

Missing out on happenings in the community?

Download the [MCCS Connect](#) App!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 16 – 22 January 2026

Fri, 16 Jan

5:00 – 11:30 p.m., Hiroshima Shuttle Bus Service (see page 3)

Sat, 17 Jan

7:00 a.m. – 11:00 p.m., Takasakiyama Monkey Park & Beppu Trip (see page 10)

1:00 – 3:00 p.m., Chess Club (see page 8)

Sun, 18 Jan

9:00 a.m. – 2:00 p.m., Martin Luther King, Jr., Remembrance Brunch (see page 11)

Mon, 19 Jan

8:30 a.m. – 6:30 p.m., Saijo Sake Brewery Tour (see page 11)

Tue, 20 Jan

12:00 – 1:00 p.m., Child Abuse Prevention & Education Training (see page 6)

Wed, 21 Jan

9:30 – 11:00 a.m., Walk & Talk with EFMP & NPSP (see page 7)

Thu, 22 Jan

4:30 – 9:00 p.m., Mongolian BBQ Night Returns! (see page 11)

10:00 a.m. – 12:00 p.m., LifeSkills: Anger Management (see page 8)

1:30 – 3:00 p.m., Pre-Friendship Day Private Organization/Fundraising Brief (see page 3)

4:00 – 6:00 p.m., Volunteer Ready (see page 9)

Sakura Theater Schedule

- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**



Anaconda (PG-13)

Fri, 16 Jan, 5:00 p.m.

A meta-comedy action film, Anaconda is a reimagining of the 1997 original, about friends (Jack Black, Paul Rudd, Steve Zahn, Thandiwe Newton) trying to remake the classic movie in the Amazon, only to encounter a real giant anaconda.

28 Years Later: The Bone Temple (R)

Fri, 16 Jan, 8:00 p.m.

Sat, 17 Jan, 6:00 p.m.

Thu, 22 Jan, 7:00 p.m.

Dr. Kelson finds himself in a shocking new relationship with consequences that could change the world as he knows it, while Spike's encounter with Jimmy Crystal becomes a nightmare he can't escape.



Zootopia 2 (PG)

Sat, 10 Jan, 2:00 p.m.

Detectives Judy Hopps and Nick Wilde find themselves on the twisting trail of a mysterious reptile who turns the mammal metropolis of Zootopia upside down. Testing their growing partnership like never before, they go under cover in new parts of town to crack the case.



Avatar: Fire and Ash (PG-13)

Sun, 18 Jan, 6:00 p.m.

Avatar: Fire and Ash is the third film in the Avatar franchise, picking up after The Way of Water with the Sully family dealing with grief and a new conflict involving an aggressive Na'vi tribe led by the new villainess Varang (Oona Chaplin). The film continues the story with Jake, Neytiri, and their children facing new challenges, including the return of Quaritch, and explores themes of grief, war, and family, while featuring impressive visuals.



The SpongeBob Movie:

Search for SquarePants (PG)

Mon, 19 Jan, 3:00 p.m.

Follow SpongeBob as he proves his bravery by following the Flying Dutchman to the deep sea on a seafaring journey to the ocean's depths in this fun installment of the popular show!

Mission Impossible III (PG-13)

NDVD/NSSM – Free Admission

Mon, 20 Jan, 7:00 p.m.

Ethan Hunt is forced out of retirement to rescue his student captured by an arms dealer. His mission to rescue her not only gets his fiancée kidnapped but also exposes a mole in his organization.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.



Hiroshima Shuttle Bus Service

Fri, 16 Jan, 5:00 – 11:30 p.m.

Get to Hiroshima and back without the hassle! Every Friday following a military pay day, a bus will shuttle SOFA personnel to and from Hiroshima Peace Park in Hiroshima City. Enjoy the sights, shopping, and food of Hiroshima without the worry! For complete information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/504bab4e-6bdf-4b4a-8817-4dbcc808a4af>.



Pre-Friendship Day Private Organization/Fundraising Brief

Thu, 22 Jan, 1:30 – 3:00 p.m., Sakura Theater

Whether you are planning on starting a private organization (PO), are trying to maintain one, want to know how to fundraise, or are preparing for Friendship Day, attend this brief to gain a better understanding of the processes, rules, and regulations involved; gather information regarding participation as a vendor at Friendship Day; and to ask questions or voice your concerns.

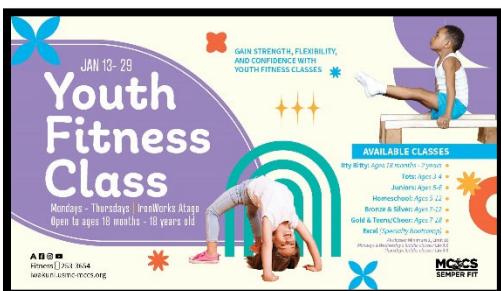


Attention: Existing private organizations planning on participating in Friendship Day!

Only POs which are current with reporting requirements will be permitted to participate in Friendship Day! For PO reporting requirements, please consult enclosure (2) of the Private Organization Guidebook located at: <https://iwakuni.usmc-mccs.org/lodging/about/private-organizations>. For any questions regarding POs or fundraising, please email: ombiwakuni.mccscoordinator@usmc-mccs.org.

Semper Fit

Fitness



Youth Fitness Classes – January

Tue, 13 Jan – Thu, 29 Jan, IronWorks Atago

Youth fitness classes are available for participants aged 18 months – 18 years old! Classes are limited to 10 participants due to space and instructor availability, and participants may sign up for one class only in order to accommodate as many patrons as possible. Families with multiple children wishing to participate are welcome to try registering all of them in the age and level appropriate class, but only one class per child. All classes begin with warm-up and stretching, followed by a time to learn and practice new movement patterns, and ending with strength work and a cool-down session. All classes are 1 hour in length with the exception of advanced classes, which are 90 minutes long. For complete information including preferred attire, class schedules, and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/dd48e288-f01c-4d08-9849-1c948d0cfb0b>.

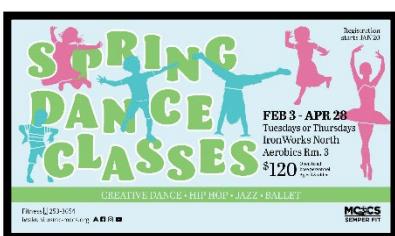
Dry January: Hydration Reset Station

Fri, 30 Jan, 11:00 a.m. – 1:00 p.m., IronWorks North

Dry January is the exercise of abstaining from alcohol for the entire first month of the year. This event is a self-monitored initiative where individuals commit to abstaining from alcohol consumption throughout January. Participants are encouraged to use popular apps to monitor their progress from 1 – 31 January. To acknowledge their achievements, Semper Fit will organize a wellness fair on 30 January in the IronWorks North downstairs lobby. This fair will feature alcohol education, physical activities, games, entertainment, and information. The event is a collaboration with Health Promotion and the Substance Abuse team from Behavioral Health, aiming to promote overall well-being.

Why you should participate in Dry January? Taking a month off from drinking could be helpful when it comes to taking a necessary step back to examine the relationship with alcohol. People might learn that they depend on alcohol to manage stress or to take the edge off in social settings. The best-case scenario is that the participants feel better and think more clearly when not drinking.

Who does this benefit? Everyone! People who feel the need to reevaluate their relationship with alcohol as well as people who do not have an alcohol-use disorder, but who have noticed that their drinking habits have gradually increased over the past year.



Youth Dance Classes – Spring 2026

Tue, 3 Feb – Tue, 28 Apr, IronWorks North

Registration begins Tue, 20 Jan for youth dance classes at the IronWorks North gym. Choose from creative, pre-ballet, jazz or Hip-Hop! Classes are open to youth ages 3 – 17. For a complete description of classes available, class attire, dates and times, and registration information, please visit:

<https://iwakuni.usmc-mccs.org/activity/48cf2c07-3a0c-4946-8cc9-31a1d4412cb0>.

Human Performance

Mindful Bites: Managing Stress Eating

Wed, 11 Feb, 9:00 – 10:00 a.m., IronWorks North

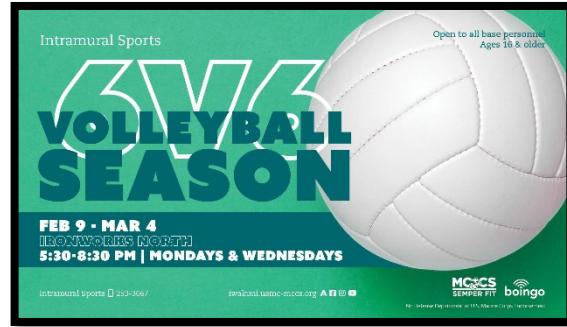
Stop by the IronWorks North Wellness Room and take control of your eating habits with our Mindful Bites: Managing Stress Eating sessions. This practical and educational program is designed to help you understand the connection between emotions and eating, recognize triggers, and practice mindful eating techniques. Discover healthier ways to cope with stress and build a more balanced relationship with food.

Intramural Sports

6v6 Volleyball Season

Mon, 9 Feb – Wed, 4 Mar, 5:30 – 8:30 p.m., IronWorks North
Registration open until 11:59 p.m., 1 Feb

Join Intramural Sports for the 6v6 volleyball season at the IronWorks North sports courts. The tournament is open to all SOFA eligible patrons and JMSDF and IHA/MLC personnel aged 16 and older. Each team must consist of 6 – 12 players. This event is Commander's Cup point eligible, and each team registering for points will need to be at least 80% active duty from the same unit and must be approved by the unit CO/OIC. A minimum of 6 teams must be registered or the season will be canceled. For more information and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/7ae52c61-45c9-401c-9433-c5a8ed4e6847>.



Outdoor Recreation



Yawata 191 Ski & Snowboard Trip

Sat, 24 Jan, 7:00 a.m. – 7:30 p.m.

Registration opens 24 Dec for active duty personnel and family members, and on 9 Jan for U.S. civilians, JMSDF, and MLC/IHA personnel

Sat, 7 Feb, 7:00 a.m. – 7:30 p.m.

Registration opens 7 Jan for active duty personnel and family members, and on 23 Jan for U.S. civilians, JMSDF, and MLC/IHA personnel

Yawata 191 ski resort is a family-friendly resort featuring seen varied descent runs. Enjoy this ski town atmosphere with cafes and restaurants! Registration is available at Outdoor Recreation until 23 Jan or until all 24 seats are filled. For complete trip information, please visit: [https://iwakuni.usmc-mccs.org/activity/2da7792c-9dcf-4ed6-8cff-1b2ef643a47b \(24 Jan\)](https://iwakuni.usmc-mccs.org/activity/2da7792c-9dcf-4ed6-8cff-1b2ef643a47b) [https://iwakuni.usmc-mccs.org/activity/58f45f0c-d8d8-4504-9ec9-e980e47bcc0b \(7 Feb\)](https://iwakuni.usmc-mccs.org/activity/58f45f0c-d8d8-4504-9ec9-e980e47bcc0b)

Saioto Ski & Snowboard Trip

Sat, 31 Jan, 7:00 a.m. – 7:30 p.m.

Registration opens 31 Dec for active duty personnel and family members, and on 16 Jan for U.S. civilians, JMSDF, and MLC/IHA personnel

Join Outdoor Recreation for a trip to Saioto ski resort in Hiroshima. Register at Outdoor Recreation thru 19 Dec or until all 24 spots are filled. For complete trip information, please visit: [https://iwakuni.usmc-mccs.org/activity/193b5367-2b3d-4614-b96d-dc55f0fa19e1 \(10 Jan\)](https://iwakuni.usmc-mccs.org/activity/193b5367-2b3d-4614-b96d-dc55f0fa19e1) [https://iwakuni.usmc-mccs.org/activity/fe7fdaad-b7c1-4260-845d-a80e1ff3e9b9 \(31 Jan\)](https://iwakuni.usmc-mccs.org/activity/fe7fdaad-b7c1-4260-845d-a80e1ff3e9b9)



Single Marine Program

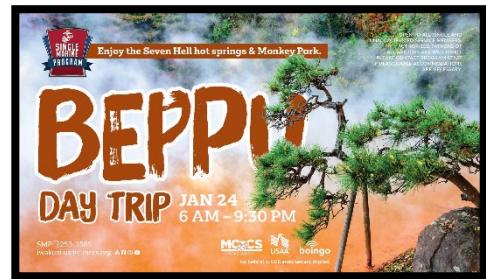
Visit your SMP at:
Hornet's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

Beppu Day Trip

Sat, 24 Jan, 6:00 a.m. – 9:30 p.m.

Registration open 12:00 p.m., 5 Jan – 8:00 a.m., 19 Jan or until full
Join the SMP and enjoy the comforts of the natural onsens at the 7 Hells of Beppu and the Japanese Macaques at Takasakiyama Natural Zoological Garden. Please bring extra yen for various admissions fees and attractions. 36 spots are available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/239b5d0f-781b-439d-a9e4-00849653cb19>.



SMP Barracks Cooking Class

Mon, 26 Jan, 5:00 – 6:00 p.m., Hornet's Nest

SMP is collaborating with Health Promotion to present barracks cooking classes for single and unaccompanied service members. Easy and convenient recipes that can be prepared and cooked in the barracks will be demonstrated along with discussions regarding the importance of maintaining a healthy and varied diet.

SMP On-Base Cleanup

Tue, 3 Feb, 8:00 – 11:00 a.m.

Registration open 19 Jan – 2 Feb or until full (30 spots available)

Join the SMP for a base-wide cleanup. Pick up trash in designated areas around the base to help our community look better and receive a letter of appreciation. Open to single & unaccompanied servicemembers only.



SMP Committee Meeting

Thu, 5 Feb, 3:00 – 4:00 p.m., Hornet's Nest

Come over to the Hornet's Nest and participate in our monthly open forum to have your ideas heard. Learn more about what's happening with the SMP, discover volunteer opportunities, and find ways to get involved in your community.



Super Bowl Party!

Mon, 9 Feb, 7:00 a.m. – 12:00 p.m., Hornet's Nest

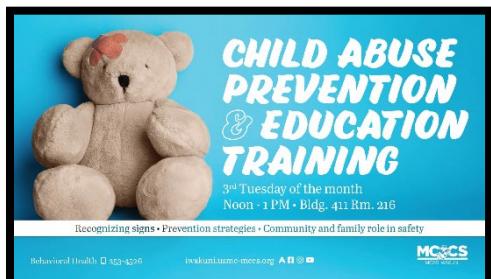
The SMP is hosting its annual Super Bowl party, so head over to the Hornet's Nest and watch the big game! Breakfast foods and games with prizes will also be provided. Open to single and unaccompanied service members only.

Volunteers needed! Volunteer to help with this event and receive volunteer hours for your time. To register as a volunteer for this event, visit:

<https://iwakuni.usmc-mccs.org/activity/876c70b5-1bcf-4be3-a650-6f7c9243c9ff> from 19 Jan - 2 Feb or until full (5 spots available).

Marine & Family Programs

Behavioral Health



Child Abuse Prevention & Education Training

Tue, 20 Jan, 12:00 – 1:00 p.m., bldg 411

Every child deserves a safe and supportive environment. Join this vital training designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Join us and learn how to be the change that makes a difference. Join us in building a safer, stronger community.

Triple P: Raising Resilient Children

Thu, 5 Feb, 10:00 – 11:30 a.m., bldg 411

Parenting doesn't come with a manual, but it can come with a plan. Join the Positive Parenting Program (Triple P), a 3-part seminar series that offers practical, research-based strategies to help you become the calm, confident, and connected parent your child needs. Each session focuses on building the mental tools, emotional awareness, and social skills essential for raising happy, resilient kids while strengthening your relationship as a family.

The Power of Positive Parenting

5 Feb, 10:00 – 11:30 a.m. Learn how to encourage healthy behavior and manage misbehavior in a calm, constructive way.

Raising Confident, Competent Children

19 Feb, 10:00 – 11:30 a.m., Explore tools to help children become self-motivated, responsible, and capable decision-makers.

Raising Resilient Children

26 Feb, 10:00 – 11:30 a.m., Discover how to foster emotional strength and resilience to help kids handle life's ups and downs. These sessions offer insights on

- Effective behavior management
- Emotion regulation for both parents and children
- Building strong, respectful, and supportive relationships

Don't miss this opportunity to build your parenting toolkit. Join one or all three and take a positive step forward in your parenting journey.

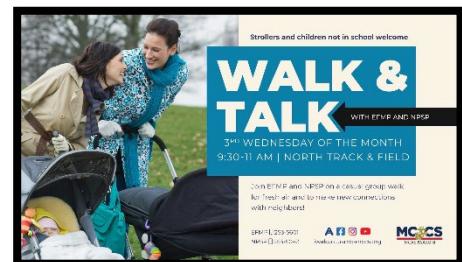
Child Care: Hourly care is available at the CDC for just \$8 per hour during the seminars to help parents fully engage. Contact the CDC at DSN: 253-5584 (0827795584) to register. Spaces are limited, so register now. Registration ends February 2, 2026

Family Care

Walk & Talk with EFMP & NPSP

Wed, 21 Jan, 9:30 – 11:00 a.m., Northside Track & Field

Calling all Stroller Warriors and all SOFA-status personnel looking to get out of the house or TLF! Please join EFMP & NPSP for a casual group walk to visit with your neighbors and make new connections. Join in and add some fresh air & movement to your day!

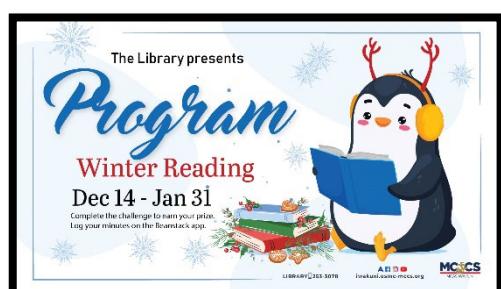


EFMP Training – Building Networks of Support

Thu, 12 Feb, 1:30 – 2:30 p.m., bldg 625

Learn how to connect with installation resources while also building personal networks that foster mutual support. Gain awareness of available services and have the opportunity to strengthen relationships that encourage shared knowledge, resilience, and community connection. Join us to expand your support system and feel more confident navigating the resources available to you.

Personal & Professional Development



Winter Reading Program

Sun, 14 Dec – Sun, 31 Jan

Cozy season is here! Join the Library for the Winter Reading Program on Beanstack and embrace the cozy season by diving into your favorite books and logging your reading minutes. Whether you're curled up with a classic or exploring new titles, every minute counts toward your reading challenge. Complete the challenge to earn a prize (available while supplies last). To participate, simply register on Beanstack, log your reading minutes, and enjoy this festive time of year with great stories. Warm up your winter with books and prizes, happy reading! If you have any questions, please contact the library at 253-3078. Register at iwakuni.beanstack.org.



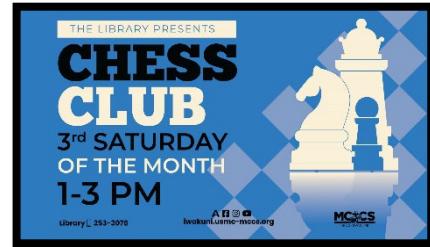
Weekly Newsletter

16 January 2026

Chess Club

Sat, 17 Jan, 1:00 – 3:00 p.m., Library

The Library's Chess Club is intended for beginner and intermediate participants interested in learning chess rules, tactics, and strategies. The first 30 minutes may focus on instruction and the rest of the program will allow for free play time. The Library provides all materials for the program, but participants are welcome to bring their own chess equipment. Registration opens the first day of each month and closes the Thursday before the 3rd Friday. If you can no longer attend Chess Club after you have registered, please contact the Library to cancel your reservation. Sessions are limited to 20 participants, ages 8 and older. Participants must be willing to partner with players of different ages, genders, and skill levels. Unaccompanied minors must have a dependent ID. To register, please visit the Library or email them at iwakuni.library@usmc-mccs.org. For more information, please contact the Library at 253-3078.



Federal Job Search Strategies

Wed, 21 Jan, 9:30 – 11:30 a.m., bldg 411

Attend this training and learn about federal government hiring practices, how they differ from the civilian market, and how to navigate and use federal job listings to your full advantage. To register, please call 253-6439, email OMBIwakunipersonaland.professionaldevelopment@usmc-mccs.org, or visit the P&PD Office in Bldg. 411.

College 101/TA Orientation Brief

Wed, 21 Jan, 1:00 – 2:30 p.m., bldg 411, rm 117

Wed, 28 Jan, 5:00 – 6:30 p.m., bldg 411, rm 117

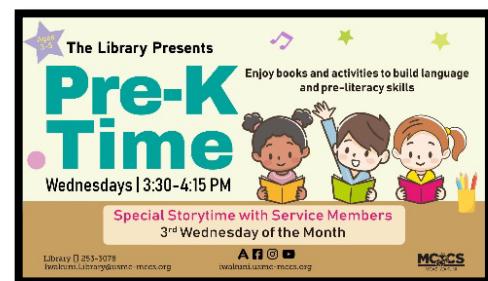
Come to the College 101 class and get an overview of how to search for and decide on the right academic program, understand the structure of postsecondary education and financial aid, and learn what Tuition Assistance can cover and how to apply. Attendance in this class satisfies the initial counseling pre-requisite to use Marine Corps Tuition Assistance for the first time. Registration not required but is preferred. To register, please email: ombiwakuni.educationoffice@usmc-mccs.org, call 253-3855, or visit the Education Office in bldg 411, rm 117.

Pre-K Time: Special Story Time with Service Members

Wed, 21 Jan, 3:30 – 4:15 p.m., Library

Join the Library on the 3rd Wednesday of each month for a special story time with service members. Children ages 3–5 and their guardians are invited to enjoy engaging stories read aloud by service members from our community.

This program encourages early literacy, builds confidence, and fosters meaningful connections between young learners and the service members who support our community. Come and share stories, smiles, and a day of imagination together!



LifeSkills: Anger Management

Thu, 22 Jan, 10:00 a.m. – 12:00 p.m., bldg 625

While anger and disagreement are a normal part of life, how we express those emotions can have a lasting impact on our work, families, and communities. This workshop provides a practical overview of anger management, helping participants better understand the dynamics of anger and its effects. Join the workshop and learn effective, constructive coping strategies to manage angry feelings and behaviors in a positive way. Join us to build skills that support personal well-being, stronger relationships, and a healthier community. To sign up, please call 253-3542, email: ombiwakuni.mcftb@usmc-mccs.org, or visit bldg 411, rm 101.



Weekly Newsletter

16 January 2026

Volunteer Ready

Thu, 22 Jan, 4:00 – 6:00 p.m., bldg 411

This workshop is for military and civilian organizations that accept and manage volunteers. It will educate them about their responsibilities for working with volunteers in accordance with Marine Corps regulations. The Installation Volunteer Coordinator hosts workshops to prepare organizations for their responsibilities in managing volunteers and to provide volunteers with tools to make the most of their volunteering experience. To register, please call 253-6439, email: ombiwakuni.basevolunteercoordinator@usmc-mccs.org, or visit their office in bldg 411, rm 117.



STEM Workshop

Fri, 23 Jan, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/92661165-ded8-4d62-b7be-6a3040818711>.

Sewing Club

Fri, 23 Jan, 5:30 – 7:30 p.m., Library

Wed, 28 Jan, 1:00 – 3:00 p.m., Library

Join us to learn beginner basics, including an introduction to sewing machines, basic stitches, practicing sewing straight lines, and seam allowances. Interested patrons can bring their own projects to work on.



LifeSkills: Pre-Marital Workshop

Tue, 27 Jan, 8:00 a.m. – 12:00 p.m., bldg 625

If you are planning on getting married in the near future, join this one-stop shop to learn how to complete the necessary military requirements for marriage and to gain the tools for a healthy, successful marriage. To sign up, please call 253-3542, email: ombiwakunji.mcftb@usmc-mccs.org, or visit Marine & Family Programs in rm 101, bldg 411. Registration is open until 12:00 p.m., 26 Jan.

Make Keywords Work for You

Wed, 28 Jan, 9:30 – 11:30 a.m., bldg 411

Learn how to dissect job vacancy announcements and find keywords. By the end of class, attendees will take the first steps toward summarizing their past experiences. To register, please call 253-6439, email ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org or visit them in bldg 411, rm 101.

Sponsorship Training

Wed, 28 Jan, 10:00 – 11:30 a.m., bldg 411, rm 104

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.

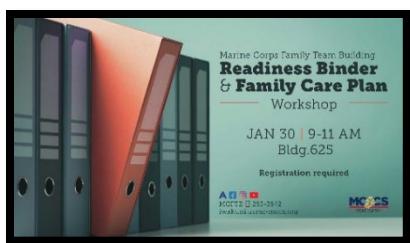


PCS with Success

Thu, 29 Jan, 9:00 – 11:30 a.m., Sakura Theater

Thu, 12 Feb, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/ebcebb46-961e-4f36-8b50-328a9996902de>.



RDST: Readiness Binder & Family Care Plan Workshop

Fri, 30 Jan, 9:00 – 11:00 a.m., bldg 625

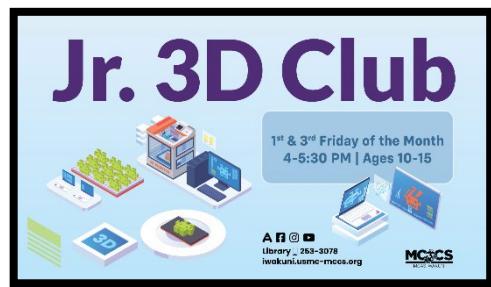
Registration closes 12:00 p.m., 29 Jan

Join this interactive and informative workshop designed to organize and prepare military family to be ready for anything, especially during a deployment. Participants will receive a free binder with organizational tabs. To register, please call 253-3542, email ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101.

Lotus Root Digging Experience

Tue, 3 Feb, 1:00 – 3:30 p.m.

Discover a hands-on taste of local culture with this unique lotus root harvesting experience. Lotus root is a beloved specialty of Iwakuni. During this event, participants will learn how to dig it up directly from the field while enjoying a fun and memorable outdoor activity. Seize the opportunity to harvest your own lotus root to take home. This is a perfect experience for those interested in Japanese cuisine, local traditions, or simply trying something new. A participation fee is collected at the event location. For more details and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/0e16f876-8146-4899-9170-d95b3241258e>.



Jr. 3d Club

Fri, 6 Feb, 4:00 – 5:30 p.m., Library

The 3D Printer & Modeling Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/1b2c4393-7e42-4213-8da1-db9c8492cc43>.

Readiness Binder & Family Care Plan Workshop

Fri, 13 Feb, 9:00 – 11:00 a.m., bldg 625

Registration closes 12:00 p.m., 12 Feb

Join this interactive and informative workshop designed to organize and prepare military family to be ready for anything, especially during a deployment. Participants will receive a free binder with organizational tabs. To register, please call 253-3542, email ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101.

Business/Retail & Services/Special Events

Catfish Platter Friday

Fridays, 11:00 a.m. – 2:00 p.m., Tun Alley, Club Iwakuni

Fridays are Fry Days at Tun Alley! Enjoy a platter of delicious catfish, either southern-style or bursting with Cajun flavor with some fried sides. It's so good you'll want another filet for only \$4.50. You can only catch this deal between 11:00 a.m. and 2:00 p.m., so hurry on down to Tun Alley today! Dine-in or take out!



Takasakiyama Monkey Park & Beppu Hot Spring Trip

Sat, 17 Jan, 7:00 a.m. – 11:00 p.m.

Join IT&T and visit Takasakiyama Monkey Park, located on the western end of the city of Oita, on the steep slopes of the mountain. This popular park is home to more than 1500 wild Japanese monkeys who spend most of their days roaming the mountain's steep, forested grounds. Afterwards, enjoy the Hyotan hot springs in Beppu. This tattoo-friendly onsen is a unique hot spring facility where you can enjoy the hot spring in various ways, such as a sand bath or inhaling the steam. For more details, please visit: <https://iwakuni.usmc-mccs.org/activity/16f499ac-5cad-40d8-8a3f-ac3631023022> or stop by the IT&T Office in the Crossroads, bldg 410.

Martin Luther King, Jr., Remembrance Brunch

Sun, 18 Jan, 9:00 a.m. – 2:00 p.m., Club Iwakuni Ballroom

Celebrate the legacy of Martin Luther King, Jr. with Club Iwakuni. Featuring Martin Luther King, Jr.'s favorite foods like Southern Fried Chicken, Candied Sweet Potatoes, Collard Greens, Macaroni and Cheese, Black-eyed-peas, Corn Bread, and much more. Plus all your favorite Sunday Brunch breakfast items and carving stations. Ticket cost is \$28.95 for adults and \$14.95 for kids.

Saijo Sake Brewery Tour

Mon, 19 Jan, 8:30 a.m. – 6:30 p.m.

The "Sake Capital" Saijo City is a well-known brewing region. Join IT&T and visit one of the most famous breweries with an English-speaking local guide to learn about the brewing process. Please don't forget to try tasting sake! For more information, please visit: <https://iawakuni.usmc-mccs.org/activity/872f96e9-a49d-4b04-be5d-8e8566d43404> or stop by the IT&T Office in the Crossroads, bldg 410.



Mongolian Night

Wed, 21 Jan, 4:30 – 9:00 p.m., Hangar Club

Mongolian BBQ Night is back every Wednesday at the Hangar! Build your own bowl with fresh ingredients and bold sauces. Open to all active duty, family members, and civilians. Don't miss the flavor-filled comeback.

Wednesday Trios Rec League

Wed, 21 Jan – Wed, 20 May, 6:45 – 10:00 p.m., Strike Zone Bowling Center

Grab a couple of friends and head to The Strike Zone for the Trios Rec League! With individual handicaps and a recreation pattern, this league will be lots of fun for bowlers of all skill levels. Compete each week to claim prizes, given out on the last day of the league. Sign up today! For complete details and signup information, please visit: <https://iawakuni.usmc-mccs.org/activity/265342f4-2988-4d27-bcf9-e3bc29869472>.



Akiyoshido Cave, Safari Land & Feeding Bus Special Trip

Sat, 24 Jan, 7:00 a.m. – 6:00 p.m.

Akiyoshido Cave is one of the largest in Japan, and a popular tourist destination in Yamaguchi Prefecture. After visiting the cave, go on a cruise in the wildlife zone on the "feeding bus" at Safari Land. There will also be free time in the petting zoo area and the kid's safari area. For more information, please visit: <https://iawakuni.usmc-mccs.org/activity/3344c364-91b1-48f7-8763-1075345682a8> or stop by the IT&T office in the Crossroads, bldg 410, to sign up.

Universal Studios Japan or Free Time in Osaka Trip

Sat, 31 Jan, 4:30 a.m. – 1:30 a.m.

Experience the exciting attractions at Universal Studios Japan or explore the wonderful city of Osaka on this trip with IT&T. Enjoy the Wizarding World of Harry Potter, Wonderland, Hollywood Dream – the Ride, the Flying Dinosaur, Despicable Me Minion Mayhem and much more and USJ or explore Osaka. For more information, please visit: <https://iawakuni.usmc-mccs.org/activity/a43bd316-9d3c-4694-9071-582f8b062d9a> or stop by the IT&T Office in the Crossroads, bldg 410.



Valentine's Pre-Order Event

Mon, 2 Feb, - Wed, 11 Feb, 10:00 a.m. – 5:00 p.m., Marine Corps Exchange

Make Valentine's Day easy by pre-ordering or picking up flowers, balloons, and more for the perfect Valentine's Day! Pre-order balloons and flowers in advance in the MCX at Customer Service between 2 and 11 Feb from 10:00 a.m. – 5:00 p.m. Delivery dates available from 13 – 14 Feb. Don't forget the chocolates – the perfect finishing touch! See any of our sales associates for details.



Nagasaki Lantern Festival Overnight Trip

7:00 a.m., Sat, 7 Feb, - 9:30 p.m., Sun, 8 Feb

Enjoy the Nagasaki Lantern Festival on this overnight trip to Nagasaki with IT&T. The Nagasaki Lantern Festival is held over the first 15 days of the Chinese New Year, and Nagasaki comes alive with an energetic burst of lanterns, parades, and performances. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/38570c6e-6a46-44ba-8036-d11552fed25c>.



Weekly Newsletter

16 January 2026

Alphabetical list of events for period 16 – 22 January 2026

Event	Date	Link
Aikido	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/271dee2a-2129-440c-88c7-da51c5f32d50
Alcoholics Anonymous	Tue & Fri	https://iwakuni.usmc-mccs.org/activity/cdf34307-53aa-446a-841c-4d1cd862c10c
Anger Got You Hot? Cool Down With Us	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/ebe92e52-e69d-4858-a7a2-7103ccb5ab87
Anger Management	Wednesdays	https://iwakuni.usmc-mccs.org/activity/504a68bd-ab63-4357-b82c-edb6d6f91c3d
Body Sculpt – January	Wed & Sat	https://iwakuni.usmc-mccs.org/activity/12c79282-3bad-4b05-8583-9e18dba82777
Cardio Kickboxing Mini-Bootcamp – January	Tuesdays	https://iwakuni.usmc-mccs.org/activity/f85f448a-5fcd-4fd7-b0cd-a6c57b7e9672
Career & Credential Exploration 2-Day Course	22 – 23 Jan	https://iwakuni.usmc-mccs.org/activity/dc35a850-61a5-4a69-8bba-c4a4230f6074
Catfish Platter Friday	Fridays	https://iwakuni.usmc-mccs.org/activity/92112580-aa2f-440d-8d21-ad0586e4eb5e
Chess Club	Sat, 17 Jan	https://iwakuni.usmc-mccs.org/activity/6e594d79-c2e9-45eb-95ff-7d45828be1e1
Child Abuse Prevention & Education Training	Tue, 20 Jan	https://iwakuni.usmc-mccs.org/activity/d1423478-f0cc-4c94-aab0-db31d198f2df
College 101/TA Orientation Brief	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/bf1b0991-1c63-43d4-bfcf-fcf4deb5ff45
Disaster Preparedness Workshop	Sat, 17 Jan	https://iwakuni.usmc-mccs.org/activity/32baa331-f779-4592-ab3d-8873e4fa76a3
Federal Job Search Strategies	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/5ca06838-c063-45b3-8966-4e762c3202c2
Food Truck – Burgers	Fri, 16 Jan	https://iwakuni.usmc-mccs.org/activity/138cd4f0-afe8-451d-8583-b7118737ae30
Food Truck – Kebabs	Tue, 20 Jan	https://iwakuni.usmc-mccs.org/activity/e7672977-8903-4b81-a4c2-cb50cec466a7
Food Truck – Pizza	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/cc4d7e06-455e-4466-902d-13950668cd57
Fresh Start Wellness Challenge: 6 Pillars in 6 Weeks	28 Dec- 1 Feb	https://iwakuni.usmc-mccs.org/activity/b36da06b-7220-45b8-bfe1-90e84b469d7a
Friday Night Friendship League	Fridays	https://iwakuni.usmc-mccs.org/activity/4e24da67-9db7-4d93-b831-33ba5cbef7a1
Hiroshima Shuttle Bus Service	Fri, 16 Jan	https://iwakuni.usmc-mccs.org/activity/7bf378fd-74b1-4f25-823e-2b3df89c2d09
Intramural Sports 5v5 Basketball Season	12 Jan – 4 Feb	https://iwakuni.usmc-mccs.org/activity/703b154a-fd9a-4a85-a3ac-a33f755f221b
Jr. 3D Club	Fri, 16 Jan	https://iwakuni.usmc-mccs.org/activity/f0015089-5fc5-48dd-90cc-0e0fdb3e72af
Judo – January	Various	https://iwakuni.usmc-mccs.org/activity/2ce79c4f-dd0d-4191-980f-28f5dc46de1d
LifeSkills: Anger Management	Thu, 22 Jan	https://iwakuni.usmc-mccs.org/activity/e8a9faf0-47c4-44d2-b467-3c951ee67e59
Martin Luther King, Jr., Remembrance Brunch	Sun, 18 Jan	https://iwakuni.usmc-mccs.org/activity/09a53ee3-1154-4082-aad6-f89db26dbef7
Mixedfit – January	Various	https://iwakuni.usmc-mccs.org/activity/5b11e7f5-4856-4580-ac4a-18ea62cfb221
Mongolian Night	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/4f1d993e-4e6b-4e0a-bfee-30ec11e5e2e2



Weekly Newsletter

16 January 2026

Peer 2 Peer Support Group	Mondays	https://iwakuni.usmc-mccs.org/activity/42843f03-fe81-4292-8c92-e225ae9333c1
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/df84eb9f-0baa-4157-851d-49d952ea29f9
Prime Rib Special at Tun Alley	Thu, 22 Jan	https://iwakuni.usmc-mccs.org/activity/4448c701-caab-4429-88b4-17d389ca4333
Progressive Hatha Yoga – January	Mondays	https://iwakuni.usmc-mccs.org/activity/284450e4-8d72-4be0-b094-0b95a72089d9
Saijo Sake Brewery Tour	Mon, 19 Jan	https://iwakuni.usmc-mccs.org/activity/872f96e9-a49d-4b04-bc5d-8e8566d43404
SMP Snowboarding Trip	Sat, 17 Jan	https://iwakuni.usmc-mccs.org/activity/b83ae23e-ba2a-4dcd-b613-c66f9ddf14a1
Spin – January	Various	https://iwakuni.usmc-mccs.org/activity/6184b228-50b8-4c6c-a742-c7ae98634dac
Takasakiyama Monkey Park & Beppu Trip	Sat, 17 Jan	https://iwakuni.usmc-mccs.org/activity/16f499ac-5cad-40d8-8a3f-ac3631023022
Youth Fitness Classes – January	Various	https://iwakuni.usmc-mccs.org/activity/dd48e288-f01c-4d08-9849-1c948d0cfb0b
Volunteer Ready	Thu, 22 Jan	https://iwakuni.usmc-mccs.org/activity/8158a67f-2e61-492d-897c-73382e6495a8
Walk & Talk with EFMP & NPSP	Wed, 21 Jan	https://iwakuni.usmc-mccs.org/activity/7dbbbe7a-e1e1-442a-a660-422907f7cf98
Wednesday Trios Rec League	21 Jan-20 May	https://iwakuni.usmc-mccs.org/activity/265342f4-2988-4d27-bcf9-e3bc29869472
Welcome Aboard Brief	Mondays	https://iwakuni.usmc-mccs.org/activity/8517ec67-d0b4-4fbf-b473-3ec276af9630
Winter Reading Program	14 Dec-31 Jan	https://iwakuni.usmc-mccs.org/activity/2627da65-0302-4a02-83ae-50322cab2215
Youth Sports Basketball Season	21 Jan – 6 Mar	https://iwakuni.usmc-mccs.org/activity/77bdaa3a-1b49-43fc-9118-96274a9c3b83
Youth Sports Cheerleading Season	21 Jan-13 Mar	https://iwakuni.usmc-mccs.org/activity/8e15a698-4c50-4882-b60e-cc944e0f23d1
Zumba – January	Various	https://iwakuni.usmc-mccs.org/activity/cf38ab20-76ea-4144-99ac-0358068717a6