

Missing out on happenings in the community?

Download the [MCCS Connect](#) App!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 9 – 15 October 2026

Fri, 9 Oct	11:00 a.m. – 12:30 p.m., Seven Principles Program: Week 6 (see page 9) 4:30 – 5:30 p.m., STEM Workshop (see page 10)
Sat, 10 Oct	5:30 a.m. – 12:00 p.m., Fishing at the MCAS Iwakuni Harbor (See page 7) 7:00 a.m. – 10:00 p.m., SMP Fukuoka Day Trip (see page 8) 7:00 a.m. – 5:00 p.m., Apple Picking & Yamaguchi Sightseeing Trip (see page 10) 11:00 a.m. – 2:00 p.m., What to Expect: Baby Shower (Sold Out) 11:45 a.m. – 4:00 p.m., Dassai Brewery Tour (see page 10)
Tue, 13 Oct	9:00 – 10:00 a.m., Sleep Smarter Tips & Techniques (see page 6) 10:00 – 11:30 a.m., Walk & Talk with EFMP & NPSP (see page 9) 5:00 – 6:00 p.m., Survival Japanese Class (Sold Out)
Wed, 14 Oct	9:30 – 11:30 a.m., LinkedIn Profiles (see page 10)
Thu, 15 Oct	8:30 a.m. – 12:30 p.m., L.I.N.K.S. Foundations 2 Half-Day Workshop (see page 10) 9:00 – 11:30 a.m., PCS with Success (see page 10) 10:00 – 11:00 a.m., Learn & Play at PLAT ABC (see page 9) 3:00 – 7:00 p.m., Domestic Violence Awareness Month Puzzle Room (see page 9)

Sakura Theater Schedule

- THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.
- MOVIE LINE/TICKET BOOTH 253-4067

Fall 2: Deadpoint (PG-13)

Fri, 9 Oct, 5:00 p.m.

Two women find themselves in a desperate fight for survival when a mountain rock slide leaves them stranded on a fragile plank more than 3,000 feet in the air.



The Social Reckoning (R)

Fri, 9 Oct, 8:00 p.m.

Thu, 15 Oct, 7:00 pm.

Facebook engineer Frances Haugen and The Wall Street Journal reporter Jeff Horwitz blow the whistle on the social network's most guarded secrets.

Practical Magic 2 (PG-13)

Sat, 10 Oct, 2:00 p.m.

Mon, 12 Oct, 3:00 p.m.

Two witches must confront the dark curse that threatens to unravel their family once and for all.



Digger (R)

Sat, 10 Oct, 6:00 p.m.

The most powerful man in the world embarks on a frantic mission to prove that he's humanity's savior.

Heart of the Beast (PG-13)

Sun, 11 Oct, 2:00 p.m.

After surviving a plane crash, a former special forces soldier finds himself trapped in the unforgiving Alaskan wilderness with his combat dog. Together, they battle the elements and other animals in a harsh landscape that would likely kill any other man or dog.



Buddy (R)

Sun, 11 Oct, 6:00 p.m.

It's Buddy! is a whimsical 1990s children's television show featuring a cheerful, singing, bright orange unicorn. When a child on set refuses to play along, the wholesome facade cracks, revealing a sinister pocket dimension where Buddy murders cast members who do not conform.

Saw X (R)

NDVD/NSSM – Free Admission

Mon, 12 Oct, 7:00 p.m.

Hoping for a miraculous cure, John Kramer travels to Mexico for a risky and experimental medical procedure, only to discover the entire operation is a scam to defraud the most vulnerable. Armed with a newfound purpose, the infamous serial killer uses deranged and ingenious traps to turn the tables on the con artists.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.

A poster for the 'House of Horrors Mishap High' event. The background is a dark, dimly lit school hallway with a figure in a black costume and a red devil mask holding a knife. The text on the right side reads: 'HOUSE OF HORRORS' in green, 'MISHAP HIGH' in large white letters, 'OCT 30 • 5:30-8 PM' and 'OCT 31 • 6-9 PM' in white, and 'NORTHSIDE TRACK & FIELD' in white. At the bottom right, it says 'OPEN TO ALL BASE PERSONNEL' and 'RECOMMENDED FOR AGES 13 & OLDER'. On the bottom left, there are social media icons (Facebook, Instagram, YouTube) and the text 'SPECIAL EVENTS ☎ 253-5048' and 'IWAKUNI.USMC-MCCS.ORG'. The MCCS logo is at the bottom center.

The MCCS Haunted House will take place on 30 & 31 October at the old Iwakuni Middle School. This year's theme will be a haunted high school featuring enhanced scare elements & decorated pathways. There will be no family hour this year. Recommended for aged 13 years and older. For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/bff55c2a-d25d-4ca2-b81c-b8af990c0db3>.

A poster for the 'Trunk or Treat and Mini Monster Maze' event. The background is purple with a white maze. In the center is a green truck decorated with Halloween items. The text at the top reads: 'TRUNK OR TREAT AND' in green, 'OCTOBER 30' in white, '5-8 PM' in white, 'NORTHSIDE TRACK & FIELD' in white, and 'MINI MONSTER MAZE' in green. At the bottom left, there are social media icons (Facebook, Instagram, YouTube) and the text 'IWAKUNI.USMC-MCCS.ORG' and 'SPECIAL EVENTS ☎ 253-5048'. The MCCS logo is at the bottom right.

Trunk or Treat & Mini Monster Maze

Fri, 30 Oct, 5:00 – 8:00 p.m., Northside Track & Field
Registration open until 30 Oct

Trunk or Treat is a safe and festive Halloween event for the MCAS Iwakuni community where vehicle trunks are decorated in various themes, providing giveaways, candy, and other treats for participating children & families. All members of the MCAS Iwakuni community are welcome to sign up for trunk spaces, and prizes will be offered to the winners of five categories.

The Mini Monster Maze is a family-friendly option for children aged 10 years and younger featuring a themed

walk-through obstacle course with twists & turns and candy prizes at the end.

Food Trucks will be ready to serve delicious food

- Felice Pizza
- Hip-Pea Empanadas
- Karsiyaka Kebabs

To sign up for a truck, please visit: <https://iwakuni.usmc-mccs.org/activity/feb04188-0c12-4f09-a0fb-d17b4730e718>.

Holiday Tree Lighting Event

Sat, 5 Dec, 4:00 – 8:00 p.m., Cherry Blossom Triangle
Celebrate the season at our annual Holiday Tree Lighting Ceremony. Join us for food, festivities, contests, a visit from a certain jolly old elf, and much more. Approved On-Base Businesses and private organizations are invited to add to the festivities by offering their merchandise and/or food and drinks at the event. For complete event information and to register as a vendor, please visit:
<https://iwakuni.usmc-mccs.org/activity/b39685ce-7728-4ae8-b8a2-584a4bcd0309>.

- Vendors registering as “retail” may not sell food or drinks
- Units may not fundraise at this event due to the presence of non-Department of War personnel
- Private organizations registering as a vendor must submit their fundraising request **NLT 13 Nov** to: ombiwakuni.mccscoordinator@usmc-mccs.org.

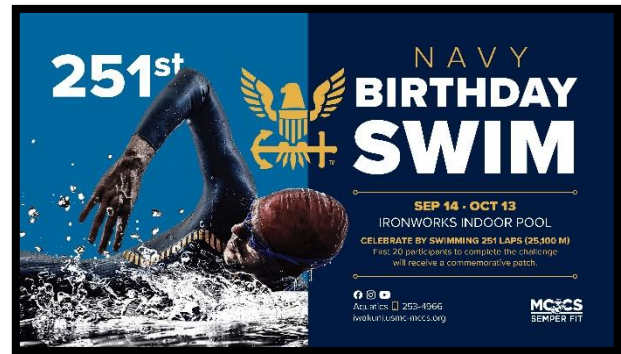


Semper Fit

Aquatics

Navy Birthday Swim

Mon, 14 Sep – Tue, 13 Oct, IronWorks Indoor Pool
To celebrate 251 years of the U.S. Navy, participants of all ages are encouraged to attempt to swim 251 laps (25,100 meters) at the IronWorks indoor pool from 14 Sep – 13 Oct. Registration is available online until 7:00 p.m., 13 Oct. Record-keeping will be available at the indoor pool for easy tracking of your progression. The first 20 participants to complete the challenge will receive a commemorative patch, and all participants who complete the challenge will receive a certificate of completion. Entry is free and open to all base personnel of all ages. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/7a2ddf83-e9b0-4644-8528-9aa216e8faed>.



Marine Corps Birthday Swim 2026

Fri, 9 Oct – Tue, 10 Nov, IronWoks Indoor Pool

Registration open until 10 Nov

Celebrate the 251st Marine Corps Birthday by taking on the exciting challenge of swimming 251 laps (25,100 meters) at the IronWorks Indoor Pool from 9 Oct – 10 Nov. Record-keeping will be available at the indoor pool to make it easy to track your progress. All participants who complete the challenge will receive a certificate of completion, and the first 20 participants will receive a commemorative patch after completing the challenge. This event is open to all base personnel of all ages and

entry is free. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/e51a5a16-80b0-4064-9ba1-8952c8c0453a> or call Aquatics at 253-4966.

Competitive Events

Iwakuni Friendship Relay Marathon 2026

Sun, 6 Dec, 8:00 a.m. – 2:00 p.m., Atago Sports Complex

Registration open 10:00 a.m., 14 Sep – 3:00 p.m., 8 Nov

Run together, unite the bonds between Japan and the U.S.! Pass the sash in a relay and make it a day full of smiles and energy! Join this exciting exchange event where hearts come together across borders. Beginners are more than welcome! Teams of 4-15 Runners run a 1.4 km relay course for 3 hours and compete for the most laps to win prizes. For more information, visit the event website: <https://kizunarelay.com/en/>. For entry information and registration, please visit: <https://iwakuni.usmc-mccs.org/activity/d4bd04fa-be81-4003-b5b8-346cef07cb6c>.



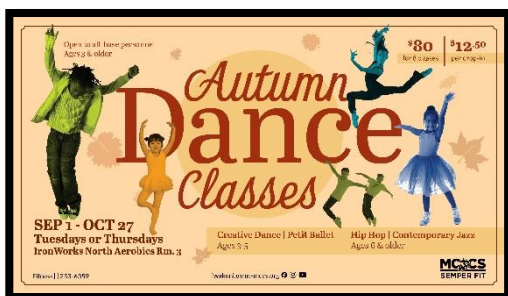
Jingle Bell Jog

Sat, 12 Dec, 9:00 – 11:00 a.m., Northside Track & Field

Get into the holiday spirit with Semper Fit's festive Jingle Bell Jog! Celebrate the season with family, friends, and the community with a fun run that's perfect for all ages and fitness levels. Choose your adventure with a 2.5K or 5K course, whether you're a casual walker or a seasoned runner. All registered participants will enjoy a warm cup of hot cocoa along the course and at the finish line to celebrate their accomplishment. Be sure to register by 8 Nov to guarantee your official event T-shirt in your preferred size. Registration after this date is welcome, but T-shirts and sizes will be limited.

Show off your holiday spirit in our Costume Contest, with prizes in three categories: Kids (12 & under), Adults (13 & up), and Pets. Be creative, have fun, and make the run even more festive! Also, make sure to pick up the new North Pole Passport Adventure to collect the stamps from all the festive activity stations. At the end of the event, join everyone for the closing ceremony, which includes prize giveaway drawings—a perfect way to wrap up the day with holiday cheer. Don't miss out on this jolly event—mark your calendar and join us for a holly, jolly good time! Open to all SOFA, IHA/MLA and JMSDF personnel. For complete details and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/1d122268-8998-4e60-8d09-1214e7f9e4d3>.

Fitness



Youth Dance Classes – Autumn Season

Tue, 1 Sep – Tue, 27 Oct, IronWorks North Aerobics Room

Fitness is offering youth dance classes to give children ages 3 and up a chance to learn and enjoy several dance genres including Creative, Hip-Hop, Petit Ballet and Pre-Ballet. Registration is advised, but drop-ins are available for any available spots remaining. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/404f2625-09a9-40e2-97c8-e9d1d732838a>.

Winter Dance Classes

Wed, 4 Nov – Thu, 3 Dec, IronWorks North

Registration begins 21 Oct

Health Promotions is offering instruction in a variety of dance disciplines to include Creative, Contemporary Jazz, and Jazz & Hip-Hop. Participants will have a chance to perform at the Holiday Tree Lighting on 5 Dec. For a listing of available classes and dates/times, please visit: <https://iwakuni.usmc-mccs.org/activity/600a3cce-24de-4e27-841d-97b60733d180>.

Group Fitness Schedule - October

OCTOBER					
FITNESS CLASS SCHEDULE					
NO CLASS ON U.S. FEDERAL HOLIDAYS • SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE • OPEN TO ALL LEVELS OF FITNESS NO CLASSES AT IRONWORKS SOUTH OCT 15-24 DUE TO FACILITY MAINTENANCE					
MON	TUE	WED	THU	FRI	SAT
HATHA YOGA 9:30-10:30 AM N1 POWER PUMP 11:30 AM - 12:30 PM N1 JUDO ★ 5-7 PM ND ZUMBA 5:15-6:15 PM N3	SPIN 6-7 AM S CHILDREN'S DANCE CLASS ★ 3-4:45 PM N3 CHILDREN'S BALANCE & STRENGTH ★ 4-6:45 PM AT TODDLER YOGA ★ 5:15-6:15 PM A1 MIXXEDFIT 5:30-6:30 PM S PRENATAL YOGA ★ 6:30-7:30 PM A1	POSTPARTUM RECOVERY YOGA ★ 9:30-10:30 AM N3 GLUTES & ABS 11:30 AM - 12:30 PM N1 CHILDREN'S BALANCE & STRENGTH ★ 4-7:30 PM AT JUDO ★ 5-7 PM ND SPIN 5:15-6:15 PM S	CHILDREN'S BALANCE & STRENGTH ★ 10 AM - Noon AT CHILDREN'S DANCE CLASS ★ 3-4:45 PM N3 CHILDREN'S BALANCE & STRENGTH ★ 4-7 PM AT HATHA YOGA 5:15-6:15 PM N1 MIXXEDFIT 5:30-6:30 PM S	MIXXEDFIT 11:30 AM - 12:30 PM S	MIXXEDFIT 10:30-11:30 AM S
N1 IRONWORKS NORTH AEROBICS RM. 1 AT IRONWORKS ATAGO AEROBICS RM.	N3 IRONWORKS NORTH AEROBICS RM. 3 A1 IRONWORKS ATAGO AEROBICS RM. 1	S IRONWORKS SOUTH AEROBICS RM. P PAID CLASS	ND IRONWORKS NORTH DOJO ★ KIDS WELCOME	SD IRONWORKS SOUTH DOJO	
Fitness ☎ 253-6359			iwakuni.usmc-mccs.org		

Health Promotions



Hope & Healing: Breast Cancer Awareness

Fri, 23 Oct, 11:00 a.m. – 1:00 p.m., IronWorks North
Join Health Promotions for Hope & Healing, an interactive community event focused on breast cancer awareness, prevention, and healthy living. Learn about breast cancer risk factors, recommended screenings, and practical ways to support your health through nutrition, physical activity, stress management, and other healthy habits. Connect with local health resources, participate in fitness activities, and discover simple steps you can take to support your long-term well-being. Whether you're looking

to learn more about prevention, stay on top of your health, or support someone you care about, this event offers an opportunity to learn, connect, and take action.

Human Performance

Sleep Smarter Tips & Techniques

Tue, 13 Oct, 9:00 – 10:00 a.m., IronWorks North
Discover the importance of quality sleep and how it affects your brain, body, and overall performance. This quarterly brief provides practical tips and techniques to help you rest better and thrive. Open to all base personnel ages 18 and up. Don't miss this opportunity to enhance your well-being—because better sleep means a better you!



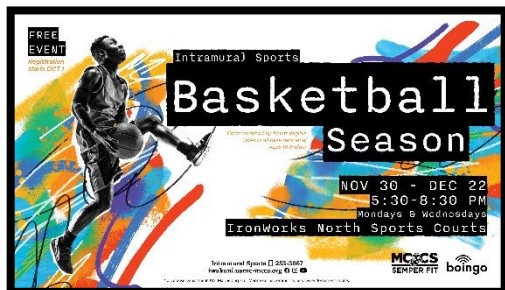
Intramural Sports



6v6 Volleyball Season

Mon, 2 Nov – Wed, 25 Nov, 5:30 – 8:30 p.m., IronWorks North
Registration is available online until 15 Oct
Join Intramural Sports for their 6v6 Volleyball season. The tournament is open to all SOFA eligible patrons and JMSDF and IHA/MLA personnel aged 16 and older. Each team must consist of a minimum of 6 and a maximum of 12 players. This event is Commander's Cup point eligible, and

each team registering for points will need to be at least 80% active duty from the same unit and must be approved by the unit CO/OIC. For more information and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/f41bfff0c-87ff-4becb-b335-7f36baf1eacf>.



and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/67c37f1c-d672-45fd-994c-65f618530127>.

Outdoor Recreation

Fishing at the MCAS Iwakuni Harbor

Sat, 10 Oct, 5:30 a.m. – 12:00 p.m.

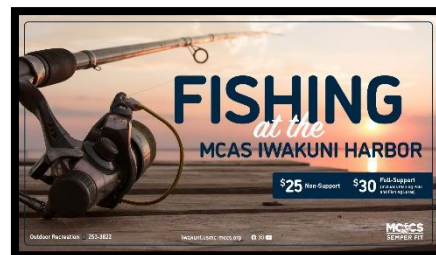
Sat, 14 Nov, 6:00 a.m. – 12:30 p.m.

Registration available from 10 Sep for active-duty/family members

25 Sep for civilians, JMSDF, and MLA/IHA

Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.

For complete details, visit: <https://iwakuni.usmc-mccs.org/activity/8923f005-0544-4522-be30-4f5c6be3bc79> or call Outdoor Recreation.



Mt. Daisen Hiking Trip

Sat, 24 Oct, 4:00 a.m. – 10:00 p.m.

Registration open 24 Sep for active-duty/family members

9 Oct for U.S. civilians, JMSDF and MLA/IHA

Mount Daisen, a dormant stratovolcano in Tottori Prefecture, is the highest mountain in the Chugoku region with an elevation of 1,729 meters. The hiking route will take you through one of the largest beech forests in western Japan to the mountain's summit, where magnificent views overlook the Sea of Japan. The bus departs from in front of the Outdoor Recreation office at IronWorks North at 4:00 a.m. and will return around 10:00 p.m. For more information, please call Outdoor Recreation at 253-3822 or stop by their office to register.



Sandankyo Gorge Hiking Trip

Sat, 7 Nov, 8:00 a.m. – 5:00 p.m.

Registration open 7 Oct for active-duty/family members

23 Oct for U.S. civilians, JMSDF and

MLA/IHA

Sandankyo is a three-step canyon and is one of the most scenic tourist attractions located in the suburbs of Hiroshima. Hike through a narrow gorge alongside a turbulent river while appreciating the pristine environment, several waterfalls, and wildlife. The Japanese government has accredited this area as a place of scenic beauty and has protected it from random

development. The trail is rated moderate and is appropriate for most fitness levels. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/c4e593d2-0559-4a22-9e49-57769d368c73> call Outdoor Recreation at 253-3822/3842.



Single Marine Program

Visit your SMP at:
Homer's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

SMP Fukuoka Day Trip

Sat, 10 Oct, 7:00 a.m. – 10:00 p.m.

Join us on a trip to Fukuoka and enjoy all the sights of the city and do some shopping at the Canal City Mall and its surrounding area. Open to all single & unaccompanied service members only. For full information, please visit: <https://iwakuni.usmc-mccs.org/activity/181fb6d9-5b3a-4c17-8da5-aaa8ea6c76f5>.

(NOTE: Trip is full; however, there may be no-shows and SMP eligible patrons who did not sign up may be able to participate if they show up on the day of the trip.)

SMP Huis Ten Bosch Trip

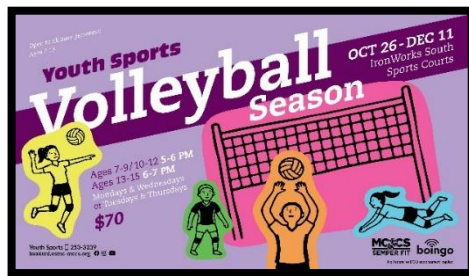
3:30 a.m., Sat, 17 Oct – 3:00 a.m., Sun, 18 Oct

Registration open 12:00 p.m., 28 Sep – 12 Oct or until full.

Travel to Huis Ten Bosch and enjoy its many attractions along with some great food and views, including the night light ceremony! Open to single or unaccompanied service members only. 36 spots are available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/6ac2fb76-9e4d-43d8-989d-08bcc51b5f79>.



Youth Sports



Youth Sports Volleyball Season

Mon, 26 Oct – Fri, 11 Dec

Registration open thru 5:00 p.m., 16 Oct

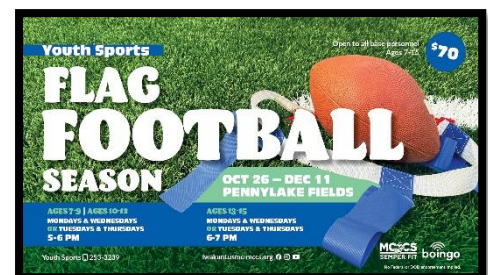
Youth Sports Volleyball Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the IronWorks South Sports Courts. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/fbe15e47-cb64-44dc-802c-13ef5f4297ee>.

Youth Sports Flag Football Season

Mon, 26 Oct – Fri, 11 Dec

Registration open thru 5:00 p.m., 16 Oct

Youth Sports Flag Football Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the Penny Lake Green Space Fields. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/2d717dd1-060c-4ec0-a4ed-35643b3a5a93>.



Marine & Family Programs

Behavioral Health



Seven Principles Couples Program: Week 6

Fri, 9 Oct, 11:00 a.m. – 12:30 p.m., bldg 411, rm 216

Looking to strengthen your relationship? The Seven Principles Couples Program is an eight-week, evidence-based series designed to help couples build a deeper connection, improve communication, and create lasting trust. Through engaging discussions and practical exercises, you'll gain research-backed tools to strengthen emotional intimacy, navigate conflict with confidence, and work together to overcome everyday relationship challenges. Throughout the program, you'll learn effective communication and problem-solving strategies, recognize and replace destructive relationship patterns,

and create shared goals that foster a stronger, healthier partnership. Whether you've been together for a few years or many, each session provides practical skills you can begin using right away to help your relationship grow and thrive. For more information, please contact Behavioral Health at 253-4526 or email them at: behavioral_health_iwakuni@usmc.mil.

Week 5: Navigating Everyday Relationship Challenges

Today's relationships face unique demands, from busy schedules and technology to family responsibilities and maintaining romance. Explore practical ways to manage these common challenges while keeping your relationship strong, connected, and resilient.

Learn & Play

Thu, 15 Oct, 10:00 – 11:00 a.m., PLAT ABC

Learn & Play is an interactive playgroup that provides social, cognitive, and motor skill development, eases the transition to the school environment, knowledge sharing, and learning opportunities to parents. Join us every Thursday from 10:00 – 11:00 a.m.

DVAM Puzzle Room: Unlock Respect

Thu, 15 Oct, 3:00 – 7:00 p.m., IronWorks North

Put your problem-solving skills to the test against the Family Advocacy Program's Puzzle Room: Unlock Respect, in recognition of Domestic Violence Awareness Month. Work together to solve clues, crack codes, and complete challenges while learning about healthy relationships, recognizing warning signs, and discovering resources available to support individuals and families. Bring your friends, coworkers, or teammates and see if you can crack the clues, spot the signs, and unlock respect before time runs out! Drop in anytime during the event; no registration needed.



Family Care



Walk & Talk with EFMP

Tue, 13 Oct, 10:00 – 11:30 a.m., Northside Track & Field

Calling all Stroller Warriors and all SOFA-status personnel looking to get out of the house or TLF! Lace up your walking shoes and bring your kids, your strollers or wagons, or just yourself for a casual get together of walking & chatting with your friendly EFMP staff. We will meet by the northside track & field picnic area. No registration is required & all SOFA status personnel are welcome! Please note that walks may be canceled due to weather.

CDC Open House Fall Festival

Fri, 16 Oct, 3:00 – 5:00 p.m., Child Development Center, bldgs 635 & 637
Come celebrate the fall season with the Child Development Center! Enjoy a fun, family-friendly afternoon featuring fall crafts, seasonal snacks, and a festive photo area. All families are welcome, whether your child is currently enrolled at the CDC or you're just getting to know the program. Families interested in CDC enrollment can also tour the facility, learn more about available programs, and see what the CDC has to offer.

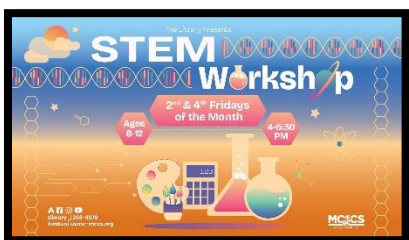


Youth & Teen Center Open House

Sat, 17 Oct, 1:00 – 6:00 p.m., Youth & Teen Center, Crossroads, bldg 410
Level Up at YTC. Play, Connect, Lead, Make a Difference! Whether you're new to the program or returning for another exciting year, this is the perfect opportunity to tour the facility, meet the staff, and learn about the activities and programs available throughout the year. Explore the Youth & Teen spaces, participate in interactive activities, and discover exciting clubs, special events, leadership opportunities, and more. See firsthand how the Youth & Teen Center provides a fun, safe, and welcoming environment

where youth and teens can build friendships, develop new skills, and create lasting memories. For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/3cb0b5cf-cdd8-4fba-94cf-fda9b708e905>.

Personal & Professional Development



STEM Workshop

Fri 9 Oct, 4:00 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: [https://iwakuni.usmc-mccs.org/activity/ce98015e-](https://iwakuni.usmc-mccs.org/activity/ce98015e-5f3e-459d-88fd-5c738e90ba9c)

[5f3e-459d-88fd-5c738e90ba9c](https://iwakuni.usmc-mccs.org/activity/ce98015e-5f3e-459d-88fd-5c738e90ba9c).



LinkedIn Profiles

Wed, 14 Oct, 9:30 – 11:30 a.m., bldg 411, rm 117

Build a LinkedIn profile that helps showcase your skills, experience, and career goals. Learn how to create or improve your profile, expand your professional network, and connect with employers, industry professionals, and career opportunities. Whether you're starting from scratch or looking to strengthen your existing profile, you'll gain practical tips to make LinkedIn work harder for your career. For more information, please call 253-7106 or email: ombiwakunipersonalandprofessionaldevelopment@usmc-mccs.org.

L.I.N.K.S. Foundations Workshop – 2 Half-Day Workshop

8:30 a.m. – 12:30 p.m., Thu, 15 Oct & Fri, 16 Oct, bldg 625

This 2-half-day workshop is a fun and interactive way to learn more about the military lifestyle, the base, and life in Japan. Experienced L.I.N.K.S. Mentors will share their experiences and provide helpful tips on meeting the unique challenges military spouses face as a result of the mobile military lifestyle. To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 14 Oct.





PCS with Success

Thu, 15 Oct, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: [https://iwakuni.usmc-](https://iwakuni.usmc-mccs.org/activity/aa59196c-451b-4620-b147-c1dc6f3e85c7)

[mccs.org/activity/aa59196c-451b-4620-b147-c1dc6f3e85c7](https://iwakuni.usmc-mccs.org/activity/aa59196c-451b-4620-b147-c1dc6f3e85c7).

Jr. 3D Club

Fri, 16 Oct, 4:00 – 5:30 p.m., Library

The Jr. 3D Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Patrons must be valid MCCS Iwakuni Library cardholders with accounts in good standing and Makerspace and internet agreements must be on file. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/28c780b6-632c-4c1f-ace5-94d11b30f021>.

Japanese Author Book Club

Fri, 16 Oct, 6:00 – 7:00 p.m., Library

Whether you're a long-time reader of Japanese authors or just beginning your journey, this book club offers a unique opportunity to explore renowned translated works. Step into the world of Japanese literature! Join us each month as we explore books by Japanese authors across a wide range of genres. Each month, we will pick a new book and then come together to discuss it, creating lively conversations in a welcoming space for readers of all backgrounds. Genres will vary, so every meeting brings a fresh literary experience. Please be sure to read the selected book before attending. Books are available at the library. Please stop by to check out your copy today! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/016abcf8-56d1-4f86-8c85-cb6b1b46a509>.

Command Team Advisor/Family Readiness Assistant Training

Mon, 19 Oct, 9:00 – 11:30 a.m., bldg 411, rm 117

Understand the roles, responsibilities, and operating components within the UPFRP. This is mandatory training for all command team advisors and family readiness assistants per MCO 1754.9B. To register, please call 253-3542, send an email to ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 16 Oct.



Ready, Set, Thrive

Tue, 20 Oct, 9:00 – 11:00 a.m., bldg 625, rm 211B

The middle of a deployment can bring its own unique challenges, but you needn't navigate them alone. Join Marine Corps Family Team Building for an interactive event designed to help military spouses recharge, connect, and discover resources available throughout the installation. Explore hands-on wellness activities, connect with local support organizations, and discover practical strategies for managing stress and prioritizing self-care. You'll also have the opportunity to connect with others who understand the deployment journey

and build relationships within the community. Whether you're looking for new ways to recharge, helpful resources for your family, or simply an opportunity to connect, come take some time for yourself and discover tools to help you continue to thrive throughout deployment.

Marketing Yourself to Employers

Wed, 21 Oct, 9:30 – 11:30 a.m., bldg 411, rm 122

Learn strategies to effectively market your skills, experience, and strengths to employers so you can make a strong impression throughout your job search..

Sponsorship Training

Wed, 21 Oct, 10:00 – 11:30 a.m., bldg 411

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.



Business/Retail & Services/Special Events

Apple Picking & Yamaguchi Sightseeing Trip

Sat, 10 Oct, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, enjoy a trip to Yamaguchi City for a day of exploration. Spend your free time discovering downtown Yamaguchi, where you can find numerous local restaurants for lunch and various foot baths around the area for a relaxing experience. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/b9aa6637-60a2-4ea6-98f8-52843f81a146>, or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Dassai Brewery Tour

Sat, 10 Oct 11:45 a.m. – 4:00 p.m.

Enjoy a guided tour with a Dassai artisan and see the sake making process up close. The brewery tour takes 1 hour, after which you can enjoy an optional sake tasting for ¥500 per shot and shopping in the store at the location. The cost for the tour is \$20 plus a tour fee of 1,000 yen which is paid in cash upon arrival. To sign up, please visit the IT&T Office in bldg 410 (Crossroads).

Yanagawa Canal Boat Tour

Sat, 17 Oct, 7:30 a.m. – 10:30 p.m.

Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city like a mesh and include the old castle's moat. Passengers can enjoy the beautiful scenery along the way. After the tour, we will make a brief stop and a long dinner break at one of the malls with over 150 brand stores and various restaurants. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/f17a52ea-8b8a-4644-b87b-a6423df5a92d> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Fall Bazaar

Sat, 17 Oct, 9:00 a.m. – 5:00 p.m., Atago Sports Complex

Sun, 18 Oct, 9:00 a.m. – 4:00 p.m., Atago Sports Complex

Get ready to browse and shop at the Fall Bazaar 2026! This exciting event is open to SOFA personnel only. Accepted payments are in US dollars and credit/debit cards (no Yen please).

Universal Studios Japan Halloween Party

Sat, 24 Oct, 4:30 a.m. – 2:30 p.m.

Enjoy a Halloween party at USJ! Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

- **The Wizarding World of Harry Potter:** Step into the magical realm and experience the wonders of Hogwarts.
- **Wonderland:** Perfect for the little ones with whimsical fun and enchanting attractions.
- **Hollywood Area:** Feel the adrenaline rush on the exhilarating “Hollywood Dream - The Ride” roller coaster.
- **Jurassic Park:** Brave the jaw-dropping “The Flying Dinosaur” and soar through the prehistoric skies.
- **Minion Park:** Join the mischievous Minions in “Despicable Me Minion Mayhem” for a laugh-out-loud adventure.



And don't miss out on the latest sensation: **Donkey Kong Country!** Join us for a Halloween adventure and create magical memories at USJ! Click [here](#) for complete trip details.

Halloween at the MCX

Fri, 30 Oct – Sat, 31 Oct, 11:00 a.m. – 3:00 p.m., MCX

It's spooky season at the MCX! Customers are invited to come dressed in their favorite Halloween costumes and stop by the Halloween Candy Pad on the first floor for some Halloween fun. Customers can enjoy FREE popcorn and snow cones while supplies last. A Halloween-themed photo backdrop will also be available for customers and families to take photos and capture their Halloween memories.



COME FOR THE TREATS. STAY FOR THE SPOOKY FUN!



- Family-friendly event on October 30 & 31, from 11 AM – 3 PM
- 🍬 Halloween Candy Pad – First Floor
- 🍿 FREE Popcorn
- 🍷 FREE Snow Cones
- 📷 Halloween Photo Backdrop
- 👻 Costumes Encouraged
- No tricks—just FREE treats (free treats while supplies last)!



Weekly Newsletter

9 Oct 2026

Alphabetical list of events for period 9 – 15 October 2026

Event	Date	Link
7v7 Flag Football Season	5 – 28 Oct	https://iwakuni.usmc-mccs.org/activity/341bcefa-adb1-426a-8bc9-e7c4b198de96
Anger Got You Hot? Cool Down With Us	Thursdays	https://iwakuni.usmc-mccs.org/activity/2171d040-7939-47fa-b847-53118cb20b40
Apple Picking & Yamaguchi Sightseeing Trip	Sat, 10 Oct	https://iwakuni.usmc-mccs.org/activity/b9aa6637-60a2-4ea6-98f8-52843f81a146
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/3947a49f-1a0a-4542-a252-97c1f3788be5
Book Bingo	1 Mar – 31 Dec	https://iwakuni.usmc-mccs.org/activity/aec6a26b-edc6-43f2-b37d-d65d38879550
Catfish Platter Friday	Fridays	https://iwakuni.usmc-mccs.org/activity/c36eaba9-2eea-405c-82bc-2ac4311d3e75
College 101/TA Orientation Brief	Wednesdays	https://iwakuni.usmc-mccs.org/activity/85e249aa-3453-4d60-a0f0-bd929420d2b6
Dassai Brewery Tour	Sat, 10 Oct	https://iwakuni.usmc-mccs.org/activity/52ffef56-74d1-4d4f-ab0e-b18d330b592e
DVAM Puzzle RToom: Unlock Respect	Th, 15 Oct	https://iwakuni.usmc-mccs.org/activity/5cb0c2b7-0ade-4f4f-8c37-85a4dcc437fa
Fishing at the MCAS Iwakuni Harbor	Sat, 10 Oct	https://iwakuni.usmc-mccs.org/activity/8923f005-0544-4522-be30-4f5c6be3bc79
Food Trucks	Various	https://iwakuni.usmc-mccs.org/activity/ba820109-7b17-4a69-a427-33ea503a50e1
Free Movie Mondays: Saw X (2023)	Mon, 12 Oct	https://iwakuni.usmc-mccs.org/activity/69cf1918-8c85-4eba-a035-20e747417ae3
From Stress to Strength: Warrior Maintenance	Mondays	https://iwakuni.usmc-mccs.org/activity/c1782323-11bd-42df-b78a-57b027e62278
Glutes & Abs – October	Wednesdays	https://iwakuni.usmc-mccs.org/activity/4283138f-c05e-4df6-8f89-128d582b8e10
Hatha Yoga	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/b3335ea7-76ce-49ba-98af-ccd8b8fcdbe4c
Judo – October	Mon & Wed	https://iwakuni.usmc-mccs.org/activity/a58d48a7-43fa-4e48-8d6a-3997edd0e342
Learn & Play at PLAT ABC	Thu, 15 Oct	https://iwakuni.usmc-mccs.org/activity/21cc56d1-7557-46a4-820f-1e370a43e33e
LinkedIn Profiles	Wed, 14 Oct	https://iwakuni.usmc-mccs.org/activity/50e31c60-b335-419e-94c7-869f432dab9b
L.I.N.K.S. Foundations 2 Half-Day Workshop	15 – 16 Oct	https://iwakuni.usmc-mccs.org/activity/60018971-3320-4b13-8bc1-7a721794c852
Marine Corps Birthday Swim	9 Oct – 10 Nov	https://iwakuni.usmc-mccs.org/activity/fa91750c-4461-43ed-a550-a39a79d69ac2
Military Readers are Leaders	1 – 31 Oct	https://iwakuni.usmc-mccs.org/activity/d86fa59e-9725-41f8-83d0-3d76d7b9441
Mixedfit	Various	https://iwakuni.usmc-mccs.org/activity/0b4de4cd-f907-4867-a52a-586d5c14b85a
Mongolian Night	Wednesdays	https://iwakuni.usmc-mccs.org/activity/adb5f483-2aee-43e7-befe-8c6fbb1df2eb
Navy Birthday Swim	14 Sep-13 Oct	https://iwakuni.usmc-mccs.org/activity/7a2ddf83-e9b0-4644-8528-9aa216e8faed
PCS with Success	Thu, 15 Oct	https://iwakuni.usmc-mccs.org/activity/aa59196c-451b-4620-b147-c1dc6f3e85c7
Penny a Pin	Mondays	https://iwakuni.usmc-mccs.org/activity/71230f49-cd56-4360-b82e-0af29b416690
Prenatal Yoga	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/0183c8db-2eed-443e-808e-d7cc99c96890



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Postpartum Recovery Yoga	Wed, 14 Oct	https://iwakuni.usmc-mccs.org/activity/fca19e71-f3fa-46d8-8b82-1b2701f8d172
Pre-K Time	Wed, 14 Oct	https://iwakuni.usmc-mccs.org/activity/cdf8df2c-8648-4fe7-b118-7946b558500d
Prime Rib Special at Tun Alley	Thu, 15 Oct	https://iwakuni.usmc-mccs.org/activity/e8cd758d-932d-4aba-926b-9c1d6fd94b8f
Progressive Bingo	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/9ec0ec3a-6c0d-4f96-a9a9-852ed53303f7
Seven Principles Program: Week 6	Fri, 9 Oct	https://iwakuni.usmc-mccs.org/activity/22cccd43-6e1f-4711-afdc-476de16fcb99
Sleep Smarter Tips & Techniques	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/aa39762a-0485-4428-b99d-ecded59249b2
SMP Fukuoka Day Trip	Sat, 10 Oct	https://iwakuni.usmc-mccs.org/activity/181fb6d9-5b3a-4c17-8da5-aaa8ea6c76f5
SMP Trading Card Night	Fri, 9 Oct	https://iwakuni.usmc-mccs.org/activity/203560b5-bb09-4902-831c-cb2bcb70d379
Spin	Various	https://iwakuni.usmc-mccs.org/activity/185be74b-395a-4511-a8ec-0b096f8c5ee1
STEM Workshop (Sold Out)	Fri, 9 Oct	https://iwakuni.usmc-mccs.org/activity/ce98015e-5f3e-459d-88fd-5c738e90ba9c
Survival Japanese Class (Sold Out)	13 – 16 Oct	https://iwakuni.usmc-mccs.org/activity/103513f4-5369-4dd8-a7c0-d2e727d70a57
Teen Readers are Leaders	1 – 31 Oct	https://iwakuni.usmc-mccs.org/activity/5c147e32-d8db-4357-af0a-f7bc3b4b6f99
Toddler Tuesdays	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/684f3921-ecd3-47ec-aa32-5da158f7b326
Toddler Yoga	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/0183c8db-2eed-443e-808e-d7cc99c96890
Tsunami Swim Team (Fall '26 Season)	24 Aug-19 Nov	https://iwakuni.usmc-mccs.org/activity/18310406-6984-4b62-b28b-2a22e873e2f1
Walk & Talk with EFMP & NPSP	Tue, 13 Oct	https://iwakuni.usmc-mccs.org/activity/d9ba2cf3-5358-467a-bec6-e62b6a4776a2
What to Expect: Baby Shower (Sold Out)	Sat, 10 Oct	https://iwakuni.usmc-mccs.org/activity/000c7620-0b89-4c95-add3-bd0d96a921ee
Youth Dance Classes – Autumn Season	Various	https://iwakuni.usmc-mccs.org/activity/6f52ba6a-0aa8-4bc6-9ab5-dd7058d3432f
Youth Sports Soccer Season	24 Aug-16 Oct	https://iwakuni.usmc-mccs.org/activity/b63758bc-da79-4971-b21b-7095e890b7d1