

Missing out on happenings in the community?

Download the *Iwakuni Altitude* app on the App Store!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Significant Events 15 – 21 August 2025

Fri, 15 Aug	10:00 a.m. – 2:00 p.m., Back 2 School Bash (see page 3)
	10:00 a.m. – 6:00 p.m., On Base Business Market (see page 11)
Sat, 16 Aug	8:00 a.m. – 6:30 p.m., SMP Hamada Beach Day (see page 7)
	10:00 a.m. – 6:00 p.m., On Base Business Market (see page 11)
	4:00 – 5:30 p.m., Jr. 3D Club (see page 9)
	6:00 – 9:00 p.m., Bon Odori Festival (see page 3)
Mon, 19 Aug	12:00 – 1:00 p.m., Child Abuse Prevention & Education Training (see page 8)
Tue, 19 Aug	9:30 – 11:30 a.m., Passport to Volunteering (see page 9)
Wed, 20 Aug	8:00 – 9:30 a.m., Financial Education Action Point Training (see page 9)
	4:00 – 6:00 p.m., Federal Job Search Strategies (see page 9)
Thu, 21 Aug	8:30 a.m. – 4:30 p.m., L.I.N.K.S. Foundation 1-Day Workshop (see page 10)
	9:00 – 11:30 a.m., PCS with Success (see page 10)
	10:00 – 11:00 a.m., Plat ABC Cultural Exchange (see page 10)
	7:00 – 9:00 p.m., AFE Brings the Laughs: Operation Stand-Up for Service (see page 3)

Sakura Theater Schedule

- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**



Smurfs (PG)

Fri, 15 Aug, 5:00 p.m.

When evil wizards Razamel and Gargamel take Papa Smurf, the Smurfs embark on a mission to the real world to save him. With help from some new friends, they must discover what defines their destiny to save the universe.

M3GAN 2.0 (PG-13)

Fri, 15 Aug, 8:00 p.m.

Two years after M3GAN, a marvel of artificial intelligence, went rogue and embarked on a murderous rampage, its creator, Gemma, has become an advocate for government oversight of AI. Unbeknownst to her, a defense contractor has created a military-grade weapon known as Amelia, the ultimate infiltration spy. However, as Amelia's self-awareness increases, it becomes less interested in taking orders. Hoping to stop Amelia, Gemma decides to resurrect M3GAN, making it faster, stronger, and more lethal.



Fantastic Four: First Steps

Sat, 16 Aug, 2:00 p.m.

Mister Fantastic, Invisible Woman, Human Torch and the Thing face their most daunting challenge yet as they defend Earth from Galactus and Silver Surfer.



F1: The Movie (PG-13)

Sat, 16 Aug, 6:00 p.m.

In the 1990s, Sonny Hayes was Formula 1's most promising driver until an accident on the track nearly ended his career. Thirty years later, the owner of a struggling Formula 1 team convinces Sonny to return to racing and become the best in the world. Driving alongside the team's hotshot rookie, Sonny soon learns that the road to redemption is not something you can travel alone.

Jurassic World: Rebirth (PG-13)

Sun, 17 Aug, 2:00 p.m.

Thu, 21 Aug, 7:00 p.m.

Zora Bennett leads a team of skilled operatives to the most dangerous place on Earth, an island research facility for the original Jurassic Park. Their mission is to secure genetic material from dinosaurs whose DNA can provide life-saving benefits to mankind. As the top-secret expedition becomes more and more risky, they soon make a sinister, shocking discovery that's been hidden from the world for decades.



Superman (PG-13)

Sun, 17 Aug, 6:00 p.m.

When Superman gets drawn into conflicts at home and abroad, his actions are questioned, giving tech billionaire Lex Luthor the opportunity to get the Man of Steel out of the way for good. Will intrepid reporter Lois Lane and Superman's four-legged companion, Krypto, be able to help him before it's too late?

Transformers: Age of Extinction

NDVD/NSSM – Free Admission

Mon, 18 Aug, 7:00 p.m.

After an epic battle, a great city lies in ruins, but the Earth itself is saved. As humanity begins to pick up the pieces, a shadowy group emerges to try to take control of history. Meanwhile, an ancient and powerful new menace sets its sights on Earth. A new group of humans, led by Cade Yeager (Mark Wahlberg), helps Optimus Prime (Peter Cullen) and the Autobots rise up to meet their most fearsome challenge yet: a worldwide war of good versus evil.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Altitude app, website or Facebook page for the latest information.

Notice: Due to the installation of new equipment in Club Iwakuni, the following changes in normal operations will be in effect 18 – 20 Aug:

Tun Alley & all bars: Closed

Game room & cash cage: Open 8:00 a.m. – 5:00 p.m.

Please accept our apologies for any inconvenience during this installation.



[View event](#)

[View event](#)



[View event](#)



[View event](#)

Semper Fit

Aquatics

Summer Dive-In Movie: Kiki's Delivery Service

Fri, 29 Aug, 8:00 – 10:00 p.m., WaterWorks Outdoor Pool

Join Aquatics at the WaterWorks Outdoor Pool for a free dive-in movie! Take a dip or lounge poolside while enjoying the family-friendly movie, "Kiki's Delivery Service."

Competitive Events



Neon Night Run

Fri, 22 Aug, 6:30 – 8:15 p.m., Atago Sports Complex

Registration open until 11:59 p.m., 27 Jul

Light up the night with your LED accessories and complete the Neon Night Run at the Atago Sports Complex! Bring your friends, have fun, and get some miles in! Pick up your accessories at the event, enjoy the nighttime run, and stick around for the prize giveaway at the end! This event is open to all SOFA, MLC/IHA and JMSDF personnel and off-base local nationals of all ages. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/0d4c2651-73ea-4218-9716-9fe8272480de>



Weekly Newsletter

15 August 2025

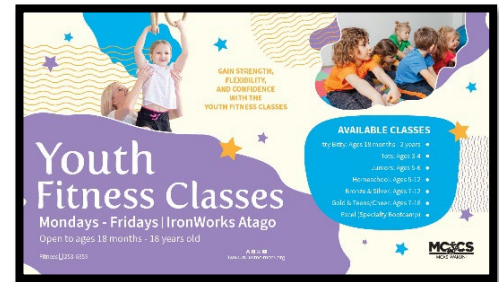
Fitness

Youth Fitness Classes

Mondays – Fridays, 4 – 29 Aug

Registration available beginning 29 Jul

Registration begins soon for youth fitness classes for patrons ages 18 months to 18 years old. For information on the classes to include dates, times, attire and registration, please visit: <https://iwakuni.usmc-mccs.org/activity/2b71779e-e6c2-4059-a6b8-fcbd1315029a>.



Health Promotions



The Ultimate Mileage Challenge

Join us for **The Ultimate Mileage Challenge**, an ongoing event designed to motivate individuals to move more and engage in friendly competition. The goal is simple: accumulate as many points as possible through various fitness activities for a chance to win exciting prizes! Open to SOFA members 18+ only, this challenge starts on 1 January and includes quarterly giveaways. Whether you prefer walking, running, swimming, biking, or rowing, there are plenty of ways to earn points and reach your fitness goals. For complete details, please visit <https://iwakuni.usmc-mccs.org/activity/cea7f6d6-fbc6-4697-bbbe-692573afad6d>.

Intramural Sports



U.S. – Japan Volleyball Tournament

Sat, 30 Aug, 9:00 a.m. – 8:00 p.m., Atago Sports Complex

Registration begins 12:00 p.m., 30 Jun and ends 11:59 p.m., 16 Aug

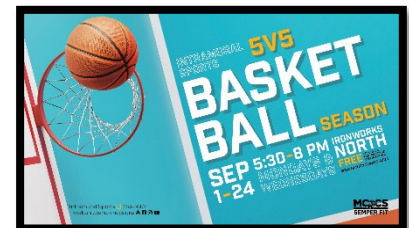
Join Intramural Sports for a U.S. – Japan volleyball tournament. This single-elimination tournament is open to all SOFA personnel aged 16 and older and all JMSDF and MLC/IHA personnel. For complete information and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/45f01b32-0cb8-41f1-a2c3-bc630c3219df>.

Intramural Sports Basketball Season

Mon, 1 Sep – Wed, 24 Sep, 5:30 – 8:00 p.m., IronWorks North

Registration open from 12:00 p.m., 1 Aug – 11:59 p.m., 18 Aug

Join Intramural Sports for the basketball season from 1 – 24 Sep at the IronWorks North Gym. Games are held on Mon and Wed from 5:30-8:00 p.m.. This tournament is open to all SOFA, JMSDF, and IHA/MLC personnel aged 16 and older. For complete registration details and Commander's Cup point information, please visit: <https://iwakuni.usmc-mccs.org/activity/7f6864b4-9b29-4f02-9b3c-e3babfdb2af9>.



U.S. – Japan Basketball Tournament

Sat, 13 Sep, 9:00 a.m. – 6:00 p.m., Atago Sports Complex

Registration closes 22 Aug

Join Intramural Sports for this U.S.-Japan basketball tournament! This tournament is open to all SOFA, JMSDF, and IHA/MLC personnel aged 16 and older. Each team must consist of at least 5 and no more than 10 players. For complete tournament information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/2b2d0868-0e1b-4d20-84ac-9b6e0a0065f6>.

Outdoor Recreation

Mt. Fuji Trip

Thu, 21 Aug, - Mon, 25 Aug (Registration starts 23 Jun)
Outdoor Recreation is offering three trips to Mt. Fuji. Each 5-day trip features 1 day to climb Mt. Fuji and free time in Tokyo. These trips are limited to 35 participants and are open to all base personnel aged 10 years and older. Cost of the trip is \$200 plus New Sanno Hotel cost (determined by grade). Trip costs must be paid in full upon registration. For trip information, schedule and hotel rates, please contact Outdoor Recreation at 253-3482/3822 or ombiwakuni.outdoorrecreation@usmc-mccs.org.



Yoshino River Rafting Trip

Mon, 1 Sep, 5:00 a.m. – 10:00 p.m.

Mon, 13 Oct, 5:00 a.m. – 10:00 p.m.

Experience the thrill of whitewater rafting on the exhilarating Yoshino River! Known for its dynamic rapids (Level 4), the Yoshino River is one of Japan's premier destinations for adventure seekers. Whether you're an adrenaline junkie or just looking for a memorable outdoor adventure, this trip promises excitement at every turn. Note: Level 4 refers to the difficulty of the rapids, indicating intense, powerful waves and technical passages that require

advanced skills. For complete information, please call Outdoor Recreation at 253-3842/3822. For more information about the rafting activity, see here → <https://en.happyraft.com/rafting/kobokelong/>.

Sailing Class

Thu, 4 Sep – Mon, 8 Sep

Ever dreamed about learning how to sail? Outdoor Recreation offers a 4-day course to get licensed. This course is open to all base personnel ages 16 and up (under 18 must be accompanied by an adult). The classroom portion is held at the Ironworks Gym Wellness room, and the sailing portion is at MCAS Iwakuni Harbor. For a schedule of classes, cost and other information, please visit: <https://iwakuni.usmc-mccs.org/activity/686cc6c8-2ebf-442a-ae60-1ca934b17a41>. Only four spots are available.



Shimanami Bike Trip

Sat, 20 Sep, 6:00 a.m. – 7:30 p.m.

Registration open 10:00 a.m., 20 Aug – 6:00 p.m., 19 Sep or until full

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes will be transported (no through axle shaft bikes), and bike rentals are available at the start point. The bus stops at a midway point for those who don't want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,000 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in the IronWorks South, bldg 1010. The \$35 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.



Miyajima Sea Kayak Trip

Sat, 27 Sep, 8:00 a.m. – 5:00 p.m.

Registration open 27 Aug – 11 Sep

Experience the magic of Miyajima Island from the water on our guided sea kayak adventure! Under the instruction of our certified ACA Kayak instructor, you'll paddle from the Main Island to the iconic shores of Miyajima in about two hours—an unforgettable way to admire Itsukushima Shrine and the island's lush coastline from the ocean side.

All participants must be at least 16 years old and attend a mandatory skills session from 4:00 – 5:00 p.m., Friday, 12 Sep., at Outdoor Recreation and the Outdoor Pool. During this 1-hour class,

participants will complete a 300m swim (with or without a life jacket), practice capsize recovery, refine your paddling technique, and master basic rescue skills, ensuring you're fully prepared for a safe, confident journey across the Inland Sea. The trip is limited to five participants and the fee is \$35. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/246d36b4-28ec-4cbc-a1ad-34fa11249006>.

Fishing at the MCAS Iwakuni Harbor

Sat, 11 Oct, 4:30 a.m. – 11:00 p.m.

Registration open 10:00 a.m., 11 Sep – 6:00 p.m., 10 Oct/until full

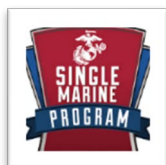
Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym.



Mt. Daisen Hiking Trip

Sat, 25 Oct, 4:00 a.m. – 11:00 p.m.

Registration open from 25 Sep – 24 Oct at Outdoor Recreation, bldg 1010 Mount Daisen is a dormant stratovolcano in Tottori Prefecture, the highest mountain in the Chugoku region. It has an elevation of 1,729 meters. This route takes you through one of the largest beech forests in western Japan to the summit of the mountain, which has magnificent landscapes that overlook the Sea of Japan. This trip is open to all base personnel ages 12 and older, and cost is \$50. Limited to 16 participants. Please call 253-3822 for more information.



Single Marine Program

Visit your SMP at:
Hornet's Nest, bldg 1347
253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

Hamada Beach Trip

Sat, 16 Aug, 8:00 a.m. – 6:30 p.m.

Travel to Shimane Prefecture and enjoy the day at Hamada Beach with the SMP! Participants will visit the Aquas Aquarium and Aquas Land Park from where restaurants and cafes can be accessed from the beach. Registration is available beginning 28 Jul at: <https://iwakuni.usmc-mccs.org/activity/75cde14-2613-461a-ab41-e58dca2dfb6f>. 30 spots are available.



On-Base Cleanup

Tue, 2 Sep, 8:00 – 11:00 a.m., Hornet's Nest

Attention all home-based business owners! MCCS's retail space located inside the Torii Pines Town Center is open to use by home businesses. Reserve your spot today to market your business, show your wares, and sell your goods in a retail environment. For complete details and instructions on how to register, please visit: <https://iwakuni.usmc-mccs.org/activity/cae93abe-8293-4d28-8975-500b5638d6e5>.

Yuu Beach Cleanup

Tue, 23 Sep, 8:00 – 11:00 a.m., Hornet's Nest

Volunteer to help clean up a beach in the local area and receive a letter of appreciation for your time and effort while helping to beautify the community where we all live. 36 spots are available and signups are available [here](#) from 1 – 15 Sep or until full.



Youth Sports



Youth Sports Soccer Season

Monday, 25 Aug – Friday, 17 Oct, Penny Lake Field

Registration available from 12:00, 8 Jul – 5:00 p.m., 22 Jul

The Youth Sports Soccer Season is open to athletes ages 3-15, offering opportunities to build technical skills, enhance social development, and promote an active lifestyle. Teams practice twice weekly for 1 hour at the Penny Lake Fields. For complete information on age groups, evaluation information and opportunities for volunteer coaches, please visit: <https://iwakuni.usmc-mccs.org/activity/10a39d54-5e18-425d-8599-6ac7f2c22a32>.

Marine & Family Programs

Behavioral Health

Child Abuse Prevention & Education Training

Tue, 19 Aug, 12:00 – 1:00 p.m., bldg 411

Every child deserves a safe and supportive environment. Join this vital training designed to raise awareness, promote prevention, and empower individuals and families to be proactive in protecting our most vulnerable population. Through a combination of education, discussion, and real-world strategies, this training will help participants:

- Recognize the signs and indicators of abuse
- Understand prevention strategies that create safer environments
- Build emotionally responsive, morally aware support systems
- Emphasize the shared responsibility of families and communities in keeping children safe

By enhancing mental awareness, emotional sensitivity, and social responsibility, we can work together to create a community where every child feels protected, valued, and heard. Join us and learn how to be the change that makes a difference. Join us in building a safer, stronger community.

Personal & Professional Development

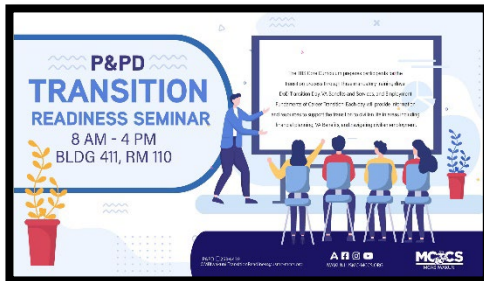
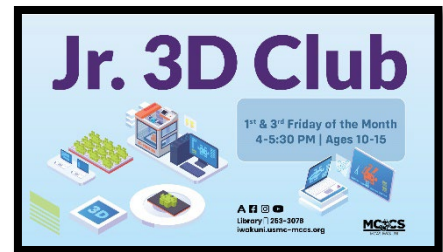
Book Bingo

The 2025 Book Bingo Reading Challenge highlights the Year of the Snake! In Japanese culture, the Year of the Snake symbolizes financial fortune, regeneration, and transformation. This year, explore new genres using bingo prompts as a starting point. The challenge is open to patrons aged 18 years and older, with one title per square. Click on each square to view the prompt and complete the activity. All books must be read in 2025. There will be four quarterly drawings. Patrons may only win one quarterly drawing, but all completed bingo cards will be included in the grand prize drawing at the end of the calendar year. To get started, please visit: <https://iwakuni.beanstack.org/reader365>.

Jr. 3D Modeling & Printing Club

Fri, 15 Aug, 4:00 – 5:30 p.m., Library

The 3D Printer & Modeling Club allows patrons ages 10 – 15 to enjoy beginner-level 3D printing demonstrations, collaborative projects, design challenges, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/313fc26f-9300-479a-b137-e49a3bd53913>.



Transition Readiness Seminar (TRS) Core Curriculum

Mon, 18 Aug – Wed, 20 Aug, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

The TRS Core Curriculum prepares participants for the transition process through three mandatory training days: DoD Transition Day, VA Benefits and Services, and Employment Fundamentals of Career Transition. Each day will provide information and resources to support the transition to civilian life in areas including financial planning, VA Benefits, and navigating civilian employment. Pre-registration is required, so call 253-6439 or visit bldg 411, rm 110 to register.

Passport to Volunteering

Tue 19 Aug, 9:30 – 11:30 a.m., bldg 411

Do you have a passion to serve your community, but aren't sure exactly how? Join this informative workshop gain the necessary tools for a successful and fulfilling volunteer career. The Installation Volunteer Coordinator hosts workshops to prepare organizations for their responsibilities when managing volunteers, and to provide volunteers with the tools needed to get the most of their volunteering experience.



Financial Education Action Point: Vesting in TSP

Wed, 20 Aug, 8:00 – 9:30 a.m., bldg 411, rm 117

The Personal Finance Management Program is offering Financial Education Action Points (FEAPs) to help service members and their families navigate key financial milestones. These training sessions meet MCO 1700.37 requirements and provide essential financial guidance for critical life and career transitions. Each session lasts approximately 90 minutes and includes open discussions and Q&A. The topic for this session is Vesting in the Thrift Savings Plan.

Federal Job Search Strategies

Wed, 20 Aug, 4:00 – 6:00 p.m., bldg 411

Attend this training and learn about federal government hiring practices, how they differ from the civilian market, and how to navigate and use federal job listings to your full advantage. To register, please call 253-6439, email OMBIwakunipersonalandprofessionaldevelopment@usmc-mccs.org, or visit the P&PD Office in Bldg. 411.

Education Track: Managing Your Education 2-Day Course

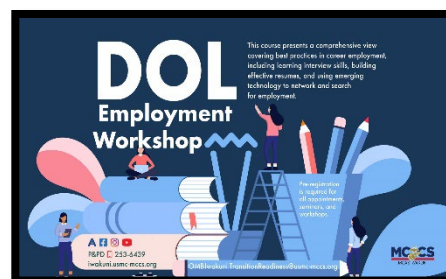
Thu, 21 Aug – Fri, 22 Aug, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Come and learn about choosing a field of study, selecting an institution, gaining admission, and funding your education. This two-day workshop is part of the Transition Readiness Program (TRP) and is designed for anyone pursuing an undergraduate or graduate degree. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

Employment Track: Department of Labor Employment Workshop

Thu, 21 Aug – Fri, 22 Aug, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join the Department of Labor Employment Workshop and get a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops. Please call 253-6439 or visit bldg 411, rm 110 to register.



L.I.N.K.S. Foundation 1-Day Workshop

Thu, 21 Aug, 8:30 a.m. – 4:30 p.m., Bldg 625

Looking for ways to connect, learn something new, volunteer, or meet with others and have some fun? Join the L.I.N.K.S. Foundation Workshop! The L.I.N.K.S. workshop provides an interactive way to learn more about the military lifestyle, the air station, and life in Japan. L.I.N.K.S. focuses on resources and services, such as finance, education, career, moving, networking, and volunteering. Mentors will share their experiences and provide helpful tips on meeting the unique challenges faced in the mobile military lifestyle. Let's connect and support each other! To register, please call MCFIB at 253-3542, visit them in bldg 411, rm 101, or email them at:

OMBiwakuni.mcfib@usmc-mccs.org. Registration is open until 12:00 p.m., 20 Aug.



PCS with Success

Thu, 21 Aug, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register,

please visit: <https://iwakuni.usmc-mccs.org/activity/c4ae4a52-3d7f-4d94-bfcf-f628bebdb738>.

PLAT ABC Cultural Exchange

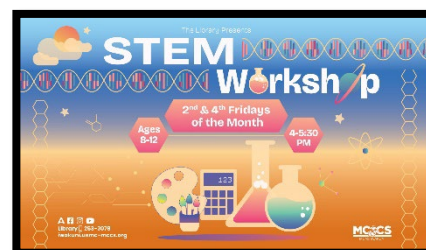
Thu, 21 Aug, 10:00 – 11:00 a.m., PLAT ATC

Join the NPSP and PLAT ABC for an engaging and heartwarming event designed especially for children 0-5 years old! Come enjoy the perfect blend of fun, learning, and connection. Enjoy book readings and nursery rhymes led by NPSP to inspire little ones and their caregivers, while Plat ABC brings a touch of creativity with basic Japanese language lessons and delightful arts and crafts activities. There are no registration or participation fees so don't miss this opportunity to bond with your child, meet other parents, and grow your community support network!

STEM Workshop

Fri, Aug 22, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12, and is limited to 15 participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/87bee675-2485-4e9a-b6d2-a4607f3a3bc8>.



Understanding Your GI Bill Benefits

Mon, 25 Aug, 1:00 – 2:30 p.m., bldg 411, rm 117

Mon, 8 Sep, 1:00 – 2:30 p.m., bldg 411, rm 117

The GI Bill-focused brief will help explain the differences between the Montgomery GI Bill (Ch 30) and the Post 9/11 GI Bill (Ch 33). Explore the VA website and GI Bill comparison tool to understand how to use these benefits and to get the most out of them. Bring your questions and get answers from our Education Advisor! Registration not required.

Survival Japanese Class

Tue, 26 Aug – Fri, 29 Aug, 5:00 – 6:00 p.m., bldg 411

Registration begins 25 Jul

Receive a 4-day crash course on Japanese and learn how to communicate in simple Japanese phrases. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/76aea820-b37d-4d1d-9cb7-97480fadedee>.

RDST: Kids' Readiness

Tue, 26 Aug, 2:00 – 4:00 p.m., bldg 625

Join us for an interactive and engaging workshop designed for children and teens with a military parent preparing for deployment. Through age-appropriate discussions and hands-on activities, participants will build understanding, express their feelings, and gain tools to navigate this important transition with confidence. To sign up, please call 253-3542, email: ombiwakuni.mcftb@usmc-mccs.org, or visit bldg 411, rm 101. Registration is open until 12:00 p.m., 25 Aug.

Entrepreneurship Track: Boots to Business 2-Day Course

Thu, 28 Aug – Fri, 29 Aug, 8:00 a.m. – 4:00 p.m., bldg 411, rm 110

Join Transition Readiness and explore business ownership or other self-employment opportunities. Learn about evaluating business concepts, developing a business plan, resources available to access technical assistance, start-up capital, and contracting opportunities. Classes subject to change or cancellation without notice. Pre-registration is required for all appointments, seminars and workshops, Please call 253-6439 or visit bldg 411, rm 110 to register.

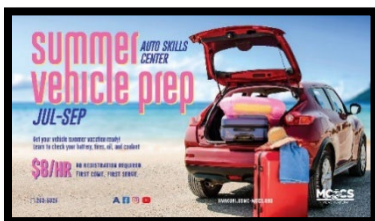
Business/Retail & Services/Special Events

Kids Bowl Free

Thu, 1 May – Sun, 31 Aug, 11:00 a.m. – 5:00 p.m.,

Strike Zone Bowling Center

Get your kids ready for a summer of fun with the Kids Bowl Free Program! They can bowl two free games per day, per person, all summer long from 1 May – 31 Aug. Registration is quick, easy, and completely free at www.KidsBowlFree.com. Sign up today and give your kids the gift of endless bowling fun! Available for patrons aged 15 years and younger. For complete information, please visit: <https://iwakuni.usmc-mccs.org/activity/daa58b8c-604f-41cf-b97e-a0a8d80c16ca>.



Summer "Natsu" Vehicle Preparation

Jul – Sep, Auto Skills Center

Get ready to switch your vehicle over to summer mode. The Auto Skills Center will assist you with learning how to prepare your vehicle for summer to include checking your battery, tires, engine oil, coolant, and more. No registration is required and the \$8 hourly fee includes lift and tools. Stop by the Auto Skills Center for more information or contact us at 253-5325 or ombiwakuniAutoSkillsCenter@usmc-mccs.org.

On Base Business Market

Fri, 15 Aug – Sat, 16 Aug, 10:00 a.m. – 6:00 p.m., Torii Pines Town Center
Attention all home-based business owners! MCCS's retail space located inside the Torii Pines Town Center is open to use by home businesses. Reserve your spot today to market your business, show your wares, and sell your goods in a retail environment. For complete details and instructions on how to register, please visit: <https://iwakuni.usmc-mccs.org/activity/681a9f55-67d3-4856-9e4d-a14eb528cd02>





Sasebo Sightseeing Trip

Sat, 23 Aug, 6:00 a.m. – 10:00 p.m.

Known for the Huis Ten Bosch amusement park, the Kujukushima Aquarium and the beautiful, forested Kujukushima Islands, there is something for everyone in Sasebo. Join IT&T on this trip and find the right fun for yourself and your family! For complete trip details, please visit:

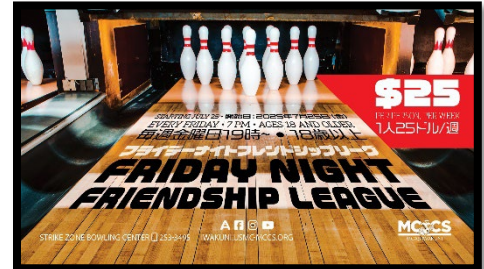
<https://iwakuni.usmc-mccs.org/activity/e501e0d7-8c66-42fa-996f-94bc6b1e6de5> or stop by the IT&T office in bldg 410 to register.

Friday Night Friendship League

Fri, 29 Aug, 7:00 p.m., Strike Zone Bowling Center

Round up your friends, bowl your best game, and compete for Cash Prizes!!! The Strike Zone presents the Friday Night Friendship League, open to off-base bowlers as well, so you can invite all of your *new* friends. For complete details on the league, please visit:

<https://iwakuni.usmc-mccs.org/activity/cc198259-d643-45bd-b3ee-9d4709cbfbac>



Japanese Pear Picking & Tsuwano Sightseeing Trip

Sat, 30 Aug, 8:30 a.m. – 7:00 p.m.

Enjoy all you can eat pear picking at a farm near Tsuwano and then enjoy Tsuwano town where in the town center you'll see old samurai mansions with white earthen walls and dark red roof tiles, and wooden grated windows line the streets portraying scenes reminiscent of past centuries. Tsuwano is also home to the Taikodani Inari Shrine, one of the five greatest Inari Shrines. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/708c716b-f233-4cb1-87e9-a3cb5208fd53> or stop by the

IT&T Office in bldg 410 to register.

Disney On Ice

Sat, 6 Sep, 7:30 a.m. – 6:00 p.m.

This year's production, "MAGIC IN THE STARS," features world-class skaters bringing classic Disney tales to life. Mickey Mouse and friends will take the audience on a magical journey through beloved stories with "Frozen 2" and "Wish" making their debut! Don't miss the special performance where Disney princesses like Cinderella, Belle, and Rapunzel all come together on one stage! The show starts at 10:00 a.m. at the Hiroshima Green Arena. All our seats are "S" section reserved seats. After the show, please enjoy your free time in downtown Hiroshima. The show will be performed only in Japanese and photography and video recording are allowed. No outside food or drinks is allowed, but there will be small snack vendors inside the area. Please bring Yen cash for purchases. To sign up, please visit the IT&T office in bldg 410.



Youth Bowling League

Tue, 9 Sep – Tue, 28 Oct, Strike Zone Bowling Center

Sign up for the Youth Bowling League! Bowl against your friends and try to win the prize! There are two age groups, each with their own prizes. Tell your friends to register at the Strike Zone front desk so you can show them that you're the best bowler around! For complete details, please visit: <https://iwakuni.usmc-mccs.org/activity/3316b909-be07-4bbf-887d-f36ba72d77f4>.





Yanagawa Canal Boat Tour

Sat, 13 Sep, 7:30 a.m. – 10:30 p.m.

Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city of Fukuoka like a mesh and include the old castle's moat. Sometimes referred to as the "Venice of Japan," passengers can enjoy the beautiful scenery along the way. After that, please enjoy dining and shopping at the Outlet Mall. Click [here](#) for complete trip details.

Shimonoseki Aquarium & Karato Fish Market Tour

Sat, 20 Sep, 8:00 a.m. – 6:30 p.m.

The famous Shimonoseki Aquarium reopens August 1! Spend the day strolling through the underwater tunnel tank, visiting Penguin Village, and viewing Japan's only full-body display of an enormous blue whale skeleton. Afterwards, you can enjoy a great variety of the "taste" of Shimonoseki at Karato Fish Market. Click [here](#) for complete trip details.



Apple Picking & Hofu Tenmangu Shrine Trip

Sat, 27 Sep, 7:00 a.m. – 5:00 p.m.

Visit an apple orchard and enjoy all-you-can-eat apple picking. Take some apples home for an extra fee. After picking apples, visit the Hofu Tenmangu Shrine, the oldest of three large tenjin shrines in Japan. Click [here](#) for complete trip details.

Universal Studios Japan Halloween Party

Sat, 25 Oct, 4:30 a.m. – 2:30 p.m.

Don your favorite Halloween costume and dive into a world of thrills and chills. Explore a variety of themed areas including:

- **The Wizarding World of Harry Potter:** Step into the magical realm and experience the wonders of Hogwarts.
- **Wonderland:** Perfect for the little ones with whimsical fun and enchanting attractions.
- **Hollywood Area:** Feel the adrenaline rush on the exhilarating "Hollywood Dream - The Ride" roller coaster.
- **Jurassic Park:** Brave the jaw-dropping "The Flying Dinosaur" and soar through the prehistoric skies.
- **Minion Park:** Join the mischievous Minions in "Despicable Me Minion Mayhem" for a laugh-out-loud adventure.



And don't miss out on the latest sensation: **Donkey Kong Country!** Join us for a Halloween adventure and create magical memories at USJ! Click [here](#) for complete trip details.

Alphabetical list of events for period 15 – 21 August 2025

Event	Date	Link
Aces Down, Sets Up Volleyball Season	5 – 28 Aug	https://iwakuni.usmc-mccs.org/activity/ef39fcf8-9d43-4402-a679-ab999822fd1b
Active Duty Swim Survival Skills Training (S3T)	Various	https://iwakuni.usmc-mccs.org/activity/d1a7b9d2-71ea-4b4a-8640-04178a410124
AFE Brings the Laughs Comedy Show	Thu, 21 Aug	https://iwakuni.usmc-mccs.org/activity/95f6a771-35fe-48a6-bb13-74f18d9cd8b3
Aikodo – August	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/c9f8701b-9fb1-49a7-ac38-d22b1117ee34
Alcoholics Anonymous	Tue & Fri	https://iwakuni.usmc-mccs.org/activity/4ab1c15f-cc71-4dee-b1c3-25a2291a3cef
Anger Management	Wednesdays	https://iwakuni.usmc-mccs.org/activity/1f62d231-32e3-4f4c-bad1-3dbdf42a18c0
Back to School Bash	Fri, 15 Aug	https://iwakuni.usmc-mccs.org/activity/ec3e0a8e-792e-4abe-ad6c-260869771b7b
Body Sculpt – August	Wed & Sat	https://iwakuni.usmc-mccs.org/activity/5d0af4ac-d4bb-40f8-96cc-48c92786b85c
Bon Odori Festival	Sat, 16 Aug	https://iwakuni.usmc-mccs.org/activity/1e47c478-ac00-4788-aa9e-cd9b822cfec9
Book Bingo	Continuous	https://iwakuni.usmc-mccs.org/activity/fe167a7e-6924-43d1-81a9-36262cc11865
Body Sculpt – August	Wed & Sat	https://iwakuni.usmc-mccs.org/activity/5d0af4ac-d4bb-40f8-96cc-48c92786b85c
Cardio Kickboxing & Conditioning – August	Thursdays	https://iwakuni.usmc-mccs.org/activity/ac34d9ba-b42c-468b-8d0d-def479d6e08c
Cardio Kickboxing Mini-Bootcamp – August	Tuesdays	https://iwakuni.usmc-mccs.org/activity/d1318fb4-0963-4207-9efc-f94f8423ff32
Child Abuse Prevention & Education Training	Tue, 19 Aug	https://iwakuni.usmc-mccs.org/activity/5ffd48e0-c626-4f1f-954c-bc947b0523a5
Circuit & Conditioning – August	Mondays	https://iwakuni.usmc-mccs.org/activity/16c55bd9-48ab-4879-b868-cbd21f648d38
College 101/TA Orientation Brief	Wed, 20 Aug	https://iwakuni.usmc-mccs.org/activity/046c8a46-1032-4c7d-9827-c18efc1e8ef0
Department of Labor Employment Workshop	21 – 22 Aug	https://iwakuni.usmc-mccs.org/activity/9fc97ab2-28ed-4342-9405-29e40d1d9807
Federal Job Search Strategies	Wed, 20 Aug	https://iwakuni.usmc-mccs.org/activity/b659916f-7a9e-470a-adb2-acab6e0fcc55
Financial Education Action Point: Vesting in TSP	Wed, 20 Aug	https://iwakuni.usmc-mccs.org/activity/9af18006-0c75-4ba7-8f17-fd951bf3b993
Jr 3D Club	Fri, 15 Aug	https://iwakuni.usmc-mccs.org/activity/4315f644-418c-496d-ac4a-63bd74b00baa
Judo – August	Various	https://iwakuni.usmc-mccs.org/activity/c73e91b5-356b-4d2c-957a-101c9d745cd9
Kids Bowl Free	1 May-1 Sep	https://iwakuni.usmc-mccs.org/activity/daa58b8c-604f-41cf-b97e-a0a8d80c16ca
L.I.N.K.S. Foundation 1-Day Workshop	Thu, 21 Aug	https://iwakuni.usmc-mccs.org/activity/2f64eb23-d3ec-4aaa-bfff-86da5c040999
Managing Your Education	21 – 22 Aug	https://iwakuni.usmc-mccs.org/activity/51701295-cb6e-412d-8022-c19174f4f4ad
Masters' Swim Club	Mon – Fri	https://iwakuni.usmc-mccs.org/activity/a1e288b4-3845-45c0-9621-d7c546c90042
Mixedfit – August	Various	https://iwakuni.usmc-mccs.org/activity/eb2ae048-290d-4b99-a632-c84d16924db8



Weekly Newsletter

15 August 2025

On-Base Business Market	Fri, 15 Aug	https://iwakuni.usmc-mccs.org/activity/51006ed0-a40a-43b4-ac34-0e912ca4dcf9
	Sat, 16 Aug	https://iwakuni.usmc-mccs.org/activity/365a1f56-9614-4715-a069-b7a45b222551
Passport to Volunteering	Tue, 19 Aug	https://iwakuni.usmc-mccs.org/activity/38a294d1-66d8-441c-9015-a3ddf8f936b0
PCS with Success	Thu, 21 Aug	https://iwakuni.usmc-mccs.org/activity/c4ac4a52-3d7f-4d94-bfcf-f628bebdb738
Peer 2 Peer Support Group	Mondays	https://iwakuni.usmc-mccs.org/activity/12eabfe2-8952-46cc-a4b8-e5fef78c0a16
Plat ABC Cultural Exchange	Thu, 21 Aug	https://iwakuni.usmc-mccs.org/activity/1bad16dc-e7cb-4f57-ac9d-e9e23da17a90
Power Pump – August	Mondays	https://iwakuni.usmc-mccs.org/activity/d0712e39-a3d5-4d15-8d35-6ea17e329176
Seven Principles Couples Program	Fridays	https://iwakuni.usmc-mccs.org/activity/5cb0d9e6-f800-4589-ab4c-be23f0a14c89
SMP Hamada Beach Day	Sat, 16 Aug	https://iwakuni.usmc-mccs.org/activity/75cede14-2613-461a-ab41-e58dca2dfb6f
Spin – August	Tue – Thu	https://iwakuni.usmc-mccs.org/activity/de63e00e-744d-4926-9ef9-f87e5423b95f
Summer Group Swim Lessons July/August	Mon - Thu	https://iwakuni.usmc-mccs.org/activity/261b7934-1ac7-4e19-85af-be9f9e75bc26
Summer Matinee Movie	Various	https://iwakuni.usmc-mccs.org/activity/27d850bf-c428-4323-add7-3c95822615da
Summer “Natsu” Vehicle Preparation	Jul – Sep	https://iwakuni.usmc-mccs.org/activity/89afb9a-0d5b-4e0d-8b77-6f1e300930a3
Tabata & Stretch – August	Mondays	https://iwakuni.usmc-mccs.org/activity/dce6ed80-6f9f-492f-8103-98d8b930bd4c
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/fba2c4a0-16c7-4213-ac2c-84cd7e3051f3
Transition Readiness Seminar Core Curriculum	18 – 21 Aug	https://iwakuni.usmc-mccs.org/activity/811901b1-90f6-453f-ac23-8bed989d9fb7
Ultimate Mileage Challenge	Continuous	https://iwakuni.usmc-mccs.org/activity/ba38f197-aabb-4054-97ba-a7ff3e476afe
W.A.R.R. Strength & Conditioning Sessions	Various	https://iwakuni.usmc-mccs.org/activity/6c82d8f0-c488-475e-a292-6995228b360d
Youth Fitness Classes – August	4 – 29 Aug	https://iwakuni.usmc-mccs.org/activity/2b71779e-e6c2-4059-a6b8-fcbd1315029a
Youth Sports Summer Baseball Camp	11 – 15 Aug	https://iwakuni.usmc-mccs.org/activity/9055af0c-7c6a-4745-842e-be8f07cd9c54
Youth Sports Summer Softball Camp	11 – 15 Aug	https://iwakuni.usmc-mccs.org/activity/ad508d77-2c46-4b73-99f8-42523a900b59
Zumba – August	Various	https://iwakuni.usmc-mccs.org/activity/0ede3644-408b-497b-bfa8-31c86ac2e9ea