

Missing out on happenings in the community?

Download the [MCCS Connect](#) App!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 11 – 17 September 2026

Fri, 11 Sep	11:00 a.m. – 12:30 p.m., Seven Principles Program: Week 2 (see page 8) 4:30 – 5:30 p.m., STEM Workshop (see page 11)
Sat, 12 Sep	7:00 a.m. – 10:30 p.m., Fukuoka Baseball Game (see page 14) 11:45 a.m. – 4:00 p.m., Dassai Brewery Tour (see page 14)
Mon, 14 Sep	8:00 a.m. – 4:00 p.m., Transition Readiness Seminar 3-Day Course (see page 11)
Tue, 15 Sep	8:00 a.m. – 4:00 p.m., Personal Readiness Seminar (see page 11) 8:00 – 11:00 a.m., SMP Yuu Beach Cleanup (see page 7) 12:00 – 1:00 p.m., Child Abuse Prevention & Education Training (see page 8) 1:00 – 3:30 p.m., Command Team Training (see page 11) 3:45 – 4:30 p.m., Sprout Discovery Co. (see page 11) 10:00 – 11:30 a.m., Sponsorship Training (see page 12)
Wed, 16 Sep	9:30 – 11:30 a.m., Create a Targeted Resume (see page 11)
Thu, 17 Sep	8:00 a.m. – 4:00 p.m., Employment Workshop 2-Day Course (see page 12) 8:00 a.m. – 4:00 p.m., Managing Your Education 2-Day Course (see page 12) 8:30 a.m. – 12:30 p.m., L.I.N.K.S. Foundations 2 Half-Day Workshop (see page 12)

Sakura Theater Schedule

- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**

The End of Oak Street (PG-13)

Fri, 11 Sep, 5:00 p.m.

Sat, 12 Sep, 2:00 p.m.

Thu, 17 Sep, 7:00 p.m.

A mysterious cosmic event rips Oak Street from suburbia and transports a neighborhood to someplace unknown. The Platt family soon discovers that their very survival depends on sticking together as they navigate their now unrecognizable surroundings.



One Night Only (R)

Fri, 11 Sep, 8:00 p.m.

Recently dumped Owen and hopeful romantic Allie might be the only two singles in the city looking for more than just a quick encounter. They both feel a spark when they meet, but a series of missteps and side quests complicates their night, keeping them apart. As they each race toward and away from each other, they just might discover the one thing they want most is closer than they think.

Insidious: Out of the Further (PG-13)

Sat, 12 Sep, 6:00 p.m.

Gemma is a young mother who discovers she can travel into the Further, a purgatorial realm of lost souls. When something evil comes after her, she realizes she can bring what lives there back to the real world. Once the demons realize her power, our world becomes their playground.



PAW Patrol: The Dino Movie (PG)

Sun, 13 Sep, 2:00 p.m.

When their ship gets caught in a storm, the PAW Patrol pups wash up on a tropical island that's teeming with dinosaurs. They soon befriend Rex, a baby dino who's been stranded on the island for years. When Mayor Humdinger's mining plans cause a huge volcano to erupt, the pups spring into action to save Rex's home before everything becomes extinct.

The Dog Stars (R)

Sun, 13 Sep, 6:00 p.m.

Survivors of a deadly pandemic traverse a post-apocalyptic landscape to find the origin of a mysterious radio transmission.



War for the Planet of the Apes (PG-13)

NDVD/NSSM – Free Admission

Mon, 14 Sep, 7:00 p.m.

When a rogue army of humans kills Caesar's wife and son, he sets out to exact revenge. But his quest for retribution reveals his darker instincts even as he makes a startling discovery.

Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.



Wellness & Prevention Fair

Fri, 25 Sep, 3:00 – 7:00 p.m., IronWorks North
Stop by, connect with the experts and take the next step toward a healthier, stronger you!

For more information, please visit:
<https://iwakuni.usmc-mccs.org/activity/3f2710ef-124a-401b-830f-28de1ecb794>



Rocktoberfest

Fri, 25 Sep, 6:00 – 11:00 p.m.,
Club Iwakuni Green Space

Willkommen to Oktoberfest at Club Iwakuni's outdoor greenspace! Enjoy live music with Van Heysan, games and prizes, and all-you-can-eat-and-drink-beer. Prost!

<https://iwakuni.usmc-mccs.org/activity/4997830b-fd17-4cf2-bad4-7db4b5631b3e>



Iwakuni Friendship Outdoor Flea Market

Sat, 26 Sep, 5:00 – 8:00 p.m.

Kizuna Station Parking Lot

Complete information and registration at:

<https://iwakuni.usmc-mccs.org/activity/97b3c11a-641b-406c-af25-07c566061fbe>



Mini Marine Corps & Navy Ball

Sat, 3 Oct, 3:30 – 8:00 p.m., Club Iwakuni

Registration opened 3 Sep

Held annually for children ages 5 – 12, the Mini Marine Corps & Navy Ball event allows our children to experience the history, heritage, and customs of our military balls. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/d2c2cafa-3b01-474a-8469-a652a638d3bd>

Trunk or Treat & Mini-Monster Maze

Fri, 30 Oct, 5:00 – 8:00 p.m., Northside Track & Field

Trunk or Treat is a safe and festive Halloween event for the MCAS Iwakuni community where vehicle trunks are decorated in various themes, providing giveaways, candy, and other treats for participating children & families. All members of the MCAS Iwakuni community are welcome to sign up for trunk spaces, and prizes will be offered to the winners of five categories.

The Mini Monster Maze is a family-friendly option for children aged 10 years and younger featuring a themed walk-through obstacle course with twists & turns and candy prizes at the end.

Registration

Trunk sign-up will start September 28 and will remain open until the day of the event.

Private organizations (POs) & on-base businesses may sign up to fundraise via Eventbrite. Registration will be open 21 Sep – 23 Oct.*

***POs must submit a fundraising request no later than 9 Oct.** For information on fundraising, please visit:
<https://iwakuni.usmc-mccs.org/lodging/about/private-organizations> or email:
ombiwakuni.mccscoordinator@usmc-mccs.org.



HOUSE OF HORRORS
Volunteer Sign-up

Open to all
SOFA base personnel
Ages 18 & older

Looking for:

- Scare actors (main stage/behind the scenes)
- Fabrication & Set up
- Tear down & Clean up
- Makeup artist

Click to Signup

SPECIAL EVENTS ☎ 253-5048

The MCCS Haunted House will take place on 30 & 31 October at the old Iwakuni Middle School. This year's theme will be a haunted high school featuring enhanced scare elements & decorated pathways. There will be no family hour this year. Recommended for aged 13 years and older.

Details

- Iwakuni Middle School
- Friday, October 30, 5:30–8 PM
- Saturday, October 31, 6–9 PM

Volunteers

[Volunteer registration](#) starts September 4, 8 AM through October 1, 4:30 PM

Semper Fit

Blast-A-Mania Bazookaball Tournament

Sat, 26 Sep, 11:00 a.m. – 3:00 p.m.

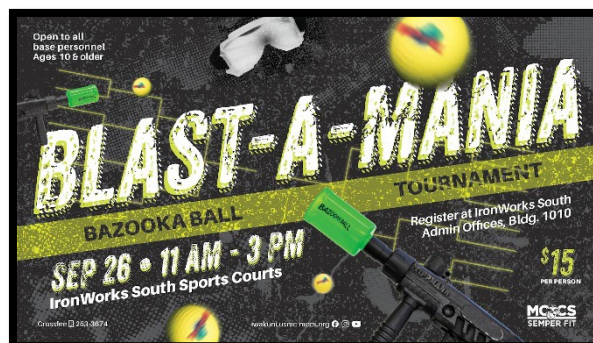
IronWorks South Sports Courts

Register at the IronWorks South Admin Office

Thru 10:30 a.m., Mon, 21 Sep

For complete details, please visit:

<https://iwakuni.usmc-mccs.org/activity/c533c8c1-c5dc-4561-b73e-2451341e5460>



Open to all
base personnel
Ages 10 & older

BLAST-A-MANIA
BAZOOKA BALL
TOURNAMENT

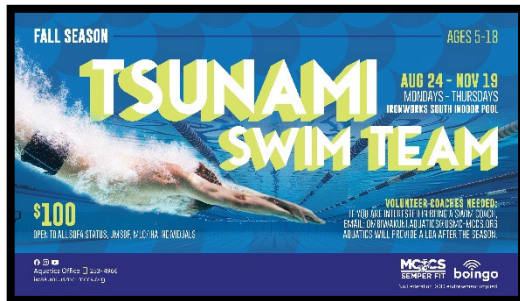
Register at IronWorks South
Admin Offices, Bldg. 1010

SEP 26 • 11 AM - 3 PM
IronWorks South Sports Courts

\$15
PER PERSON

MCCS
SEMPER FIT

Aquatics



Tsunami Swim Team (Fall '26 Season)

Mon, 24 Aug – Thu, 19 Nov, 3:30 – 5:30 p.m., IronWorks South Indoor Pool

The Aquatics Tsunami Swim Team is available to athletes ages 5 – 18 for the fall season! Join the swim team to enhance your technical skills, foster social development, and embrace an active lifestyle. Athletes are required to pass a swim test and evaluations before joining the team. These include demonstrating a full, proper 50-meter freestyle and a minimum of 25 meters of backstroke. Please note that meeting the minimum requirements makes swimmers eligible for the team, but it does not guarantee a

spot due to the limited availability of volunteer coaches. Swim meets will be on 14 Oct at Fleet Activities Sasebo and on 14 Nov at MCAS Iwakuni. For additional details, please visit: <https://iwakuni.usmc-mccs.org/activity/07091c43-5f72-4f25-897b-9643d2b3134e>.

Competitive Events

Iwakuni Friendship Relay Marathon 2026

Sun, 6 Dec, 8:00 a.m. – 2:00 p.m., Atago Sports Complex

Registration open 10:00 a.m., 14 Sep – 3:00 p.m., 8 Nov

Run together, unite the bonds between Japan and the U.S.! Pass the sash in a relay and make it a day full of smiles and energy! Join this exciting exchange event where hearts come together across borders. Beginners are more than welcome! Teams of 4-15 Runners run a 1.4 km relay course for 3 hours and compete for the most laps to win prizes. For more information, visit the event web-site: <https://kizunarelay.com/en/>. For entry information and registration, please visit: <https://iwakuni.usmc-mccs.org/activity/d4bd04fa-be81-4003-b5b8-346cef07cb6c>.



Fitness



Children's Balance, Strength & Tumble Classes - September

Tue, 1 Sep – Thu, 1 Oct, IronWorks Atago Gym

Gain strength, flexibility, and confidence with children's fitness classes! Participants are allowed to sign up for ONE (1) class only to enable more children the opportunity to participate in youth fitness classes. If you have multiple children who want to participate in youth fitness, you are welcome to try registering all of them in the appropriate age and level classes, but only one class per child. All classes will begin with a warm-up and stretching, followed by time to learn and practice new movement patterns, ending with strength work and a cool-down

session. All classes are 60 minutes, except for the advanced classes, which are 90 minutes. For complete information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/ed279289-aaf1-48d6-ac27-a986ff52be70>.



Youth Dance Classes – Autumn Season

Tue, 1 Sep – Tue, 27 Oct, IronWorks North Aerobics Room

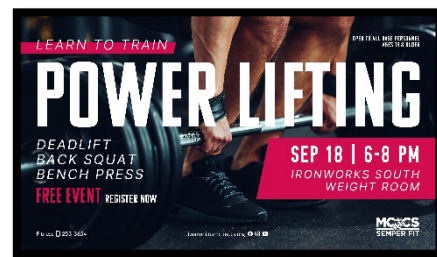
Fitness is offering youth dance classes to give children ages 3 and up a chance to learn and enjoy several dance genres including Creative, Hip-Hop, Petit Ballet and Pre-Ballet. Registration is advised, but drop-ins are available for any available spots remaining. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/404f2625-09a9-40e2-97c8-e9d1d732838a>.

Learn to Train: Powerlifting

Fri, 18 Sep, 6:00 – 8:00 p.m., IronWorks South

This hands-on powerlifting aeminar is designed to teach participants the fundamentals and proper technique for the deadlift, back squat, and bench press. Led by qualified Warrior Athlete Readiness & Resilience coaches, the seminar will break each lift down through step-by-step progressions, allowing participants to learn safely while receiving real-time coaching and feedback to improve movement quality, precision, and confidence under the bar. This is a free instructional event open to individuals of all experience levels who are looking to learn or refine their lifting techniques. For more details and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/b14a7710-445c-41e1-ac40-f4470f510ac0>.



Group Fitness Schedule - September

SEPTEMBER FITNESS CLASS SCHEDULE					
NO SPIN CLASSES SEP 3-15 • NO CLASS ON U.S. FEDERAL HOLIDAYS • SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE • OPEN TO ALL LEVELS OF FITNESS					
MON	TUE	WED	THU	FRI	SAT
HATHA YOGA 6-7 AM N1 POWER PUMP 11:30 AM - 12:30 PM N1 JUDO 5-7 PM ND ZUMBA 5:15-6:15 PM N3	SPIN 6-7 AM N1 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY 4-6:45 PM AT TODDLER YOGA 5:15-7:30 PM A1 MIXXEDFIT 5:30-6:30 PM S PRENATAL YOGA 6:30-7:30 PM A1	GLUTES & ABS 11:30 AM - 12:30 PM N1 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY 4-7:30 PM AT JUDO 5-7 PM ND SPIN 5:15-6:15 PM S POSTPARTUM RECOVERY YOGA 5:45-6:45 PM SD VINYASA YOGA 7-8 PM SD	SPIN 6-7 AM S CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY 9 AM - Noon AT POSTPARTUM RECOVERY YOGA 10:45-11:45 AM N3 VINYASA YOGA Noon-1 PM N3 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY 4-5 PM AT HATHA YOGA 5:15-6:15 PM N1 MIXXEDFIT 5:30-6:30 PM S	MIXXEDFIT 11:30 AM - 12:30 PM S	MIXXEDFIT 10:30-11:30 AM S
N1 IRONWORKS NORTH AEROBICS RM. 1 AT IRONWORKS ATAGO AEROBICS RM. 1	N3 IRONWORKS NORTH AEROBICS RM. 3 A1 IRONWORKS ATAGO AEROBICS RM. 1	S IRONWORKS SOUTH AEROBICS RM. 5 P PAID CLASS	N3 IRONWORKS NORTH DOJO S IRONWORKS SOUTH DOJO ★ KIDS WELCOME	N3 IRONWORKS NORTH DOJO S IRONWORKS SOUTH DOJO	S IRONWORKS SOUTH DOJO
Fitness ☎ 253-6359	iwakuni.usmc-mccs.org		MCSCS SEMPER FIT		

Intramural Sports

U.S. – Japan Soccer Tournament

Sat, 3 Oct, 9:00 a.m. – 8:00 p.m., Atago Sports Complex

Registration closes 11:59 p.m., 19 Sep

Join Intramural Sports for the U.S.-Japan Soccer Tournament at the Atago Sports Complex. This tournament is open to active duty, SOFA, JMSDF, and IHA/MLA personnel aged 16 and older. Each team must consist of a minimum of 8 and a maximum of 16 members. Registration fee is \$75. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/d9e3e546-587e-4cbb-ba2f-fa0d0fc6bc2> or call Intramural Sports at 253-3067 for more information.



Outdoor Recreation



Shimanami Bike Trip

Sat, 26 Sep, 6:00 a.m. 7:30 p.m.

Registration opens 26 Aug for active duty and family members

11 Sep for SOFA civilians, JMSDF and MLA/IHA

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes

will be transported (no through axle-shaft bikes), and bike rentals are available at the starting point. The bus stops at a midway point for those who don't want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,100 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in the IronWorks South, bldg 1010. The \$40 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.

Fishing at the MCAS Iwakuni Harbor

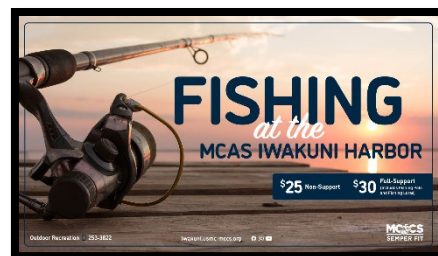
Sat, 10 Oct, 5:30 a.m. – 12:00 p.m.

Registration available from 10 Sep for active-duty/family members

25 Sep for civilians, JMSDF, and MLA/IHA

Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.

For complete details, visit: <https://iwakuni.usmc-mccs.org/activity/8923f005-0544-4522-bc30-4f5c6be3bc79> or call Outdoor Recreation.



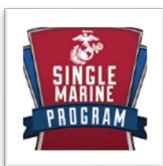
Mt. Daisen Hiking Trip

Sat, 24 Oct, 4:00 a.m. – 10:00 p.m.

Registration open 24 Sep for active-duty/family members

9 Oct for U.S. civilians, JMSDF and MLA/IHA

Mount Daisen, a dormant stratovolcano in Tottori Prefecture, is the highest mountain in the Chugoku region with an elevation of 1,729 meters. The hiking route will take you through one of the largest beech forests in western Japan to the mountain's summit, where magnificent views overlook the Sea of Japan. The bus departs from in front of the Outdoor Recreation office at IronWorks North at 4:00 a.m. and will return around 10:00 p.m. For more information, please call Outdoor Recreation at 253-3822 or stop by their office to register.



Single Marine Program

Visit your SMP at:

Hornet's Nest, bldg 1347

253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.



SMP Yuu Beach Cleanup

Tue, 15 Sep, 8:00 – 11:00 a.m.

Registration open from 31 Aug – 14 Sep or until full

Join this community relations event and clean up Yuu Beach in Iwakuni! Participants will receive volunteer hours for their time while helping the air station maintain its relations with the local community and keep the area looking beautiful. 36 spots are available. To register, please visit:

<https://iwakuni.usmc-mccs.org/activity/09b9bf0a-4f64-4ebf-94cd-ed36564d21d1>.

SMP Fukuoka Day Trip

Sat, 10 Oct, 7:00 a.m. – 10:00 p.m.

Registration open 12:00 p.m., 28 Sep – 8:00 a.m., 5 Oct or until full

Join us on a trip to Fukuoka and enjoy all the sights of the city and do some shopping at the Canal City Mall and its surrounding area. Open to all single & unaccompanied service members only. To register, please visit:

<https://iwakuni.usmc-mccs.org/activity/181fb6d9-5b3a-4c17-8da5-aaa8ea6c76f5>.

SMP Huis Ten Bosch Trip

3:30 a.m., Sat, 17 Oct – 3:00 a.m., Sun, 18 Oct

Registration open 12:00 p.m., 28 Sep – 12 Oct or until full.

Travel to Huis Ten Bosch and enjoy its many attractions along with some great food and views, including the night light ceremony! Open to single or unaccompanied service members only. 36 spots are available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/6ac2fb76-9e4d-43d8-989d-08bcc51b5f79>.



Youth Sports



Youth Sports Volleyball Season

Mon, 26 Oct – Fri, 11 Dec

Registration open 12:00 p.m., 7 Sep – 5:00 p.m., 16 Oct

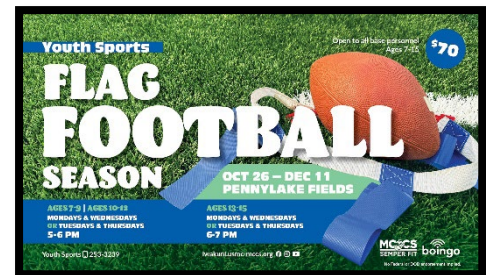
Youth Sports Volleyball Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the IronWorks South Sports Courts. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/fbe15e47-cb64-44dc-802c-13ef5f4297ee>.

Youth Sports Flag Football Season

Mon, 26 Oct – Fri, 11 Dec

Registration open 12:00 p.m., 7 Sep – 5:00 p.m., 16 Oct

Youth Sports Flag Football Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the Penny Lake Green Space Fields. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/2d717dd1-060c-4ec0-a4ed-35643b3a5a93>.



Marine & Family Programs

Behavioral Health



Seven Principles Couples Program: Week 2

Fri, 11 Sep, 11:00 a.m. – 12:30 p.m., bldg 411, rm 216

Looking to strengthen your relationship? The Seven Principles Couples Program is an eight-week, evidence-based series designed to help couples build a deeper connection, improve communication, and create lasting trust. Through engaging discussions and practical exercises, you'll gain research-backed tools to strengthen emotional intimacy, navigate conflict with confidence, and work together to overcome everyday relationship challenges. Throughout the program, you'll learn effective communication and problem-solving strategies, recognize and replace destructive relationship patterns,

and create shared goals that foster a stronger, healthier partnership. Whether you've been together for a few years or many, each session provides practical skills you can begin using right away to help your relationship grow and thrive. For more information, please contact Behavioral Health at 253-4526 or email them at: behavioral_health_iwakuni@usmc.mil.

Week 2: Build Stronger Connection Through Love Maps

How well do you really know your partner? Strengthen your emotional connection by learning new ways to stay curious, communicate openly, and deepen your understanding of each other's thoughts, dreams, and daily experiences.

Child Abuse Prevention & Education Training

Tue, 15 Sep, 12:00 – 1:00 p.m., bldg 411

Every child deserves a safe and supportive environment. Join this vital training designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Join us and learn how to be the change that makes a difference. Join us in building a safer, stronger community.



4th Annual Suicide Prevention & Awareness Walk

Fri 18 Sep, 5:00 – 6:00 p.m., IronWorks South

Please join us as we come together as a community for those affected by suicide and those who support them to raise awareness that suicide is preventable and no one is alone. This awareness walk is open to all active-duty service members, civilians, families, and canines! (Owners will be responsible for their canines.) There is no registration, and this is a free event. This collaborative base-wide event will start at the turf by the seawall ramp close to IronWorks South and for a walk of 1.32 miles in recognition of 132 deaths per day, internationally, due to suicide.



Domestic Violence Awareness Month Proclamation Ceremony and Candlelight Vigil Walk

Thu, 1 Oct, 6:00 – 7:30 p.m., bldg 625

Join us for a Proclamation Signing and Candlelight Vigil for those who have been impacted by Domestic Violence.

This year's theme is "With Survivors, Always", reminds us that supporting survivors is not limited to one month; it is a year-round commitment. The theme calls on communities to stand in partnership with survivors by promoting safety, support, and solidarity while

centering their voices and advocating for their needs and rights. We will begin the event with the close-out of Suicide Prevention Month, transitioning into the kickoff of Domestic Violence Awareness Month, underscoring the importance of mental health, safety, and community support. Together, we can break the silence, support survivors, and build a safer, more compassionate community. Be sure to wear purple to show your support. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/ed612ddd-6caa-450e-9e24-53448d3d3a5a>.

Breaking Chains, Burning Rubber

Fri, 2 Oct, 10:00 a.m. – 12:00 p.m., Penny Lake Fields

Join Behavioral Health in a motorcycle ride to promote recovery from drug-affiliated afflictions and to promote non-drug-using behavior. Marines, sailors, and families are invited to the sea wall to join the riders in writing positive messages about drug recovery and drug abstinence on the sea wall running route in chalk, as well as the names of Marines and Sailors who have died in motorcycle and drug-related accidents this year. Participants must present a valid SOFA license or Japanese driver's license with a motorcycle endorsement upon registration. Authorized Personal Protective Equipment (PPE) gear is mandatory, including an approved helmet, gloves, jacket, long pants, and over-the-ankle boots. **Mandatory safety brief is at 10:30 AM; ride starts at 11 AM.* To register, please visit: <https://iwakuni.usmc-mccs.org/activity/42e69dc5-d0e4-4288-a440-d6bbef860932>.





DVAM Puzzle Room: Unlock Respect

Thu, 15 Oct, 3:00 – 7:00 p.m., IronWorks North

Put your problem-solving skills to the test against the Family Advocacy Program's Puzzle Room: Unlock Respect, in recognition of Domestic Violence Awareness Month. Work together to solve clues, crack codes, and complete challenges while learning about healthy relationships, recognizing warning signs, and discovering resources available to support individuals and families. Bring your friends, coworkers, or teammates and see if you can crack the clues, spot the signs, and unlock respect before time runs out!

Drop in anytime during the event; no registration needed.

Family Care



Memories in the Making (Junk Journaling)

Tue, 22 Sep, 2:00 – 4:00 p.m., bldg 625, rm 211B

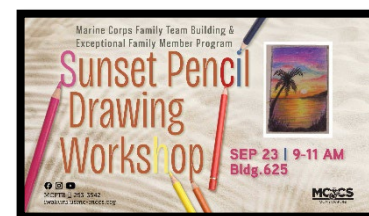
Gather up those ticket stubs, souvenirs, and little mementos from your time in Japan (we all have them), they deserve more than a pile on the counter! Join EFMP for a relaxed, creative session where you can turn those memories into a personalized journal or scrapbook while clearing out a bit of clutter. Free scrapbooks, adhesives, and all necessary art supplies will be provided to help you create a keepsake album to treasure. Light snacks will

also be available while supplies last. Participants are encouraged to bring any photos or mementos they'd like to include, as long as they fit into a scrapbook. Open to all ages. No registration required. Children are welcome but must be accompanied by a parent or responsible adult.

Sunset Pencil Drawing Workshop

Wed, 23 Sep, 9:00 – 11:00 a.m., bldg 625

Unwind and get creative with MCFTB and EFMP at the Sunset Pencil Drawing Workshop. Whether you're an experienced artist or picking up a pencil for the first time, this beginner-friendly session will guide you through creating a beautiful sunset-themed drawing in a fun and welcoming environment. Join us to explore your creativity, connect with others, and take home a piece of artwork inspired by the colors and beauty of a tropical sunset. All skill levels are welcome. Participation is limited to 15 seats and registration is required. To register, please call 253-3542, email: ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 22 Sep.



Autism Spectrum Disorder (ASD) Parenting Forum

Thu, 24 Sep, 1:30 – 2:30 p.m., USO Theater Room, bldg 727 (Air Terminal)

Join us for this monthly parent forum designed to connect SOFA-status residents supporting children and families with ASD and AuDHD. This welcoming space offers an opportunity to share questions, experiences, and insights around the unique challenges and joys of neurodiverse parenting. Parents are invited to help shape the future of this group by establishing a recurring day, time, and location for ongoing meetups. Topics for future sessions will be parent-driven, with an emphasis on acceptance, flexibility, and education to help families navigate common challenges together. Come connect, be heard, and help build a

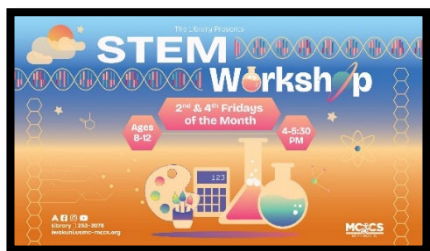
supportive community.

EFMP Training: SSI & Medicaid

Thu, 24 Sep, 1:30 – 2:30 p.m., bldg 625, rm 211

This presentation will provide general guidance as each state may differ. EFMP staff will assist families in understanding what Medicaid and SSI are, along with identifying eligibility, reviewing coverage, and recognizing resources available to them. These resources will help low-income families, those 65+, families with dependents who are disabled at any age, and blind at any age. This is specifically for families who are enrolled in EFMP and transitioning back to CONUS.

Personal & Professional Development



STEM Workshop

Fri, 11 Sep, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15

participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/b299ef78-fffc-4260-9db9-678c9fbd7efd>.

Transition Readiness Seminar (TRS) Core Curriculum – 3-Day Course

Mon, 14 – Wed, 16 Sep, 8:00 a.m. – 4:00 p.m. daily, bldg 411, rm110

The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundamentals of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Please be aware that classes subject to change or cancellation without notice. Pre-registration is required for all seminars and workshops, so contact the Transition Readiness Program by calling 253-6439, emailing ombiwakuni.transitionreadiness@usmc-mccs.org or visiting them in bldg 411, rm 110.

Personal Readiness Seminar

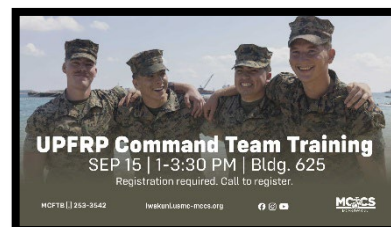
Tue, 15 Sep, 8:00 a.m. – 4:00 p.m., bldg 411

Build the knowledge and skills you need to navigate key milestones throughout your Marine Corps journey. The Personal Readiness Seminar provides practical tools and resources to help you strengthen your financial readiness, make informed decisions, and prepare for the challenges and opportunities ahead. Learn how financial readiness connects to overall wellness, discover resources you can use throughout the Marine Life Cycle, and gain the confidence to make choices that support your personal and professional goals. Come prepared for what's next and leave with tools you can use throughout your Marine Corps journey. For more information, please contact Marine & Family Programs at 253-3855 or email them at: ombiwakuni.personalfinancialmanagement@usmc-mccs.org.

UPFRP Command Team Training

Tue, 15 Sep, 1:00 – 3:30 p.m., bldg 625

Understand the roles, responsibilities, and operating components within the Unit, Personal and Family Readiness Program (UPFRP). This is mandatory training for all UPFRP command team members per MCO 1754.9B. To register, please call 253-3542, send an email to ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 15 Sep.



Sprout Discovery Co.

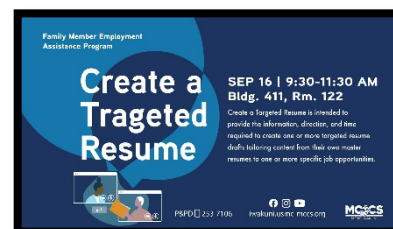
Tue, 15 Sep, 3:45 – 4:30 p.m., Library

Designed for ages 5–7, this sensory-based program encourages exploration, creativity, and hands-on learning through fun, engaging activities.

Create a Targeted Resume

Wed, 16 Sep, 9:30 – 11:30 a.m., bldg 411, rm 122

Take your resume from general to job-specific by learning how to tailor your experience and skills to the opportunities you're pursuing. This hands-on workshop will provide the guidance, resources, and dedicated time to create one or more targeted resume drafts using content from your master resume. Learn how to highlight the qualifications and experience most relevant to a specific position, helping your resume stand out and better demonstrate why you're a strong candidate. Whether you're applying for one position or several, you'll leave



with practical tools to create targeted resumes that are tailored to the jobs you want. Registration is recommended, but walk-ins are welcome. To register, please [send an email](#) with your name, email address, phone number and the desired class date & title.

Sponsorship Training

Wed, 16 Sep, 10:00 – 11:30 a.m., bldg 411, rm 104

Wed, 23 Sep, 10:00 – 11:30 a.m., bldg 411

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.

Employment Track: Department of Labor Employment Workshop

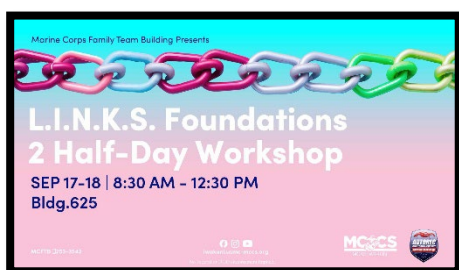
Thu, 17 Sep – Fri, 18 Sep, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

Education Track: Managing Your Education 2-Day Course

Thu, 17 Sep – Fri, 18 Sep, 8:00 a.m. – 4:00 p.m., bldg 410, rm 110

Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.



L.I.N.K.S. Foundations Workshop – 2 Half-Day Workshop

8:30 a.m. – 12:30 p.m., 17 – 18 Sep, bldg 625

This 2-half-day workshop is a fun and interactive way to learn more about the military lifestyle, the base, and life in Japan. Experienced L.I.N.K.S. Mentors will share their experiences and provide helpful tips on meeting the unique challenges military spouses face as a result of the mobile military lifestyle. To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 16 Sep.

Jr. 3D Club

Fri, 18 Sep, 4:00 – 5:30 p.m., Library (Sold Out)

Fri, 2 Oct, 4:00 – 5:30 p.m., Library

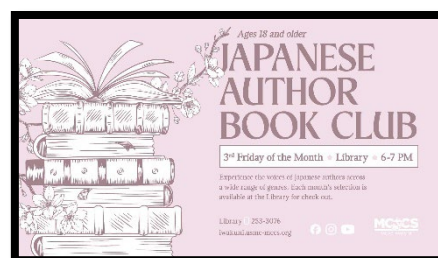
Fri, 16 Oct, 4:00 – 5:30 p.m., Library

The Jr. 3D Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Patrons must be valid MCCS Iwakuni Library cardholders with accounts in good standing and Makerspace and internet agreements must be on file. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/28c780b6-632c-4c1f-ace5-94d11b30f021>.

Japanese Author Book Club

Fri, 18 Sep, 6:00 – 7:00 p.m., Library

Whether you're a long-time reader of Japanese authors or just beginning your journey, this book club offers a unique opportunity to explore renowned translated works. Step into the world of Japanese literature! Join us each month as we explore books by Japanese authors across a wide range of genres. Each month, we will pick a new book and then come together to discuss it, creating lively conversations in a welcoming space for readers of all backgrounds. Genres will vary, so every meeting brings a fresh literary experience. Please be sure to read the selected book before



attending. Books are available at the library. Please stop by to check out your copy today! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/101924bb-aad5-412b-b4fc-130e38c3d2a8>.



Chess Tournament

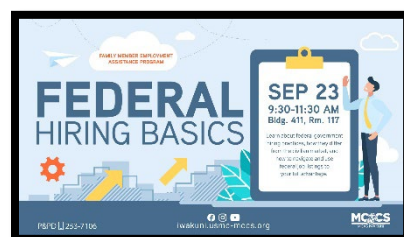
Sat, 19 Sep, 1:00 – 3:00 p.m., Library
Think you've got the winning strategy? Put your skills to the test at the MCCS Iwakuni Library Chess Tournament! Whether you're a seasoned player or are just looking to enjoy a friendly match, players of all skill levels and ages are invited to compete for the title of Library Chess Champion. Choose your division based on age: under 13; ages 13-18; and ages 18 and up. Prizes will be awarded to the top competitors in each division. Official tournament timing rules and chess clocks will be used to keep matches moving and ensure the

tournament stays on schedule. Online pre-registration is encouraged, but walk-ins are welcome as space and tournament timing allow (online registration information coming soon). Challenge your mind, sharpen your strategy, and see if you have what it takes to claim the title!

Federal Hiring Basics

Wed, 23 Sep, 9:30 – 11:30 a.m., bldg 411, rm 117

Learn about federal government hiring practices, how they differ from the civilian market, and how to navigate and use federal job listings to your full advantage. To register, please send an email with your name, email address, phone number, and class date & title to: ombiwakunipersonalandprofessionaldevelopment@usmc-mccs.org.



PCS with Success

Thu, 24 Sep, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: [https://iwakuni.usmc-mccs.org/activity/1bd4be03-](https://iwakuni.usmc-mccs.org/activity/1bd4be03-4144-4f77-bb36-ce73663607d8)

[4144-4f77-bb36-ce73663607d8](https://iwakuni.usmc-mccs.org/activity/1bd4be03-4144-4f77-bb36-ce73663607d8).

Readiness Binder & Family Care Plan Workshop

Fri, 25 Sep, 9:00 – 11:00 a.m., bldg 625

Registration closes 12:00 p.m., 24 Sep

Join this interactive and informative workshop designed to organize and prepare military family to be ready for anything, especially during a deployment. Participants will receive a free binder with organizational tabs. To register, please call 253-3542, email ombiwakuni.mcfib@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101.

Business/Retail & Services/Special Events

Glam-o-Rama

Fri, 11 Sep – Tue, 22 Sep, MCX

Glam-O-Rama is *back*! Visit the MCX 9 – 22 Sep for Glam Daily Deals, special brand savings, gifts with purchase, and more. Check back daily to see what's on special!

- 30–40% off Glam Daily Deals
- 15% off Glam Brands, such as...

Shiseido	Ariana Grande
Bath & Body Works	PINK
Victoria's Secret	and more!

Fukuoka Baseball Game

Sat, 12 Sep, 7:00 a.m. – 10:30 p.m.

Take me out to the ball game with IT&T! Watch a professional baseball game as the Chiba Lotte Marines visit the Fukuoka Softbank Hawks at the Mizuho PayPay Dome Fukuoka. This tour price includes a bus seat and an infield reserved seat, “A” third base side ticket. The game will start at 2:00 p.m. Enjoy your free time until the game starts. There are numerous amusement facilities near the ballpark, including a huge shopping mall, “MARK IS,” teamLab☆Forest, an MLB café, Superb Attraction, and more! For complete trip details, please visit:

<https://iwakuni.usmc-mccs.org/activity/840bde3c-1025-4b1f-86fe-88c3ced72766> or stop by the IT&T Office in the Crossroads (bldg 410) to sign up for this trip.



Dassai Brewery Tour

Sat, 12 Sep, 11:45 a.m. – 4:00 p.m.

Sat, 10 Oct 11:45 a.m. – 4:00 p.m.

Enjoy a guided tour with a Dassai artisan and see the sake making process up close. The brewery tour takes 1 hour, after which you can enjoy an optional sake tasting for ¥500 per shot and shopping in the store at the location. The cost for the tour is \$20 plus a tour fee of 1,000 yen which is paid in cash upon arrival. To sign up, please visit the IT&T Office in bldg 410 (Crossroads).

Apple Picking & Hofu Tenmangu Shrine Trip

Sat, 19 Sep, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, the group will visit Hofu Tenmangu Shrine. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/25fab5c9-7380-456a-b317-ad3aaef1439e> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Super Bingo - \$15,000 Jackpot!

Sun, 20 Sep, 10:00 a.m. – 3:30 p.m.

Club Iwakuni Ballroom

Come one, come all, to Super Bingo at Club Iwakuni for a chance to win \$15,000 in 56 numbers or less or a \$7,000 Consolation Prize at Super Bingo! For event information, please visit:

<https://iwakuni.usmc-mccs.org/activity/5595d116-26c8-454a-a52e-6bdddaf93f36>.



IKEA Shopping in Fukuoka

Sat, 26 Sep, 7:00 a.m. – 7:30 p.m.

Enjoy shopping at the world-famous furniture store IKEA! You will find tons of good quality products with tasteful designs and reasonable prices! Also, there are a lot of stores nearby including Starbucks Coffee, CoCo Curry, UNIQLO, and more. We will prepare a 2-ton truck from IKEA to bldg 410 to supplement the tour bus trunk room. It is the customer's responsibility to take their purchases home after arriving at bldg 410. Storage room is NOT available at the IT&T office. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/15351f9e-1485-4496-a1c0-677a3800a7ec>

or stop by the IT&T office in bldg 410 to sign up.

Adventure at Nijigen-no-Mori (Naruto Park)

Sat, 3 Oct, 6:00 a.m. – 9:30 p.m.

Nijigen-no-Mori is an outdoor anime theme park located in Awaji Island, Hyogo Prefecture. Set within the lush surroundings of Awajishima Park, it offers a unique blend of nature and Japanese pop culture. Visitors can enjoy a variety of immersive attractions based on popular anime and game franchises such as Naruto & Boruto, Godzilla, Attack on Titan, and more. From zipline adventures and interactive missions to large-scale themed areas, the park offers fun for all ages. Explore Japan's real-life anime theme park! For more details, please visit: <https://iwakuni.usmc-mccs.org/activity/4c6d2893-9749-490a-9a0b-db7ea43053df> or stop by the IT&T office in the Crossroads, bldg 410 to register.



Apple Picking & Yamaguchi Sightseeing Trip

Sat, 10 Oct, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, enjoy a trip to Yamaguchi City for a day of exploration. Spend your free time discovering downtown Yamaguchi, where you can find numerous local restaurants for lunch and various foot baths around the area for a relaxing experience. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/b9aa6637-60a2-4ea6-98f8-52843f81a146>, or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Yanagawa Canal Boat Tour

Sat, 17 Oct, 7:30 a.m. – 10:30 p.m.

Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city like a mesh and include the old castle's moat. Passengers can enjoy the beautiful scenery along the way. After the tour, we will make a brief stop and a long dinner break at one of the malls with over 150 brand stores and various restaurants. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/f17a52ea-8b8a-4644-b87b-a6423df5a92d> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.

Fall Bazaar

Sat, 17 Oct, 9:00 a.m. – 5:00 p.m., Atago Sports Complex

Sun, 18 Oct, 9:00 a.m. – 4:00 p.m., Atago Sports Complex

Get ready to browse and shop at the Fall Bazaar 2026! This exciting event is open to SOFA personnel only. Accepted payments are in US dollars and credit/debit cards (no Yen please).

Universal Studios Japan Halloween Party

Sat, 24 Oct, 4:30 a.m. – 2:30 p.m.

Enjoy a Halloween party at USJ! Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

- **The Wizarding World of Harry Potter:** Step into the magical realm and experience the wonders of Hogwarts.
- **Wonderland:** Perfect for the little ones with whimsical fun and enchanting attractions.
- **Hollywood Area:** Feel the adrenaline rush on the exhilarating "Hollywood Dream - The Ride" roller coaster.
- **Jurassic Park:** Brave the jaw-dropping "The Flying Dinosaur" and soar through the prehistoric skies.
- **Minion Park:** Join the mischievous Minions in "Despicable Me Minion Mayhem" for a laugh-out-loud adventure.



And don't miss out on the latest sensation: **Donkey Kong Country!** Join us for a Halloween adventure and create magical memories at USJ! Click [here](#) for complete trip details.

Halloween at the MCX

Fri, 30 Oct – Sat, 31 Oct, 11:00 a.m. – 3:00 p.m., MCX

It's spooky season at the MCX! Customers are invited to come dressed in their favorite Halloween costumes and stop by the Halloween Candy Pad on the first floor for some Halloween fun. Customers can enjoy FREE popcorn and snow cones while supplies last. A Halloween-themed photo backdrop will also be available for customers and families to take photos and capture their Halloween memories.

 COME FOR THE TREATS. STAY FOR THE SPOOKY FUN!

- Family-friendly event on October 30 & 31, from 11 AM – 3 PM
-  Halloween Candy Pad – First Floor
-  FREE Popcorn
-  FREE Snow Cones
-  Halloween Photo Backdrop
-  Costumes Encouraged
- No tricks—just FREE treats (free treats while supplies last)!



Weekly Newsletter

11 Sep 2026

Alphabetical list of events for period 11 – 17 September 2026

Event	Date	Link
6v6 Soccer Season	Wednesdays	https://iwakuni.usmc-mccs.org/activity/fc477404-221b-4f9f-9668-3a24516ac36a
Anger Got You Hot? Cool Down With Us	Thursdays	https://iwakuni.usmc-mccs.org/activity/0008b650-f8a7-444d-a544-72487a4dd258
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/aa39a7bc-0047-4acc-b72e-5de56b056a4f
Book Bingo	1 Mar – 31 Dec	https://iwakuni.usmc-mccs.org/activity/60ddc8c6-b35a-4f17-ba43-46a9714cfe28
Catfish Platter Friday	Fridays	https://iwakuni.usmc-mccs.org/activity/78b3c7f1-8708-4b7b-979c-77c0bc2b3a97
Child Abuse Prevention & Education Training	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/bcb82064-049f-4e86-b228-a898fb1de05c
Children's Balance, Strength & Flexibility Classes	Various	https://iwakuni.usmc-mccs.org/activity/2148b12a-5ce1-4001-a9c5-e9d15b2d1ec0
College 101/TA Orientation Brief	Wednesdays	https://iwakuni.usmc-mccs.org/activity/be92cece-3f6c-45f1-9b0c-a0ea362d4961
Command Team Training	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/6e1753f5-a598-4610-814d-e71d350c1ca1
Create a Targeted Resume	Wed, 16 Sep	https://iwakuni.usmc-mccs.org/activity/1e14bdfb-6924-4013-8be8-407e0681cdf9
Dassai Brewery IT&T Tour	Sat, 12 Sep	https://iwakuni.usmc-mccs.org/activity/ce6d9684-bfd9-4f83-8316-b4fc83af4f0e
Employment Workshop 2-Day Course	17 – 18 Sep	https://iwakuni.usmc-mccs.org/activity/ced9468c-b699-4fe1-8162-9ba56e83a0f9
Food Trucks	Various	https://iwakuni.usmc-mccs.org/activity/106c6095-7314-456f-917a-d4746db2fec2
Free Movie Mondays – War for the Planet of the Apes	Mon, 14 Sep	https://iwakuni.usmc-mccs.org/activity/852418f1-4e2f-4fc8-8e9f-7f7f8f2b64db
From Stress to Strength: Warrior Maintenance	Mondays	https://iwakuni.usmc-mccs.org/activity/5f119687-8590-434b-98e8-1cbfa7993647
Fukuoka Baseball Game	Sat, 12 Sep	https://iwakuni.usmc-mccs.org/activity/840bde3c-1025-4b1f-86fe-88c3ced72766
Glam-o-Rama	9 – 22 Sep	https://iwakuni.usmc-mccs.org/activity/96af7b73-341a-4112-b395-c69208fc12a1
Glutes & Abs – September	Wednesdays	https://iwakuni.usmc-mccs.org/activity/2abee76a-a2f2-425a-a1c6-14e870c9f6c6
Hatha Yoga	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/d85104ef-38a2-448c-b36f-c7c5529ac53c
Judo – September	Mon & Wed	https://iwakuni.usmc-mccs.org/activity/9e3eb19d-ddc4-432c-850a-1b85fe28668d
L.I.N.K.S. Foundations 2 Half-Day Workshop	17 – 18 Sep	https://iwakuni.usmc-mccs.org/activity/cf581c0f-1b67-46f7-b67d-a99e60b669a7
Managing Your Education 2-Day Course	17 – 18 Sep	https://iwakuni.usmc-mccs.org/activity/351760af-e512-4ec1-8e41-49012cb21edc
Military Readers are Leaders	1 – 30 Sep	https://iwakuni.usmc-mccs.org/activity/c0b96951-877e-49a3-9cd3-c9088cf13dc9
Mixedfit	Various	https://iwakuni.usmc-mccs.org/activity/462b75cb-d64a-4673-a258-31d8297af4dc
Mongolian Night	Wednesdays	https://iwakuni.usmc-mccs.org/activity/a40cf184-cfee-46b5-ad28-70447b32d4a6
Parent as Teachers	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/54a7c126-df5a-452e-b7d4-1ecf3ec8ee1f
Penny a Pin	Mondays	https://iwakuni.usmc-mccs.org/activity/9c049013-b6e0-4f8d-8ba4-042d703e659e



Weekly Newsletter

11 Sep 2026

Personal Readiness Seminar	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/382ddcad-9251-44aa-8ff2-4bec61056db7
Postpartum Recovery Yoga	Wednesdays	https://iwakuni.usmc-mccs.org/activity/14f0f0a8-924e-4e60-a1d6-ad7d6db408cb
Power Pump	Mon, 14 Sep	https://iwakuni.usmc-mccs.org/activity/d1385299-38c7-4b95-b85d-ba2415ec1e4d
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/92e9f94a-c331-48e7-ad08-74829172c470
Prenatal/Yoga for Adults, Moms, and Little Ones	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/ee8c47b8-29f0-4534-af2e-04fcc0121ba
Prime Rib Special at Tun Alley	Thursdays	https://iwakuni.usmc-mccs.org/activity/e4e39d3f-128f-4e50-916d-f2348b908031
Seven Principles Program: Week 2	Fri, 11 Sep	https://iwakuni.usmc-mccs.org/activity/6b740f70-9c5d-4823-a993-4f4ed4a0edcf
SMP Trading Card Night	Fri, 11 Sep	https://iwakuni.usmc-mccs.org/activity/c0eda94b-d6e8-4e8f-846b-93fe71086cca
SMP Yuu Beach Cleanup	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/09b9bf0a-4f64-4ebf-94cd-ed36564d21d1
Spin	Various	https://iwakuni.usmc-mccs.org/activity/952f76c8-7419-4d03-9230-9ce74850db9e
Sponsorship Training	Wed, 16 Sep	https://iwakuni.usmc-mccs.org/activity/88e12278-35cc-47fd-adf5-5cceb202c049
Sprout Discovery Co.	Tue, 15 Sep	https://iwakuni.usmc-mccs.org/activity/29201731-5063-4f7a-823b-cf318f8eb69c
STEM Workshop	Fri, 11 Sep	https://iwakuni.usmc-mccs.org/activity/7563a0a9-e8b4-4148-a231-7e2802591558
Teen Readers are Leaders	1 – 30 Sep	https://iwakuni.usmc-mccs.org/activity/bc436b4d-7635-4f1a-a026-22c78fc5c739
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/da6a7333-db89-4ead-87cc-af985b9e0a32
Toddler/Wellness Yoga for Adults, Moms & Little Ones	Various	https://iwakuni.usmc-mccs.org/activity/d2533fec-594d-484d-b872-ded605f40410
Transition Readiness Seminar 3-Day Course	Mon, 14 Sep	https://iwakuni.usmc-mccs.org/activity/2753f619-6c96-4f85-9a14-d8fb12eccdc6a
Tsunami Swim Team (Fall '26 Season)	24 Aug-19 Nov	https://iwakuni.usmc-mccs.org/activity/4b758d55-6d99-437e-99ce-3b89887f3200
Vinyasa Yoga for Adults, Moms, and Little Ones	Thursdays	https://iwakuni.usmc-mccs.org/activity/dd7add41-3aee-4e87-840e-0ad0cc9a9b05
Welcome Aboard Brief	Mon, 14 Sep	https://iwakuni.usmc-mccs.org/activity/50d13c1f-e59b-486a-a182-74c07262213b
Welcome Aboard Bus Tour	Thu, 17 Sep	https://iwakuni.usmc-mccs.org/activity/ad594829-8737-47d3-9b80-390699f2e9ec
Youth Dance Classes – Autumn Season	Various	https://iwakuni.usmc-mccs.org/activity/a95856f8-5b6c-4b45-99a6-e5fd68d671e7
Youth Sports Soccer Season	24 Aug-16 Oct	https://iwakuni.usmc-mccs.org/activity/b63758bc-da79-4971-b21b-7095e890b7d1
Zumba	Mondays	https://iwakuni.usmc-mccs.org/activity/a3a2a303-562e-4a2a-bde1-c9271c8bea86