

Missing out on happenings in the community?

Download the [MCCS Connect](#) App!

Check out the MCCS website at <https://iwakuni.usmc-mccs.org/>

Items of Interest, 28 August – 3 September 2026

Fri, 28 Aug	8:00 a.m. – 3:00 p.m., Baby Boot Camp (see page 8)
	11:00 a.m. – 6:00p.m., MCX End of Summer Clearance Sale (see page 12)
	4:00 – 5:30 p.m., STEM Workshop (see page 9)
	5:30 – 8:00 p.m., An Evening with Dassai (see page 12)
	5:30 – 7:30 p.m., Sewing Club (see page 9)
	6:30 – 10:00 p.m., Neon Night Run, Atago Sports Complex
Sat, 29 Aug	8:30 a.m. – 7:00 p.m., Japanese Pear Picking & Tsuwano Sightseeing Trip (see page 12)
Sun, 30 Aug	5:00 – 11:59 p.m., 9-Pin Tournament (see page 12)
Mon, 31 Aug	1:00 – 2:00 p.m., Understanding Your G.I. Bill Benefits (see page 9)
Tue, 1 Sep	8:00 a.m. – 4:00 p.m., Personal Readiness Seminar (see page 9)
	8:00 – 11:00 a.m., SMP On-Base Cleanup (see page 7)
Wed, 2 Sep	9:30 – 11:30 a.m., Interview Skills (see page 10)
Thu, 3 Sep	3:00 – 4:00 p.m., SMP Committee Meeting, Hornet's Nest

Sakura Theater Schedule

- **THEATER OPENS 60 MINUTES BEFORE PREMIERES AND 30 MINUTES BEFORE ALL OTHER MOVIES.**
- **MOVIE LINE/TICKET BOOTH 253-4067**



Avatar Aang: The Last Airbender (PG)

Fri, 28 Aug, 5:00 p.m.

Avatar Aang, the world's last Airbender, embarks on an epic quest to find an ancient power that could save his culture from extinction.

The Invite (R)

Fri, 28 Aug, 8:00 p.m.

Joe and Angela's marriage is on thin ice. When their upstairs neighbors visit for a dinner party, the night spirals into unexpected places. Have they reignited the spark or lit the match that burns it all down?





PAW Patrol: The Dino Movie (PG)

Sat, 29 Aug, 2:00 p.m.

When their ship gets caught in a storm, the PAW Patrol pups wash up on a tropical island that's teeming with dinosaurs. They soon befriend Rex, a baby dino who's been stranded on the island for years. When Mayor Humdinger's mining plans cause a huge volcano to erupt, the pups spring into action to save Rex's home before everything becomes extinct.

The Dog Stars (R)

Navy First Motion Picture!

Sat, 29 Aug, 6:00 p.m. (Premiere!)

Survivors of a deadly pandemic traverse a post-apocalyptic landscape to find the origin of a mysterious radio transmission.



The Magic Faraway Tree (PG)

Sun, 30 Aug, 2:00 p.m.

A modern family relocates to the countryside where the children discover a magical tree with eccentric residents. They are transported to fantastical lands, rekindling their family bond through adventures.

Insidious: Out of the Further (PG-13)

Sun, 30 Aug, 6:00 p.m. (Premiere!)

Gemma is a young mother who discovers she can travel into the Further, a purgatorial realm of lost souls. When something evil comes after her, she realizes she can bring what lives there back to the real world. Once the demons realize her power, our world becomes their playground.



Rise of the Planet of the Apes (PG-13)

NDVD/NSSM – Free Admission

Mon, 31 Aug, 7:00 p.m.

Will Rodman is experimenting with a drug that he hopes will cure his father's Alzheimer's disease. After his work is deemed a failure, Will becomes the guardian of Caesar, an infant chimp who was exposed in utero to Will's drug. Caesar displays unusual intelligence, and Will decides to continue his experiments secretly. However, as Caesar's intellect and abilities grow, he comes to represent a threat to man's dominion over Earth.

Spa Weekend (R)

Thu, 3 Sep, 7:00 p.m.

Three friends go on a spa weekend that descends into chaos when their train-wreck friend joins.



Upcoming Events

Note: Dates and times for the listed events are subject to change/cancellation. Registration is required for certain events. Please be sure to check the MCCS Connect app, website or Facebook page for the latest information.

Joint Job Fair



Tue, 22 Sep, 10:00 a.m. – 2:00 p.m., Club Iwakuni Ballroom

For a complete list of participating activities, available positions, and other important information, please visit:

<https://iwakuni.usmc-mccs.org/activity/ae4dcf00-c961-4e20-8d7e-904e73473d15>

Wellness & Prevention Fair

Fri, 25 Sep, 3:00 – 7:00 p.m., IronWorks North Stop by, connect with the experts and take the next step toward a healthier, stronger you!

For more information, please visit:

<https://iwakuni.usmc-mccs.org/activity/3f2710ef-124a-401b-830f-28de1ecb794>



Iwakuni Friendship Outdoor Flea Market



Sat, 26 Sep, 5:00 – 8:00 p.m.

Kizuna Station Parking Lot

Complete information and registration at:

<https://iwakuni.usmc-mccs.org/activity/97b3c11a-641b-406c-af25-07c566061fbe>

Mini Marine Corps & Navy Ball



Sat, 3 Oct, 3:30 – 8:00 p.m., Club Iwakuni

Registration opens 3 Sep

Held annually for children ages 5 – 12, the Mini Marine Corps & Navy Ball event allows our children to experience the history, heritage, and customs of our military balls. For complete information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/d2c2cafa-3b01-474a-8469-a652a638d3bd>.

Semper Fit

Blast-A-Mania Bazookaball Tournament

Sat, 26 Sep, 11:00 a.m. – 3:00 p.m.

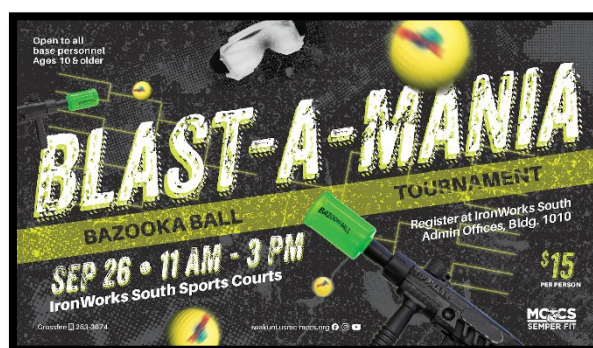
IronWorks South Sports Courts

Register at the IronWorks South Admin Office

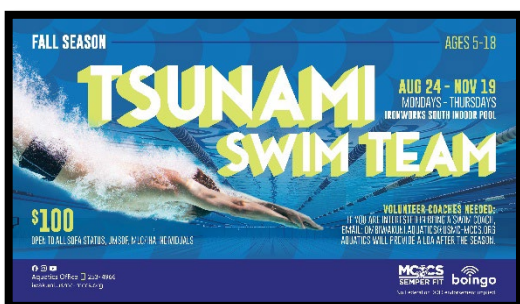
Thru 10:30 a.m., Mon, 21 Sep

For complete details, please visit:

<https://iwakuni.usmc-mccs.org/activity/c533c8c1-c5dc-4561-b73e-2451341e5460>



Aquatics



Tsunami Swim Team (Fall '26 Season)

Mon, 24 Aug – Thu, 19 Nov, 3:30 – 5:30 p.m., IronWorks South Indoor Pool

The Aquatics Tsunami Swim Team is available to athletes ages 5 – 18 for the fall season! Join the swim team to enhance your technical skills, foster social development, and embrace an active lifestyle. Athletes are required to pass a swim test and evaluations before joining the team. These include demonstrating a full, proper 50-meter freestyle and a minimum of 25 meters of backstroke. Evaluations will take place from 24 – 27 Aug August, 4:00 – 5:00 p.m.. Swim evaluations are drop-in. Please note that

meeting the minimum requirements makes swimmers eligible for the team, but it does not guarantee a spot due to the limited availability of volunteer coaches. Swim meets will be on 14 Oct at Fleet Activities Sasebo and on 14 Nov at MCAS Iwakuni. For additional details, please visit: <https://iwakuni.usmc-mccs.org/activity/07091c43-5f72-4f25-897b-9643d2b3134e>.

Competitive Events

Iwakuni Friendship Relay Marathon 2026

Sun, 6 Dec, 8:00 a.m. – 2:00 p.m., Atago Sports Complex

Registration open 10:00 a.m., 14 Sep – 3:00 p.m., 8 Nov

Run together, unite the bonds between Japan and the U.S.! Pass the sash in a relay and make it a day full of smiles and energy! Join this exciting exchange event where hearts come together across borders. Beginners are more than welcome! Teams of 4-15 Runners run a 1.4 km relay course for 3 hours and compete for the most laps to win prizes. For more information, visit the event web-site: <https://kizunarelay.com/en/>. For entry information and registration, please visit: <https://iwakuni.usmc-mccs.org/activity/d4bd04fa-be81-4003-b5b8-346cef07cb6c>.



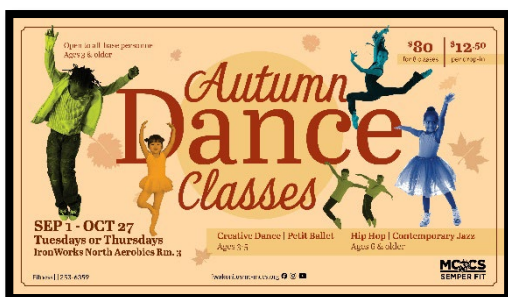
Fitness

Children's Balance, Strength & Tumble Classes - September

Tue, 1 Sep – Thu, 1 Oct, IronWorks Atago Gym

Gain strength, flexibility, and confidence with children's fitness classes! Participants are allowed to sign up for ONE (1) class only to enable more children the opportunity to participate in youth fitness classes. If you have multiple children who want to participate in youth fitness, you are welcome to try registering all of them in the appropriate age and level classes, but only one class per child. All classes will begin with a warm-up and stretching, followed by time to learn and practice new movement patterns, ending with strength work and a cool-down session. All classes are 60 minutes, except for the advanced classes, which are 90 minutes. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/ed279289-aaf1-48d6-ac27-a986ff52be70>.



Youth Dance Classes – Autumn Season

Tue, 1 Sep – Tue, 27 Oct, IronWorks North Aerobics Room

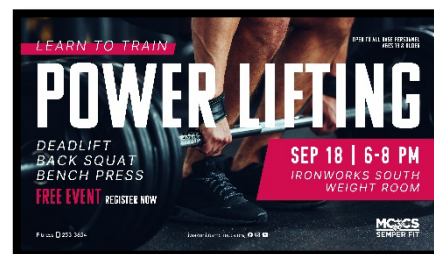
Fitness is offering youth dance classes to give children ages 3 and up a chance to learn and enjoy several dance genres including Creative, Hip-Hop, Petit Ballet and Pre-Ballet. Registration is advised, but drop-ins are available for any available spots remaining. For complete information and to register, please visit:

<https://iwakuni.usmc-mccs.org/activity/404f2625-09a9-40e2-97c8-e9d1d732838a>.

Learn to Train: Powerlifting

Fri, 18 Sep, 6:00 – 8:00 p.m., IronWorks South

This hands-on powerlifting aeminar is designed to teach participants the fundamentals and proper technique for the deadlift, back squat, and bench press. Led by qualified Warrior Athlete Readiness & Resilience coaches, the seminar will break each lift down through step-by-step progressions, allowing participants to learn safely while receiving real-time coaching and feedback to improve movement quality, precision, and confidence under the bar. This is a free instructional event open to individuals of all experience levels who are looking to learn or refine their lifting techniques. For more details and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/b14a7710-445c-41e1-ac40-f4470f510ac0>.



Group Fitness Schedule - September

SEPTEMBER FITNESS CLASS SCHEDULE					
NO SPIN CLASSES SEP 9-15 • NO CLASS ON U.S. FEDERAL HOLIDAYS • SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE • OPEN TO ALL LEVELS OF FITNESS					
MON	TUE	WED	THU	FRI	SAT
HATHA YOGA 6-7 AM N1 POWER PUMP 11:30 AM - 12:30 PM N1 JUDO ★ 5-7 PM ND ZUMBA 5:15-6:15 PM N3	SPIN 6-7 AM N1 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY ★ 4-6:45 PM AT TODDLER YOGA ★ 5:15-7:30 PM A1 MIXEDFIT 5:30-6:30 PM S PRENATAL YOGA ★ 6:30-7:30 PM A1	GLUTES & ABS 11:30 AM - 12:30 PM N1 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY ★ 4-7:30 PM AT JUDO ★ 5-7 PM ND SPIN 5:15-6:15 PM S POSTPARTUM RECOVERY YOGA ★ 5:45-6:45 PM SD VINYASA YOGA ★ 7-8 PM SD	SPIN 6-7 AM S CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY ★ 9 AM - Noon AT POSTPARTUM RECOVERY YOGA ★ 10:45-11:45 AM N3 VINYASA YOGA ★ Noon-1 PM N3 CHILDREN'S BALANCE, STRENGTH, & FLEXIBILITY ★ 4-5 PM AT HATHA YOGA 5:15-6:15 PM N1 MIXEDFIT 5:30-6:30 PM S	MIXEDFIT 11:30 AM - 12:30 PM S	MIXEDFIT 10:30-11:30 AM S
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Fitness 253-6359 iwakuni.usmc-mccs.org					

Intramural Sports

U.S. – Japan Soccer Tournament

Sat, 3 Oct, 9:00 a.m. – 8:00 p.m., Atago Sports Complex

Registration closes 11:59 p.m., 19 Sep

Join Intramural Sports for the U.S.-Japan Soccer Tournament at the Atago Sports Complex. This tournament is open to active duty, SOFA, JMSDF, and IHA/MLA personnel aged 16 and older. Each team must consist of a minimum of 8 and a maximum of 16 members. Registration fee is \$75. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/d9e3e546-587e-4cbb-ba2f-faf0d0fc6bc2> or call Intramural Sports at 253-3067 for more information.

Outdoor Recreation

Yoshino River Rafting Trip

Mon, 7 Sep, 5:30 – 10:00 p.m.

Registration opens 7 Aug for active duty and family members

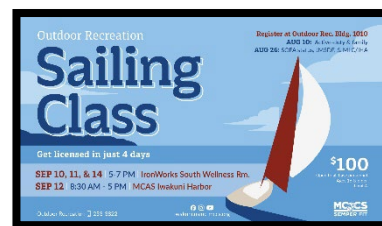
24 Aug for SOFA civilians, JMSDF, and MLA/IHA personnel

Experience the thrill of whitewater rafting on the exhilarating Yoshino River! Known for its dynamic rapids (Level 4), the Yoshino River is one of Japan's premier destinations for adventure seekers. Whether you're an adrenaline junkie or just looking for a memorable outdoor adventure, this trip promises excitement at every turn. Note: Level 4 refers to the difficulty of the rapids, indicating intense, powerful waves and technical passages that require advanced skills. For complete information, please call Outdoor Recreation at 253-3842/3822. For more information about the rafting activity, see here → <https://en.happyraft.com/rafting/kobokelong/>.

Sailing Class

Thu, 10 Sep – Mon, 14 Jun

Ever dreamed about learning how to sail? Outdoor Recreation offers a 4-day course to get licensed. This course is open to all base personnel ages 16 and up (under 18 must be accompanied by an adult). The classroom portion is held at the Ironworks Gym Wellness room, and the sailing portion is at MCAS Iwakuni Harbor. For a schedule of classes, cost and other information, please visit: <https://iwakuni.usmc-mccs.org/activity/b4ff9cc6-f3bd-4022-be70-a18296e753dd>. Only four spots are available.



Shimanami Bike Trip

Sat, 26 Sep, 6:00 a.m. 7:30 p.m.

Registration opens 26 Aug for active duty and family members

11 Sep for SOFA civilians, JMSDF and MLA/IHA

Go on a cycling journey starting at Imabari City and bike a scenic path across seven bridges, arriving in Onomichi City in Hiroshima Prefecture, and enjoy many sightseeing activities along the way. This trips accommodates bicyclists of all skill levels ages 16 and up, in good physical condition. Personal bikes

will be transported (no through axle-shaft bikes), and bike rentals are available at the starting point. The bus stops at a midway point for those who don't want to complete the entire 70km trek. If you plan to rent a bike, please bring 3,100 yen for the rental as credit cards are not accepted. To register, stop by Outdoor Recreation in the IronWorks South, bldg 1010. The \$40 transportation fee is due at sign-up. For more information, please call Outdoor Recreation at 253-3822.

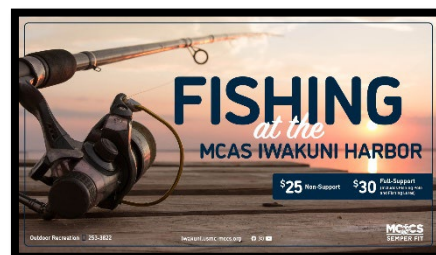
Fishing at the MCAS Iwakuni Harbor

Sat, 10 Oct, 5:30 a.m. – 12:00 p.m.

Registration available from 10 Sep for active-duty/family members

25 Sep for civilians, JMSDF, and MLA/IHA

Whether you're looking for a relaxing day on the pier or trying to break your single-day catch record, Outdoor Recreation is ready to take you on this fishing expedition! Open to all base personnel ages 6 and older. The bus will depart from the IronWorks South gym. Patrons should bring their own food and drinks, and coolers will be provided to store food (coolers will



remain on the bus and in the pavilion). No alcohol is permitted. Life jackets, which must be worn, will be provided. To register, call Outdoor Recreation at 253-3822 or visit them in the IronWorks South gym. For complete details, visit: <https://iwakuni.usmc-mccs.org/activity/8923f005-0544-4522-be30-4f5c6be3bc79> or call Outdoor Recreation.

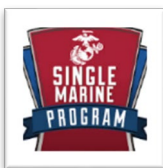
Mt. Daisen Hiking Trip

Sat, 24 Oct, 4:00 a.m. – 10:00 p.m.

Registration open 24 Sep for active-duty/family members

9 Oct for U.S. civilians, JMSDF and MLA/IHA

Mount Daisen, a dormant stratovolcano in Tottori Prefecture, is the highest mountain in the Chugoku region with an elevation of 1,729 meters. The hiking route will take you through one of the largest beech forests in western Japan to the mountain's summit, where magnificent views overlook the Sea of Japan. The bus departs from in front of the Outdoor Recreation office at IronWorks North at 4:00 a.m. and will return around 10:00 p.m. For more information, please call Outdoor Recreation at 253-3822 or stop by their office to register.



Single Marine Program

Visit your SMP at:

Hornet's Nest, bldg 1347

253-5368/3585

The Single Marine Program functions to support single and unaccompanied service members' leisure interests and quality of life concerns, and serves as their voice in identifying concerns, developing initiatives, and providing recommendations through advocacy, recreational activities, special events, and community involvement.

SMP On-Base Cleanup

Tue, 1 Sep, 8:00 – 11:00 a.m.

Registration open 17 – 31 Aug or until full (30 spots available)

Join the SMP for a base-wide cleanup. Pick up trash in designated areas around the base to help our community look better and receive a letter of appreciation. Open to single & unaccompanied servicemembers only. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/660d9329-ad5e-4008-ba87-368b1a945f06>.

SMP Universal Studios Japan Trip

Sat, 5 Sep, 4:00 a.m. – 11:59 p.m.

Registration open 12:00 p.m., 17 Aug – 8:00 a.m., 31 Aug or until full

Join the SMP on a trip to Osaka to enjoy an exciting day at Universal Studios Japan! Experience thrills with rides like Attack on Titan and Demon Slayer and experience the magic of the Wizarding World of Harry Potter! Participants should bring yen for various activities. 36 spots are available. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/d2d123d8-8d01-4d39-9750-222be23e83a8>.



SMP Yuu Beach Cleanup

Tue, 15 Sep, 8:00 – 11:00 a.m.

Registration open from 31 Aug – 14 Sep or until full

Join this community relations event and clean up Yuu Beach in Iwakuni! Participants will receive volunteer hours for their time while helping the air station maintain its relations with the local community and keep the area looking beautiful. 36 spots are available. To register, please visit:

<https://iwakuni.usmc-mccs.org/activity/09b9bf0a-4f64-4cbf-94cd-ed36564d21d1>.

Youth Sports

Youth Sports Volleyball Season

Mon, 26 Oct – Fri, 11 Dec

Registration open 12:00 p.m., 7 Sep – 5:00 p.m., 16 Oct
Youth Sports Volleyball Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the IronWorks South Sports Courts. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/fbc15e47-cb64-44dc-802c-13ef5f4297ee>.



Youth Sports Flag Football Season

Mon, 26 Oct – Fri, 11 Dec

Registration open 12:00 p.m., 7 Sep – 5:00 p.m., 16 Oct

Youth Sports Flag Football Season is available for athletes aged 7-15 to develop technical skills, foster social development, and promote an active lifestyle. Teams will practice twice weekly for 1 hour, starting Mon, 26 Oct at the Penny Lake Green Space Fields. For complete season information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/2d717dd1-060c-4ec0-a4ed-35643b3a5a93>.

Marine & Family Programs

Behavioral Health



Baby Boot Camp

Fri, 28 Aug, 8:00 a.m. – 3:00 p.m., bldg 625

Join the New Parent Support Program and learn the basics of infant development, baby safety, newborn care, and community resources. Whether it's your first baby or third, this event is designed to be informative, interactive, and fun. The session is open to expectant parents, and registration is required. To register, call the New Parent Support Program at 253-5043, email them at NPSP_Iwakuni@usmc.mil; or visit them in bldg 625.

Parent as Teachers

Tue, 1 Sep, 3:00 – 4:00 p.m., bldg 625, rm 309

Whether you are going through stress, adjusting to parenting, feeling overwhelmed, or dealing with pregnancy or postpartum depression/anxiety, we are here to help you connect with other parents, talk about your experiences, and learn helpful tools using the Parent as Teachers curriculum. Join this support group for parents, expecting parents, and their children (ages 0-5 years).



Seven Principles Couples Program: Week 1

Fri, 4 Sep, 11:00 a.m. – 12:30 p.m., bldg 411, rm 216

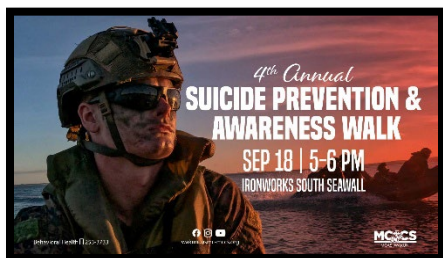
Looking to strengthen your relationship? The Seven Principles Couples Program is an eight-week, evidence-based series designed to help couples build a deeper connection, improve communication, and create lasting trust. Through engaging discussions and practical exercises, you'll gain research-backed tools to strengthen emotional intimacy, navigate conflict with confidence, and work together to overcome everyday relationship challenges. Throughout the program, you'll learn effective communication and problem-solving strategies, recognize and replace destructive relationship patterns,

and create shared goals that foster a stronger, healthier partnership. Whether you've been together for a few years or many, each session provides practical skills you can begin using right away to help your relationship grow and thrive.

For more information, please contact Behavioral Health at 253-4526 or email them at: behavioral_health_iwakuni@usmc.mil.

Week 1: The Science Behind Healthy Relationships

Kick off the series by exploring what decades of relationship research reveal about lasting, healthy marriages. Discover the habits that strengthen relationships, identify common patterns that can lead to conflict, and begin building a solid foundation for the weeks ahead.



4th Annual Suicide Prevention & Awareness Walk

Fri 18 Sep, 5:00 – 6:00 p.m., IronWorks South

Please join us as we come together as a community for those affected by suicide and those who support them to raise awareness that suicide is preventable and no one is alone. This awareness walk is open to all active-duty service members, civilians, families, and canines! (Owners will be responsible for their canines.) There is no registration, and this is a free event. This collaborative base-wide event will start at the turf by the seawall ramp close to IronWorks South and for a walk of 1.32 miles

in recognition of 132 deaths per day, internationally, due to suicide.

Personal & Professional Development

STEM Workshop

Fri, 28 Aug, 4:30 – 5:30 p.m., Library

Fri, 11 Sep, 4:30 – 5:30 p.m., Library

The STEM Workshop is a program where library patrons can gather to create, invent, tinker, explore, and discover new things using various Makerspace equipment and craft materials. The program mainly focuses on STEM/STEAM activities, often with crafty elements. What is STEM/STEAM? Science, Technology, Engineering, Arts, and Mathematics! This program is for patrons aged 8 – 12 and is limited to 15 participants. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/b299ef78-fffc-4260-9db9-678c9fbd7efd>.



Sewing Club

Wed, 28 Aug, 5:30 – 7:30 p.m., Library

Join us to learn beginner basics, including an introduction to sewing machines, basic stitches, practicing sewing straight lines, and seam allowances. Interested patrons can bring their own projects to work on. No registration is required. Please contact the Library at 253-3078 for more information.

Understanding Your GI Bill Benefits

Mon, 31 Aug, 1:00 – 2:30 p.m., bldg 411, rm 117

The GI Bill-focused brief will help explain the differences between the Montgomery GI Bill (Ch 30) and the Post 9/11 GI Bill (Ch 33). Explore the VA website and GI Bill comparison tool to understand how to use these benefits and to get the most out of them. Bring your questions and get answers from our Education Advisor! Registration not required but is preferred. To register, please call 253-3855, email OMBiwakuni.educationoffice@umc-mccs.org, or visit the Education Office in bldg 411.

Personal Readiness Seminar

Tue, 1 Sep, 8:00 a.m. – 4:00 p.m., bldg 411

Tue, 15 Sep, 8:00 a.m. – 4:00 p.m., bldg 411

Build the knowledge and skills you need to navigate key milestones throughout your Marine Corps journey. The Personal Readiness Seminar provides practical tools and resources to help you strengthen your financial readiness, make informed decisions, and prepare for the challenges and opportunities ahead. Learn how financial readiness connects to overall wellness, discover resources you can use throughout the Marine Life Cycle, and gain the confidence to make choices that support your personal and professional goals. Come prepared for what's next and leave with tools you can use throughout your Marine Corps journey. For more information, please contact Marine & Family Programs at 253-3855 or email them at: ombiwakuni.personalfinancialmanagement@usmc-mccs.org.



Interview Skills

Wed, 2 Sep, 9:30 – 11:30 a.m., bldg 411, rm 117

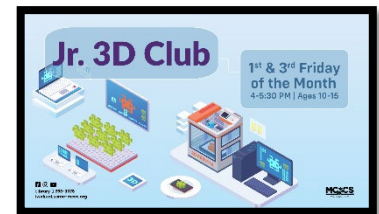
Prepare for your next job interview with confidence! This workshop will help you understand what to expect during the interview process, develop effective strategies for answering common interview questions, and learn professional follow-up techniques that leave a lasting impression. Whether you're interviewing for your first job or looking to sharpen your skills, you'll gain practical tips and confidence to help you put your best foot forward.

Registration is recommended, but walk-ins are welcome. To register, please [send an email](#) with your name, email address, phone number and desired class title and date.

Jr. 3D Club

Fri, 4 Sep, 4:00 – 5:30 p.m., Library

The Jr. 3D Club allows patrons ages 10 – 15 to enjoy beginner-level 3D modeling, design challenges, slicing data, 3D printing, and freestyle design time. The club meets on the first and third Friday of each month in the Library. Makerspace and internet agreements must be on file before program participation. Participation is limited to five patrons. For terms of participation and registration information, please visit: <https://iwakuni.usmc-mccs.org/activity/0a01fb9c-fc5b-4dd5-ac2b-fd78232ed0f1>.



Survival Japanese Class

Tue, 9 Sep – Fri, 11 Sep, 5:00 – 6:00 p.m., bldg 411

Receive a 4-day crash course on Japanese and learn how to communicate in simple Japanese phrases. To register, please visit: <https://iwakuni.usmc-mccs.org/activity/bca63b45-2fd4-4b8d-8ed3-fb2e4784ae26>.

Job Fair Strategies

Wed, 9 Sep, 9:30 – 11:30 a.m., bldg 411

Make your next job fair count! Join this 2-hour workshop and learn how to confidently connect with employers, make a strong first impression, and take advantage of the opportunities available at a job fair. Through practical information and interactive activities, you'll learn how to prepare before the event, communicate effectively with employers, and make meaningful connections that can advance your job search. For more information, please contact Personal & Professional Development at 253-7106 or email at: ombiwakunipersonalandprofessionaldevelopment@usmc-mccs.org.



Command Team Advisor/Family Readiness Assistant Training

Wed, 9 Sep, 1:00 – 3:00 p.m., bldg 625

Understand the roles, responsibilities, and operating components within the UPFRP. This is mandatory training for all command team advisors and family readiness assistants per MCO 1754.9B. To register, please call 253-3542, send an email to: ombiwakuni.mcfb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 10 Sep.

PCS with Success

Thu, 10 Sep, 9:00 – 11:30 a.m., Sakura Theater

Thu, 24 Sep, 9:00 – 11:30 a.m., Sakura Theater

PCS with Success is designed for service members in receipt of PCS orders and is mandatory for transferring service members to attend 60-90 days prior to their departure from their current duty station. Service members need not wait to receive their orders to attend the class, and in many cases waiting will affect the check-out process. Attending this class is the only way IPAC will give service members their plane tickets. For more information and to register, please visit: <https://iwakuni.usmc-mccs.org/activity/1bd4be03-4144-4f77-bb36-ce73663607d8>.



Passport to Volunteering

Thu, 10 Sep, 1:00 – 3:00 p.m., bldg 411

Ready to make a difference? The Passport to Volunteering workshop equips volunteers with the tools, resources, and confidence to create a successful and rewarding volunteer journey. Learn how to maximize your impact, connect with opportunities, and gain skills that support both your community and your personal growth. Hosted by the Installation Volunteer Coordinator, this session is designed to help you make the most out of your volunteer experience. To register, please call 253-6439, email your name, phone number and desired class date to: OMBIwakuni.BaseVolunteerCoordinator@usmc-mccs.org, or stop by to visit their office in bldg 411.

UPFRP Command Team Training

Tue, 15 Sep, 1:00 – 3:30 p.m., bldg 625

Understand the roles, responsibilities, and operating components within the Unit, Personal and Family Readiness Program (UPFRP). This is mandatory training for all UPFRP command team members per MCO 1754.9B. To register, please call 253-3542, send an email to ombiwakuni.mcftb@usmc-mccs.org, or visit Marine & Family Programs in bldg 411, rm 101. Registration is open until 12:00 p.m., 15 Sep.



Sponsorship Training

Wed, 16 Sep, 10:00 – 11:30 a.m., bldg 411, rm 104

A good sponsor can be the difference between a smooth or disastrous PCS move. Combine the tools and resources you gain in this seminar with your own experiences moving overseas and be an effective sponsor for active-duty service members or incoming civilian personnel. This class is mandatory for all uniformed sponsors.



L.I.N.K.S. Foundations Workshop – 2 Half-Day Workshop

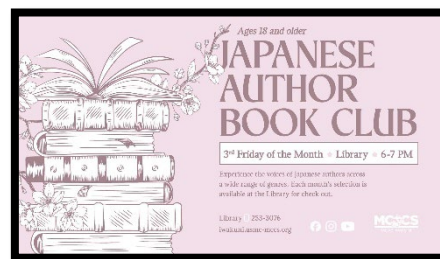
8:30 a.m. – 12:30 p.m., 17 – 18 Sep, bldg 625

This 2-half-day workshop is a fun and interactive way to learn more about the military lifestyle, the base, and life in Japan. Experienced L.I.N.K.S. Mentors will share their experiences and provide helpful tips on meeting the unique challenges military spouses face as a result of the mobile military lifestyle. To register, please call MCFTB at 253-3542, visit them in bldg 411, rm 101, or email them at: OMBIwakuni.mcftb@usmc-mccs.org. Registration is open until 12:00 p.m., 16 Sep.

Japanese Author Book Club

Fri, 18 Sep, 6:00 – 7:00 p.m., Library

Whether you're a long-time reader of Japanese authors or just beginning your journey, this book club offers a unique opportunity to explore renowned translated works. Step into the world of Japanese literature! Join us each month as we explore books by Japanese authors across a wide range of genres. Each month, we will pick a new book and then come together to discuss it, creating lively conversations in a welcoming space for readers of all backgrounds. Genres will vary, so every meeting brings a fresh literary experience. Please be sure to read the selected book before attending. Books are available at the library. Please stop by to check out your copy today! To register, please visit: <https://iwakuni.usmc-mccs.org/activity/101924bb-aad5-412b-b4fc-130c38c3d2a8>.



Chess Tournament

Sat, 19 Sep, 1:00 – 3:00 p.m., Library

Think you've got the winning strategy? Put your skills to the test at the MCCS Iwakuni Library Chess Tournament! Whether you're a seasoned player or are just looking to enjoy a friendly match, players of all skill levels and ages are invited to compete for the title of Library Chess Champion. Choose your division based on age: under 13; ages 13-18; and ages 18 and up. Prizes will be awarded to the top competitors in each division. Official tournament timing rules and chess clocks will be used to keep matches moving and ensure the tournament stays on schedule. Online pre-registration is encouraged, but walk-ins are welcome as space and

tournament timing allow (online registration information coming soon). Challenge your mind, sharpen your strategy, and see if you have what it takes to claim the title!

Business/Retail & Services/Special Events



MCX End of Summer Clearance Sale

Fri, 28 Aug – Sat, 29 Aug, 11:00 a.m. – 6:00 p.m., Between MCX and Crossroads Food Court

The MCX is having an End-of-Summer Clearance Sale! For two days only, the MCX will have clearance items just outside of the MCX, between the MCX and Crossroads Food Court. Don't miss out on these hot deals!

Manager's Specials

- Save an Extra 40% Off All Clearance Merchandise
- 10% Off Small Appliances & Electronics

Additional Promotion

All Clearance Items Ending in .94 Have Been Reduced To One of Our Dollar Racks!

- \$1 Rack
- \$2 Rack
- \$3 Rack

An Evening with Dassai

Fri, 28 Aug, 5:30 – 8:00 p.m., Club Iwakuni, Talbot's

Experience the tradition and craftsmanship of one of Japan's most celebrated sake brands at An Evening with Dassai. Enjoy a guided tasting of five premium Dassai sake selections, expertly paired with food as you discover the unique flavors and story behind this renowned Japanese sake. Whether you're a longtime sake enthusiast or simply curious to learn more, this special evening offers an opportunity to explore Dassai through guided tasting, food pairings, and an appreciation of Japanese craftsmanship. **Limited tickets available. Tickets are first-come, first-served and must be purchased at the Club Iwakuni Cash Cage. Dassai bottles will also be available for purchase at the event.**



Japanese Pear Picking & Tsuwano Sightseeing Trip

Sat, 29 Aug, 8:30 a.m. – 7:00 p.m.

Enjoy pear picking! All you can eat while you are at the farm. After that, IT&T will take you to Tsuwano town. In the town center, old samurai mansions with white earthen walls, dark red roof tiles, and wooden grated windows line the streets, portraying scenes reminiscent of past centuries. Tsuwano is also home to the Taikodani Inari Shrine, one of the five greatest Inari Shrines. For complete trip details, please visit:

[https://iwakuni.usmc-mccs.org/activity/bb4b33b1-a39c-47d4-812e-](https://iwakuni.usmc-mccs.org/activity/bb4b33b1-a39c-47d4-812e-5b6492d75791)

[5b6492d75791](https://iwakuni.usmc-mccs.org/activity/bb4b33b1-a39c-47d4-812e-5b6492d75791) or stop by the IT&T office in the Crossroads, bldg 410 to sign up.

9-Pin Bowling Tournament

Last Sunday of every month, 5:00 p.m., Strike Zone Bowling Center

Enter the 9-pin tournament for your chance to win a cash prize! Join us at the Strike Zone Bowling Center on the last Sunday of each month for this fun competition. Registration is limited to 40 participants, so sign up at the Strike Zone right now! There is a \$25 entry fee to participate.





Disney on Ice & Free Time in Hiroshima

Sat, 5 Sep, 7:30 a.m. – 6:00 p.m.

This year's production, "Let's Party!" features world-class skaters bringing classic Disney tales to life. Mickey Mouse DJs, remixing Disney hits, while beloved characters bring the arena to life. This year is Japan Tour 40th anniversary! Don't miss special performances such as The Little Mermaid, The Lion King, and Frozen II, plus an appearance by Stitch. The show starts at 10 AM at Hiroshima Green Arena and is performed only in Japanese. Photos and video recording are allowed during the show; however, no outside food or drinks are

allowed (small snack vendors are located in the arena). All of our seats are "S" section reserved seats. After the show, please enjoy some free time in downtown Hiroshima! For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/1b5bfe0-3f9a-4341-844f-aca27d601e17> or stop by the IT&T office in the Crossroads, bldg 410 to sign up.

Fukuoka Baseball Game

Sat, 12 Sep, 7:00 a.m. – 10:30 p.m.

Take me out to the ball game with IT&T! Watch a professional baseball game as the Chiba Lotte Marines visit the Fukuoka Softbank Hawks at the Mizuho PayPay Dome Fukuoka. This tour price includes a bus seat and an infield reserved seat, "A" third base side ticket. The game will start at 2:00 p.m. Enjoy your free time until the game starts. There are numerous amusement facilities near the ballpark, including a huge shopping mall, "MARK IS," teamLab☆Forest, an MLB café, Superb Attraction, and more! For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/840bdc3c-1025-4b1f-86fe-88c3ced72766> or stop by the IT&T Office in the Crossroads (bldg 410) to sign up for this trip.



Dassai Brewery Tour

Sat, 12 Sep, 11:45 a.m. – 4:00 p.m.

Sat, 10 Oct 11:45 a.m. – 4:00 p.m.

Enjoy a guided tour with a Dassai artisan and see the sake making process up close. The brewery tour takes 1 hour, after which you can enjoy an optional sake tasting for ¥500 per shot and shopping in the store at the location. The cost for the tour is \$20 plus a tour fee of 1,000 yen which is paid in cash upon arrival. To sign up, please visit the IT&T Office in bldg 410 (Crossroads).

Apple Picking & Hofu Tenmangu Shrine Trip

Sat, 19 Sep, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, the group will visit Hofu Tenmangu Shrine. For complete trip details, please visit: <https://iwakuni.usmc-mccs.org/activity/25fab5c9-7380-456a-b317-ad3aaef1439e> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



IKEA Shopping in Fukuoka

Sat, 26 Sep, 7:00 a.m. – 7:30 p.m.

Enjoy shopping at the world-famous furniture store IKEA! You will find tons of good quality products with tasteful designs and reasonable prices! Also, there are a lot of stores nearby including Starbucks Coffee, CoCo Curry, UNIQLO, and more. We will prepare a 2-ton truck from IKEA to bldg 410 to supplement the tour bus trunk room. It is the customer's responsibility to take their purchases home after arriving at bldg 410. Storage room is NOT available at the IT&T office. For complete

information, please visit: <https://iwakuni.usmc-mccs.org/activity/15351f9e-1485-4496-a1c0-677a3800a7ec> or stop by the IT&T office in bldg 410 to sign up.

Adventure at Nijigen-no-Mori (Naruto Park)

Sat, 3 Oct, 6:00 a.m. – 9:30 p.m.

Nijigen-no-Mori is an outdoor anime theme park located in Awaji Island, Hyogo Prefecture. Set within the lush surroundings of Awajishima Park, it offers a unique blend of nature and Japanese pop culture. Visitors can enjoy a variety of immersive attractions based on popular anime and game franchises such as Naruto & Boruto, Godzilla, Attack on Titan, and more. From zipline adventures and interactive missions to large-scale themed areas, the park offers fun for all ages. Explore Japan's real-life anime theme park! For more details, please visit: <https://iwakuni.usmc-mccs.org/activity/4c6d2893-9749-490a-9a0b-db7ea43053df> or stop by the IT&T office in the Crossroads, bldg 410 to register.



Apple Picking & Yamaguchi Sightseeing Trip

Sat, 10 Oct, 7:00 a.m. – 5:00 p.m.

Join IT&T as they visit an apple farm in Yamaguchi and enjoy all you can eat apple picking. There is an extra charge for taking apples home, so please bring Yen. After picking apples, enjoy a trip to Yamaguchi City for a day of exploration. Spend your free time discovering downtown Yamaguchi, where you can find numerous local restaurants for lunch and various foot baths around the area for a relaxing experience. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/b9aa6637-60a2-4ea6-98f8-52843f81a146>, or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Yanagawa Canal Boat Tour

Sat, 17 Oct, 7:30 a.m. – 10:30 p.m.

Enjoy this punt tour through the shallow waterways of Yanagawa Canal, which branch across the city like a mesh and include the old castle's moat. Passengers can enjoy the beautiful scenery along the way. After the tour, we will make a brief stop and a long dinner break at one of the malls with over 150 brand stores and various restaurants. For complete trip information, please visit: <https://iwakuni.usmc-mccs.org/activity/f17a52ea-8b8a-4644-b87b-a6423df5a92d> or stop by the IT&T office in the Crossroads (bldg 410) to sign up.



Weekly Newsletter

28 August 2026

Alphabetical list of events for period 28 August – 3 September 2026

Event	Date	Link
9-Pin Tournament	Sun, 30 Aug	https://iwakuni.usmc-mccs.org/activity/fe9f0112-0c8b-43cf-97c1-1e40f5285a5e
Anger Got You Down? Cool Down With Us	Thursdays	https://iwakuni.usmc-mccs.org/activity/2d101c5b-1cc6-42cb-9331-9c75ac1bdca2
An Evening with Dassai	Fri, 28 Aug	https://iwakuni.usmc-mccs.org/activity/ec0b7b38-01b4-475d-b561-73ce867d1bc3
Baby Boot Camp	Fri, 28 Aug	https://iwakuni.usmc-mccs.org/activity/b1e13307-cc71-466f-b4ae-a2a6e977474a
Baby Lapsit	Mondays	https://iwakuni.usmc-mccs.org/activity/0ee1cbee-68ec-4925-8bbc-42d3466c135b
Book Bingo	1 Mar – 31 Dec	https://iwakuni.usmc-mccs.org/activity/60ddc8c6-b35a-4f17-ba43-46a9714cfe28
Catfish Platter Friday	Fridays	https://iwakuni.usmc-mccs.org/activity/efaab619-9192-4e66-a915-893ac0164936
Children's Balance, Strength & Flexibility Classes	Various	https://iwakuni.usmc-mccs.org/activity/ed279289-aaf1-48d6-ac27-a986ff52be70
College 101/TA Orientation Brief	Wed, 26 Aug	https://iwakuni.usmc-mccs.org/activity/e9f4704b-fe3a-414e-ba1e-439965abe2bb
Food Trucks	Various	https://iwakuni.usmc-mccs.org/activity/6de35082-9814-461f-a734-9adcf69bcb9e
Free Movie Mondays – Rise of the Planet of the Apes	Mon, 31 Aug	https://iwakuni.usmc-mccs.org/activity/b7facb1e-9395-4e50-bc48-270fb7fd8991
From Stress to Strength: Warrior Maintenance	Mondays	https://iwakuni.usmc-mccs.org/activity/a41026c4-d7ae-4b8d-88c0-7c980849bb7a
Glutes & Abs – August	Wednesdays	https://iwakuni.usmc-mccs.org/activity/5a60b99c-ccfe-4a11-8fd8-4c4f8fba9775
Hatha Yoga	Mon & Thu	https://iwakuni.usmc-mccs.org/activity/189670cf-52b6-463c-b221-36b4e79f23ae
Interview Skills	Wed, 2 Sep	https://iwakuni.usmc-mccs.org/activity/63da4bd1-4705-4b52-bbdb-59b381d33da4
Japanese Pear Picking & Tsuwano Sightseeing Trip	Sat, 29 Aug	https://iwakuni.usmc-mccs.org/activity/bb4b33b1-a39c-47d4-812e-5b6492d75791
Judo – September	Mon & Wed	https://iwakuni.usmc-mccs.org/activity/99a88f44-b36b-4b25-8e63-f3d0e310b075
MCX End of Summer Clearance Sale	28 – 29 Aug	https://iwakuni.usmc-mccs.org/activity/db3c4567-56dc-4a5e-aa4f-f2df8d63c642
Military Readers are Leaders	1 – 30 Sep	https://iwakuni.usmc-mccs.org/activity/c0b96951-877e-49a3-9cd3-c9088cf13dc9
Mixedfit	Various	https://iwakuni.usmc-mccs.org/activity/372c7c0d-9f96-44be-bec2-b20f9aea9d7c
Mongolian Night	Wednesdays	https://iwakuni.usmc-mccs.org/activity/aa008edb-d65c-4d40-b953-3b8714e6764e
Neon Night Run	Fri, 28 Aug	https://iwakuni.usmc-mccs.org/activity/6d4b3c12-da3f-41d5-8497-424830983cb6
Parent as Teacher	Tue, 1 Sep	https://iwakuni.usmc-mccs.org/activity/63fed60a-0dc6-4b20-adf7-e6a39285e2d2
Penny a Pin	Mondays	https://iwakuni.usmc-mccs.org/activity/3aed2698-8b3d-4361-b663-77bf348d8a89
Personal Readiness Seminar	Tue, 1 Sep	https://iwakuni.usmc-mccs.org/activity/17f3d00d-42f1-45a8-a18a-1a01d4bbeaca
Postpartum Recovery Yoga	Wednesdays	https://iwakuni.usmc-mccs.org/activity/8fca4473-cd9d-4d1f-b522-2654ec993b07
Power Pump	Mondays	https://iwakuni.usmc-mccs.org/activity/677f33aa-ad6c-4fb7-9a4e-78df0a597009



Weekly Newsletter

28 August 2026

Pre-K Time	Wednesdays	https://iwakuni.usmc-mccs.org/activity/f5815ad8-e117-4661-ac6e-93383a320c53
Prenatal/Yoga for Adults, Moms, and Little Ones	Tue & Thu	https://iwakuni.usmc-mccs.org/activity/a8945f19-6835-4e84-b605-711c9a0dcd84
Prime Rib Special at Tun Alley	Thursdays	https://iwakuni.usmc-mccs.org/activity/a9826c95-a3ae-411a-8489-00c5059408dd
Sewing Club	Fri, 28 Aug	https://iwakuni.usmc-mccs.org/activity/85082b67-34a9-42bf-ab98-982d9bdd9fbe
SMP Committee Meeting	Thu, 3 Sep	https://iwakuni.usmc-mccs.org/activity/825f4c46-3649-4007-b6a2-8b079d847050
SMP On-Base Cleanup	Tue, 1 Sep	https://iwakuni.usmc-mccs.org/activity/660d9329-ad5e-4008-ba87-368b1a945f06
Spin	Various	https://iwakuni.usmc-mccs.org/activity/aa327423-eaf9-4e50-9196-155c8bdafd0c
Stem Workshop	Fri, 28 Aug	https://iwakuni.usmc-mccs.org/activity/414ca9e8-7aa7-43aa-a26c-5b31d482b3fc
Teen Readers are Leaders	1 – 30 Sep	https://iwakuni.usmc-mccs.org/activity/bc436b4d-7635-4f1a-a026-22c78fc5c739
Toddler Tuesdays	Tuesdays	https://iwakuni.usmc-mccs.org/activity/3b37525d-2b9e-42bb-ab44-f660b573f505
Toddler/Wellness Yoga for Adults, Moms & Little Ones	Tuesdays	https://iwakuni.usmc-mccs.org/activity/85ee3c31-36ce-4847-8535-7d482752e938
Tsunami Swim Team (Fall '26 Season)	24 Aug-19 Nov	https://iwakuni.usmc-mccs.org/activity/07091c43-5f72-4f25-897b-9643d2b3134e
Understanding Your G.I. Bill Benefits	Mon, 31 Aug	https://iwakuni.usmc-mccs.org/activity/8626c059-38aa-46a5-9c24-07d7bbb0d2e2
Vinyasa Yoga for Adults, Moms, and Little Ones	Thursdays	https://iwakuni.usmc-mccs.org/activity/b63539fb-72a4-45b6-9e9b-795360e1ab56
Welcome Aboard Brief	Mon, 31 Aug	https://iwakuni.usmc-mccs.org/activity/f2c7cb28-9e3e-46b9-81f9-6509ef5f34c0
Welcome Aboard Bus Tour	Thursdays	https://iwakuni.usmc-mccs.org/activity/571b4663-d3e1-4706-94f0-8abddc430c78
Youth Dance Classes – Autumn Season	Various	https://iwakuni.usmc-mccs.org/activity/404f2625-09a9-40e2-97c8-e9d1d732838a
Youth Sports Soccer Season	24 Aug-16 Oct	https://iwakuni.usmc-mccs.org/activity/b63758bc-da79-4971-b21b-7095e890b7d1
Zumba	Mondays	https://iwakuni.usmc-mccs.org/activity/28ebf589-32e2-4333-ba34-6efbaeca7c40