



MARINE CORPS COMMUNITY SERVICES  
PSC 561 BOX 1867  
FPO AP 96310-0029

DSN FAX: 253-6626  
COMMERCIAL: 011-81-827-79-3070  
DSN: 253-3070



**Nutritional Plan for Children with Special Needs**

Child's Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Name of the MCCS Facility your child attends: \_\_\_\_\_ Classroom Name: \_\_\_\_\_

Parent/Guardian requests exclusion of the following food(s): \_\_\_\_\_  
based on religious beliefs.

\*\*\*If the child does not require special meals, the parent can sign at the bottom and return the form to the Resource and Referral Office, bldg 637.

**To be completed by Medical Provider:**

Identify and describe disability or medical condition, including allergies, which require the child to have a special diet. Describe the major life activities affected by the child's disability.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Diet Prescription** (check all that apply):

Diabetic (Include calorie level, carbohydrate count and/or attach meal plan):

Modified Texture and/or Liquids

Reduced Calorie:                       Increased Calorie:

Other (describe e.g. PKU, Ketogenic, Tube Feeding):

**Food Allergies:** \_\_\_\_\_

**Food Intolerance:** \_\_\_\_\_

When the dietary substitution is normally found in the child care center, and does not require additional expense, the program will provide the food. It is the parent's responsibility to make appropriate substitutions when the child care center cannot provide an adequate substitution.

**Food Omitted and Substitutions:** Use space to list specific food(s) to be omitted and food(s) that may be substituted. Describe in detail allergies e.g. milk allergy – does that include pudding, cheese, yogurt, etc.

**OMITTED FOODS**

**SUBSTITUTIONS**

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You may attach an additional sheet if necessary.

**Foods Requiring Texture Modifications:**

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Indicate Texture:  Regular  Chopped  Ground  Pureed  
Indicate Thickness of Liquids  Regular  Nectar  Honey  Pudding

**Special Feeding Equipment:**

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**Additional Comments:**

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I certify that the above named child needs special meals as described above, due to the child's disability or chronic medical condition.

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**Medical Provider's Signature**

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**Telephone Number**

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**Date**

I hereby give my permission for the MCCA CDC or FCC or YC staff to follow the above stated nutrition plan.

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**Parent/Guardian Signature**

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**Telephone Number**

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**Date**