

Missing out on happenings in the community?

Download the [MCCS Connect](#) App!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 17 – 23 July 2026

Fri, 17 Jul	9:00 a.m. – 3:00 p.m., YTC Summer Trip: Oshima Beach Day (see page 10) 4:00 – 5:30 p.m., Jr. 3D Club – Summer Reading Special (see page 11)
Sat, 18 Jul	8:00 a.m. – 7:30 p.m., Towel Museum & Imabari Castle Trip (see page 13) 1:00 – 3:00 p.m., Chess Club (see page 11)
Sun, 19 Jul	5:30 a.m. – 5:00 p.m., SMP Nagato Whale Festival (sold out)
Mon, 20 Jul	8 a.m. – 4:00 p.m., TRS Core Curriculum 3-Day Course (see page 12) 9:30 – 11:30 a.m., Youth Fitness Summer Camp (Teens/Advanced) (see page 5) 2:00 – 4:00 p.m., Youth Fitness Summer Camp (Intermediate) (see page 5)
Tue, 21 Jul	9:00 a.m. – 12:00 p.m., Youth Sports Soccer Clinic (see page 8) 9:00 – 11:00 a.m., RDST: Mid-Deployment Self-Care (see page 12) 12:00 – 1:00 p.m., Child Abuse Prevention & Education Training (see page 9) 3:00 – 4:00 p.m., Triple P: The Positive Parenting Program Seminar (see page 9)
Wed, 22 Jul	10:00 – 11:30 a.m., Sponsorship Training (see page 12) 1:00 – 3:00 p.m., Sewing Club (see page 12)
Thu, 23 Jul	8:00 a.m. – 4:00 p.m., Managing Your Education 2-Day Course (see page 12) 8:00 a.m. – 4:00 p.m., DOL Employment Workshop 2-Day Course (see page 12) 1:30 – 2:30 p.m., EFMP Training: Accessing Community Resources (see page 10)

Sakura Theater Schedule

- THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.
- MOVIE LINE/TICKET BOOTH 253-4067

Toy Story 5 (PG)

Fri, 17 Jul, 5:00 p.m.

Buzz, Woody, Jessie and the rest of the gang come face-to-face with Lilypad, a brand-new tablet device that arrives with her own disruptive ideas about what is best for Bonnie. Will playtime ever be the same?.



The Death of Robin Hood (R)

Fri, 17 Jul, 8:00 p.m.

Grappling with his violent past, Robin Hood finds himself gravely injured after a battle that he thought would be his last. He soon gets a chance at salvation when he meets a mysterious woman and a young girl..

Moana (2026) (PG)

Sat, 18 Jul, 2:00 p.m.

Leaving her island for the first time, young Moana embarks on an epic seafaring adventure to restore prosperity to her people.



The Odyssey (R)

Navy First Run Movie!

Sat, 18 Jul, 6:00 p.m.

Thu, 23 Jul, 7:00 p.m.

Due to his hubris and offenses against the gods, Odysseus' voyage back to Ithaca following the Trojan War is fraught with danger and treacherous creatures like the Cyclops Polyphemus and the Sirens.

Minions & Monsters (PG)

Sun, 19 Jul, 2:00 p.m.

The rambunctious, ridiculous and totally true story of how the Minions conquered Hollywood, became movie stars, lost everything, unleashed monsters upon the world, then banded together to try and save the planet from the mayhem they created..



Backrooms (R)

Sun, 19 Jul, 6:00 p.m.

A strange doorway appears in the basement of a furniture showroom, leading to an endless network of interconnected rooms where time bends and the only thing scarier than getting lost is the sense that something is lying in wait.

John Wick: Chapter 3 (R)

NDVD/NSSM – Free Admission

Mon, 20 Jul, 7:00 p.m.

John Wick is declared excommunicado and a hefty bounty is set on him after he murders an international crime lord. He sets out to seek help to save himself from ruthless hitmen and bounty hunters..



The Lego Batman Movie (PG)

(NDVD/NSSM – Free Admission)

Wed, 22 Jul, 3:00 p.m.

Batman works together with his ward, Robin, and the police commissioner's daughter, Barbara, to foil Joker's plans of taking over Gotham City.

Zootopia 2 (PG)

(NDVD/NSSM – Free Admission)

Thu, 23 Jul, 3:00 p.m.

Rookie cops Judy Hopps and Nick Wilde find themselves on the twisting trail of a great mystery when Gary De'Snake arrives in Zootropolis and turns the animal metropolis upside down. To crack the case, Judy and Nick must go undercover to unexpected new parts of town, where their growing partnership is tested like never before.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.

Semper Fit

Aquatics



July/August Summer Group Swim Lessons

Mon, 27 Jul – Thu, 6 Aug, WaterWorks Outdoor Pool

Registration open from 6:00 p.m., 20 Jul – 11:30 a.m., 26 Jul

Join us for Summer Group Swim Lessons at the WaterWorks Outdoor Pool throughout July and August! We have limited availability for various age groups:

- Parent & Child Group Lessons (ages 6 months to 3 years)
- Youth/Teen Group Lessons (ages 6-15 years)
- Adult Swim Lessons (ages 16 and older)

Please note that Preschool Group Swim Lessons (ages 4-5) are not available during these sessions.

For more information or to sign up, contact the Aquatics Office Mon – Fri from 8:00 a.m. – 5:00 p.m. at 253-4966 or visit: <https://iwakuni.usmc-mccs.org/activity/80002a67-e778-4829-98ae-7a2ddf46a0ed>.

Junior Lifeguard Course

Tue, 28 Jul – Thu, 30 Jul, 9:00 a.m. – 12:00 p.m., IronWorks South Indoor Pool

Registration avail 9:00 a.m., 13 Jul

Get your Junior Lifeguard Certification at the IronWorks South Indoor Pool. This class is open to all base personnel, ages 11-14. Limited spots are available! The \$100 fee covers essential lifeguarding techniques, water rescue skills, CPR/AED training, and first aid protocols. Participants must pass a prerequisite swimming evaluation prior to attending. Participants not passing the swimming evaluation will be eligible for a full refund of the course fee. Please contact the Aquatics Office at 253-4966, Mon – Fri from 8:00 – 5:00 p.m. more information or visit: <https://iwakuni.usmc-mccs.org/activity/7407340e-6181-4d90-b74a-a7f22e3a0b43>.



Competitive Events

Mt. Fuji International Marathon

Sun, 13 Dec, 12:00 a.m. – 11:59 p.m.

Registration is available from 10:00 a.m., 1 Jul – 31 Jul

Join Semper Fit Competitive Events for the annual off-base trip to participate in the Mt. Fuji International Marathon at Fujikawaguchiko in Yamanashi Prefecture on Sunday, December 14th. This will be a 2-night trip to the Mt. Fuji Area. Choose either a Full marathon (42.195km) or one lap around Lake Kawaguchi (Approx 17km), and complete the run as you enjoy the view of Mt. Fuji and the surrounding area. You will receive a finisher's medal and a towel if you complete the run within the timeframe. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/7db8ec54-b19b-4c6e-af16-a60ebde7b60f>.



Fitness

July Group Fitness Schedule

JULY					
FITNESS CLASS SCHEDULE					
NO CLASS JULY 3 • NO CLASS ON U.S. FEDERAL HOLIDAYS • SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE • OPEN TO ALL LEVELS OF FITNESS					
MON	TUE	WED	THU	FRI	SAT
HATHA YOGA 6-7 AM N1 POWER PUMP 11:30 AM - 12:30 PM N1 JUDO 5-7 PM ND ZUMBA 5:15-6:15 PM N1	SPIN 6-7 AM N1 PRENATAL YOGA 9-10 AM A1 BABY & ME YOGA 10:30-11:30 AM A1 CARDIO KICKBOXING 11:30 AM - 12:30 PM ND YOUTH FITNESS 4-6:45 PM AT CARDIO KICKBOXING 5:15-6:15 PM ND MIXXEDFIT 5:30-6:30 PM S AIKIDO 6:45-7:45 PM ND	POSTPARTUM RECOVERY YOGA 9:15-10:15 AM N1 BABY & ME YOGA 10:45-11:45 AM ND GLUTES & ABS 11:30 AM - 12:30 PM N1 YOUTH FITNESS 4-7:30 PM AT JUDO 5-7 PM ND SPIN 5:15-6:15 PM S BODY SCULPT 5:15-6:15 PM N1	SPIN 6-7 AM S VINYASA YOGA 8:30-9:30 AM N1 PRENATAL YOGA 9:45-10:45 AM N1 YOUTH FITNESS 10 AM - Noon AT YOUTH FITNESS 4-5 PM AT HATHA YOGA 5:15-6:15 PM N1 MIXXEDFIT 5:30-6:30 PM S AIKIDO 6:45-7:45 PM ND	MIXXEDFIT 11:30 AM - 12:30 PM S BODY SCULPT 7:30-8:30 AM N1 MIXXEDFIT 10:30-11:30 AM S	BODY SCULPT 7:30-8:30 AM N1 MIXXEDFIT 10:30-11:30 AM S
N1 IRONWORKS NORTH AEROBICS RM. 1	N1 IRONWORKS NORTH AEROBICS RM. 1	S IRONWORKS SOUTH AEROBICS RM. 1	N1 IRONWORKS NORTH DOJO	S IRONWORKS SOUTH DOJO	AT IRONWORKS ATAGO AEROBICS RM.
Fitness ☎ 253-6359 iwakuni.usmc-mccs.org					

Wellness Yoga for adults, moms, & little ones

JUL 7 - AUG 13

\$50 for 6 week session or \$2.50 drop-in

Prenatal Yoga
Tuesdays • 9-10 AM
Jwakuni Dojo, Atago Bldg. 1

Baby & Me Yoga
Tuesdays • 10:30-11:30 AM
Jwakuni Dojo, Atago Bldg. 1

Postpartum Recovery Yoga
Wednesdays • 9:45-10:45 AM
Jwakuni North, Atago Bldg. 2

Vinyasa Yoga
Thursdays • 9:30-10:30 AM
Jwakuni North, Atago Bldg. 2

MCSCS SEMPER FIT

Wellness Yoga for Adults, Moms, & Little Ones

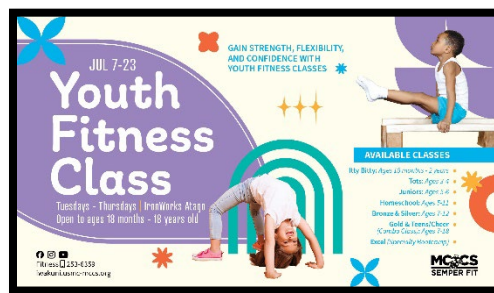
Tue, 7 Jul – Thu, 13 Aug

Find balance, build connection, and support every stage of motherhood through yoga and wellness classes designed for adults, expecting moms, new moms, and little ones. For complete information to include fees, schedule and class descriptions, please visit: <https://iwakuni.usmc-mccs.org/activity/ca72b386-a705-407f-937c-9fc9d7834358>.

Youth Fitness Classes – July

Tue, 7 Jul – Thu, 23 Jul, IronWorks Atago Gym

Youth fitness classes are available for participants aged 18 months – 18 years old! Classes are limited to 10 participants due to space and instructor availability, and participants may sign up for one class only in order to accommodate as many patrons as possible. Families with multiple children wishing to participate are welcome to try registering all of them in the age and level appropriate class, but only one class per child. All classes begin with warm-up and stretching, followed by a time to learn and practice new movement patterns, and ending with strength work and a cool-down session. All classes are 1 hour in length with the exception of advanced classes, which are 90 minutes long. For complete information including preferred attire, class schedules, and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/649da783-e11c-4cbd-b76f-718fa6fad9cc>.



Youth Fitness Summer Camp

Mon, 20 Jul – Fri, 31 Jul, IronWorks Atago

There are still some spaces left for the Youth Fitness Summer Camp in July! Kids will enjoy an action-packed blend of physical activity, skill-building, and classic summer camp excitement. It's more than just a camp – it's a full-body adventure where kids will grow stronger, more confident, and have a blast doing it! For complete class information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/1ae36306-899b-44de-92e3-9809c108a473>, but don't delay, only a few spaces are left!

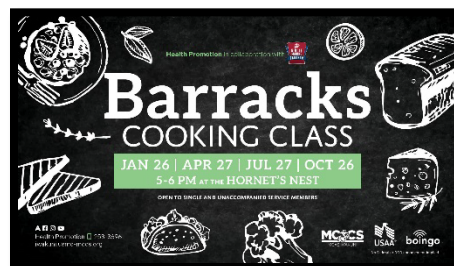


Health Promotions

Barracks Cooking Class

Mon, 27 Jul, 5:00 – 6:00 p.m., Hornet's Nest

SMP is collaborating with Health Promotion for quarterly barracks cooking classes. The class will be offered to single and unaccompanied service members and will demonstrate easy and convenient recipes that can be prepared and cooked in the barracks, and will be presented along with information regarding the importance of maintaining a healthy and varied diet.



Intramural Sports



U.S. – Japan Softball Tournament

Sat, 1 Aug, 9:00 a.m. – 8:00 p.m., Kizuna Stadium

Registration open through 11:59 p.m., 27 Jul

Join Intramural Sports for the U.S.-Japan Softball Tournament. The tournament is open to all SOFA personnel ages 6 and up, JMSDF, and IHA/MLC employees. Teams must consist of at least 8 players with a maximum of 15 players on the roster. Captains will register their team online and submit team rosters to: OMBIwakuni.IntramuralSports@usmc-mccs.org. The tournament will be round robin, followed by single elimination, and the champions will win individual prizes. First and second-

place teams will receive medals. The first-place team will also receive a trophy. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/525d14e2-0a4a-4a52-9bee-7e429bae7249>.

U.S. – Japan Volleyball Tournament

Sat, 8 Aug, 10:00 a.m. – 8:00 p.m., Atago Sports Complex

Registration open thru 11:59, 25 Jul

Join Intramural Sports for the U.S.-Japan Volleyball Tournament!

This single-elimination tournament is open to active-duty, SOFA, JMSDF, and IHA/MLC personnel aged 16 and older from the air station and its surrounding local areas. For complete tournament information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/8764e97e-6b77-4498-93ae-7d92a90984ef>.



Intramural Sports Kickball Tournament

Sat, 15 Aug, 10:00 a.m. – 4:00 p.m., Penny Lake Fields

Registration open 12:00 p.m., 1 Jul – 11:59 p.m., 1 Aug

Get your kicks and show off your skills during the Intramural Sports Kickball Tournament! This tournament is open to all SOFA personnel aged 16 and older, JMSDF, and IHA/MLC employees. Teams must consist of at least 10 players, and team captains will complete the online registration. This event is Commander's Cup points eligible. — each team registered as competing for Commander's Cup points must be at least 80% active duty from the same unit and no more than 20% civilian personnel, and must be approved by the unit CO. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/cef4fcf5-cab7-4a09-8ebf-cb282c84ee69> or call Intramural Sports at 253-3067 for more information.

Outdoor Recreation

Mt Fuji Trip #2

4:00 p.m., Thu, 30 Jul – 10:00 p.m., Mon, 3 Aug

Registration

Active duty and family 1 Jun

SOFA, JMSDF & MLC/IHA 15 Jun

Outdoor Recreation is offering two more trips to Mt. Fuji. Each 5-day trip features 1 day to climb Mt. Fuji and free time in Tokyo.

- 2nd trip: 30 Jul – 3 Aug
- 3rd trip: 20 – 24 Aug

These trips are open to all base personnel aged 10 years and older and are limited to 35 participants per trip. Cost is \$200 + New Sanno Hotel cost (varies by rank). Trip costs must be paid in full upon registration. For complete trip information to include an itinerary and hotel rates, contact Outdoor Recreation at 253-3482/3822, by email at: ombiwakuni.outdoorrecreation@usmc-mccs.org or visit them in the IronWorks Main Gym.



Archery Tag Tournament: Last Team Standing

Sat, 1 Aug, 11:00 a.m. – 3:00 p.m., Penny Lake Fields

Registration open 8:00 a.m., 1 Jul – 4:00 p.m., 29 Jul

Join us for the Archery Tag Tournament: Last Team Standing, a high-energy, team-based competition combining elements of dodgeball and archery using safe, foam-tipped arrows. Teams will compete in a bracket-style tournament where strategy, communication, and accuracy determine who will be the last team standing. Matches will be fast paced, ensuring continuous action throughout the event. For complete tournament details,

please visit: <https://iwakuni.usmc-mccs.org/activity/68510e18-adfc-4e13-ac39-29e40c055d77> or contact Intramural Sports at 253-7332.

Yoshino River Rafting Trip

Mon, 7 Sep, 5:30 – 10:00 p.m.

Registration opens 7 Aug for active duty and family members

24 Aug for SOFA civilians, JMSDF, and MLA/IHA personnel

Experience the thrill of whitewater rafting on the exhilarating Yoshino River! Known for its dynamic rapids (Level 4), the Yoshino River is one of Japan's premier destinations for adventure seekers. Whether you're an adrenaline junkie or just looking for a memorable outdoor adventure, this trip promises excitement at every turn. Note: Level 4 refers to the difficulty of the rapids, indicating intense, powerful waves and technical passages that require advanced skills. For complete information, please call Outdoor Recreation at 253-3842/3822. For more information about the rafting activity, see here → <https://en.happyraft.com/rafting/kobokelong/>.

Sailing Class

Thu, 10 Sep – Mon, 14 Jun

Ever dreamed about learning how to sail? Outdoor Recreation offers a 4-day course to get licensed. This course is open to all base personnel ages 16 and up (under 18 must be accompanied by an adult). The classroom portion is held at the Ironworks Gym Wellness room, and the sailing portion is at MCAS Iwakuni Harbor. For a schedule of classes, cost and other information, please visit: <https://iwakuni.usmc-mccs.org/activity/b4ff9cc6-f3bd-4022-be70-a18296e753dd>. Only four spots are available.

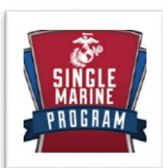
Shimanami Bike Trip

Sat, 26 Sep, 6:00 a.m. 7:30 p.m.

Registration opens 26 Aug for active duty and family members

11 Sep for SOFA civilians, JMSDF and MLA/IHA personnel

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes will be transported (no through axle-shaft bikes), and bike rentals are available at the starting point. The bus stops at a midway point for those who don't want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,100 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in the IronWorks South, bldg 1010. The \$40 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.



Single Marine Program

Visit your SMP at:

Hornet's Nest, bldg 1347

253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

SMP Hiroshima Aeon Mall Trip

Sat, 1 Aug, 9:30 a.m. – 5:30 p.m.

Registration opens at 12:00 p.m., 20 Jul thru 8:00 a.m., 27 Jul or until full

30 spots available

Join the SMP on a trip to the Hiroshima Aeon Mall. While you shop, enjoy a delicious meal at one of the many restaurants, and play fun games at the arcade. Participants should bring additional yen for food and shopping. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/117cacdb-45f8-4894-a0d3-479047003589>.



SMP Yanai Goldfish Lantern Festival

Thu, 13 Aug, 2:30 – 10:30 p.m.

Registration open 27 Jul – 10 Aug or until full

15 spots available

Enjoy the Yanai Kingyo (goldfish) Festival with SMP by assisting in the festivities and participating in the parade! To register, please visit:

<https://iwakuni.usmc-mccs.org/activity/2298500b-c98d-45ce-8392-a289f20f433d> or stop by the Horner's Nest for more information.

SMP Shimonoseki Aquarium Trip

Sat, 22 Aug, 7:30 a.m. – 5:30 p.m.

Registration open from 6 – 13 Aug or until full

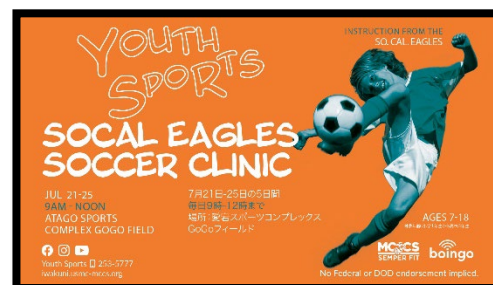
Embark on an exciting adventure to Shimonoseki Aquarium, one of Japan's largest and most impressive marine exhibits. Marvel at the delightful penguins and a diverse array of marine creatures in their captivating habitats. Afterward, take a stroll to the renowned Karato Market, famous for its delectable fugu (puffer fish) and a vibrant selection of fresh seafood. Join us for a day filled with aquatic wonders and culinary delights! Be sure to bring additional yen to enjoy the many various activities. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/a9c6f66b-fb67-496c-a8d8-db4447a7436c>.

Youth Sports

Youth Sports Summer Soccer Camp

21 – 25 July, 9:00 a.m. – 12:00 p.m., Atago Sports Complex Gogo Fields

Youth Sports Summer Soccer Camp is available for athletes ages 7-18 to build technical skills, enhance social development, and promote an active lifestyle. Participants will receive 3 hours of age-appropriate soccer instruction from the SoCal Eagles for 5 days from 21 - 25 Jul at the Atago Sports Complex Gogo Fields. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/c8b07134-0406-4e5b-bf6c-90b09b4e8b4f>



Youth Sports Summer Basketball Camp

Mon, 10 Aug – Fri, 14 Aug

Registration available 6 Jul – 7 Aug

The Youth Sports Summer Basketball Camp is available for athletes aged 7-18 to develop technical skills, foster social development, and promote an active lifestyle. Participants will receive 3 hours of age-appropriate instruction from Basketball Japan Academy for 5 days from 10 – 14 Aug at the Atago Sports Complex in the Lotus Cultural Center's Sports Court. Tickets will be on sale online from July 13 to July 22. Please fill in accurate information when registering. If tickets are sold out, contact Youth

Sports to be placed on the waitlist—no refunds after registration. Online registration available at: <https://iwakuni.usmc-mccs.org/activity/b97569b5-4b53-4207-902a-89a509e56440>.

Youth Sports Soccer Season

Mon, 24 Aug – Fri, 16 Oct, Penny Lake Fields

Registration open until 5:00 p.m., 20 Jul

The Youth Sports Soccer Season is open to athletes ages 3-15, offering opportunities to build technical skills, enhance social development, and promote an active lifestyle. Teams practice twice weekly for 1 hour. Tickets are going fast, so register today at: <https://iwakuni.usmc-mccs.org/activity/b63758bc-da79-4971-b21b-7095e890b7d1>. If tickets are sold out, contact Youth Sports at ombiwakuni.youthsports@usmc-mccs.org to be put on the waitlist.



Marine & Family Programs

Behavioral Health

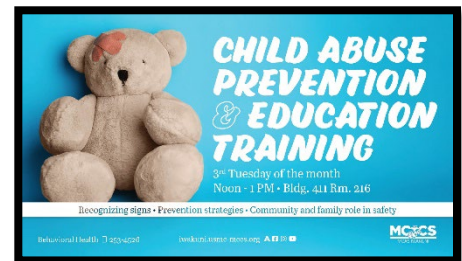
Child Abuse Prevention & Education Training

Tue, 21 Jul, 12:00 – 1:00 p.m., bldg 411, rm 216

Every child deserves a safe and supportive environment. Join this vital training designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Join us and learn how to be the change that makes a difference. Join us in building a safer, stronger community.



Triple P: The Positive Parenting Program Seminar

Tue, 21 Jul, 3:00 – 4:00 p.m., bldg 625

Come to the Triple P seminar, offered in collaboration with the New Parent Support Program (NPSP), as part of their Teachers as Parents (TAP) support group. Through this partnership, parents will have the opportunity to connect with others, share experiences, and gain practical tools that support healthy child development. During the seminar, participants will learn research-based strategies to support positive parenting, including promoting children's development, encouraging desirable behaviors, managing misbehavior effectively, and building

strong, healthy parent-child relationships. This program is open to all parents and caregivers, and no registration is required.

Family Care

SAC Summer Camp

Mon, 15 Jun – Fri, 14 Aug, School Age Care, bldg 9540

Registration open now!

Get your kids ready for a summer full of adventure! Designed for children ages 5–12 (5-year-olds must have completed Kindergarten), this 10-week program offers a safe, engaging environment filled with field trips, hands-on activities, creative exploration, and daily fun. This year's theme, Imagination Nexus, invites participants to explore a new world each week, from mythical creatures and candy-themed adventures to robotics, underwater discoveries, movie magic, and superhero missions. Each themed experience encourages creativity, teamwork, and discovery, leading up to an exciting grand finale where all worlds come together in one unforgettable celebration. Join us for a summer



of learning, laughter, and imagination. Register your child through MilitaryChildCare.com to reserve a spot and start the adventure! Registration is open, so act fast. We understand that summer schedules can be busy, so families are welcome to choose the weeks that suit them best. Please note that registration will close each week prior to the upcoming week of camp. To register, visit <https://public.militarychildcare.csd.disa.mil>.

Youth & Teen Center Summer Trips!		
Field trips are open for registered Youth and Teen Center members. Permission slips are emailed to members prior to the trip. Parents can also visit the center to sign up their children. For information, please contact the Youth and Teen Center at 253-5368 or email them at OMBWakumi.youthandteencenter@usmc-mccs.org .		
Fri, 17 Jul, 9:00 a.m.-3:00 p.m.	Oshima Beach Day	Spend the day soaking up the sun and enjoying the beautiful shores of Katazoe Beach on Oshima Island! Relax, play beach games, and make lasting summer memories with friends while enjoying one of the area's scenic coastal destinations.
Fri, 24 Jul, 6:00 a.m.-10:00 p.m.	Himeji Amusement Park Adventure	Get ready for an action-packed day of thrills and excitement! Travel to Himeji Amusement Park to experience a variety of rides and attractions while spending the day with friends. Whether you're seeking adventure or just looking to have fun, this trip promises something for everyone.
Fri, 31 Jul, 9:00 a.m.-2:00 p.m.	Kudamatsu Kenko Pool Day	Beat the summer heat with a day of fun at Kudamatsu Kenko Pool! Enjoy swimming, water activities, and time with friends at this popular indoor pool. It's the perfect way to stay active and cool off during the summer.
Fri, 7 Aug, 7:00 a.m.-4:30 p.m.	Saioto Zipline Adventure	Take your summer to new heights with an exhilarating zipline adventure through the forests of Hiroshima! Soar through the treetops while enjoying breathtaking views and an unforgettable outdoor experience. This exciting trip is perfect for youth and teens looking to challenge themselves and make incredible summer memories.

EFMP Training: Accessing Community Resources & Recreation Inclusion

Thu, 23 Jul, 1:30 – 2:30 p.m., bldg 625, rm 211B

Discover all of the available resources at MCAS Iwakuni and how to access them. Families will be able to preview a variety of resources from different organizations, including Marine & Family Programs, military resources, state and Federal resources, and other local resources. We want to encourage families to use these programs which are designed to enhance mission readiness, individual/family readiness, resilience, and retention. Families will learn about inclusion, what it looks like, and who it benefits (hint: it's all of us). For more complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/2c85de67-b43e-4aca-a497-83dcbee152eb> or contact EFMP at SMBIwakuniEFMP@usmc.mil.



EFMP Presents Make a Kokedama Planter

Fri, 7 Aug, 11:00 a.m. – 1:00 p.m., USO Lobby

Join EFMP and create your own traditional Japanese *kokedama*, a beautiful moss-covered ball planter. All materials, including plants and planters, are provided free of charge. This hands-on event is open to all ages and all community members, regardless of EFMP status. No registration required, just drop in and get creative!

Youth Base-wide Clean-up and Recycling Event

Wed, 12 Aug, 8:30 – 11:00 a.m.

Help keep our community clean by participating in this family-friendly community cleanup event! Join fellow students and make a positive impact by picking up litter and recyclables along designated routes while promoting environmental stewardship and community pride. Participants will begin from one of the following locations before making their way to the Main Post Office parking lot:

- **High school students:** School Age Care Center (bldg 9540) to the Main Post Office parking lot
- **Middle school students:** Robinson Mess Hall (near the Housing Office) to the Main Post Office parking lot
- **Elementary school students:** Club Iwakuni parking lot to the Main Post Office parking lot

Children at the Child Development Center will take part by helping collect litter and recyclables around their building, giving even the youngest members of our community an opportunity to care for their environment. For more information, please contact the School Liaison Officer at 253-3691 or by email at ombiwaschoolliaisonprogram@usmc-mccs.org.



Back 2 School Bash – Resource Fair

Fri, 14 Aug, 2:30 – 4:30 p.m., MC Perry High School

Start the school year with confidence by connecting with the resources available to support your family. Representatives from a variety of base organizations and community programs will be on hand to answer questions, share information and highlight the services they provide throughout the year. The Resource Fair will take place in front of MC Perry Primary School and inside the MC Perry High School Auditorium, giving families the opportunity to explore programs designed to support education, recreation, wellness, and family readiness. Whether you're new to the installation or have been part of the community for years, stop by to discover valuable resources, meet the people behind the programs, and learn about the many services available to help your family thrive throughout the school year.

Personal & Professional Development

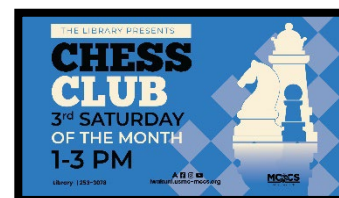
Summer Reading Program Calendar of Events for July

<u>Date</u>	<u>Time</u>	<u>Name</u>	<u>Registration</u>	<u>Link</u>
Jul 17	4-5:30 p.m.	3D Printing Club SRP Special: Mini Planter	Limited to 15 participants	More Info
Jul 21	3:45-4:30 p.m.	Sprout Discovery Co.	No	More Info
Jul 23	10-11 a.m.	Kids Bingo	No	More Info
Jul 24	4-5:30 p.m.	SRP STEM Workshop: Herbariums & Terrariums	Limited to 15 participants	More Info
Jul 28	10-11 a.m.	SRP Special Adult & Me: Sensory Farm Art	No	More Info
Jul 30	10-11 a.m.	Bamboo Pokkuri: Ninja Training School	No	More Info
Jul 31	4-5 a.m.	Stuffed Animal Library Sleepover	No	More Info
Aug 7	5-6:30 p.m.	Crafting Corner: Soap Making Workshop	Yes	More Info
Aug 7	4-5:30 p.m.	Jr. 3D Club: Self Watering Flowerpot	Yes	More Info

Chess Club

Sat, 18 Jul, 1:00 – 3:00 p.m., Library

The Library's Chess Club is intended for beginner and intermediate participants interested in learning chess rules, tactics, and strategies. The first 30 minutes may focus on instruction and the rest of the program will allow for free play time. The Library provides all materials for the program, but participants are welcome to bring their own chess equipment. Registration opens the first day of each month and closes the Thursday before the 3rd Friday. If you can no longer attend Chess Club after you have registered, please contact the Library to cancel your reservation. Sessions are limited to 20 participants, ages 8 and older. Participants must be willing to partner with players of different ages, genders, and skill levels. Unaccompanied minors must have a dependent ID. To register, please visit the Library or email them at iwakuni.library@usmc-mccs.org. For more information, please contact the Library at 253-3078.



TRS Core Curriculum 3-Day Course

Mon, 20 Jul – Wed, 22 Jul, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundamentals of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Pre-registration is required, so call 253-6439 or visit bldg 411, rm 110 to register.



RDST: Mid-Deployment Self-Care

Tue, 21 Jul, 9:00 – 11:00 a.m., bldg 625

Designed to promote deployment success through self-care for the spouse or significant other at home during mid-deployment, this workshop includes suggestions for fun things to do, care packages, goal setting, and available resources. To register, please call 253-3542, email: ombiwakuni.mcftb@usmc-mccs.org, or visit bldg 411, rm 101. Registration is open until 12:00 p.m., 20 Jul.

Sponsorship Training

Wed, 22 Jul, 10:00 – 11:30 a.m., bldg 411, rm 104

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.

Sewing Club

Wed, 22 Jul, 1:00 – 3:00 p.m., Library

Fri, 24 Jul, 5:30 – 7:30 p.m., Library

Join us to learn beginner basics, including an introduction to sewing machines, basic stitches, practicing sewing straight lines, and seam allowances. Interested patrons can bring their own projects to work on.



Managing Your Education 2-Day Course

Thu, 23 Jul – Fri, 24 Jul, 8:00 a.m. – 4:00 p.m., bldg 410, rm 110

Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

Department of Labor Employment Workshop 2-Day Course

Thu, 23 Jul – Fri, 24 Jul, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

PCS with Success

Thu, 23 Jul, 9:00 – 11:30 a.m., Sakura Theater

Thu, 6 Aug, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/dfcaed91-3e66-450b-b60c-b21c5acbf7de>.

L.I.N.K.S. Foundations Workshop – Full-Day Workshop

Fri, 24 Jul, 8:30 a.m. – 4:30 p.m., bldg 411, rm 117

This full-day workshop is a fun and interactive way to learn more about the military lifestyle, the base, and life in Japan. Experienced L.I.N.K.S. Mentors will share their experiences and provide helpful tips on meeting the unique challenges military spouses face as a result of the mobile military lifestyle. To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBiwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 23 Jul.

LifeSkills: Pre-Marital Workshop

Tue, 28 Jul, 8:00 a.m. – 12:00 p.m., bldg 625

If you are planning on getting married in the near future, join this one-stop shop to learn how to complete the necessary military requirements for marriage and to gain the tools for a healthy, successful marriage. To signup, please call 253-3542, email: ombiwakunji.mcfb@usmc-mccs.org, or visit Marine & Family Programs in rm 101, bldg 411. Registration is open until 12:00 p.m., 27 Jul.

LifeSkills: Real Relationships

Thu, 30 Jul, 10:00 a.m. – 12:00 p.m., bldg 411

The challenges of a military lifestyle can place many demands on service members and their families. This workshop provides practical information and tools to enhance healthy relationships and educate couples on how to successfully nurture and maintain a more positive union. To signup, please call 253-3542, email: ombiwakunji.mcfb@usmc-mccs.org, or visit Marine & Family Programs in rm 101, bldg 411. Registration is open until 12:00 p.m., 29 Jul.

RDST: Kids' Readiness

Tue, 4 Aug, 10:00 – 12:00 p.m., bldg 625

Join us for an interactive and engaging workshop designed for children and teens with a military parent preparing for deployment. Through age-appropriate discussions and hands-on activities, participants will build understanding, express their feelings, and gain tools to navigate this important transition with confidence. To signup, please call 253-3542, email: ombiwakunji.mcfb@usmc-mccs.org, or visit bldg 411, rm 101. Registration is open until 12:00 p.m., 3 Aug.

Business/Retail & Services/Special Events

Summer Matinee Movie!

Wed, 10 Jun – Thu, 13 Aug, 3:00 p.m., Sakura Theater

The Sakura Theater is proud to present the Summer Matinee, running from June 10 – August 13! Every Wednesday and Thursday features a free movie from 3–5 PM. Bring your friends, grab some popcorn, and enjoy the show because admission is free!



Summer Wednesday Doubles League

Wed, 24 Jun – Wed, 12 Aug, 6:45 p.m., Strike Zone Bowling Center

Bring a friend to the Strike Zone for the Summer Wednesday Doubles League! Up to 18 teams of 2 bowlers each can compete every Wednesday night for 3 games each week. The league is handicap-based, which is uncapped. This league will be played on the Challenge Pattern. Cash prizes are available on the last day of the league! Weekly price is \$25 per person (\$50 per team). For additional rules and information, please see the Strike Zone Front Desk

Towel Museum & Imabari Castle Trip

Sat, 18 Jul, 8:00 a.m. – 7:30 p.m.

Visit the world's first museum dedicated to the art of towel manufacturing! This unique museum offers much to see, including intricate traditional towels, works of art made from towels, and an exhibition on the towel-making process. Next, explore Imabari Castle, once Japan's largest sea castle, surrounded by triple moats and featuring a strong boat entrance (harbor). The castle interior now houses a museum, and from the observation deck atop the castle tower, you can enjoy spectacular views of the Seto Inland Sea. Another highlight is the massive moat, where seawater flows in and out, allowing fish to migrate freely. For more information, please visit: <https://iwakuni.usmc-mccs.org/activity/941da63d-f0ac-40bc-942b-e84b20ef841a> or to register, stop in at the IT&T office in bldg 410.



Progressive Bingo

Tue, 21 Jul, 5:00 – 9:00 p.m., Club Iwakuni

Come one, come all, to Bingo Night at Club Iwakuni with a Progressive Jackpot! Up to \$5,000 in cash is up for grabs. Card sales start at 5:00 p.m., first game starts at 6:00 p.m. If it's your birthday month, you'll receive a free progressive bingo game card. Open to patrons aged 18 years and older only.

UNESCO Intangible Cultural Heritage Tobata Gion Pyramid Lantern Festival Trip

1:00 p.m., Sat, 25 Jul – 1:00 a.m., Sun, 26 Jul

Join IT&T for a festival which has its roots dating back to the Edo period (approximately 200 years ago) when the capital was attacked by an epidemic and the people prayed to Sunanoo-no-Mikoto (one of the two major deities involved in the creation of Japan) for help. After successfully ridding the land of the disease, the people in turn created a "Yamakasa" to celebrate and show their gratitude. During the festival in the daytime, the 8 official floats with 12 great flags hoisted on the 4 large ones are carried for a parade, followed by some small floats for children. But in the nighttime, the floats are completely transformed into pyramids of light—huge lantern Yamakasa floats, their decorations with the flags removed. Each with 12 layers of 309 lanterns, 10 meters high, and 1.5 tons in weight, is shouldered by about 100 carriers. For a full itinerary of this trip, please visit: <https://iwakuni.usmc-mccs.org/activity/61760b04-4dd3-4e74-a4b8-f843c9b2070a>, or stop by the IT&T Office in bldg 410 (Crossroads).



Okayama Peach Picking Trip

Sat, 1 Aug, 6:00 a.m. – 6:30 p.m.

Enjoy all-you-can-eat peach picking! Okayama peaches are known for their exceptional sweetness, large size, and delicate aroma, making them some of the most sought-after in Japan. (You cannot take home the peaches you picked, but you can purchase them at the farm store.) After that, please enjoy your free time at Mitsui Outlet Park Kurashiki and Ario Kurashiki shopping mall just next door. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/c8013dd6-5fcb-4cbe-ae61-e2ac00801249>, or stop by

the IT&T Office in bldg 410 (Crossroads).

Sasebo Sightseeing Trip

Sat, 8 Aug, 6:30 a.m. – 10:00 p.m.

Explore downtown Sasebo on your own and discover many restaurants and shops at the shopping arcade. Or spend some time by the water at Kujukushima Pearl Sea Resort where you can enjoy a Sea Cruise, Yacht Sailing, and more. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/873a2659-01d5-4dfc-88f8-95e4a3f1348a> or stop by the IT&T Office in bldg 410 (Crossroads) to sign up!



Dassai Brewery Tour

Sat, 8 Aug, 11:45 a.m. – 4:00 p.m.

Enjoy a guided tour with a Dassai artisan and see the sake making process up close. The brewery tour takes 1 hour, after which you can enjoy an optional sake tasting for ¥500 per shot and shopping in the store at the location. The cost for the tour is \$20 plus a tour fee of 1,000 yen which is paid in cash upon arrival. To sign up, please visit the IT&T Office in bldg 410 (Crossroads).

Yanai Goldfish Festival

Thu, 13 Aug, 4:00 – 10:30 p.m.

Enjoy the largest summer festival in Yanai City during which "Goldfish Lanterns," the regional folk craft of Yanai City, are used to decorate and light up the town, wrapping it in a magical atmosphere. This year's main attraction will feature an authentic Neputa float from Aomori Prefecture. The float will parade through the festival grounds, offering visitors a rare opportunity to experience one of Japan's most iconic summer traditions. For complete trip details and to register, please stop by the IT&T Office in bldg 410.



Lalaport Shopping Mall & Marine World Aquarium Trip

Sat, 22 Aug, 7:00 a.m. – 9:00 p.m.

Take a trip to LaLaport Shopping Mall in Fukuoka Prefecture and enjoy lunch and shopping! Explore the LEGO Store, Jump Shop anime store, MUJI, ABC Mart, Starbucks Coffee, McDonald's, KFC, Gundam Park and much more among the many shops and attractions in the area. After that, head to the Marine World Aquarium in Fukuoka where you can enjoy the largest aquarium in the Kyushu area, exhibiting about 350 kinds of creatures that live in the waters around Kyushu. You can even see a breathtaking show in the pool overlooking Hakata Bay. For a complete itinerary, please visit: [https://iwakuni.usmc-mccs.org/activity/01baa83f-](https://iwakuni.usmc-mccs.org/activity/01baa83f-7190-4e0c-82ee-d166fee2badd)

[7190-4e0c-82ee-d166fee2badd](https://iwakuni.usmc-mccs.org/activity/01baa83f-7190-4e0c-82ee-d166fee2badd) or stop by the IT&T Office in bldg 410 (Crossroads) to sign up!

Japanese Pear Picking & Tsuwano Sightseeing Trip

Sat, 29 Aug, 8:30 a.m. – 7:00 p.m.

Enjoy pear picking! All you can eat while you are at the farm. After that, IT&T will take you to Tsuwano town. In the town center, old samurai mansions with white earthen walls, dark red roof tiles, and wooden grated windows line the streets, portraying scenes reminiscent of past centuries. Tsuwano is also home to the Taikodani Inari Shrine, one of the five greatest Inari Shrines. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/bb4b33b1-a39c-47d4-812e-5b6492d75791> or stop by the IT&T office in the Crossroads, bldg 410 to sign up.



Disney on Ice & Free Time in Hiroshima

Sat, 5 Sep, 7:30 a.m. – 6:00 p.m.

This year's production, "Let's Party!" features world-class skaters bringing classic Disney tales to life. Mickey Mouse DJs, remixing Disney hits, while beloved characters bring the arena to life. This year is Japan Tour 40th anniversary! Don't miss special performances such as The Little Mermaid, The Lion King, and Frozen II, plus an appearance by Stitch. The show starts at 10 AM at Hiroshima Green Arena and is performed only in Japanese. Photos and video recording are allowed during the show; however, no outside food or drinks are

allowed (small snack vendors are located in the arena). All of our seats are "S" section reserved seats. After the show, please enjoy some free time in downtown Hiroshima! For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/1b5bfef0-3f9a-4341-844f-aca27d601e17> or stop by the IT&T office in the Crossroads, bldg 410 to sign up.

Fukuoka Baseball Game

Sat, 12 Sep, 7:00 a.m. – 10:30 p.m.

Take me out to the ball game with IT&T! Watch a professional baseball game as the Chiba Lotte Marines visit the Fukuoka Softbank Hawks at the Mizuho PayPay Dome Fukuoka. This tour price includes a bus seat and an infield reserved seat, “A” third base side ticket. The game will start at 2:00 p.m. Enjoy your free time until the game starts. There are numerous amusement facilities near the ballpark, including a huge shopping mall, “MARK IS,” teamLab☆Forest, an MLB café, Superb Attraction, and more! For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/840bde3c-1025-4b1f-86fe-88c3ced72766> or stop by the IT&T Office in the Crossroads (bldg 410) to sign up for this trip.



Apple Picking & Hofu Tenmangu Shrine Trip

Sat, 19 Sep, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, the group will visit Hofu Tenmangu Shrine. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/25fab5c9-7380-456a-b317-ad3aaef1439e> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.

IKEA Shopping in Fukuoka

Sat, 26 Sep, 7:00 a.m. – 7:30 p.m.

Enjoy shopping at the world-famous furniture store IKEA! You will find tons of good quality products with tasteful designs and reasonable prices! Also, there are a lot of stores nearby including Starbucks Coffee, CoCo Curry, UNIQLO, and more. We will prepare a 2-ton truck from IKEA to bldg 410 to supplement the tour bus trunk room. It is the customer's responsibility to take their purchases home after arriving at bldg 410. Storage room is NOT available at the IT&T office. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/15351f9e-1485-4496-a1c0-677a3800a7ec> or stop by the IT&T office in bldg 410 to sign up.





Weekly Newsletter

17 July 2026

Alphabetical list of events for period 17 – 23 July 2026

Event	Date	Link
Anger Got You Hot? Cool Down With Us	Thursdays	https://iwakuni.usmc-mccs.org/activity/4c4c11bf-d1b2-4a21-8f16-cb42c196af99
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/21819dbe-88fe-4909-a554-d669f73b8cc8
Baby & Me Yoga	Tue & Wed	https://iwakuni.usmc-mccs.org/activity/7c9c9621-ba46-4a40-a37b-9e526ca280e2
Body Sculpt – July	Wednesdays	https://iwakuni.usmc-mccs.org/activity/cd10c1ad-6825-49f1-85e4-a4263880f809
Book Bingo	1 Mar – 31 Dec	https://iwakuni.usmc-mccs.org/activity/960fc230-c87f-465c-852a-d966e1764751
Cardio Kickboxing Mini-Bootcamp – July	Tuesdays	https://iwakuni.usmc-mccs.org/activity/8adfaca3-659c-41ef-b4a9-d6a64886018a
Catfish Platter Friday	Fri, 17 Jul	https://iwakuni.usmc-mccs.org/activity/648d7285-831d-4360-a8f2-95dcf93e22f0
Chess Club	Sat, 18 Jul	https://iwakuni.usmc-mccs.org/activity/546394a5-684a-4450-bc3e-240f52f3e591
Child Abuse Prevention & Education Training	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/af3b425b-a3ef-4371-8c86-c1e172fb6615
College 101/TA Orientation Brief	Wed, 22 Jul	https://iwakuni.usmc-mccs.org/activity/947a3abf-5b8a-4e55-b37a-0de94567e644
DOL Employment Workshop 2-Day Course	23 – 24 Jul	https://iwakuni.usmc-mccs.org/activity/5ed90308-c75c-44e0-9265-3239f102f4f3
EFMP Training: Accessing Community Resources	Thu, 23 Jul	https://iwakuni.usmc-mccs.org/activity/2c85de67-b43e-4aca-a497-83dcbee152eb
Food Trucks	Various	https://iwakuni.usmc-mccs.org/activity/5ceb3633-9494-4f31-bb66-779562b88971
Free Movie Mondays – John Wick: Chapter 3	Mon, 13 Jul	https://iwakuni.usmc-mccs.org/activity/14dc1e72-99e3-40d8-83be-228bd8dfc223
From Stress to Strength: Warrior Maintenance	Mondays	https://iwakuni.usmc-mccs.org/activity/c99c7ff3-9bbf-4cd4-931a-04821057610f
Glutes & Abs – July	Wednesdays	https://iwakuni.usmc-mccs.org/activity/9a93ac64-b764-48ad-afd0-67e1c125dbeb
Hatha Yoga	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/6c7e10ed-e43e-40c8-a687-5737e42c7cf1
IT&T Towel Museum & Imabari Castle Trip	Sat, 18 Jul	https://iwakuni.usmc-mccs.org/activity/941da63d-f0ac-40bc-942b-e84b20ef841a
Jr. 3D Club – Summer Reading Special	Fri, 17 Jul	https://iwakuni.usmc-mccs.org/activity/0b72e681-0e9a-423d-9235-afbd6696575d
Judo – July	Mon & Wed	https://iwakuni.usmc-mccs.org/activity/ade9ca3e-e367-4664-978e-e991060940b0
Managing Your Education 2-Day Course	23 – 24 Jul	https://iwakuni.usmc-mccs.org/activity/fd28ca41-6247-47df-bb20-e9bda083cddc
Military Readers are Leaders	1 – 30 Jul	https://iwakuni.usmc-mccs.org/activity/8533bed5-bf29-430c-b96b-277d3018025d
Mixxedfit	Various	https://iwakuni.usmc-mccs.org/activity/de4c41de-f591-47df-b959-8ac3b8d32623
Mongolian Night	Wednesdays	https://iwakuni.usmc-mccs.org/activity/20d55021-e982-416b-ac4e-d1a86bf748fb
Parent as Teachers	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/29247c3d-12d6-4c8d-8a0f-9c15389160d9
PCS with Success	Thu, 23 Jul	https://iwakuni.usmc-mccs.org/activity/dfcaed91-3e66-450b-b60c-b21c5acbf7de
Penny a Pin	Mondays	https://iwakuni.usmc-mccs.org/activity/03474dfb-d826-4384-a1c2-d092bf3d8410



Weekly Newsletter

17 July 2026

Postpartum Recovery Yoga	Wednesdays	https://iwakuni.usmc-mccs.org/activity/9d30ee6c-7064-4826-8d29-969ecc69bcaf
Power Pump	Mondays	https://iwakuni.usmc-mccs.org/activity/da5989d7-1b1d-4a41-a3fa-e185cb1a7938
Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/fb96dc53-4e7d-4539-b3b3-c528fb6644bd
Prenatal/Yoga for Adults, Moms, and Little Ones	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/dbef49ff-6d9d-42a4-9f1f-a46fe33b199d
Prime Rib Special at Tun Alley	Thursdays	https://iwakuni.usmc-mccs.org/activity/559c6e34-fb3d-4c6a-9459-e0b42003316d
Progressive Bingo	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/663d4a10-701b-4cbd-864d-71051f06861e
RDST: Mid-Deployment Self-Care	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/99d1ab5f-4fd2-4d3e-80b3-a74584b24715
SAC Summer Camp	Mondays	https://iwakuni.usmc-mccs.org/activity/59e527ce-af98-4417-a67a-3b7bfa5f50a4
Sewing Club	Wed, 22 Jul	https://iwakuni.usmc-mccs.org/activity/5db3f898-ec15-435e-a419-440bd307ebe6
SMP Nagato Whale Festival Trip	Sat, 18 Jul	https://iwakuni.usmc-mccs.org/activity/e889b9ac-dd84-4c33-846d-e1dd39ae8c22
Spin	Various	https://iwakuni.usmc-mccs.org/activity/34ef258c-9d1b-43b9-8a26-702e35f49786
Sponsorship Training	Wed, 22 Jul	https://iwakuni.usmc-mccs.org/activity/7b153101-f73f-4840-a4d2-464478dabfb7
SRP – Kids Bingo	Thu, 23 Jul	https://iwakuni.usmc-mccs.org/activity/48ebad4d-d996-4524-a6e6-4fd1ade161ed
SRP- Sprout Discovery Co.	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/5b5b59ee-a9b3-4d5d-8b48-3ac5ce87ceaa
Summer Matinee Movie	Wed & Thu	https://iwakuni.usmc-mccs.org/activity/e8d39624-5b73-4530-8483-542ea2a10fbc
Summer Reading Program	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/9283afa9-5e5f-46ec-9b9f-d9a8735773d8
Summer Wednesday Doubles League	24 Jun-12 Aug	https://iwakuni.usmc-mccs.org/activity/016ccae6-4b43-497e-95bb-6529d0d007b4
Teen Readers are Leaders	1 – 30 Jul	https://iwakuni.usmc-mccs.org/activity/2c3f9585-e55c-416a-85c7-e0f4917c3323
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/2524e259-b110-4694-b28b-47911184937d
Triple P: The Positive Parenting Program Seminar	Tue, 21 Jul	https://iwakuni.usmc-mccs.org/activity/002ef302-4019-40c3-b98e-ed9a90a189f8
TRS Core Curriculum 3-Day Course	20 – 22 Jul	https://iwakuni.usmc-mccs.org/activity/a6232054-af39-477d-a467-39d8d986097b
Ultimate Frisbee Season	29 Jun-22 Jul	https://iwakuni.usmc-mccs.org/activity/8a904f55-ca8d-489d-bef1-66830d3d5282
Vinyasa/Wellness Yoga for Adults, Moms & Little Ones	Thursdays	https://iwakuni.usmc-mccs.org/activity/7cb90a27-f844-45e5-90f9-dd9ce9a695d8
Welcome Aboard Brief	Mon, 13 Jul	https://iwakuni.usmc-mccs.org/activity/f8adf96b-8059-4aa5-908c-79efe0dff9d9
Youth Fitness Classes – July	Various	https://iwakuni.usmc-mccs.org/activity/649da783-e11c-4cbd-b76f-718fa6fad9cc
Youth Fitness Summer Camp	20 – 24 Jul	https://iwakuni.usmc-mccs.org/activity/bbe20b05-7ef3-464f-8c0f-734d9dd2327b
Youth Sports Summer Soccer Camp	21 – 25 Jul	https://iwakuni.usmc-mccs.org/activity/c8b07134-0406-4e5b-bf6c-90b09b4e8b4f
YTC Summer Trip: Oshima Beach Day	Fri, 17 Jul	https://iwakuni.usmc-mccs.org/activity/26cf6f10-fb65-482f-8d40-161b3183ed85