel ages 12 and older, and cost is \$50. Limited to 16 participants. Please call 253-3822 for more information.





Sandankyo Gorge Hiking Trip

Sat, 1 Nov, 8:00 a.m. – 5:00 p.m.

Sandankyo, a three-step canyon, is one of the most scenic tourist attractions located in the suburbs of Hiroshima. Hike through a narrow gorge alongside a turbulent river while appreciating the pristine environment, several waterfalls, and wildlife. The Japanese government has accredited this area as a place of scenic beauty and has protected it from random development. The trail is rated moderate and is appropriate for most fitness levels. Bring your own

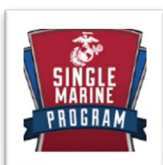
snacks, a sack lunch, water, and yen for shopping at the market. This excursion is for those aged 12 and older (an adult must accompany those aged 18 and younger). For more information, please call Outdoor Recreation at 253-3822/3842 or visit them in the IronWorks South gym to register.

Fishing at the MCAS Iwakuni Harbor

Sat, 15 Nov, 5:30 a.m. – 12:00 p.m.

Registration opens on 15 Oct (active duty & family members) and 31 Oct (SOFA civilians, JMSDF, and MLC/IHA)

Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.



Single Marine Program

Visit your SMP at:
Hornet's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.



SMP Halloween Party

Thu, 30 Oct, 7:00 – 9:00 p.m., Hornet's Nest

Join the SMP for a frightfully ghoulish time. Patrons can compete in a costume contest, dance like it's the monster mash, or eat and be scary! Volunteer opportunities are available. 10 volunteer spots are available and registration to volunteer is open from 29 Sep – 27 Oct. To register as a volunteer, please visit: <https://iwakuni.usmc-mccs.org/activity/269bfedd-b0cd-42e5-9d64-cc3beb1be962>.

Sandankyo Trip

Sun, 2 Nov, 6:00 a.m. – 5:00 p.m.

Registration open 13 – 27 Oct or until full

Visit the picturesque Sandankyo area in Hiroshima Prefecture and enjoy the waterfalls and fall foliage. 16 spots are available for this free outing! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/f2daaff7-abfe-4d33-a786-1aadb50196a7>



Operation Paintball

Sat, 15 Nov, 11:00 a.m. – 1:00 p.m., Penny Lake Fields

Registration open 20 Oct – 7 Nov or until full

Crossfire Paintball Program and the Single Marine Program are teaming up to present Operation Paintball! Get ready for 2 hours of adrenaline-pumping, action-packed paintball featuring a variety of exciting game modes that will challenge your aim, strategy, and teamwork! Whether you're a paintball veteran or new to the game, this event is built for all skill levels and guaranteed fun. Rally your squad, bring your A-game, and prepare for an unforgettable experience! Cost to participate is \$28 and open to all single and unaccompanied service members. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/a915fe05-81da-4d81-84eb-b38ec80421fa>.



SMP Hamada Beach Cleanup

Sat, 22 Nov, 7:00 a.m. – 3:00 p.m.

Registration opens 3 Nov

Join the SMP for a fun day of volunteering at Hamada Beach! Participants will team up with local college students to collect litter and debris on the beach and in addition to the enjoyment and satisfaction of volunteering, receive volunteer hours for their time. 36 spots are available.

Tokyo Sightseeing Trip

10:00 p.m., Wed, 3 Dec – 10:00 p.m., Sun, 7 Dec

Registration open until 8:00 a.m., 3 Nov or until full

Enjoy an overnight trip to Tokyo, see the city's staples, enjoy the views from the Tokyo Skytree, spend a day at Disneyland or DisneySea Tokyo, and learn about the city's history. Participants must follow the daily itinerary with their chaperone; free time will be allotted. Participation is limited to single and unaccompanied service members and costs \$250 per person. Only a few seats are left, so register today! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/f14b05ce-b935-4b33-92f2-2598a1cd8aa7>.



Marine & Family Programs

Behavioral Health

Red Ribbon Week – Kickoff & Proclamation Signing

Mon, 3 Nov, 2:15 – 3:00 p.m., MCX, bldg 445

Join the official Red Ribbon Week Proclamation Signing as we launch this year's campaign: "Life is a Puzzle – Solve it Drug Free." This event encourages community-wide awareness and education, reminding everyone aboard MCAS Iwakuni, young and old alike, of the power of connection, support, and healthy choices. Learn about the resources available, and take part in promoting a strong, substance-free community.

Family Care



Walk & Talk with EFMP

Wed, 5 Nov, 9:30 – 11:30 a.m., Northside Track & Field

Lace up your walking shoes, bring your kids, bring your strollers or wagons, or just bring yourself for a casual get together of walking & chatting with your friendly EFMP staff. We will meet by the north side track & field picnic area. No registration is required & all SOFA status personnel are welcome! Please note that walks may be canceled due to weather.

EFMP Special Needs Forum

Thu, 6 Nov, 10:00 – 11:30 a.m., USO, bldg 727

Join EFMP for the annual special needs forum. Seize this opportunity that features base representatives of early childhood education, with a keynote speaker from Educational & Developmental Intervention Services, NMRTU Iwakuni. This forum is open to all SOFA status personnel & families for their questions on childhood developmental matters, or to share their thoughts/ideas regarding services available on base. Smaller children will have access to the USO playroom during the event. Light refreshments will be provided.

Successful PCS Transitions for EFMP Families

Thu, Nov 13, 4:00 – 4:30 p.m., bldg 625, rm 211

Join this training, tailored to EFMP families, and learn useful tips for successful case transfers to your new duty station, ensuring a smooth transition of services.



Parents' Night Out

Fri, 14 Nov, 5:00 p.m. – 12:00 a.m., CDC/SAC

Heading to the Military Ball or just need a well-deserved night off? Let us care for your little ones in a safe, fun, and engaging environment while you enjoy your evening stress-free. We'll have fun activities for the children while the parents get a night out. Dinner will be provided. This event is available to all base personnel. Spaces are limited. To register, please call 253-7353, email: ombiwakuni.childdevelopmentcenter@usmc-mccs.org, or visit the CDC/SAC.

Personal & Professional Development

Book Bingo

The 2025 Book Bingo Reading Challenge highlights the Year of the Snake! In Japanese culture, the Year of the Snake symbolizes financial fortune, regeneration, and transformation. This year, explore new genres using bingo prompts as a starting point. The challenge is open to patrons aged 18 years and older, with one title per square. Click on each square to view the prompt and complete the activity. All books must be read in 2025. There will be four quarterly drawings. Patrons may only win one quarterly drawing, but all completed bingo cards will be included in the grand prize drawing at the end of the calendar year. To get started, please visit: <https://iwakuni.beanstack.org/reader365>.

STEM Workshop

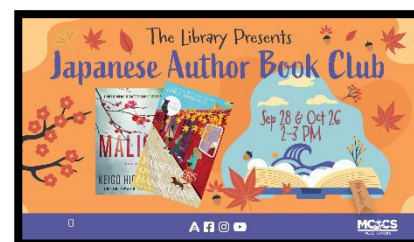
Fri, 24 Oct, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/95cd34fa-f61f-4447-8556-db50d7e4ff66>.

Japanese Author Book Club

Sun, 26 Oct, 2:00 – 3:00 p.m., Library

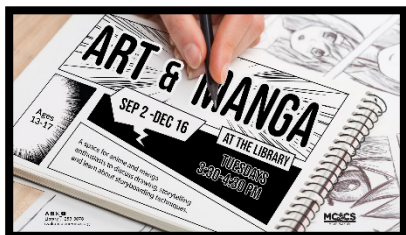
Whether you're a long-time reader of Japanese authors or just beginning your journey, this book club offers a unique opportunity to explore renowned translated works. The first book is the gripping mystery, "Malice" by Keigo Higashino. Unravel a complex web of deceit with fellow readers and share your theories. Pick up your copy at the library and join us for engaging discussions, new perspectives, and a shared love for great Japanese literature.



Sponsorship Training for Civilian Employees

Tue, 28 Oct, 10:00 – 11:30 a.m., bldg 411

This training is designed for anyone who plays a role in sponsoring or assisting incoming civilian employees, whether a family member, servicemember, or civilian employee. Relocating overseas can be a complex and overwhelming process, especially for those unfamiliar with the unique challenges of an OCONUS assignment. This class will walk you through the key resources, procedures, and best practices needed to provide meaningful support. You'll gain the tools, information, and confidence to help your civilian team members feel welcomed, informed, and prepared for a successful start.



Art & Manga

Tue, 28 Oct, 3:30 – 4:30 p.m., Library

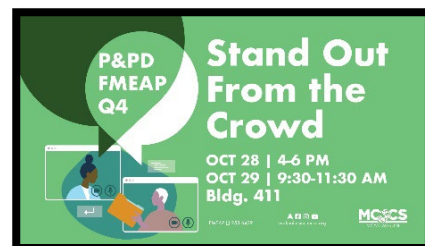
Calling all anime and manga fans! Join a creative space designed just for you, where fellow enthusiasts come together to explore storytelling, sharpen drawing skills, and dive into the art of storyboarding. Whether you're a budding artist, a passionate fan, or just curious about how your favorite scenes come to life, this is your place to connect, create, and be inspired. Open to ages 13-17.

Stand Out from the Crowd

Tue, 28 Oct, 4:00 – 6:00 p.m., bldg 411

Wed. 29 Oct, 9:30 – 11:30 a.m., bldg 411

What's the difference between looking for a job and actually finding a job? Standing out (in a good way) from the rest of the crowd. This course focuses on skills for strengthening resumes and interviews. Learn to use two recommended formulas for writing strong achievement statements and delivering talking points. To register, please call 253-6439, email: OMBIwakuniPersonalandProfessionalDevelopment@usmc-mccs.org, or visit them in bldg 411, rm 101.



Survival Japanese Class

Tue, 28 Oct – Fri, 31 Oct, 5:00 – 6:00 p.m., bldg 411

Receive a 4-day crash course on Japanese and learn how to communicate in simple Japanese phrases. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/ba24d57e-3106-40da-b4c8-adedd2098848>.

Entrepreneurship Track: Boots to Business 2-Day Course

Thu, 30 Oct – Fri, 31 Oct, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join Transition Readiness and explore business ownership or other self-employment opportunities. Learn about evaluating business concepts, developing a business plan, resources available to access technical assistance, start-up capital, and contracting opportunities. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops. Please call 253-6439, email: OMBIwakuni.transitionreadiness@usmc-mccs.org, or visit bldg 411, rm 110 to register.



Lifeskills: Attitudes and Actions

Thu, 30 Oct, 2:00 – 4:00 p.m., bldg 625

Intended to encourage military members and their families to maintain a positive focus and be engaged in their homes, work and community, this class stresses self-advocacy, power of choice, and resiliency, and encourages participants to think differently about their impact on any situation. Registration is open until 12:00 p.m., Wed, 29 Oct. To register, please call 253-3542, email: OMBIwakuni.mcftb@usmc-mccs.org, or visit their office in bldg 411, rm 101.

Tenkoku & Washi Lantern Making

Fri, 31 Oct, 9:00 a.m. – 12:30 p.m., bldg 411

Registration open until 24 Oct

Join Cultural Adaptation and learn how to make your own Tenkoku! Tenkoku is a Japanese stamp seal that is engraved with Ten-sho style characters. For this event, an instructor will find a suitable one-kanji character for your name. You can use it afterward to stamp your own washi paper lantern! You can even save your lantern to display at the Kintai Bridge Art and Culture Festival on November 8 and 9! For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/1db80a8a-ab3a-4e90-94bf-1475127ecc3c>.



Sponsorship Training

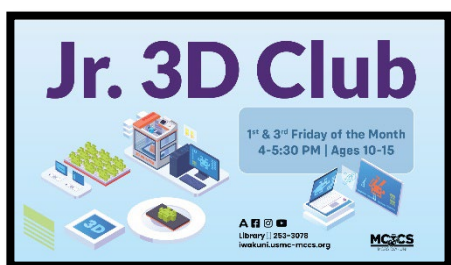
Wed, 5 Nov, 10:00 – 11:30 a.m., bldg 411

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.

PCS with Success

Thu, 6 Nov, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/6d3c5d3d-19a2-4a7b-a1d9-4f052b8435f9>.



Jr. 3D Modeling & Printing Club

Fri, 7 Nov, 4:00 – 5:30 p.m., Library

The 3D Printer & Modeling Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/345d5d89-e605-4a7b-8742-845f4b9bb9c8>.

Saving & Investing Workshop

Wed, 12 Nov, 2:00 – 3:00 p.m., bldg 411, rm 121

Learn more about the different savings, investment, and retirement accounts and the terminology for each with P&PD's Saving and Investing Workshop. To register, please call 253-7186, email: OMBiwakuni.personalfinancialmanagement@usmc-mccs.org, or visit them in bldg 411, rm 121.

L.I.N.K.S. Foundation 1-Day Workshop

Thu, 20 Nov, 8:30 a.m. – 4:30 p.m., Bldg 625

Looking for ways to connect, learn something new, volunteer, or meet with others and have some fun? Join the L.I.N.K.S. Foundation Workshop! The L.I.N.K.S. workshop provides an interactive way to learn more about the military lifestyle, the air station, and life in Japan. L.I.N.K.S. focuses on resources and services, such as finance, education, career, moving, networking, and volunteering. Mentors will share their experiences and provide helpful tips on meeting the unique challenges faced in the mobile military lifestyle. Let's connect and support each other! To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 19 Nov. Check out the [L.I.N.K.S. Video](#) to see what we offer.

Business/Retail & Services/Special Events

On Base Business Market

Fri, 24 Oct – Sat, 25 Oct, 10:00 a.m. – 6:00 p.m., Torii Pines Town Center
Attention all home-based business owners! MCCS's retail space located inside the Torii Pines Town Center is open to use by home businesses. Reserve your spot today to market your business, show your wares, and sell your goods in a retail environment. For complete details and instructions on how to register, please visit: <https://iwakuni.usmc-mccs.org/activity/69fdd4ec-df8b-4550-894d-06bd771508d6> (10/11 Oct) or <https://iwakuni.usmc-mccs.org/activity/2175af8b-093d-4053-9fcd-458e0ac82fad> (24/25 Oct).



Universal Studios Japan Halloween Party

Sat, 25 Oct, 4:30 a.m. – 2:30 p.m.

Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

The Wizarding World of Harry Potter: Step into the magical realm and experience the wonders of Hogwarts.

Wonderland: Perfect for the little ones with whimsical fun and enchanting attractions.



Hollywood Area: Feel the adrenaline rush on the exhilarating “Hollywood Dream - The Ride” roller coaster.

Jurassic Park: Brave the jaw-dropping “The Flying Dinosaur” and soar through the prehistoric skies.

Minion Park: Join the mischievous Minions in “Despicable Me Minion Mayhem” for a laugh-out-loud adventure.

And don’t miss out on the latest sensation: **Donkey Kong Country!** Join us for a Halloween adventure and create magical memories at USJ! Click [here](#) for complete trip details.

9-Pin Tournament

Sun, 26 Oct, 5:00 p.m., Strike Zone

Enter the 9-pin tournament for your chance to win a cash prize! Join us at the Strike Zone Bowling Center on the last Sunday of each month for this fun competition. Registration is limited to 40 participants, so sign up at the Strike Zone right now! There is a \$25 entry fee to participate.



Cosmic Youth Bowling League

Tue, 28 Oct – Tue, 16 Dec, 2:30 – 4:30 p.m., Strike Zone
Sign up for the Cosmic Youth Bowling League! Bowl against your friends and try to win the prize! There are two age groups, each with their own prizes. Tell your friends to register at the Strike Zone front desk so you can show them that you're the best bowler around! For complete details, please visit: [https://iwakuni.usmc-mccs.org/activity/f0dab193-43cf-40cc-9072-](https://iwakuni.usmc-mccs.org/activity/f0dab193-43cf-40cc-9072-e8633e954a81)

[e8633e954a81](https://iwakuni.usmc-mccs.org/activity/f0dab193-43cf-40cc-9072-e8633e954a81) or stop by the Strike Zone to sign up!

Wednesday Night Doubles League

Wed, 29 Oct, 6:30 p.m. – 10:00 p.m., Strike Zone

Registration open until 28 Oct or until full

The Wednesday night doubles league will take place every Wednesday from 28 Oct – 17 Dec. Cash Prizes are available every week! The league has a handicap and will be played using a Challenge level pattern. 16 team slots are available. The entry fee is \$25 per week, and the league is open to all personnel aged 18 years and older. For more information, please call 253-3495 or stop by the Strike Zone to register.





AFE Brings the Laughs: Operation Stand-Up for Service
Wed, 29 Oct, 7:00 – 9:00 p.m., Club Iwakuni
When was the last time you had a good laugh? If you're ready for some fun, we have just the thing—Operation Stand-Up for Service is headed to Iwakuni with hilarious stand-up pros Patrick, Justin, and Greg! These pros have brought the laughs to stages across the world, and now they're headed to Iwakuni with the jokes, observations, and one-liners that will leave you wanting more. Cue the literal LOLs and get ready to laugh—Operation Stand-Up for Service is on its way! Gather your friends, make your plans, and don't miss the show!

Don't miss this adults-only stand-up comedy show featuring **Patrick DeGuire, Greg Morton, and Justin Rivera.**

"Yuzu" Japanese Citrus Fruits Harvesting Experience

Sat, 1 Nov, 7:30 a.m. – 6:30 p.m.

Experience harvesting "Yuzu," (a Japanese citrus fruit) at a local farm in Mito Town in Shimane Prefecture! Let's learn how to grow and harvest a Yuzu. Trip participants will also visit the tattoo-friendly hot spring "Hikimi-kyo Onsen." Please bring bath amenities (private/family baths are not available). If you would like to take the hot spring, please pay the listed admission fee upon arrival. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/663add13-5330-4ace-a2d1-58f891d9e0c0>, or stop by the IT&T office in bldg 410 to register.

Tottori Sand Dunes & Sand Museum Trip

Sat, 8 Nov, 6:00 a.m. – 10:30 p.m.

Visit the Tottori Sand Dunes with IT&T! The dunes are located just outside the Tottori city center and are its most famous tourist attraction spanning roughly 16 kilometers of coast along the Sea of Japan, and extending up to 2 kilometers inland and 50 meters in height. There are also several attractions to enjoy around the dunes, including the Sand Museum which exhibits the highest quality sand sculptures every year created by professional sculptors from all over the world. The 2025 exhibition's theme is Japan. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/f3d74a48-dfc2-43f3-b077-7f69cf294382> or stop by the IT&T office in bldg 410 to register.



Holiday Meals To Go

24 – 30 Nov and 21 – 27 Dec

Get your huge holiday meal from Club Iwakuni for a fast and easy feast! Buy a packaged meal or individual items for your Thanksgiving and winter holiday meals. Just [download the order form](#), fill it out, and submit it to the Club Iwakuni Cash Cage. Orders must be placed and paid in full at least 3 days prior to the requested pick-up date. Orders can be placed in person or via phone at 253-3363. For a complete list of menus, please visit: <https://iwakuni.usmc-mccs.org/activity/73873b0b-9109-4a68-836e-c313d3579a1c>.

Thanksgiving Day Tokyo Fun Trip

10:00 p.m., Tue, 25 Nov – 10:30 p.m., Sun, 30 Nov

Enjoy a trip to Tokyo and take in the many sights and activities of this exciting city! Explore the city on your own, or join tours to Disneyland and/or Disney Sea. For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/7f398794-0787-4270-b3f7-0942f1f25237>, contact the IT&T Office at 253-4377 or visit them in bldg 410 (Crossroads) to register.



Winter Illumination at Bihoku Park!

Sat, 6 Dec, 2:00 – 10:00 p.m.

Enjoy this annual illumination gala at Bihoku Park in Hiroshima Prefecture where 700,000 light bulbs are used to decorate the park. For complete trip details please visit <https://iwakuni.usmc-mccs.org/activity/34bd9c11-1291-4b4b-9102-af2732e4a587> or stop by the IT&T office in the Crossroads, bldg 410 to sign up!

DRUM TAO Taiko Drum Performance Trip

Sat, 13 Dec, 8:00 a.m. – 8:00 p.m.

Registration ends 5:00 p.m., Fri, 28 Nov

TAO has been seen in 26 countries and 500 cities attracting over 9 million spectators worldwide. Adored across the world, they present an unprecedented and timeless drumming performance, bringing a brand-new genre to the stage. For more information and to sign up, please visit the IT&T Office in the Crossroads, bldg 410.



Holiday Tokyo Fun Trip

10:00 p.m., Sun, 21 Dec – 10:30 p.m., Fri, 26 Dec

Enjoy a trip to Tokyo to take in this fantastic city. Have fun in Harajuku, see the sights from the SKY Tower, experience the magic of Disneyland or Disney Sea, or explore Tokyo at your own pace. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/bc360bbc-db2c-4e93-bc16-865cac21e75c> or stop by the IT&T office in the Crossroads, bldg 410 to sign up!



Weekly Newsletter

24 October 2025

Alphabetical list of events for period 24 – 30 October 2025

Event	Date	Link
9-Pin Tournament	Sun, 26 Oct	https://iwakuni.usmc-mccs.org/activity/d2347ed1-4b3f-4c1d-997e-ed4b44aa8bb0
Active Duty Swim Survival Skills Training (S3T)	Various	https://iwakuni.usmc-mccs.org/activity/d1a7b9d2-71ea-4b4a-8640-04178a410124
AFE Brings the Laughs	Wed, 29 Oct	https://iwakuni.usmc-mccs.org/activity/7c6ff214-c15e-4f2f-b2b4-d0aacf9d9fe5
Aikido – October	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/5b492de9-ce52-4b54-84d8-e5d0ff3a1e73
Alcoholics Anonymous	Tue & Fri	https://iwakuni.usmc-mccs.org/activity/56445fb3-2f60-4eaf-a870-a6e353e8323f
Anger Management	Wednesdays	https://iwakuni.usmc-mccs.org/activity/ca1dbc6d-08d2-4634-aa22-12006fc37810
Art & Manga	Tue, 28 Oct	https://iwakuni.usmc-mccs.org/activity/93dade6d-bad1-4b8f-924c-117e4614fac3
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/ea1833be-740b-4017-a2d1-4cd489fd2167
Body Sculpt – November	Wed & Sat	https://iwakuni.usmc-mccs.org/activity/90511172-c4ad-4a84-a4c7-19d2e33589aa
Book Bingo	Continuous	https://iwakuni.usmc-mccs.org/activity/fe167a7e-6924-43d1-81a9-36262cc11865
Boots to Business: 2 Day Course	30 – 31 Oct	https://iwakuni.usmc-mccs.org/activity/e28493b9-48eb-49cf-8bc4-e063e84635b4
Cardio Kickboxing Mini-Bootcamp – November	Tuesdays	https://iwakuni.usmc-mccs.org/activity/06d772a7-891d-4903-8a90-2f1b4c8a5b46
Cosmic Youth Bowling League	Tue, 28 Oct	https://iwakuni.usmc-mccs.org/activity/f0dab193-43cf-40cc-9072-e8633e954a81
Friday Night Friendship League	Fridays	https://iwakuni.usmc-mccs.org/activity/4e24da67-9db7-4d93-b831-33ba5cbef7a1
Halloween Outdoor Movie & Picnic	Fri, 24 Oct	https://iwakuni.usmc-mccs.org/activity/df6e98f8-6c19-4213-a9a2-804b3a34d378
Japanese Author Book Club	Sun, 26 Oct	https://iwakuni.usmc-mccs.org/activity/6fcc43fe-a218-4a89-ab1e-5e07b19d16e4
Judo – October	Various	https://iwakuni.usmc-mccs.org/activity/31166af1-2c22-4aa8-a275-5cc4da76966f
Lifeskills: Attitudes and Actions	Thu, 30 Oct	https://iwakuni.usmc-mccs.org/activity/dfed6548-630d-4735-9d85-9ee9a4cd476f
Mixedfit – October	Various	https://iwakuni.usmc-mccs.org/activity/7e7fbda4-77a2-4be6-bdb2-3b17eccbc322
Mt. Daisen Hiking Trip	Sat, 25 Oct	https://iwakuni.usmc-mccs.org/activity/230d507a-46b3-4beb-b7ff-254b4207042d
Nutrition & Weight Management Brief	Thu, 30 Oct	https://iwakuni.usmc-mccs.org/activity/6c75ac88-6a02-430c-97bc-52ccf187fb27
On-Base Business Market	Fri, 24 Oct	https://iwakuni.usmc-mccs.org/activity/2175af8b-093d-4053-9fcd-458e0ac82fad
	Sat, 25 Oct	https://iwakuni.usmc-mccs.org/activity/9d24c07a-6b40-4eb1-ad63-1943e539bda7
Peer 2 Peer Support Group	Mondays	https://iwakuni.usmc-mccs.org/activity/12eabfe2-8952-46cc-a4b8-e5fef78c0a16
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/71e98d08-d168-45b7-8759-eae1c4ef9961
Progressive Hatha Yoga	Mondays	https://iwakuni.usmc-mccs.org/activity/d229ce43-2c69-48d1-a2e1-06006ad63240



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Seven Principles Couples Program	Fridays	https://iwakuni.usmc-mccs.org/activity/c6a7bc8c-7f38-44e8-a8c5-809a372b450d
SMP Halloween Party	Thu, 30 Oct	https://iwakuni.usmc-mccs.org/activity/269bfedd-b0cd-42e5-9d64-cc3beb1be962
Spin	Various	https://iwakuni.usmc-mccs.org/activity/19ad3ff1-3daa-431b-8ce0-fb02f4b985b4
Sponsorship Training for Civilian Employees	Tue, 28 Oct	https://iwakuni.usmc-mccs.org/activity/879d0718-a894-424c-80d6-4446c658a318
Stand Out From the Crowd	Tue, 28 Oct	https://iwakuni.usmc-mccs.org/activity/83ebcd73-9340-4980-9d00-7a12f75e7913
	Wed, 29 Oct	https://iwakuni.usmc-mccs.org/activity/be525737-5c85-4940-94ce-c619ac0010e5
STEM Workshop	Fri, 24 Oct	https://iwakuni.usmc-mccs.org/activity/90405421-92ba-4512-b556-24c6a4001015
Survival Japanese Class	28-31 Oct	https://iwakuni.usmc-mccs.org/activity/ba24d57e-3106-40da-b4c8-adedd2098848
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/87a96d19-94c9-4e80-abab-249eabf5c9b4
Trunk or Treat & Haunted House	Tu, 30 Oct	https://iwakuni.usmc-mccs.org/activity/3b6c217a-7955-4c5d-8ad1-b4dc8d8bf18e
Universal Studios Japan Halloween Party	25 – 26 Oct	https://iwakuni.usmc-mccs.org/activity/f5054500-abd5-4e29-98eb-7c746e47ea16
Welcome Aboard Bus Tour	Thursdays	https://iwakuni.usmc-mccs.org/activity/bebd0930-2e4b-4789-9744-01b3086727c5
Wednesday Night Doubles League	28 Oct-17 Dec	https://iwakuni.usmc-mccs.org/activity/20f75798-4ec0-411f-abc2-86dbc95ec594
Youth Dance Class	2 Sep-28 Oct	https://iwakuni.usmc-mccs.org/activity/55480129-21a8-411c-87c5-13724a857b4d
Youth Fitness Classes – October	Mon – Fri	https://iwakuni.usmc-mccs.org/activity/452c3391-4ec3-447c-a8eb-05319df0345f
Youth Sports Cheerleading Season	27 Oct-12 Dec	https://iwakuni.usmc-mccs.org/activity/c2c4b205-3b1c-409b-94c1-ad51eaa926f7
Youth Sports Flag Football Season	27 Oct-12 Dec	https://iwakuni.usmc-mccs.org/activity/63a0ab58-f960-4ff2-adbc-a0cac496c5c6
Youth Sports Volleyball Season	27 Oct-12 Dec	https://iwakuni.usmc-mccs.org/activity/19582571-5a51-4cfc-8885-20ff063c378c
Zumba – October	Various	https://iwakuni.usmc-mccs.org/activity/20082986-0a2c-4f33-b363-3b01db717170