MCCS
MCAS IWAKUNI

Weekly Newsletter
2 Oct 2026

Missing out on happenings in the community?
Download the *MCCS Connect* App!
Check out the MCCS website at https://iwakuni.usmc-mccs.org/

Items of Interest, 2 – 8 October 2026

Fri, 2 Oct	8:30 a.m. – 12:30 p.m., Tenkoku – Kanji Stamp Making Workshop (sold out)
	10:00 a.m. – 12:00 p.m., Breaking Chains, Burning Rubber (see page 8)
	11:00 a.m. – 12:30 p.m., Seven Principles Program: Week 5 (see page 7)
	4:00 – 5:30 p.m., Jr. 3D Club (see page 9)
Sat, 3 Oct	6:00 a.m. – 9:30 p.m., IT&T Anime Adventure at Naruto Park (see page 11)
	9:00 a.m. – 9:00 p.m., U.S. – Japan Soccer Tournament, Atago Sports Complex
	3:30 – 8:00 p.m., Mini Marine Corps & Navy Ball (sold out)
Mon, 5 Oct	8:00 a.m. – 4:00 p.m., Transition Readiness Seminar 3-Day Course (see page 9)
	5:30 p.m., 7v7 Flag Football Season begins (see page 5)
Tue, 6 Oct	8:00 – 11:00 a.m., SMP On-Base Cleanup (sold out)
	8:00 a.m. – 4:00 p.m., Personal Readiness Seminar (see page 10)
	8:30 a.m. – 4:30 p.m., URC & Command Team Training (see page 10)
Wed, 7 Oct	9:30 – 11:30 a.m., Flexible Job Options (see page 10)
Thu, 8 Oct	8:00 a.m. – 4:00 p.m., Managing Your Education 2-Day Course (see page 10)
	8:00 a.m. – 4:00 p.m., Employment Workshop 2-Day Course (see page 10)
	1:00 – 3:00 p.m., Passport to Volunteering (see page 10)

Sakura Theater Schedule
- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**

Fall 2: Deadpoint (PG-13)
Fri, 2 Oct, 5:00 p.m.
Sun, 4 Oct, 2:00 p.m.
Two women find themselves in a desperate fight for survival when a mountain rock slide leaves them stranded on a fragile plank more than 3,000 feet in the air.

By Any Means (R)
Fri, 2 Oct, 8:00 p.m.
Thu, 8 Oct, 7:00 pm.
In the 1960s, FBI agent Wayne Strider investigates a wave of murders targeting civil rights leaders in Mississippi. With the perpetrators protected at every turn, the bureau forces him to work with Greg Scarpa, a mob hit man whose brutal methods leave no one untouched.

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Heart of the Beast (PG-13)
Sat, 3 Oct, 2:00 p.m.

After surviving a plane crash, a former special forces soldier finds himself trapped in the unforgiving Alaskan wilderness with his combat dog. Together, they battle the elements and other animals in a harsh landscape that would likely kill any other man or dog.

Digger (R)
Navy First Movie!
Sat, 3 Oct, 6:00 p.m.
Sun, 4 Oct, 6:00 p.m.

The most powerful man in the world embarks on a frantic mission to prove that he's humanity's savior.

The First Omen (R)
NDVD/NSSM – Free Admission
Mon, 5 Oct, 7:00 p.m.

A woman starts to question her own faith when she uncovers a terrifying conspiracy to bring about the birth of evil incarnate in Rome.

Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.

The MCCS Haunted House will take place on 30 & 31 October at the old Iwakuni Middle School. This year's theme will be a haunted high school featuring enhanced scare elements & decorated pathways. There will be no family hour this year. Recommended for aged 13 years and older.

Details

- Iwakuni Middle School
- Friday, October 30, 5:30–8 PM
- Saturday, October 31, 6–9 PM

Volunteers

Volunteer registration runs through October 1, 4:30 p.m.

Trunk or Treat & Mini Monster Maze

Fri, 30 Oct, 5:00 – 8:00 p.m., Northside Track & Field
Registration open until 30 Oct

Trunk or Treat is a safe and festive Halloween event for the MCAS Iwakuni community where vehicle trunks are decorated in various themes, providing giveaways, candy, and other treats for participating children & families. All members of the MCAS Iwakuni community are welcome to sign up for trunk spaces, and prizes will be offered to the winners of five categories.

The Mini Monster Maze is a family-friendly option for children aged 10 years and younger featuring a themed walk-through obstacle course with twists & turns and candy prizes at the end.

Food Trucks will be ready to serve delicious food

- Felice Pizza
- Hip-Pea Empanadas
- Karsiyaka Kebabs

To signup for a truck, please visit: https://iwakuni.usmc-mccs.org/activity/feb04188-0c12-4f09-a0fb-d17b4730e718.

Holiday Tree Lighting Event

Sat, 5 Dec, 4:00 – 8:00 p.m., Cherry Blossom Triangle

Celebrate the season at our annual Holiday Tree Lighting Ceremony. Join us for food, festivities, contests, a visit from a certain jolly old elf, and much more. Approved On-Base Businesses and private organizations are invited to add to the festivities by offering their merchandise and/or food and drinks at the event. For complete event information and to register as a vendor, please visit: https://iwakuni.usmc-mccs.org/activity/b39685ce-7728-4ae8-b8a2-584a4bcd0309.

- Vendors registering as "retail" may not sell food or drinks
- Units may not fundraise at this event due to the presence of non-Department of War personnel
- Private organizations registering as a vendor must submit their fundraising request ***NLT 13 Nov*** to: ombiwakuni.mccscoordinator@usmc-mccs.org.

Semper Fit

Aquatics

Navy Birthday Swim

Mon, 14 Sep – Tue, 13 Oct, IronWorks Indoor Pool

To celebrate 251 years of the U.S. Navy, participants of all ages are encouraged to attempt to swim 251 laps (25,100 meters) at the IronWorks indoor pool from 14 Sep – 13 Oct. Registration is available online until 7:00 p.m., 13 Oct. Record-keeping will be available at the indoor pool for easy tracking of your progression. The first 20 participants to complete the challenge will receive a commemorative patch, and all participants who complete the challenge will receive

a certificate of completion. Entry is free and open to all base personnel of all ages. To register, please visit: https://iwakuni.usmc-mccs.org/activity/7a2ddf83-e9b0-4644-8528-9aa216e8faed.

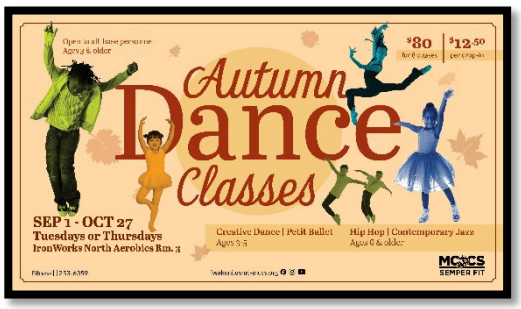
Marine Corps Birthday Swim 2026
Fri, 9 Oct – Tue, 10 Nov, IronWoks Indoor Pool
Registration open until 10 Nov
Celebrate the 251st Marine Corps Birthday by taking on the exciting challenge of swimming 251 laps (25,100 meters) at the IronWorks Indoor Pool from 9 Oct – 10 Nov. Record-keeping will be available at the indoor pool to make it easy to track your progress. All participants who complete the challenge will receive a certificate of completion, and the first 20 participants will receive a commemorative patch after completing the challenge. This event is open to all base personnel of all ages and entry is free. For more information and to register, please visit: https://iwakuni.usmc-mccs.org/activity/e51a5a16-80b0-4064-9ba1-8952c8c0453a or call Aquatics at 253-4966.

Competitive Events

Iwakuni Friendhip Relay Marathon 2026
Sun, 6 Dec, 8:00 a.m. – 2:00 p.m., Atago Sports Complex
Registration open 10:00 a.m., 14 Sep – 3:00 p.m., 8 Nov
Run together, unite the bonds between Japan and the U.S.! Pass the sash in a relay and make it a day full of smiles and energy! Join this exciting exchange event where hearts come together across borders. Beginners are more than welcome! Teams of 4-15 Runners run a 1.4 km relay course for 3 hours and compete for the most laps to win prizes. For more information, visit the event website: https://kizunarelay.com/en/. For entry information and registration, please visit: https://iwakuni.usmc-mccs.org/activity/d4bd04fa-be81-4003-b5b8-346cef07cb6c.

Jingle Bell Jog
Sat, 12 Dec, 9:00 – 11:00 a.m., Northside Track & Field
Get into the holiday spirit with Semper Fit's festive Jingle Bell Jog! Celebrate the season with family, friends, and the community with a fun run that's perfect for all ages and fitness levels. Choose your adventure with a 2.5K or 5K course, whether you're a casual walker or a seasoned runner. All registered participants will enjoy a warm cup of hot cocoa along the course and at the finish line to celebrate their accomplishment. Be sure to register by 8 Nov to guarantee your official event T-shirt in your preferred size. Registration after this date is welcome, but T-shirts and sizes will be limited.
Show off your holiday spirit in our Costume Contest, with prizes in three categories: Kids (12 & under), Adults (13 & up), and Pets. Be creative, have fun, and make the run even more festive! Also, make sure to pick up the new North Pole Passport Adventure to collect the stamps from all the festive activity stations. At the end of the event, join everyone for the closing ceremony, which includes prize giveaway drawings—a perfect way to wrap up the day with holiday cheer. Don't miss out on this jolly event—mark your calendar and join us for a holly, jolly good time! Open to all SOFA, IHA/MLA and JMSDF personnel. For complete details and to register, please visit: https://iwakuni.usmc-mccs.org/activity/1d122268-8998-4e60-8d09-1214e7f9e4d3.

Fitness



Youth Dance Classes – Autumn Season
Tue, 1 Sep – Tue, 27 Oct, IronWorks North Aerobics Room
Fitness is offering youth dance classes to give children ages 3 and up a chance to learn and enjoy several dance genres including Creative, Hip-Hop, Petit Ballet and Pre-Ballet. Registration is advised, but drop-ins are available for any available spots remaining. For complete information and to register, please visit: https://iwakuni.usmc-mccs.org/activity/404f2625-09a9-40e2-97c8-e9d1d732838a.

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Group Fitness Schedule - October

Intramural Sports

<u>7v7 Flag Football Season</u>
Mon, 5 Oct – Wed, 28 Oct, Northside Track & Field
Registration is available online until 11:59 p.m., 3 Oct
Join Intramural Sports for the 7v7 flag football season. The tournament is open to all SOFA eligible patrons and JMSDF and IHA/MLC personnel aged 16 and older. Each team must consist of a minimum of seven players. This event is Commander's Cup point eligible, and each team registering for points will need to be at least 80% active duty from the same unit and must be approved by the unit CO/OIC. For more information and registration information, please visit: https://iwakuni.usmc-mccs.org/activity/341bcefa-adb1-426a-8bc9-e7c4b198de96.

<u>6v6 Volleyball Season</u>
Mon, 2 Nov – Wed, 25 Nov, 5:30 – 8:30 p.m., IronWorks North
Registration is available online until 15 Oct
Join Intramural Sports for their 6v6 Volleyball season. The tournament is open to all SOFA eligible patrons and JMSDF and IHA/MLA personnel aged 16 and older. Each team must consist of a minimum of 6 and a maximum of 12 players. This event is Commander's Cup point eligible, and each team registering for points will need to be at least 80% active duty from the same unit and must be approved by the unit CO/OIC. For more information and registration information, please visit: https://iwakuni.usmc-mccs.org/activity/f41bff0c-87ff-4beb-b335-7f36baf1eaef.

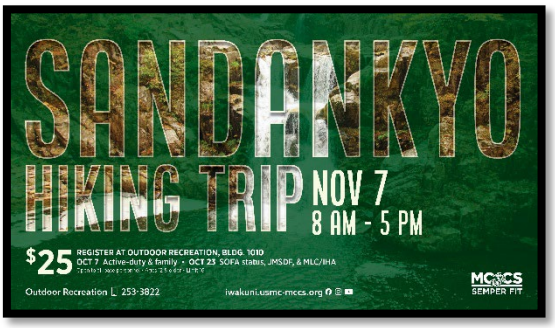
<u>Intramural Sports 5v5 Basketball Season</u>
Monday, 30 Nov – Tue, 22 Dec5:30 – 8:30 p.m., IronWork North
Registration is available online until 15 Nov
Join Intramural Sports for their 5v5 Basketball season. The tournament is open to all SOFA eligible patrons and JMSDF and IHA/MLA personnel aged 16 and older. Each team must consist of a minimum of 5 and a maximum of 10 players. This event is Commander's Cup point eligible, and each team registering for points will need to be at least 80% active duty from the same unit

and must be approved by the unit CO/OIC. For more information and registration information, please visit: https://iwakuni.usmc-mccs.org/activity/67c37f1c-d672-45fd-994c-65f618530127.

Outdoor Recreation

Fishing at the MCAS Iwakuni Harbor
Sat, 10 Oct, 5:30 a.m. – 12:00 p.m.
Sat, 14 Nov, 6:00 a.m. – 12:30 p.m.
Registration available from 10 Sep for active-duty/family members
25 Sep for civilians, JMSDF, and MLA/IHA
Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.
For complete details, visit: https://iwakuni.usmc-mccs.org/activity/8923f005-0544-4522-be30-4f5c6be3bc79 or call Outdoor Recreation.

Mt. Daisen Hiking Trip
Sat, 24 Oct, 4:00 a.m. – 10:00 p.m.
Registration open 24 Sep for active-duty/family members
9 Oct for U.S. civilians, JMSDF and MLA/IHA
Mount Daisen, a dormant stratovolcano in Tottori Prefecture, is the highest mountain in the Chugoku region with an elevation of 1,729 meters. The hiking route will take you through one of the largest beech forests in western Japan to the mountain's summit, where magnificent views overlook the Sea of Japan. The bus departs from in front of the Outdoor Recreation office at IronWorks North at 4:00 a.m. and will return around 10:00 p.m. For more information, please call Outdoor Recreation at 253-3822 or stop by their office to register.



Sandankyo Gorge Hiking Trip
Sat, 7 Nov, 8:00 a.m. – 5:00 p.m.
Registration open 7 Oct for active-duty/family members
23 Oct for U.S. civilians, JMSDF and MLA/IHA
Sandankyo is a three-step canyon and is one of the most scenic tourist attractions located in the suburbs of Hiroshima. Hike through a narrow gorge alongside a turbulent river while appreciating the pristine environment, several waterfalls, and wildlife. The Japanese government has accredited this area as a place of scenic beauty and has protected it from random development. The trail is rated moderate and is appropriate for most fitness levels. For more information, please visit: https://iwakuni.usmc-mccs.org/activity/c4e593d2-0559-4a22-9e49-57769d368c73 call Outdoor Recreation at 253-3822/3842.

Single Marine Program

Visit your SMP at:
Hornet's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

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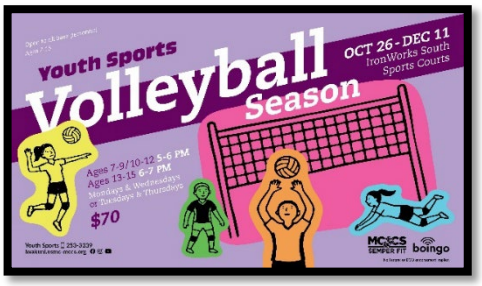
On-Base Cleanup
Tue, 6 Oct, 8:00 – 11:00 a.m., Hornet's Nest
Registration end 5 Oct or when full (Event is full)
Join the SMP for a base-wide cleanup. Pick up trash in designated areas around the base to help our community look better and receive a letter of appreciation. Open to single & unaccompanied servicemembers only.

SMP Fukuoka Day Trip
Sat, 10 Oct, 7:00 a.m. – 10:00 p.m.
Registration open 12:00 p.m., 28 Sep – 8:00 a.m., 5 Oct or until full
Join us on a trip to Fukuoka and enjoy all the sights of the city and do some shopping at the Canal City Mall and its surrounding area. Open to all single & unaccompanied service members only. To register, please visit: https://iwakuni.usmc-mccs.org/activity/181fb6d9-5b3a-4c17-8da5-aaa8ea6c76f5.

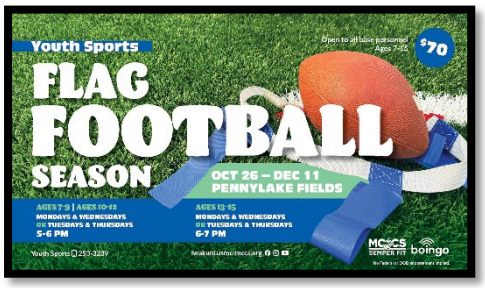
SMP Huis Ten Bosch Trip
3:30 a.m., Sat, 17 Oct – 3:00 a.m., Sun, 18 Oct
Registration open 12:00 p.m., 28 Sep – 12 Oct or until full.
Travel to Huis Ten Bosch and enjoy its many attractions along with some great food and views, including the night light ceremony! Open to single or unaccompanied service members only. 36 spots are available. To register, please visit: https://iwakuni.usmc-mccs.org/activity/6ac2fb76-9e4d-43d8-989d-08bcc51b5f79.

Youth Sports



Youth Sports Volleyball Season
Mon, 26 Oct – Fri, 11 Dec
Registration open thru 5:00 p.m., 16 Oct
Youth Sports Volleyball Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the IronWorks South Sports Courts. For complete season information and to register, please visit: https://iwakuni.usmc-mccs.org/activity/fbe15e47-eb64-44dc-802c-13ef5f4297ee.

Youth Sports Flag Football Season
Mon, 26 Oct – Fri, 11 Dec
Registration open thru 5:00 p.m., 16 Oct
Youth Sports Flag Football Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the Penny Lake Green Space Fields. For complete season information and to register, please visit: https://iwakuni.usmc-mccs.org/activity/2d717dd1-060c-4ec0-a4ed-35643b3a5a93.



Marine & Family Programs

Behavioral Health

Seven Principles Couples Program: Week 5
Fri, 25 Sep, 11:00 a.m. – 12:30 p.m., bldg 411, rm 216
Looking to strengthen your relationship? The Seven Principles Couples Program is an eight-week, evidence-based series designed to help couples build a deeper connection, improve communication, and create lasting trust. Through engaging discussions and practical exercises, you'll gain research-backed tools to strengthen emotional intimacy, navigate conflict with confidence, and work together to overcome everyday relationship challenges. Throughout the program, you'll learn effective communication and problem-solving strategies, recognize and replace destructive relationship patterns,

and create shared goals that foster a stronger, healthier partnership. Whether you've been together for a few years or many, each session provides practical skills you can begin using right away to help your relationship grow and thrive. For more information, please contact Behavioral Health at 253-4526 or email them at: behavioral_health_iwakuni@usmc.mil.

Week 5: Solving Problems Together

Strengthen your communication skills by learning practical techniques for addressing challenges calmly and effectively. Practice strategies that encourage understanding, compromise, and mutual respect while working together to resolve everyday issues.

Breaking Chains, Burning Rubber

Fri, 2 Oct, 10:00 a.m. – 12:00 p.m., Penny Lake Fields

Join Behavioral Health in a motorcycle ride to promote recovery from drug-affiliated afflictions and to promote non-drug-using behavior. Marines, sailors, and families are invited to the sea wall to join the riders in writing positive messages about drug recovery and drug abstinence on the sea wall running route in chalk, as well as the names of Marines and Sailors who have died in motorcycle and drug-related accidents this year. Participants must present a valid SOFA license or Japanese driver's license with a motorcycle endorsement upon registration. Authorized Personal Protective Equipment (PPE) gear is mandatory, including an approved helmet, gloves, jacket, long pants, and over-the-ankle boots. **Mandatory safety brief is at 10:30 AM; ride starts at 11 AM.* To register, please visit: https://iwakuni.usmc-mccs.org/activity/42e69dc5-d0e4-4288-a440-d6bbef860932.

What to Expect when Expecting

Sat, 10 Oct, 11:00 a.m. – 2:00 p.m., The Hangar E-Club

Registration ends 5 Oct

Expecting a little one or welcoming a new addition to your family? Join the New Parent Support Program for the "What to Expect Baby Shower", a special event designed exclusively for SOFA-status new and expecting parents. Enjoy food, games, giveaways, helpful resources, and chances to win door prizes while connecting with other new parents in the community. You'll also have the opportunity to meet Heidi Murkoff, author of "What to Expect When You're Expecting", who will be on hand to meet guests and sign books. Whether you're preparing for your baby's arrival or navigating your first year of parenthood, come celebrate this exciting chapter and connect with resources and support along the way. Open to SOFA-status expectant parents and parents with children up to 1 year old. To register, please visit: https://iwakuni.usmc-mccs.org/activity/000c7620-0b89-4c95-add3-bd0d96a921ee.

DVAM Puzzle Room: Unlock Respect

Thu, 15 Oct, 3:00 – 7:00 p.m., IronWorks North

Put your problem-solving skills to the test against the Family Advocacy Program's Puzzle Room: Unlock Respect, in recognition of Domestic Violence Awareness Month. Work together to solve clues, crack codes, and complete challenges while learning about healthy relationships, recognizing warning signs, and discovering resources available to support individuals and families. Bring your friends, coworkers, or teammates and see if you can crack the clues, spot the signs, and unlock respect before time runs out! Drop in anytime during the event; no registration needed.

Family Care

Walk & Talk with EFMP

Tue, 13 Oct, 10:00 – 11:30 a.m., Northside Track & Field

Calling all Stroller Warriors and all SOFA-status personnel looking to get out of the house or TLF! Lace up your walking shoes and bring your kids, your strollers or wagons, or just yourself for a casual get together of walking & chatting with your friendly EFMP staff. We will meet by the northside track & field picnic area. No registration is required & all SOFA status personnel are welcome! Please note that walks may be canceled due to weather.

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Personal & Professional Development

Tenkoku Kanji Stamp Making Workshop
Fri, 2 Oct, 8:30 a.m. – 12:30 p.m., bldg 411

Create a unique piece of Japanese art at this hands-on Tenkoku & Washi Lantern Workshop! Learn about tenkoku, the traditional Japanese art of engraving stamp seals using Ten-sho style characters and create your own personalized seal. An instructor will select a one-kanji character suited to your name and design your stamp seal. You'll then have the opportunity to use your new seal to decorate a Washi paper lantern. The lanterns will feature special sakura-colored Washi paper in honor of local novelist Chiyo Uno, whose favorite color was sakura pink. Your completed lantern can also be displayed at the Kintai Bridge Art Festival on November 7, giving you the opportunity to share your creation with the community. There is a 3,500 yen fee for the tenkoku stamp seal, a 2,000 yen fee for the wash lantern, and an optional 3,300 yen fee for the stamp seal ink. Payments will be made on-site the day of the event, so be sure to bring cash. To register, please visit: https://iwakuni.usmc-mccs.org/activity/60062a54-b79e-465b-b00f-eb23323dc425.

Jr. 3D Club
Fri, 2 Oct, 4:00 – 5:30 p.m., Library
Fri, 16 Oct, 4:00 – 5:30 p.m., Library
The Jr. 3D Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Patrons must be valid MCCS Iwakuni Library cardholders with accounts in good standing and Makerspace and internet agreements must be on file. Participation is limited to five patrons. For terms of participation and registration information, please visit: https://iwakuni.usmc-mccs.org/activity/28c780b6-632c-4c1f-ace5-94d11b30f021.

Transition Readiness Seminar (TRS) Core Curriculum
Mon, 5 Oct – Wed, 7 Oct, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110
The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundaments of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Pre-registration is required, so call 253-6439 or visit bldg 411, rm 110 to register.

Personal Readiness Seminar
Tue, 6 Oct, 8:00 a.m. – 4:00 p.m., bldg 411
Build the knowledge and skills you need to navigate key milestones throughout your Marine Corps journey. The Personal Readiness Seminar provides practical tools and resources to help you strengthen your financial readiness, make informed decisions, and prepare for the challenges and opportunities ahead. Learn how financial readiness connects to overall wellness, discover resources you can use throughout the Marine Life Cycle, and gain the confidence to make choices that support your personal and professional goals. Come prepared for what's next and leave with tools you can use throughout your Marine Corps journey. For more information, please contact Marine & Family Programs at 253-3855 or email them at: ombiwakuni.personalfinancialmanagement@usmc-mccs.org.

Parent as Teachers
Tue, 6 Oct, 3:00 – 4:00 p.m., bldg 625, rm 309
Whether you are going through stress, adjusting to parenting, feeling overwhelmed, or dealing with pregnancy or postpartum depression/anxiety, we are here to help you connect with other parents, talk about your experiences, and learn helpful tools using the Parent as Teachers curriculum. Join this support group for parents, expecting parents, and their children (ages 0-5 years).

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Uniformed Readiness Coordinator (URC)/Command Team Training
8:30 a.m. – 4:30 p.m., Tue, 6 Oct & 8:30 a.m. – 12:30 p.m., Wed, 7 Oct, bldg 625
Understand the roles, responsibilities, and operating components within the UPFRP. This is mandatory training for all URCs per MCO 1754.9B. To register, please call 253-3542, send an email to ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 5 Oct.

Flexible Job Options
Wed, 7 Oct, 9:30 – 11:30 a.m., bldg 411, rm 121

Build a career that moves with you! Explore legitimate remote, part-time, and portable employment opportunities that can fit the demands of a military lifestyle. Learn how to identify legitimate work-from-home opportunities, navigate flexible schedules, and find positions that align with your skills, experience, and career goals. You'll leave with practical strategies for finding employment that offers greater flexibility—wherever your next move takes you. Registration is recommended, but walk-ins are welcome. To register, please send an email to ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org with the following information: name, email address, phone umber, class date, and class title.

Education Track: Managing Your Education 2-Day Course
Thu, 8 Oct – Fri, 9 Oct, 8:00 a.m. – 4:00 p.m., bldg 410, rm 110
Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

Employment Track: Department of Labor Employment Workshop
Thu, 8 Oct – Fri, 9 Oct, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110
Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

Passport to Volunteering
Thu, 8 Oct, 1:00 – 3:00 p.m., bldg 411, rm 117
Ready to make a difference? The Passport to Volunteering workshop equips volunteers with the tools, resources, and confidence to create a successful and rewarding volunteer journey. Learn how to maximize your impact, connect with opportunities, and gain skills that support both your community and your personal growth. Hosted by the Installation Volunteer Coordinator, this session is designed to help you make the most out of your volunteer experience. To register, please send an email with your name, email address, phone number, and class date & title to OMBIwakuni.BaseVolunteerCoordinator@usmc-mccs.org.

STEM Workshop
Fri 9 Oct, 4:00 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: https://iwakuni.usmc-mccs.org/activity/ce98015e-5f3e-459d-88fd-5c738e90ba9c.

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Survival Japanese Class
Tue, 13 Oct – Fri, 16 Oct, 5:00 – 6:00 p.m., bldg 411
A little bit goes a long way! Receive a 4-day crash course on Japanese and learn how to communicate in simple Japanese phrases. To register, please visit: https://iwakuni.usmc-mccs.org/activity/103513f4-5369-4dd8-a7c0-d2e727d70a57.

LinkedIn Profiles
Wed, 14 Oct, 9:30 – 11:30 a.m., bldg 411, rm 117
Build a LinkedIn profile that helps showcase your skills, experience, and career goals. Learn how to create or improve your profile, expand your professional network, and connect with employers, industry professionals, and career opportunities. Whether you're starting from scratch or looking to strengthen your existing profile, you'll gain practical tips to make LinkedIn work harder for your career. For more information, please call 253-7106 or email: ombiwakunipersonaland.professionaldevelopment@usmc-mccs.org.

Business/Retail & Services/Special Events

Adventure at Nijigen-no-Mori (Naruto Park)
Sat, 3 Oct, 6:00 a.m. – 9:30 p.m.
Nijigen-no-Mori is an outdoor anime theme park located in Awaji Island, Hyogo Prefecture. Set within the lush surroundings of Awajishima Park, it offers a unique blend of nature and Japanese pop culture. Visitors can enjoy a variety of immersive attractions based on popular anime and game franchises such as Naruto & Boruto, Godzilla, Attack on Titan, and more. From zipline adventures and interactive missions to large-scale themed areas, the park offers fun for all ages. Explore Japan's real-life anime theme park! For more details, please visit: https://iwakuni.usmc-mccs.org/activity/4c6d2893-9749-490a-9a0b-db7ea43053df or stop by the IT&T office in the Crossroads, bldg 410 to register.

Apple Picking & Yamaguchi Sightseeing Trip
Sat, 10 Oct, 7:00 a.m. – 5:00 p.m.
Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, enjoy a trip to Yamaguchi City for a day of exploration. Spend your free time discovering downtown Yamaguchi, where you can find numerous local restaurants for lunch and various foot baths around the area for a relaxing experience. For complete trip information, please visit: https://iwakuni.usmc-mccs.org/activity/b9aa6637-60a2-4ea6-98f8-52843f81a146, or stop by the IT&T office in the Crossroads (bldg 410) to sign up.

Dassai Brewery Tour
Sat, 10 Oct 11:45 a.m. – 4:00 p.m.
Enjoy a guided tour with a Dassai artisan and see the sake making process up close. The brewery tour takes 1 hour, after which you can enjoy an optional sake tasting for ¥500 per shot and shopping in the store at the location. The cost for the tour is $20 plus a tour fee of 1,000 yen which is paid in cash upon arrival. To sign up, please visit the IT&T Office in bldg 410 (Crossroads).

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Yanagawa Canal Boat Tour
Sat, 17 Oct, 7:30 a.m. – 10:30 p.m.
Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city like a mesh and include the old castle's moat. Passengers can enjoy the beautiful scenery along the way. After the tour, we will make a brief stop and a long dinner break at one of the malls with over 150 brand stores and various restaurants. For complete trip information, please visit: https://iwakuni.usmc-mccs.org/activity/f17a52ea-8b8a-4644-b87b-a6423df5a92d or stop by the IT&T office in the Crossroads (bldg 410) to sign up.

Fall Bazaar
Sat, 17 Oct, 9:00 a.m. – 5:00 p.m., Atago Sports Complex
Sun, 18 Oct, 9:00 a.m. – 4:00 p.m., Atago Sports Complex
Get ready to browse and shop at the Fall Bazaar 2026! This exciting event is open to SOFA personnel only. Accepted payments are in US dollars and credit/debit cards (no Yen please).

Universal Studios Japan Halloween Party
Sat, 24 Oct, 4:30 a.m. – 2:30 p.m.
Enjoy a Halloween party at USJ! Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

- **The Wizarding World of Harry Potter**: Step into the magical realm and experience the wonders of Hogwarts.
- **Wonderland**: Perfect for the little ones with whimsical fun and enchanting attractions.
- **Hollywood Area**: Feel the adrenaline rush on the exhilarating "Hollywood Dream - The Ride" roller coaster.
- **Jurassic Park**: Brave the jaw-dropping "The Flying Dinosaur" and soar through the prehistoric skies.
- **Minion Park**: Join the mischievous Minions in "Despicable Me Minion Mayhem" for a laugh-out-loud adventure.

And don't miss out on the latest sensation: **Donkey Kong Country**! Join us for a Halloween adventure and create magical memories at USJ! Click here for complete trip details.

Halloween at the MCX
Fri, 30 Oct – Sat, 31 Oct, 11:00 a.m. – 3:00 p.m., MCX
It's spooky season at the MCX! Customers are invited to come dressed in their favorite Halloween costumes and stop by the Halloween Candy Pad on the first floor for some Halloween fun. Customers can enjoy FREE popcorn and snow cones while supplies last. A Halloween-themed photo backdrop will also be available for customers and families to take photos and capture their Halloween memories.

🎃 **COME FOR THE TREATS. STAY FOR THE SPOOKY FUN!** 👻

- Family-friendly event on October 30 & 31, from 11 AM – 3 PM
- 🍬 Halloween Candy Pad – First Floor
- 🍿 FREE Popcorn
- 🍧 FREE Snow Cones
- 📸 Halloween Photo Backdrop
- 👻 Costumes Encouraged
- No tricks—just FREE treats (free treats while supplies last)!

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Alphabetical list of events for period 2 – 8 October 2026

Event	Date	Link
7v7 Flag Football Season	5 – 28 Oct	https://iwakuni.usmc-mccs.org/activity/341bcefa-adb1-426a-8bc9-e7c4b198de96
Anger Got You Hot? Cool Down With Us	Thursdays	https://iwakuni.usmc-mccs.org/activity/4871a028-90a5-4504-9a1d-89f320060f1c
Anime Adventure at Naruto Park IT&T Trip	Sat, 3 Oct	https://iwakuni.usmc-mccs.org/activity/4c6d2893-9749-490a-9a0b-db7ea43053df
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/c77f12bc-b90d-48f7-973e-fac9ee025a90
Book Bingo	1 Mar – 31 Dec	https://iwakuni.usmc-mccs.org/activity/aec6a26b-edc6-43f2-b37d-d65d38879550
Breaking Chains, Burning Rubber	Fri, 2 Oct	https://iwakuni.usmc-mccs.org/activity/42e69dc5-d0e4-4288-a440-d6bbef860932
Catfish Platter Friday	Fridays	https://iwakuni.usmc-mccs.org/activity/51c86496-f5c5-4da9-ac13-e84c8898138d
College 101/TA Orientation Brief	Wednesdays	https://iwakuni.usmc-mccs.org/activity/ce3d044d-1642-4f4f-95d4-da7b4d2f218a
Employment Workshop 2-Day Course	8 – 9 Oct	https://iwakuni.usmc-mccs.org/activity/47a26ef4-edbf-4716-9b0c-d8644683169b
Flexible Job Options	Wed, 7 Oct	https://iwakuni.usmc-mccs.org/activity/0e11796d-155e-4942-bca7-4e73fca5c7ac
Food Trucks	Various	https://iwakuni.usmc-mccs.org/activity/e27fdb98-b34e-439b-b449-16a12367a369
Free Movie Mondays: The First Omen (2024)	Mon, 5 Oct	https://iwakuni.usmc-mccs.org/activity/6532167c-27a1-4d11-ab71-2e45ed2c1eb1
From Stress to Strength: Warrior Maintenance	Mondays	https://iwakuni.usmc-mccs.org/activity/b8598e28-22db-4c08-8937-bc538735f45d
Glutes & Abs – October	Wednesdays	https://iwakuni.usmc-mccs.org/activity/cd74b345-8731-447e-9c61-f440d5094fea
Hatha Yoga	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/13802b35-8560-425e-90fd-7a63d68ccdb1
Jr. 3D Club	Fri, 2 Oct	https://iwakuni.usmc-mccs.org/activity/7cffc926-4abc-474c-afbf-92b747abfa7e
Judo – October	Mon & Wed	https://iwakuni.usmc-mccs.org/activity/a58d48a7-43fa-4e48-8d6a-3997edd0e342
Managing Your Education 2-Day Course	8 – 9 Oct	https://iwakuni.usmc-mccs.org/activity/d7c86ca4-a2f8-4b24-943b-de18b647a9cf
Military Readers are Leaders	1 – 31 Oct	https://iwakuni.usmc-mccs.org/activity/d86fa59e-9725-41f8-83d0-3d76d7bf9441
Mini Marine Corps & Navy Ball	Sat, 3 Oct	https://iwakuni.usmc-mccs.org/activity/d2c2cafa-3b01-474a-8469-a652a638d3bd
Mixxedfit	Various	https://iwakuni.usmc-mccs.org/activity/62159b2d-abb1-44fa-88e9-4dc7329ad86e
Mongolian Night	Wednesdays	https://iwakuni.usmc-mccs.org/activity/45798d8e-4ed0-4429-91af-07837f0d2cea
Navy Birthday Swim	14 Sep-13 Oct	https://iwakuni.usmc-mccs.org/activity/7a2ddf83-e9b0-4644-8528-9aa216e8faed
Parent as Teachers	Tue, 6 Oct	https://iwakuni.usmc-mccs.org/activity/a7eff9e3-9101-4dd5-b0b8-47d2c319e22e
Passport to Volunteering	Thu, 8 Oct	https://iwakuni.usmc-mccs.org/activity/8d5ccfbf-a60a-470a-81c6-6491bda4ecf0
Penny a Pin	Mondays	https://iwakuni.usmc-mccs.org/activity/f9f885e4-c0ff-4690-b1e5-66eddf928202
Personal Readiness Seminar	Tue, 6 Oct	https://iwakuni.usmc-mccs.org/activity/0beb4598-58f4-486a-a4c6-80576aeda78e

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Wellness Yoga for Adults, Moms & Little Ones	Tue, 6 Oct	https://iwakuni.usmc-mccs.org/activity/6d9c44c8-bf0e-4cdd-ba38-23eef5a3d129
Postpartum Recovery Yoga	Wednesdays	https://iwakuni.usmc-mccs.org/activity/66e34396-eb6d-472d-9279-4dc319fcf942
Power Pump	Mondays	https://iwakuni.usmc-mccs.org/activity/6a787018-755b-4e9b-814c-ca3a47b0a6a3
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/7451b725-fc18-4e56-a45d-4534a09d262b
Prime Rib Special at Tun Alley	Thursdays	https://iwakuni.usmc-mccs.org/activity/931d16de-9ef0-464b-9fd9-eb438775fb7c
Seven Principles Program: Week 5	Fri, 2 Oct	https://iwakuni.usmc-mccs.org/activity/c7d02a05-6a63-4f64-a365-192cdff00382
SMP On-Base Cleanup	Tue, 6 Oct	https://iwakuni.usmc-mccs.org/activity/7836793b-36d3-431e-bc59-f269be0c90d5
Spin	Various	https://iwakuni.usmc-mccs.org/activity/f750d2d0-fe3b-4c4f-a9d7-93740ca24399
Teen Readers are Leaders	1 – 31 Oct	https://iwakuni.usmc-mccs.org/activity/5c147e32-d8db-4357-af0a-f7bc3b4b6f99
Tenkoku Stamp Making Workshop	Fri, 2 Oct	https://iwakuni.usmc-mccs.org/activity/60062a54-b79e-465b-b00f-eb23323dc425
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/fbbd8b0f-5880-4760-ae72-1cd2ada246f1
Toddler/Wellness Yoga for Adults, Moms & Little Ones	Various	https://iwakuni.usmc-mccs.org/activity/fcd2ba39-136b-4f38-94ce-bfd45150c2c5
Transition Readiness Seminar 3-Day Course	5 – 7 Oct	https://iwakuni.usmc-mccs.org/activity/33d3749d-26c4-487a-8255-6d7deed11f1a
Tsunami Swim Team (Fall ’26 Season)	24 Aug-19 Nov	https://iwakuni.usmc-mccs.org/activity/18310406-6984-4b62-b28b-2a22e873e2f1
URC & Command Team Training	6 – 7 Oct	https://iwakuni.usmc-mccs.org/activity/25d6b4e3-89b6-4ab8-8dbc-33c02807c2ae
U.S. – Japan Soccer Tournament	Sat, 3 Oct	https://iwakuni.usmc-mccs.org/activity/d9e3e546-587e-4cbb-ba2f-faf0d0fc6bc2
Welcome Aboard Brief	Mon, 5 Oct	https://iwakuni.usmc-mccs.org/activity/7516b031-e8b7-4554-8a33-3ab184a62e21
Welcome Aboard Bus Tour	Wed, 7 Oct	https://iwakuni.usmc-mccs.org/activity/54c1900f-6542-4755-9fe2-79745430f087
Youth Dance Classes – Autumn Season	Various	https://iwakuni.usmc-mccs.org/activity/6f52ba6a-0aa8-4bc6-9ab5-dd7058d3432f
Youth Sports Soccer Season	24 Aug-16 Oct	https://iwakuni.usmc-mccs.org/activity/b63758bc-da79-4971-b21b-7095e890b7d1
Zumba	Mondays	https://iwakuni.usmc-mccs.org/activity/bc2d5e9f-047d-4ed7-8f0e-60c74811377d