

SPOUSE TRANSITION & READINESS SEMINAR

# STARS 2025

IT'S YOUR TRANSITION TOO!



🕒 **1:00 - 4:00 PM**

📍 **Education Center, RM. 302**  
*(Bldg. 1530)*

📅 **Jan 23 • Feb 20**  
**Mar 20 • Apr 24**  
**May 22 • Jun 26**

Soar through the challenges of military to civilian transition. Join us for an empowering seminar!

Talk to experts and stay informed about your family's benefits, entitlements, health care, insurance and more.

To register, call 760.830.4030 or email [PLMSPPD@USMC.MIL](mailto:PLMSPPD@USMC.MIL) or register in-person at the Career Resource Office (Bldg. 1526).



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