

Missing out on happenings in the community?

Download the [MCCS Connect App!](#)

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 6 – 12 March 2026

| | |
|-------------|--|
| Fri, 6 Mar | 10:00 a.m. – 12:00 p.m., Japanese & American Dining Etiquette Workshop 11:00 a.m. – 12:30 pm., Seven Principles Couples Program (see page 8) 4:00 – 5:30 p.m., Jr. 3D Club (see page 10) |
| Sat, 7 Mar | 8:30 a.m. – 4:30 p.m., Strawberry Picking Trip Part 2 (see page 12) 9:00 – 11:00 a.m., 2026 MCTF Color Run (see page 2) 10:00 a.m. – 3:00 p.m., Learn to Train Olympic Weightlifting (see page 5) 10:00 a.m. – 1:00 p.m., Intramural Sports Dodgeball Tournament |
| Sun, 8 Mar | 10:00 a.m. – 2:30 p.m., Learn & Play: Oyako Festa with Plat ABC & NPSP (see page 8) |
| Mon, 9 Mar | 8:00 a.m. – 4:00 p.m., TRS Core Curriculum 3-Day Course (see page 10) 1:00 – 2:00 p.m., Understanding Your GI Bill Benefits (see page 10) |
| Wed, 11 Mar | 9:30 – 11:30 a.m., Make Keywords Work for You (see page 10) 10:00 – 11:30 a.m., Sponsorship Training (see page 10) 1:00 – 3:00 p.m., Cmd Team Advisor/Family Readiness Ass't Trng (see page 11) |
| Thu, 12 Mar | 8:00 a.m. – 4:00 p.m., Dept of Labor Employment Workshop 2-Day Course (see page 11) 8:00 a.m. – 4:00 p.m., Managing Your Education 2-Day Course (see page 11) 9:00 – 11:30 a.m., PCS with Success (see page 11) 1:30 – 2:30 p.m., EFMP Training: Successful PCS Transition (see page 9) 4:00 – 5:00 p.m., Parent Advisory Board/Special Needs Forum (see page 9) |

Sakura Theater Schedule

- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**

Hoppers (PG-13)

Navy First Run Motion Picture!

Fri, 6 Mar, 5:00 p.m. (Premiere!)

Sat, 7 Mar, 2:00 p.m.

Sun, 8 Mar, 2:00 p.m.

When scientists discover a way to transform human consciousness into robotic animals, Mabel uses the new technology to uncover mysteries of the animal world that are beyond anything she could have ever imagined.



Dracula (R)

Fri, 6 Mar, 8:00 p.m.

Sun, 8 Mar, 6:00 p.m.

When a 15th-century prince denounces God after the devastating loss of his wife, he inherits an eternal curse and becomes Dracula. Condemned to wander the centuries, he defies fate and death, guided by the hope to be reunited with his lost love.

The Strangers: Chapter 3 (R)

Sat, 7 Mar, 6:00 p.m.

Thu, 12 Mar, 7:00 p.m.

Curious about rumors of mannequins coming to life at night in a local store, Jasmine and friends sneak in after hours, only to regret their investigation.



Iron Man (PG-13)

(NDVD/NSSM – Free Admission)

Mon, 9 Mar, 7:00 p.m.

When Tony Stark, an industrialist, is captured, he constructs a high-tech armored suit to escape. Once he manages to escape, he decides to use his suit to fight against evil forces to save the world.

Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.



2026 MCTF Color Run

Sat, 7 Mar, 9:00 – 11:00 a.m., Penny Lake Fields
Join Behavioral Health and Semper Fit as we come together to celebrate healthy living and community connection at the 2026 MCTF Color Run, a fun, family-friendly 5K event designed to promote total fitness and community wellness at MCAS Iwakuni. While participants enjoy a vibrant course filled with color, the event's primary focus is to raise awareness about the many factors that support mission readiness and overall well-being. Visit the informational booths hosted by various base programs and organizations to learn more

about the services available to support your physical, mental, and emotional health. For complete information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/7be2dfdb-f2e6-4845-a5ac-56ff4abc2d1b>.

MCCS Job Fair!

Thu, 26 Mar, 10:00 a.m. – 2:00 p.m., Club Iwakuni Ballroom

MCAS Iwakuni is hiring! Come to the Job Fair and learn more about the job opportunities with your local MCCS, Station, Contractor positions, and more! Come to the Club Iwakuni Ballroom and Eagle's Nest with your résumé and a firm handshake and get that job! Organizations participating include MCCS, Station Civilian Human Resources Office, and contractors. For complete details include documents which are required and job openings available, please visit: <https://iwakuni.usmc-mccs.org/activity/92cf8bc0-7c29-4f01-8c72-8336252c2a8b>.

Atago Outdoor Flea Market

Sat, 28 Mar, 12:00 – 3:00 p.m., Kizuna Stadium

Registration closes on Fri, 27 Mar

The Atago Outdoor Flea Market is a great opportunity for the community to buy and sell. Register for a booth to sell homemade or unwanted/unneeded items. Or come by on the day of the market to purchase many unique or gently used items. Registration for a booth to sell your items is open to all, and there are a total of 50 spaces for U.S. and Japanese vendors. Online vendor registration is limited to SOFA status personnel and DoD ID card holders. Non-SOFA/non-DoD ID card holders can register by emailing: OMBIwakuni.SpecialEvents@usmc-mccs.org. Event details, guidelines, and restrictions will be provided to registered parties. MCCS Special Events will contact interested parties to complete the registration process and receive payment instructions. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/92407b6b-9fab-4b57-b2e7-5a7f26893654>.

Attention Private Organizations and Home-Based Businesses! The window to register as a vendor for Friendship Day is about to close!

Private organizations and home-based businesses have until 13 March to register as a vendor for the 2026 MCAS Iwakuni Friendship Day. No registrations can be accepted after 13 March due to contractual obligations!

Don't miss out, sign up today! By participating as a vendor, you become part of the event's immersive experience, helping to create lasting memories for attendees and contributing to the festive spirit that defines Friendship Day. Join us in celebrating the strong ties between the U.S. and Japan and make your mark on this historic event.

Please be sure to read and follow all instructions to ensure your spot at the region's largest 1-day air show! Register at: <https://www.iwakuniarshow.com/information/vendors>. For questions, please email: ombiwakuni.mccscoordinator@usmc-mccs.org.



Altitude is now **MCCS Connect**

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The advertisement features two smartphones. The left phone displays a stylized red and white logo on a dark background. The right phone shows a search bar and a list of items, including a photo of a soldier. The background is a dark, textured surface with a red and black geometric design.

Semper Fit

Aquatics

Tsunami Swim Team (Spring 2026 Season)

Mon, 16 Mar – Sat, 16 May, IronWorks South Indoor Pool
Registration opens 4:00 p.m., 9 Mar

Aquatics Tsunami Swim Team is available for athletes ages 5 – 18 for the Spring Season from 16 Mar – 16 May at the IronWorks South Gym Indoor Pool. Join the swim team to enhance your technical skills, foster social development, and embrace an active lifestyle. Athletes are required to pass a swim test and evaluations before joining the team. These include demonstrating a full, proper 50-meter freestyle and a minimum 25-meter backstroke. Evaluations will take place from 4:00 – 5:00 p.m., 9 - 12 Mar. (Please note that meeting the minimum requirements makes swimmers eligible for the team, but it does not guarantee a spot due to the limited availability of volunteer coaches.) For complete details and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/3655b424-07f2-480e-93b3-04e100398b52>.



Competitive Events

Sakura Sprint

Sat, 28 Mar, 10:00 a.m. – 12:00 p.m., IronWorks South
Registration open 28 Feb – 23 Mar

Join Competitive Events for the Sakura Sprint, the first race in our 2026 Fun Run series. Enjoy a 5K along the seawall and keep the momentum going throughout the season. Take part in all four runs to collect the full set of commemorative patches, with patches available for the first 100 registrants for each race. Open to all base personnel. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/3bde395f-b39b-4908-90f8-74685f6c4295> or call Competitive Events at 253-7332 for more information.



37th MCAS Iwakuni Sprint Triathlon

Sun, 12 Apr, 6:00 a.m. – 2:00 p.m.
Registration closes at 11:59 p.m., 15 Mar

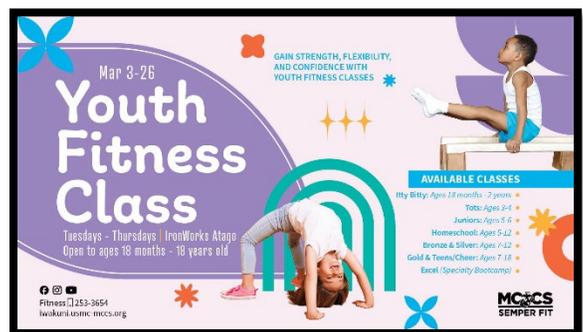
Competitive Events is hosting the 37th MCAS Iwakuni Sprint Triathlon on Sunday, 12 Apr! Registration is available until 11:59 p.m., 15 Mar. The event consists of a 350m swim, a 12k bik route, and a 5k run. Competitive participants will receive a T-shirt, dry bag, swim cap, and finisher's coin. Awards will be presented to the top 3 finishers in each age category as well as overall male and female competitors. For complete information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/3aa280a9-b1a5-4469-adb5-3ba10cfef85d>.

Fitness

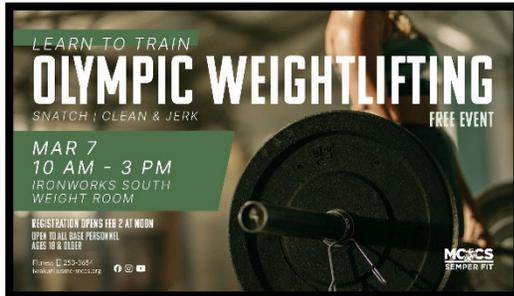
Youth Fitness Classes – March

3 – 26 Mar, IronWorks Atago
Registration opens 12:00 p.m., 27 Feb

Youth fitness classes are available for participants aged 18 months – 18 years old! Classes are limited to 10 participants due to space and instructor availability, and participants may sign up for one class only in order to accommodate as many patrons as possible. Families with multiple children wishing to participate are welcome to try registering all of them in the age and level appropriate class, but only one class per child. All classes begin with warm-up and stretching, followed by a time to learn and practice new movement patterns, and ending



with strength work and a cool-down session. All classes are 1 hour in length with the exception of advanced classes, which are 90 minutes long. For complete information including preferred attire, class schedules, and to register, please visit:



Learn to Train: Olympic Weightlifting

Sat, 7 Mar, 10:00 a.m. – 3:00 p.m., IronWorks South
Registration open until 10:00 a.m., 7 Mar

This hands-on Olympic weightlifting seminar is designed to teach participants the fundamentals and proper technique for the snatch and the clean and jerk. Led by qualified strength and conditioning coaches, the seminar will break each lift down through step-by-step progressions, allowing participants to learn safely while receiving real-time coaching and feedback to improve movement quality, precision, and confidence under the bar. This is a free instructional event open to individuals of all experience levels who are looking to

learn or refine their Olympic lifting techniques. For complete details and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/fb55d47c-db07-4a8a-840a-e87b8f9e5c03>.

Intramural Sports



Softball Tournament

Sat, 21 Mar, 10:00 a.m. – 6:00 p.m., Penny Lake Fields
Registration open thru 11:59 p.m., Sat, 7 Mar

Get ready for the Intramural Sports softball tournament on 21 March. This tournament is open to all SOFA personnel aged 16 and older, JMSDF, and IHA/MLC employees. Each team must consist of a minimum of 10 players. This event is Commander's Cup points eligible — each unit that registers must be at least 80% active duty (same unit) and no more than 20% civilian, DoDEA, spouse, etc., and will need to be approved by the unit CO. A minimum of four teams must be registered or the event will be canceled. To

register, please visit: <https://iwakuni.usmc-mccs.org/activity/43da75ba-a50e-4f29-9d59-2adffe762364>.

7v7 Flag Football Tournament

Sat, 11 Apr, 9:00 a.m. – 9:00 p.m., Northside Track & Field

Join Intramural Sports for the 7v7 Flag Football Tournament on 11 Apr. The tournament is open to all SOFA, MSDF, and IHA/MLC personnel ages 16 and up. Teams must consist of a minimum of seven players, and team captains will register their teams online. Rosters must be submitted to OMB@iwakuni.IntramuralSports@usmc-mccs.org. This event is Commander's Cup points eligible. Each team registering for unit competition will need to be 80% active duty from the same unit, and no more than 20% civilian, DoDEA, spouse, etc., and will need to be approved by the unit CO. A minimum of four teams must be registered, or the event will be canceled. For more information and registration, please visit: <https://iwakuni.usmc-mccs.org/activity/071cd3f7-ebbe-4fe7-8167-c809d6ed0cb8>, or call Intramural Sports at 253-3067 for more information.



U.S. – Japan Softball Tournament

Sat, 18 Apr, 9:00 a.m. – 8:00 p.m., Kizuna Stadium
Registration closes at 11:59 p.m., 8 Apr

Join Intramural Sports for this exciting tournament on 18 Apr! The tournament is open to all SOFA, JMSDF, IHA/MLC personnel ages 16 and up and will consist of teams from MCAS Iwakuni and the local surrounding areas. Teams must consist of at least 8 players with a maximum of 15 players on the roster. Teams from the air station must be registered by team captains online and local teams will register through the Atago Lotus Cultural Center Complex. The tournament

will be round robin, followed by single elimination. The winning team will be awarded a trophy and individual prizes, and the first and second-place teams will be awarded medals. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/d54dde1d-9008-46cd-9a08-e074c40b7d78>.

7v7 Flag Football Season

Fri, 20 Apr – Wed, 13 May, 5:30 – 8:00 p.m., Northside Track & Field
 Registration closes 11:59 p.m., Fri, 10 Apr

For some friendly competition, come out and join Intramural Sports for the 7v7 Flag Football Season!. Games will be held on Mondays and Wednesdays from 5:30 to 8:00 p.m. This season is open to all SOFA, JMSDF, and IHA/MLC personnel aged 16 and older. Teams must consist of a minimum of seven players. Teams competing for Commander’s Cup points must be at least 80% active duty from the same unit and no more than 20% civilian, DoDEA or family member, and will need to be approved by the respective unit CO. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/10a81212-b41a-4cc4-a1e3-a88c74da8aa7>.



Outdoor Recreation



Mt. Migita Hiking Trip

Sat, 28 Mar, 8:00 a.m. – 4:30 p.m.

Registration open from:

10:00 a.m., 2 Mar – 6:00 p.m., 27 Mar (active-duty and family)

10:00 a.m., 13 Mar – 6:00 p.m., 27 Mar (SOFA civilians, JMSDF, and MLC/IHA)

Mt. Migita, standing at 426 meters above sea level, presents a unique landscape characterized by its majestic appearance with exposed granite boulders and the rugged beauty of its rocky surfaces. From the summit, you can enjoy a panoramic view of Hofu City. Between

Tentokuji Temple and the summit of Mt. Maedake, 33 Kannon statues are carved into natural stones. The bus departs from in front of the Outdoor Recreation office at 8:00 a.m., and will return around 4:30 p.m. For more information, please call Outdoor Recreation at 253-3822 or stop by their office in the IronWorks South Gym to register.

Fishing at the MCAS Iwakuni Harbor

Sat, 11 Apr, 5:00 – 11:30 a.m., Outdoor Recreation, bldg 1010

Registration open from:

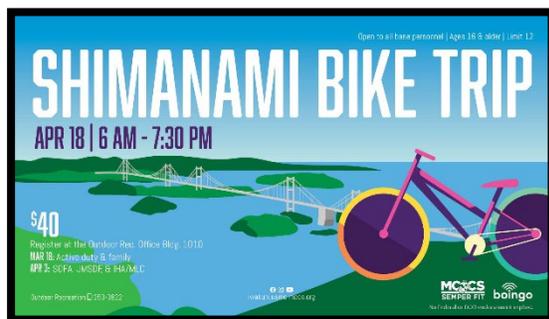
10:00 a.m., 11 Mar – 6:00 p.m., 3 Apr or until full (active-duty and family)

10:00 a.m., 27 Mar – 6:00 p.m., 3 Apr or until full (SOFA civilians, JMSDF, and MLC/IHA)

Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym.



Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.



Shimanami Bike Trip

Sat, 18 Apr, 6:00 a.m. 7:30 p.m.

Registration open 10:00 a.m., 18 Mar for active-duty

10:00 a.m., 3 Apr for U.S. civilians, JMSDF and MLC/IHA personnel

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes will be transported (please let us know if you have a

through axle shaft bike as our racks are not equipped for those versions). Bike rentals are available at the start point. The bus stops at a midway point for those who don’t want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,100 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in

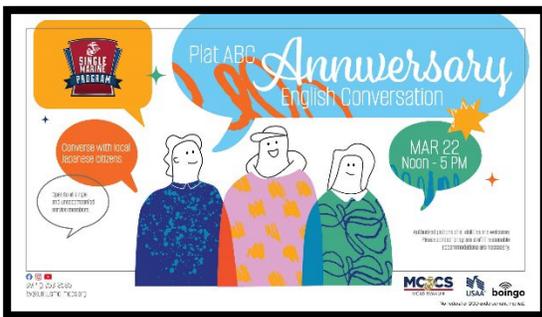
the IronWorks South, bldg 1010. The \$35 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.



Single Marine Program

Visit your SMP at:
Hornet's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.



SMP Plat ABC Anniversary

Sun, 22 Mar, 12:00 – 5:00 p.m., Hornet's Nest
Registration open from 16 – 20 Mar or until full (13 spots available)
SMP is looking for enthusiastic volunteers to celebrate the anniversary of Plat ABC and to converse in English with the local Japanese citizenry. Participants will receive volunteer hours for their time. To register, please visit:
<https://iwakuni.usmc-mccs.org/activity/6e91e864-3689-4706-9ecf-7b323459e6de>.

SMP Yuu Beach Cleanup

Tue, 24 Mar, 8:00 – 11:00 a.m.
Registration open from 9 – 23 Mar or until full
Volunteer to help clean up one of our local area beaches and receive a letter of appreciation for your time and effort while helping to beautify the community where we all live. 36 spots are available and signups are available at: <https://iwakuni.usmc-mccs.org/activity/ce656341-c207-4739-a1e2-fd5196037a2a>.



SMP Himeji Castle Trip

Sat, 4 Apr, 5:00 a.m. – 8:30 p.m.
Registration open from 16 – 30 Mar or until full)
Join the SMP on a trip to the historic Himeji Castle, one of Japan's most famous landmarks. Afterward, stroll through the beautiful Kokoan Garden on the surrounding grounds and enjoy some shopping. The tour will depart from the Hornet's Nest. Participants should bring additional yen for food and shopping and admission fees. Single or unaccompanied servicemembers only. 36 spots are available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/d4b82f7c-0370-43c7-b6d7-02a4812964eb>.

SMP Universal Studios Japan Trip

Sat, 11 Apr, 4:00 a.m. – 12:00 a.m.
Registration opens 12:00 p.m., 23 Mar
Join the SMP on a trip to Osaka to enjoy an exciting day at Universal Studios Japan! Experience thrills with rides like Attack on Titan and Demon Slayer, and experience the magic of the Wizarding World of Harry Potter! Participants should bring additional yen for various activities. This trip is for single or unaccompanied servicemembers only. 36 spots are available. Registration will be available at 12:00 p.m., 23 Mar at: <https://iwakuni.usmc-mccs.org/activity/49f06472-a78c-4568-8194-55bd3500fe80>.

Marine & Family Programs

Behavioral Health

Seven Principles Couples Program

Fri, 6 Mar, 11:00 a.m. – 12:30 p.m., Station Chapel

Looking to strengthen your relationship? Join us for the Seven Principles Couples Program, a structured, evidence-based program designed to help couples build a deeper connection, improve communication, and create lasting trust.

What You'll Learn:

- Mental: Structured problem-solving and communication tools for lasting solutions
- Emotional: Strengthen your connection, understanding, and emotional intimacy
- Social: Reinforce commitment, trust, and shared meaning to create a stronger bond

Key Skills You'll Master:

- Managing perpetual problems that arise in relationships
- Recognizing and overcoming destructive patterns (“4 Horsemen”)
- Creating shared goals and fostering emotional intimacy

Seminar Dates & Topics:

- March 6, 2026: The Research Foundation of the Seven Principles
- March 13, 2026: Principle 1: Enhance Your Love Maps
- March 20, 2026: Principle 2: Nurture Your Fondness & Principle 3: Turning Toward Each Other Instead of Away
- March 27, 2026: Principle 4: Let Your Partner Influence You
- April 3, 2026: Principle 5: Solve Your Solvable Problems
- April 10, 2026: Coping with Typical Solvable Problems
- April 17, 2026: Principle 6: Overcome Gridlock
- April 24, 2026: Principle 7: Create Shared Meaning

Space is limited, so act fast! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/40e65e9c-0e9d-4a66-be90-b982bdc76d2d>.



Learn & Play: Oyako Festa with Plat ABC and NPSP

Sun, 8 Mar, 10:00 a.m. – 2:30 p.m., Iwakuni City General Gymnasium

Join the New Parent Support Program and Plat ABC for a special Learn & Play: Oyako (parent-child) Festa at the Iwakuni General Gymnasium. Learn & Play is an interactive playgroup that provides social, cognitive, and motor skill development, eases the transition to the school environment, knowledge sharing, and learning opportunities to parents. Various activities offered by local family-support organizations will also be available until 1:30 p.m. This event is for children ages 0 – 5 and parents. Admission is free.

Participants are asked to bring indoor shoes as outdoor shoes are not permitted in the gymnasium. Parking is limited, so please carpool when possible. For more information, please contact NPSP at 253-5043.

Child Abuse Prevention & Education Training

Tue, 17 Mar, 12:00 – 1:00 p.m., bldg 411

Every child deserves a safe and supportive environment. Join this vital training designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Join us and learn how to be the change that makes a difference. Join us in building a safer, stronger community. This training is available every third Tuesday of the month.

Family Care

EFMP Monthly Training – Successful PCS Transitions

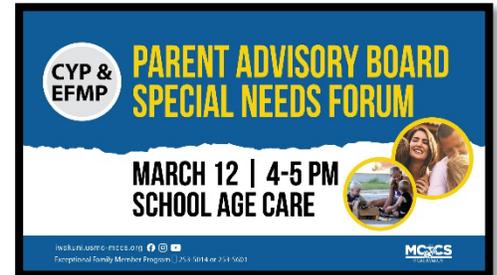
Thu, 12 Mar, 1:30 – 2:30 p.m., bldg 625, rm 211

EFMP hosts regular monthly training on various topics which are open to all SOFA personnel. This month's training concerns successful PCS transitions. For more information, please contact EFMP at 253-5601.

Parent Advisory Board/Special Needs Forum

Thu, 12 Mar, 4:00 – 5:00 p.m., School Age Care, bldg 9540

This forum is open to all parents who wish to discuss issues affecting our children, including special needs, with various key organizations here on MCAS Iwakuni (CYP, EDIS, EFMP). Bring any questions, concerns, and ideas you might have to help our young people thrive while living here. No registration required.



CYP Y2K Dance

Sat, 21 Mar, 4:00 – 7:00 p.m., Club Iwakuni

Registration open thru Fri, 20 Mar

Get ready to throw it back to the early 2000s at the Y2K Child & Youth Dance! Kids and teens are invited to enjoy an evening of iconic throwback music, fun lights, and a safe, supervised space to dance and socialize with friends. Y2K-inspired outfits are encouraged—think bright colors, denim, and pop-star vibes. Parents or guardians are required to attend and remain on-site for the duration of the event. This event will strictly follow the Child Supervision Policy, ensuring a fun, safe, and positive experience for all participants. Join us for a night of music, movement, and memories, Y2K style! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/c7e08d8a-33ff-43b4-aa65-d08338fc6b20>.



SAC Spring Break Camp

Mon, 30 Mar – Fri, 3 Apr, School Age Care, bldg 9540

Spring break is almost here, which means school will be out for the week! Now is the perfect time to start thinking about those spring plans, including SAC's spring break camp. Registration is open, so act fast. Families new to SAC will need to complete a registration packet. New enrollees must register on MilitaryChildCare.com and turn in all required documents by 18 March 18 or register at School Age Care for hourly care.

**Children must have completed kindergarten to register.*

Personal & Professional Development



Book Bingo

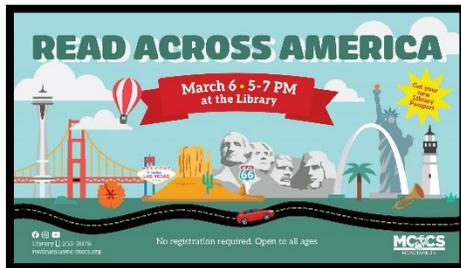
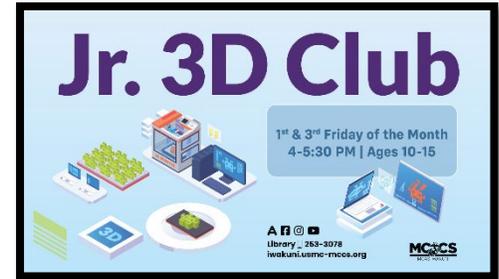
Sun, 1 Mar – Thu, 31 Dec

2026 Gallops in as the Year of the Fire Horse, a rare once-in-60 years spark of magic and momentum. Bursting with fiery energy and adventurous spirit, this year celebrates freedom, bold choices, daring new paths and trying something new. The Fire Horse invites passion, creativity, and fearless curiosity. Just like the Fire Horse, the 2026 Book Bingo encourages readers to leap into new genres, chase unforgettable stories, and let imagination run wild. For challenge guidelines and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/8bf8e1e1-737b-4bea-a131-e9356ca0fe89>.

Jr. 3d Club

Fri, 6 Mar, 4:00 – 5:30 p.m., Library

The 3D Printer & Modeling Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/8f3e6739-a657-4ffe-b4e8-82e0bfca24d4>.



Read Across America

Fri, 6 Mar, 5:00 – 7:00 p.m., Library

Join the Library for a special Read Across America story time, featuring books inspired by this year's theme, followed by a family-friendly movie in the library! Come by all week for special interactive displays. NEW! Library Passport – Launch Event: Be among the first to pick up our Library Passport, debuting at this event and continuing throughout the year! Complete activities, explore the library, and track your reading adventures all year long. Open to families of all ages, no registration required. Drop in and celebrate reading with us!

Transition Readiness Seminar (TRS) Core Curriculum – 3-Day Course

Mon, 9 Mar – Wed, 11 Mar, 8:00 a.m. – 4:00 p.m. daily, bldg 411, rm 110

Mon, 16 Mar – Wed, 18 Mar, 8:00 a.m. – 4:00 p.m. daily, bldg 411, rm 110

The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundamentals of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Please be aware that classes subject to change or cancellation without notice. Pre-registration is required for all seminars and workshops, so contact the Transition Readiness Program by calling 253-6439, emailing ombiwakuni.transitionreadiness@usmc-mccs.org or visiting them in bldg 411, rm 110.

Understanding Your GI Bill Benefits

Mon, 9 Mar, 1:00 – 2:00 p.m., bldg 411, rm 117

The GI Bill-focused brief will help explain the differences between the Montgomery GI Bill (Ch 30) and the Post 9/11 GI Bill (Ch 33). Explore the VA website and GI Bill comparison tool to understand how to use these benefits and to get the most out of them. Bring your questions and get answers from our Education Advisor! Registration not required but is preferred. To register, please call 253-3855, email OMBiwakuni.educationoffice@umc-mccs.org, or visit the Education Office in bldg 411.

Make Keywords Work for You

Wed, 11 Mar, 9:30 – 11:30 a.m., bldg 411

Learn how to dissect job vacancy announcements and find keywords. By the end of class, attendees will take the first steps toward summarizing their past experiences. To register, please call 253-6439, email ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org or visit them in bldg 411, rm 101.

Sponsorship Training

Wed, 11 Mar, 10:00 – 11:30 a.m., bldg 411, rm 104

Wed, 18 Mar, 10:00 – 11:30 a.m., bldg 411, rm 104

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/9868617b-8b1c-49f6-84c1-9cd6832b735b>.





Command Team Advisor/Family Readiness Assistant Training
Wed, 11 Mar, 1:00 – 3:00 p.m., bldg 625

Understand the roles, responsibilities, and operating components within the UPFRP. This is mandatory training for all command team advisors and family readiness assistants per MCO 1754.9B. To register, please call 253-3542, send an email to ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 10 Mar.

Employment Track: Department of Labor Employment Workshop

Thu, 12 Mar – Fri, 13 Mar, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439, email ombiwakuni.transitionreadiness@usmc-mccs.org, or visit bldg 411, rm 110 to register.

Education Track: Managing Your Education 2-Day Course

Thu, 12 Mar – Fri, 13 Mar, 8:00 a.m. – 4:00 p.m., bldg 410, rm 110

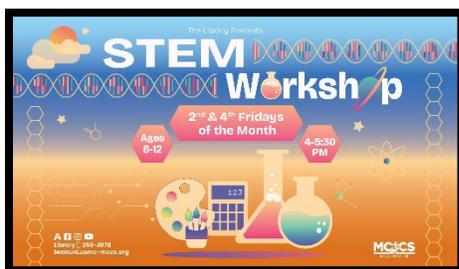
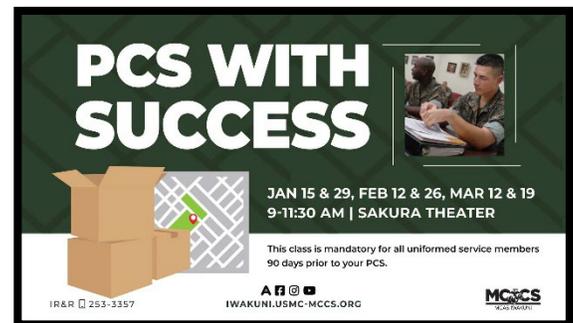
Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439, email ombiwakuni.transitionreadiness@usmc-mccs.org, or visit bldg 411, rm 110 to register.

PCS with Success

Thu, 12 Mar, 9:00 – 11:30 a.m., Sakura Theater

Thu, 19 Mar, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/b5fe4ffd-92df-4d6d-a8ea-f023e2d1bd81>.



STEM Workshop

Fri, 13 Mar, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/48e4336d-0f4e-40e2-b9e5-5455f1cd0111>.

Let's-a-Go! Mario Day Bash

Sat, 14 Mar, 12:00 – 2:00 p.m., Library

Calling all gamers. Rev up your engines and join the Library for a Mario Kart Tournament in celebration of Mario Day. Event length may vary slightly based on tournament brackets and the number of participants. Test your driving skills, unleash your competitive side, and race against other players in this fun-filled tournament featuring two age brackets, one for kids and one for adults (teens will compete in the division that best fits their age). While you wait for your turn to race, enjoy additional Mario-themed activities and games happening throughout the event. There's fun for everyone, even off the track! The event is open to all ages, so whether you're a seasoned racer or just playing for fun, come celebrate Mario Day with us and see who takes the checkered flag. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/ef98f9dd-229f-4c77-bd8d-73a6e506bf7e> or stop by the Library.



L.I.N.K.S. Mentor Training

Thu, 19 Mar – Fri, 20 Mar 8:30 a.m. – 12:30 p.m., bldg 625

Invest in yourself and get certified to be a L.I.N.K.S. mentor in this two, half-day workshop. Day 2 is designed for L.I.N.K.S. volunteers to study the curriculum and deliver their presentations to get certified. Completion of a L.I.N.K.S. workshop is required prior to the training. Registration is open until 12:00 p.m., 19 Mar. To register, please call 253-3542, email ombiwakuni.mcftb@usmc-mccs.org, or visit them in bldg 411, rm 101.

Business/Retail & Services/Special Events



9-Pin Bowling Tournament

Last Sunday of every month, 5:00 p.m., Strike Zone Bowling Center
Enter the 9-pin tournament for your chance to win a cash prize! Join us at the Strike Zone Bowling Center on the last Sunday of each month for this fun competition. Registration is limited to 40 participants, so sign up at the Strike Zone right now! There is a \$25 entry fee to participate.

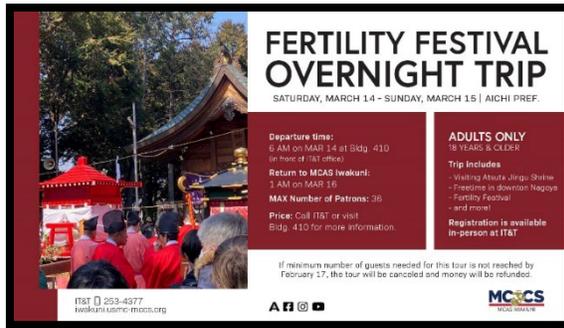
Strawberry Picking Trip

Sat, 7 Mar, 8:30 a.m. – 4:30 p.m. (Part 2)

Sat, 11 Apr, 8:30 a.m. – 4:30 p.m. (Part 3)

It's time for Strawberry Picking! Get some fresh air and pick all-you-can-eat strawberries at the farm. After that, we will go to the Outlets Hiroshima where you can enjoy lunch and shopping! For complete trip itinerary and more information, please visit: <https://iwakuni.usmc-mccs.org/activity/71853516-8c65-42e8-9b8e-627fe6258002> or stop by the IT&T Office in the Crossroads, bldg 410, to sign up.





Fertility Festival Overnight Trip

6:00 a.m., Sat, 14 Mar – 1:00 a.m., Mon, 16 Mar

Join IT&T to learn how some Japanese pray for and celebrate fertility during this 1,500-year-old festival. Explore downtown Nagoya and experience the festival, held every year on 15 March. For complete information and to sign up, please visit the IT&T Office in bldg 410. (Note: This trip is for adults aged 18 and older only).

Huis Ten Bosch Tulip Celebration Trip

9:30 a.m., Sat, 21 Mar – 2:30 a.m., Sun, 22 Mar

Join IT&T for a trip to the Huis Ten Bosch Tulip Celebration, one of the most popular floral events in Japan. You'll feel like spring is finally here, and you can enjoy the spring illumination and fireworks at night. Huis Ten Bosch is a theme park in Sasebo, Nagasaki, which recreates the Netherlands by displaying life-sized copies of old Dutch buildings such as hotels, villas, theatres, museums, shops, and restaurants, along with canals, windmills, amusement rides, and a park planted in seasonal flowers. To see more about the park, visit their website at: <https://english.huistenbosch.co.jp/>. For more information on this trip, please visit: <https://iwakuni.usmc-mccs.org/activity/d0ca2d3b-2fa6-4246-a971-25d0ae452cf6> or stop by the IT&T Office in bldg 410 to register.



Tokyo Fun Trip – Spring Break Special

10:00 p.m., Sat, 28 Mar – 10:00 p.m., Thu, 2 Apr

Join IT&T on a fun trip to Tokyo during Spring Break. There are optional tours for Tokyo SKYTREE, Asakusa, Odaiba, and Disney. Or take in Tokyo at your own pace! There are a total of 36 spots available. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/433bacbf-2bfe-4184-9399-576c61b3fd05>, or stop by the IT&T Office to register.

Cosmic Youth Bowling League

Tue, 7 Apr – Tue, 26 Mar, 2:30 – 3:30 p.m., Strike Zone
Registration begins 1 Mar

Sign up for the Cosmic Youth Bowling League and bowl against your friends to win the prize! There is one age group, with a handicap for younger bowlers. Tell your friends to register at the Strike Zone front desk so you can show them that you're the best bowler around! For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/e2821d41-d83b-406a-88f1-a34c7aab0062>.





Tsuwano Yabusame Horseback Archery Festival Trip

Sun, 5 Apr, 7:30 a.m. – 6:30 p.m.

The Yabusame Horseback Archery Festival is a unique experience! Join IT&T on this trip to explore the town of Tsuwano and enjoy lunch before heading to the venue. Then, marvel at the skill and spectacle of this traditional horseback archery event! For more information, please visit:

<https://iwakuni.usmc-mccs.org/activity/55b1364d-3579-4409-863e-777aa17c64e3>, or stop by the IT&T Office in bldg 410 (Crossroads) to sign up.

Bunny Island Trip

Sat, 18 Apr, 8:00 a.m. – 6:00 p.m.

Explore Okunoshima, better known as Bunny Island, with over 700 bunnies! From the ferry port, it's approximately 15 minutes to the main area of the island. Please bring your own lunch as there is only one restaurant and café on the island. Rabbit food is not for sale on the island, so please buy rabbit food at the Tadanoumi Port or bring fresh vegetables. For more information, please check their website: <https://www.qkamura.or.jp/en/ohkuno/>. To sign up, please visit the IT&T office in the Crossroads, bldg 410.



Spring Bazaar

Sat, 18 Apr, 9:00 a.m. – 5:00 p.m. and

Sun, 19 Apr, 9:00 a.m. – 4:00 p.m., Atago Lotus Cultural Center

Get ready to browse and shop at the Spring Bazaar at the Atago Sports Complex on 18 & 19 Apr! This exciting event is open to all SOFA personnel. Payment for purchases may be made in U.S. dollars and with credit/debit cards. No yen will be accepted.



Weekly Newsletter

6 March 2026

Alphabetical list of events for period 6 – 12 March 2026

| Event | Date | Link |
|---|--------------|---|
| 2026 MCTF Color Run | Sat, 7 Mar | https://iwakuni.usmc-mccs.org/activity/7be2dfdb-f2e6-4845-a5ac-56ff4abc2d1b |
| Aikido – March | Tue & Thu | https://iwakuni.usmc-mccs.org/activity/25d023de-9cd7-44e3-a056-a6dfd7dc89c7 |
| Anger Got You Hot? Cool Down With Us | Wednesdays | https://iwakuni.usmc-mccs.org/activity/24c2531c-ba1f-47e7-bc43-18a8b0ee8b3a |
| Baby Lapsit | Mondays | https://iwakuni.usmc-mccs.org/activity/41393941-fc82-4d02-852d-0f47fd65806d |
| Body Sculpt – March | Wed & Sat | https://iwakuni.usmc-mccs.org/activity/131ad457-95a8-4f64-8b2e-4103e8d7e2ac |
| Book Bingo | 1 Mar-31 Dec | https://iwakuni.usmc-mccs.org/activity/8bf8e1e1-737b-4bea-a131-e9356ca0fe89 |
| Cardio Kickboxing Mini-Bootcamp – March | Tuesdays | https://iwakuni.usmc-mccs.org/activity/91fafedb-ba4f-4062-b3b7-9a57652af540 |
| Catfish Platter Friday | Fridays | https://iwakuni.usmc-mccs.org/activity/5c34937e-18c8-45fd-b94e-ad382b1bf64d |
| College 101/TA Orientation Brief | Wed, 11 Mar | https://iwakuni.usmc-mccs.org/activity/46a9a718-1730-4130-8555-1a60223fa4b9 |
| Cmd Team Advisor/Family Readiness Asst Trng | Wed, 11 Mar | https://iwakuni.usmc-mccs.org/activity/4bbb6a91-de60-450f-9661-9541b15f912c |
| Dept of Labor Employment Workshop | 12 – 13 Mar | https://iwakuni.usmc-mccs.org/activity/4e3e332f-7389-41e8-a8ec-6c230e0d904a |
| Dodgeball Tournament | Sat, 7 Mar | https://iwakuni.usmc-mccs.org/activity/57d135e3-8cc7-48d0-9153-9ce2a698c5ee |
| EFMP Training: Successful PCS Transition | Thu, 12 Mar | https://iwakuni.usmc-mccs.org/activity/c01f0b4d-e6de-4d4e-8db4-f82bbece9b9df |
| Functional Flexibility Training | Tuesdays | https://iwakuni.usmc-mccs.org/activity/52dfa7af-986d-44d8-bf47-8a08f2054aa3 |
| Glutes & Abs | Wednesdays | https://iwakuni.usmc-mccs.org/activity/3e49acf5-610f-455d-bf3f-ccf3ff409c5e |
| Hatha Yoga | Various | https://iwakuni.usmc-mccs.org/activity/df826eda-4aa0-419f-8f84-32e94ac88586 |
| Japanese & American Dining Etiquette Workshop | Fri, 6 Mar | https://iwakuni.usmc-mccs.org/activity/3bbb27ed-610c-4fd2-a77a-ebccb11c2f88 |
| Jr. 3D Club | Fri, 6 Mar | https://iwakuni.usmc-mccs.org/activity/09972252-fa86-4798-9637-ab7e78a5b198 |
| Judo – March | Various | https://iwakuni.usmc-mccs.org/activity/9a205919-db97-475b-9282-e7474e947670 |
| Learn & Play: Oyako Festa with Plat ABC/NPSP | Sun, 8 Mar | https://iwakuni.usmc-mccs.org/activity/2b012db0-68b7-4609-9ca9-974f25f29108 |
| Learn to Train: Olympic Weightlifting | Sat, 7 Mar | https://iwakuni.usmc-mccs.org/activity/fb55d47c-db07-4a8a-840a-e87b8f9e5c03 |
| Make Keuywords Work for You | Wed, 11 Mar | https://iwakuni.usmc-mccs.org/activity/bc6c6b2a-1559-4f25-a45a-5165aa41c8a8 |
| Managing Your Education 2-Day Course | 12 – 13 Mar | https://iwakuni.usmc-mccs.org/activity/a04055ec-0ff9-42bf-8235-22e5ab2428a1 |
| Mixedfit | Various | https://iwakuni.usmc-mccs.org/activity/c6f1878c-7093-4a4d-a6c7-2cc7dc6d856a |
| Mongolian Night | Wednesdays | https://iwakuni.usmc-mccs.org/activity/3bd756a2-b41f-4daa-a0c0-30ca96ed97e1 |
| Parent Advisory Board/Special Needs Forum | Thu, 12 Mar | https://iwakuni.usmc-mccs.org/activity/431bab77-7c26-4d85-b061-332f1868dd7c |



Weekly Newsletter

6 March 2026

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|-------------------------------------|----------------|---|
| PCS with Success | Thu, 12 Mar | https://iwakuni.usmc-mccs.org/activity/b5fe4ffd-92df-4d6d-a8ea-f023e2d1bd81 |
| Power Pump | Mondays | https://iwakuni.usmc-mccs.org/activity/bd3be0d3-b11e-4d7a-984d-99a50ccd0298 |
| Pre-K Time | Wednesdays | https://iwakuni.usmc-mccs.org/activity/3fa1b75b-1b94-496f-a271-828fbd5538fa |
| Prime Rib Special at Tun Alley | Thursdays | https://iwakuni.usmc-mccs.org/activity/86046d4a-dea0-48a6-bc1a-b02a411358b9 |
| Progressive Hatha Yoga – February | Mondays | https://iwakuni.usmc-mccs.org/activity/d18bcc44-f1be-45d3-8bd2-2c8fa81fb935 |
| Read Across America | Fri, 6 Mar | https://iwakuni.usmc-mccs.org/activity/ac35ab5d-2ede-4508-ad26-b0d4c124c179 |
| Seven Principles Couples Program | Fri, 6 Mar | https://iwakuni.usmc-mccs.org/activity/40e65e9c-0e9d-4a66-be90-b982bdc76d2d |
| SMP Iwatan Oyako Festa | Sun, 8 Mar | https://iwakuni.usmc-mccs.org/activity/422bdbd5-05b5-4f42-bee9-77d3462aa177 |
| Spin | Various | https://iwakuni.usmc-mccs.org/activity/4b1980cf-06fa-4aec-88fd-79c6c5c3a179 |
| Sponsorship Training | Wed, 11 Mar | https://iwakuni.usmc-mccs.org/activity/9868617b-8b1c-49f6-84c1-9cd6832b735b |
| Strawberry Picking Trip Part 2 | Sat, 7 Mar | https://iwakuni.usmc-mccs.org/activity/71853516-8c65-42e8-9b8e-627fe6258002 |
| Toddler Tuesdays | Tuesdays | https://iwakuni.usmc-mccs.org/activity/fd317bb1-7110-49af-9e79-955c0601d454 |
| TRS Core Curriculum 3-Day Course | 9 – 11 Mar | https://iwakuni.usmc-mccs.org/activity/12dac34c-7217-4ba8-a655-797b5ac66db4 |
| Understanding Your GI Bill Benefits | Mon, 9 Mar | https://iwakuni.usmc-mccs.org/activity/c27186a0-0755-4fa2-a1bf-0945164a09a4 |
| Wednesday Trios Rec League | 21 Jan-20 May | https://iwakuni.usmc-mccs.org/activity/eb48b746-948e-4faa-b215-47748bdfaa30 |
| Welcome Aboard Brief | Mondays | https://iwakuni.usmc-mccs.org/activity/c9c1fde0-60c7-4b57-a027-c4f0897ed0d0 |
| Welcome Aboard Bus Tour | Wednesdays | https://iwakuni.usmc-mccs.org/activity/bd7e2f2f-5e82-4c01-a721-31ffbf23f20a |
| Youth Dance Classes – Spring | 3 Feb – 28 Apr | https://iwakuni.usmc-mccs.org/activity/48ef2c07-3a0c-4946-8cc9-31a1d4412cb0 |
| Youth Fitness Classes – March | Various | https://iwakuni.usmc-mccs.org/activity/38ccad29-3236-4488-b180-4738a1bf33ce |
| Zumba | Various | https://iwakuni.usmc-mccs.org/activity/da19433c-e728-4310-92be-fe3818ddbcc7 |